



Children's Education Society (Regd.)

The Oxford College of Pharmacy

(Recognised by the Govt. of Karnataka, Affiliated to Rajiv Gandhi University of Health Sciences, Karnataka;
Approved by Pharmacy Council of India, New Delhi)

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P. Padma

PRINCIPAL

The Oxford College Of Pharmacy
No.6/9, 1st Cross, Begur Road, Hongasandra
Bangalore - 560 068



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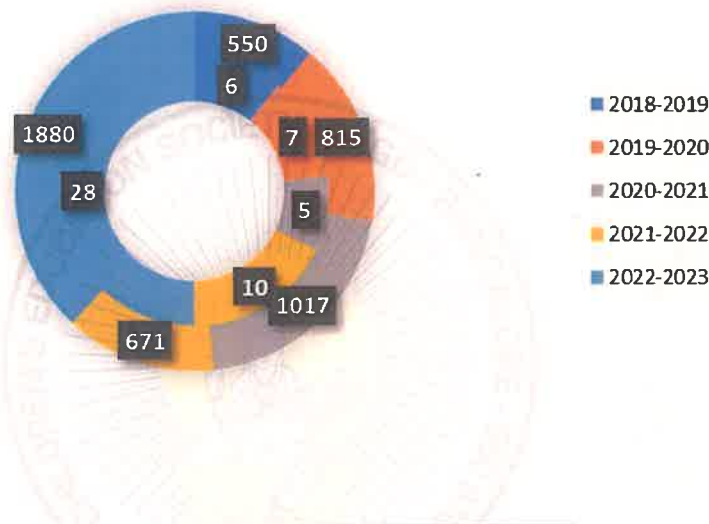
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Number of extension and outreach programs conducted by the institution through organized forums including NSS/NCC with involvement of community from 2018-2023

Number of Activities



Calendar year	Number of activities	Number of Volunteers
2022-2023	28	1880
2021-2022	10	671
2020-2021	5	1017
2019-2020	7	815
2018-2019	6	550

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Extension and Outreach Programs conducted by the Institution from 2018- 2023

S.NO	NAME OF THE ACTIVITY	ORGANISING UNIT	YEAR
1	National Girl Child Day	NSS UNIT, TOCP	2022-23
2	Voter's Day	NSS UNIT, TOCP	2022-23
3	Republic Day	NSS UNIT, TOCP	2022-23
4	World Cancer Day	NSS UNIT, TOCP	2022-23
5	Cyber Security and Safer Usage of Social Media	NSS UNIT, TOCP	2022-23
6	National Science Day	NSS UNIT, TOCP	2022-23
7	Zero Discrimination Day	NSS UNIT, TOCP	2022-23
8	International Women's Day	NSS UNIT, TOCP	2022-23
9	No Smoking Day	NSS UNIT, TOCP	2022-23
10	International Day of Happiness	NSS UNIT, TOCP	2022-23
11	World Water Conservation Day	NSS UNIT, TOCP	2022-23
12	Dr. B.R Ambedkar Jayanthi	NSS UNIT, TOCP	2022-23
13	World Asthma Day	NSS UNIT, TOCP	2022-23
14	International Family Day	NSS UNIT, TOCP	2022-23
15	World No Tobacco Day	NSS UNIT, TOCP	2022-23
16	World Environment Day	NSS UNIT, TOCP	2022-23
17	World Food Safety Day	NSS UNIT, TOCP	2022-23
18	World Blood Donor Day	NSS UNIT, TOCP	2022-23
19	International Yoga Day	NSS UNIT, TOCP	2022-23
20	Independence Day	NSS UNIT, TOCP	2022-23
21	National Sports Day	NSS UNIT, TOCP	2022-23
22	Teacher's Day	NSS UNIT, TOCP	2022-23

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23	Gandhi Jayanthi	NSS UNIT, TOCP	2022-23
24	Kannada Rajyotsava	NSS UNIT, TOCP	2022-23
25	National Integration Day	NSS UNIT, TOCP	2022-23
26	World mental health day	NSS UNIT, TOCP	2022-23
27	Antibiotics Usage	NSS UNIT, TOCP	2022-23
28	World Aids Day	NSS UNIT, TOCP	2022-23
29	Covid Vaccine Drive	NSS UNIT, TOCP	2021-22
30	Empowering woman, Building Gender Parity	NSS UNIT, TOCP	2021-22
31	World Mental health Day	NSS UNIT, TOCP	2021-22
32	Sahaja Yoga Day	NSS UNIT, TOCP	2021-22
33	Irrational usage of Antibiotics and Steroids in COVID-19 Pandemic Period	NSS UNIT, TOCP	2021-22
34	World no Tobacco Day	NSS UNIT, TOCP	2021-22
35	World Environmental Day	NSS UNIT, TOCP	2021-22
36	Energy conservation	NSS UNIT, TOCP	2021-22
37	Non-Communicable Diseases	NSS UNIT, TOCP	2021-22
38	World Aids Day	NSS UNIT, TOCP	2021-22
39	Covid 19-Natural Product	NSS UNIT, TOCP	2020-21
40	Pulse Polio Program	NSS UNIT, TOCP	2020-21
41	Management of Covid 19 through Ayurveda	NSS UNIT, TOCP	2020-21
42	World no Tobacco Day	NSS UNIT, TOCP	2020-21
43	World Environment Day	NSS UNIT, TOCP	2020-21
44	Waste Paper Management	NSS UNIT, TOCP	2019-20
45	Swachh Bharat Abhiyan	NSS UNIT, TOCP	2019-20
46	Fit India movement	NSS UNIT, TOCP	2019-20
47	World Alzheimer's day	NSS UNIT, TOCP	2019-20
48	Pharmacist Day Rally	NSS UNIT, TOCP	2019-20
49	Go green Day	NSS UNIT, TOCP	2019-20
50	Observing Mask Day	NSS UNIT, TOCP	2019-20
51	Kerala flood relief fund	NSS UNIT, TOCP	2018-19



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52	Swachh Bharat Abhiyan	NSS UNIT, TOCP	2018-19
53	Walk against Drug Abuse	NSS UNIT, TOCP	2018-19
54	Pulse Polio Campaign	NSS UNIT, TOCP	2018-19
55	Work on Cashless India	NSS UNIT, TOCP	2018-19
56	Environmental Awareness Program - Go Green	NSS UNIT, TOCP	2018-19

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Extension and Outreach Programs conducted by the Institution for

Academic Year 2022-23

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DATE: 16/01/2023

CIRCULAR

This is to inform all students, teaching and non-teaching staff of The Oxford College of Pharmacy that program on "NATIONAL GIRL CHILD DAY 2023" will be conducted on 25/01/2023. We request for the active participation for the same.

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DEPARTMENT OF PHARMACEUTICS

ORGANISED PROGRAM

ON

“NATIONAL GIRL CHILD DAY 2023”

WEDNESDAY 25 JANUARY 2023

CHIEF PATRON

SHRI S. N. V. L NARASIMHA RAJU

CHAIRMAN

THE OXFORD GROUP OF INSTITUTIONS

CONVENER

Dr. PADMAA M PAARAKH

PRINCIPAL

THE OXFORD COLLEGE OF PHARMACY

ORGANIZING SECRETARY

MRS. DIVYA S KUMAR

ASSISTANT PROFESSOR,

DEPARTMENT OF PHARMACEUTICS.

RESOURCE PERSON:

MS RAJESHWARI,

ASSISTANT PROFESSOR,

THE OXFORD COLLEGE OF NURSING SCIENCES



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PREAMBLE

The Oxford College of Pharmacy, Bangalore celebrated "National Girl Child Day" on 25th January 2023, Mrs. Divya S Kumar, Assistant Professor, Department of Pharmaceutics, initiated the celebration of the program along with students. There were around 70 participants.

The content of the Session:

"National Girl Child Day" celebration was organized by The Oxford College of Pharmacy, Bangalore on 25th January 2023" with the theme "Empowering Girls for a Brighter Tomorrow". The program started with the welcoming of the audience and introduction of the Speaker of the day Ms Rajeshwari, Asst. Professor, The Oxford College of Nursing Sciences. The speaker briefed about the history and significance of observing this day. The National Girl Child Day was first observed on January 24, 2008 by the Ministry of Women and Child Development. It was decided to observe the day to tackle issues related to inequalities that girls face in society. The main objectives for observing this day are to provide support and opportunities to girls from around the country, by raising awareness regarding inequalities faced by girl children, regarding the importance of female education, health care and nutrition and also to raise awareness regarding the importance of their empowerment. The main objective of National Girl Child Day 2023 is to promote the welfare of girl children in India. However, there are various factors that need to be taken into consideration which is being emphasized on National Girl Child Day 2023 were also briefed by the speaker such as

- To create awareness among people to protect and raise girl child with equality in terms of education, health and other opportunities in life.

- To promote the idea of the elimination of any form of discrimination against the girl child at home or outside world.

- To accept girl child/children and welcome them into homes and live with respect and love and abandon the evil ideology of killing girl children in the womb and female infanticide.

- To educate people at large about the importance of girl children and the declining sex ratio in India and eventually to change their mindset.

- To create a safe environment for girls to live safely inside and outside their homes.



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Additionally the speaker conveyed and emphasized to pass the message of Beti Bachao Beti Padhao(BBBP) in their neighborhood

Dr Gururaj S Kulkarni, HOD, Department of Pharmaceutics, The Oxford College of Pharmacy, also shared his views regarding the role of students in spreading awareness and achieve the goal of celebrating the National Girl Child Day. In the session, students too actively shared their thoughts and taken the pledge to have a better society for girls. after the session students went outside the campus along with faculties to create awareness to the public.



CHILDREN'S EDUCATIONAL SOCIETY (REGD.)



THE OXFORD COLLEGE OF PHARMACY

6/9, 1ST CROSS, BEGUR ROAD, HONGASANDRA, BANGALORE - 560068

CELEBRATING NATIONAL GIRL CHILD DAY 2023

“Empowering Girls for a Brighter Tomorrow”

Conducted On 25TH JANUARY 2023

SPEAKER: MS RAJESHWARI, ASST PROFESSOR,
OXFORD COLLEGE OF NURSING SCIENCES

PATRON

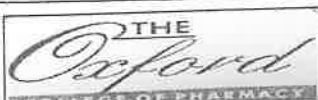
SHRI S. N. V.L. NARASIMHARAJU
CHAIRMAN
THE OXFORD GROUP OF INSTITUTIONS

CONVENER

DR PADMAA M PAARAKH
PRINCIPAL
THE OXFORD COLLEGE OF PHARMACY

ORGANIZING MEMBER

MS.DIVYA S KUMAR
ASST. PROFESSOR
THE OXFORD COLLEGE OF PHARMACY



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National girl child day celebration at College



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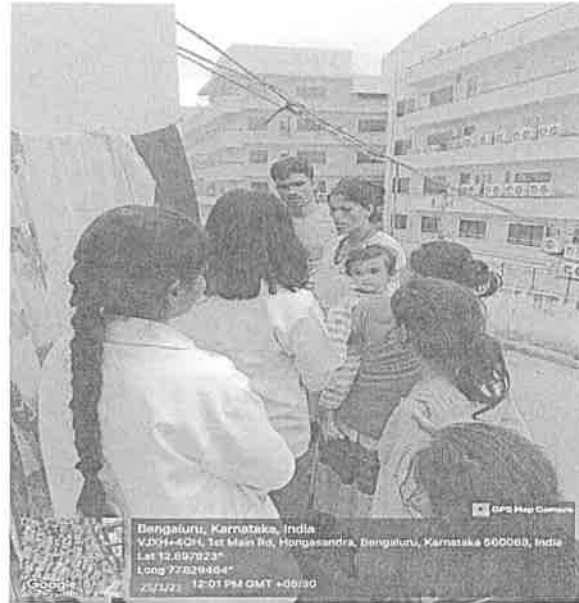
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Students creating awareness in the local community- National girl child day



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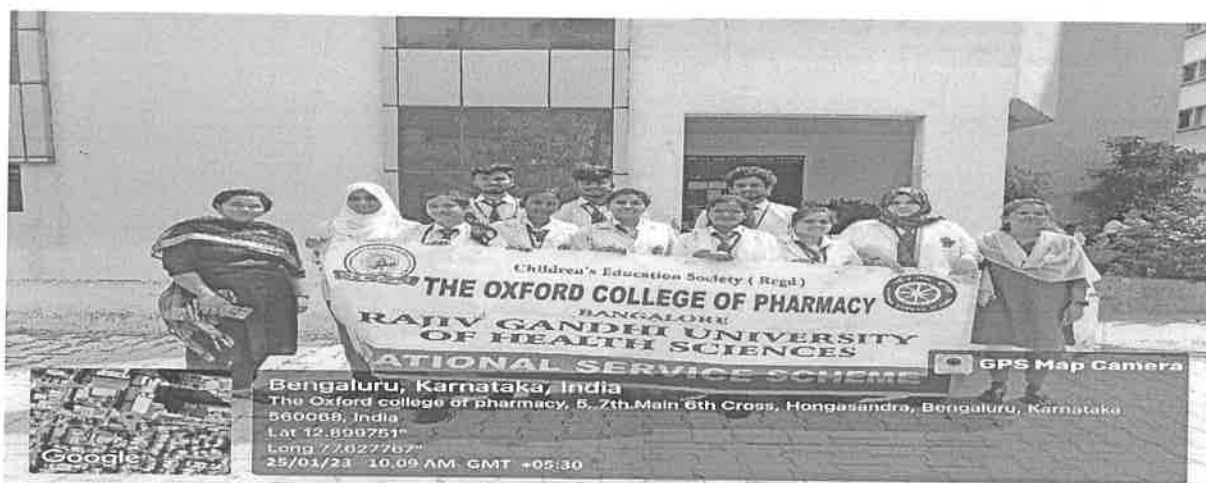
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NSS Volunteers involved in – National girl child day

OUTCOME

This program invoked a spirit of awareness among the listeners and participants. Investing in girls' education improves their lives and creates a brighter future for our communities and world. The college also initiated outreach program on creating awareness and sensitization on BBBP to reach out communities for National Girls Child Day awareness. The awareness program was highly appreciated by the public which motivated the students and gave awareness about the power and strength of a girl child. Additionally the students emphasized on BBBP through which girl child can get proper education. There were around 70 participants participated in this program.

END OF REPORT



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DATE: 12/01/2023

CIRCULAR

This is to inform all students, teaching and non-teaching staff of The Oxford College of Pharmacy that program on "NATIONAL VOTERS DAY 2023" will be conducted on 25/01/2023.

We request for the active participation for the same.

P. Padma

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DEPARTMENT OF PHARMACEUTICS

ORGANISED PROGRAMME

ON

“NATIONAL VOTERS DAY 2023”

CHIEF PATRON

SHRI S. N. V. L NARASIMHA RAJU

CHAIRMAN

THE OXFORD GROUP OF INSTITUTIONS

CONVENER

Dr. PADMAA M PAARAKH

PRINCIPAL

THE OXFORD COLLEGE OF PHARMACY

ORGANISING SECRETARY

MRS. KEERTHANA C K

ASSISTANT PROFESSOR

DEPARTMENT OF PHARMACEUTICS.

DATE: 28/01/2023

TIME: 3:30- 4:00PM



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PREAMBLE

The Oxford College of Pharmacy, Department of Pharmaceutics, Bangalore celebrated “National Voters Day” on 25th January 2023. The program was organized for 100 participants of students of different classes. Mrs. Keerthana C.K Assistant Professor, Department of Pharmaceutics organized the event on “National Voters Day.”

The content of the Session:

The program commenced with Prayer by the students. Ms. Surinder Kaur, Assistant Professor, Department of Pharmaceutics welcomed all the attendees of the program and emphasized about the importance of celebrating voters' day. The National Voters' Day has been celebrated on January 25 every year since 2011, across the country to mark the foundation day of Election Commission of India, i.e., 25th January 1950. Theme for this year's national voters' day is ‘NOTHING LIKE VOTING, I VOTE FOR SURE’. The main purpose of the NVD celebration is to encourage, facilitate and maximize enrolment, especially for the new voters. Dedicated to the voters of the country, the day is utilized to spread awareness among voters and for promoting informed participation in the electoral process. She emphasized about the significance of Voting. Every citizen has the basic right to vote. He or she has the right to select his leader to whomever they think can lead the nation, solving the problems of common people, bringing about change, etc. National Voters Day is a significant root of India as the future of the country lies in the leader that we choose. The objectives and purpose of the celebration on occasion of National Voters Day celebration is to encourage, facilitate and maximize enrolment, especially for the new voters. National voters' day 2023” celebration was organized by The Oxford College of Pharmacy, Bangalore by a live event on theme “NOTHING LIKE VOTING, I VOTE FOR SURE”. The program was arranged on 25th January 2023. There are totally 100 participants of students of different classes.

This event was arranged on 25th January 2023 in Room No.505 of (The Oxford College of Pharmacy, Bangalore) in between 03:30 to 04:00PM.

At last, Mrs. Keerthana C K thanked to every participant who actively participated in this event and encouraged to take part in such events in upcoming days too.



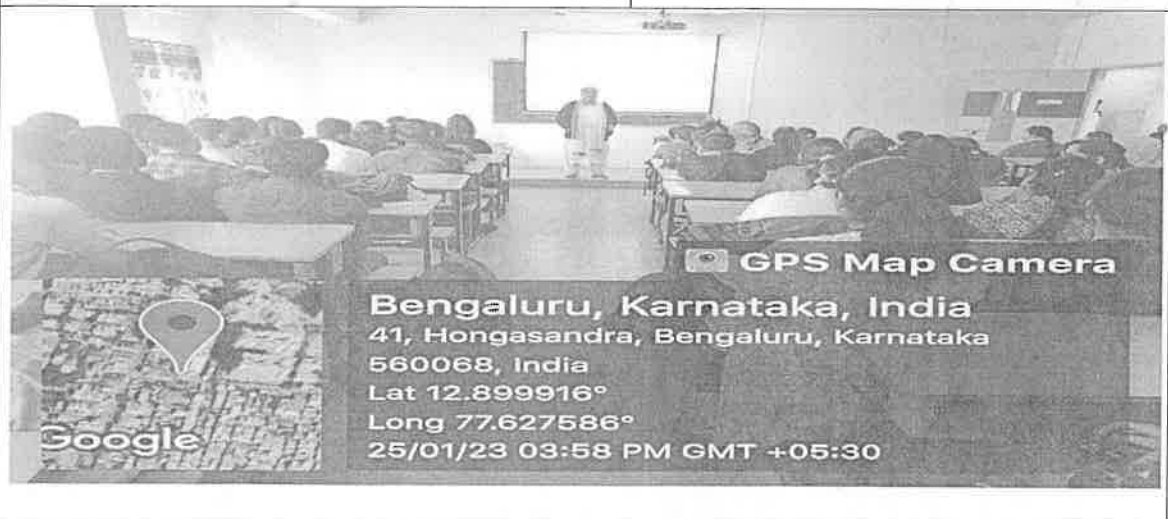
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Speaker addressing the participants



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OUT COME

The importance of National Voters Day and its significance successfully reached the students. The students took pledge to use their vote judiciously taking into account for the betterment of nation. The young voters of the country, also utilized the day to spread awareness among voters and for promoting informed participation in the electoral process. There were around 100 participants in this program. The students also went to nearby places and locality near college to spread awareness regarding Official Election Commission of India App for voter registration and elections, importance of voting.

END OF REPORT



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DATE: 23/01/2023

CIRCULAR

Celebration of 74th Republic Day.

India celebrating their 74th Republic Day on January 26, 2023. The Oxford College of Pharmacy invites all the students to showcase their creativity and activity. Following are the list of events is going to be conducted on January 26, 2023.

- Face Painting
- Slogan Competition
- Extempore

P. Padma

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DEPARTMENT OF PHARMA CHEMISTRY

ORGANISED PROGRAMME

ON

“REPUBLIC DAY 2023”

ON

26th JANUARY 2023

CHIEF PATRON

SHRI S. N. V. L NARASIMHA RAJU
CHAIRMAN
THE OXFORD GROUP OF INSTITUTIONS

CONVENER

Dr. PADMAA M PAARAKH
PRINCIPAL
THE OXFORD COLLEGE OF PHARMACY

ORGANIZING SECRETARY

DR. JYOTI SHRIVASTAVA
HOD,
DEPARTMENT OF PHARMACEUTICAL CHEMISTRY
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PREAMBLE

On the auspicious morning of 26th January 2023, The Oxford College of Pharmacy, Bangalore celebrated 74th Republic Day in the college premises. It was the matter of great pride for all of us. The principal, teachers and the students didn't want to leave any stone unturned in making this monumental day a memorable one. Republic Day is always a proud moment for every Indian to celebrate, which is celebrated throughout India and every corner of the country on 26th January every year irrespective of caste, creed and religion. The Oxford College of Pharmacy, Bangalore celebrated 74th Republic Day, which is themed as **75th Azadi Ka Amrit Mahostav** with great enthusiasm on 26th January 2023. While India gained independence from the British Raj in 1947, it wasn't until January 26, 1950, that the Indian Constitution came into effect, and India became a sovereign state, declaring it a republic. Dr. BR Ambedkar headed the Drafting Committee of the Constitution. Additionally, Constitution Day is celebrated in India on November 26 every year, as on November 26, 1949, the Constituent Assembly of India adopted the Constitution of India.

On the special occasion, we also mark the festival of Basant Panchami. To celebrate the festival, faculty and students gathered to pay homage to the goddess of knowledge and wisdom, Saraswati, with a traditional Aarti and Bhajan ceremony. The simultaneous celebration of two important events added to the cultural richness and diversity of the day's festivities. The university community came together to celebrate India's constitutional values and rich cultural heritage, making the day a truly memorable one.

The campus was beautifully decorated with flags and rangoli to commemorate the day. All the students, teachers, and non-teaching staff gathered in the college premises at 8.15 a.m. The programme started at 8.30 a.m. Our beloved principal Dr Padmaa Paraakh welcomed all the members present for the function. She motivated our college students for various patriotic performances and shared with everyone to be good citizen of India by showing sincerity and punctuality in development of our nation. All must work hard and should not postpone their duties. She appreciated the consistent endeavours of our armed forces in protecting our country bravely. She urged students to realize, understand and cherish our coveted freedom and work towards a progressive nation. She extended her warm greetings on the occasion. After that our principal madam hoisted the Flag and we sang flag song and National Anthem together.

After that Dr. Jyoti Shrivastava, HOD, Professor, Department of Pharm Chemistry, The Oxford College of Pharmacy, gave an in-depth speech on how we got freedom.



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Children's Education Society (Regd.)

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Dr Parthasarthy, Professor, HOD, Department of Pharmacy Practice, The Oxford College of Pharmacy, also gave a speech on the importance of Republic Day to Indians. He talked about the date was specifically chosen as it marks the anniversary of Purna Swaraj Day, which was held on January 26, 1930. The Purna Swaraj resolution made on January 26, 1930, called for "complete freedom from the British rule".

Dr. Noopur Srivastava, HOD, Department of Pharmacology, The Oxford College of Pharmacy, gave the vote of thanks. The function was concluded by thanking teachers, students, and non-teaching staff.

The program ended with the message to create a great nation through collective efforts from all individual. Sweets were distributed amongst all.

To celebrate the day four programs were conducted in the Auditorium- Extempore, Slogan Competition, Face Painting and Sudoku.

The Face painting competition was organised in the Room no 404 and other events in the Auditorium. The judges for the Face painting were Mrs Divya S Kumar, Mrs Sravani T, Mrs K Bhavani and Dr Noopur Shrivastava. There were over all 75 participants.



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OVERALL RESULT

Name of the Event: Face Painting

Total points:15

S.No.	Name of the Participant	Judge 1	Judge 2	Judge 3	Judge 4	Judge 5	Total	
1.	TEAM A	11.5	12.5	10	13		11.75	III Position
2.	TEAM B	11.5	11	9	11		10.62	
3.	TEAM C	9.5	9	10	11		10	
4.	TEAM D	9	8.5	14	10.5		10.5	
5.	TEAM E	12.5	13.5	12	13.5		12.87	II Position
6.	TEAM F	6.5	9.5	11	13.5		10.12	
7.	TEAM G	10.5	10	12	11.5		11	
8.	TEAM H	13.5	13	13	12.5		13	I Position

The judges for the Face painting were Mrs Divya S Kumar, Mrs Sravani T, Mrs K Bhavani and Dr Noopur Shrivastava.

RESULT:

I Position: TEAM H- Ms Umme Habiba and Yaseen (I MPH)

II Position: TEAM E- Ms Athamja Shetty and Monisha KC (II MPH)

III Position: TEAM A- Ms Swathi and Ms Kruthika (III BPH)



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OVERALL RESULT

Name of the Event: Slogan Competition

Total points:15

S.No.	Name of the Participant	Judge 1	Judge 2	Judge 3	Judge 4	Judge 5	Total	
1.	TEAM A	13	12	12	12		12.25	II Position
2.	TEAM B	11	9	9	9		9.5	
3.	TEAM C	10	8	9	8		8.75	
4.	TEAM D	14	13	11	13		12.75	I Position
5.	TEAM E	11	10	10	9.5		10.12	
6.	TEAM F	12.5	11	11	9		10.87	III Position

The judges for the Slogan competition were Mrs.Uma Prabha, Mrs Keerthana CK, Mrs Vishnupriya S and Dr Parthasarthy G.

RESULT:

I Position: TEAM D- Mr Shailesh (III BPH)

II Position: TEAM A- Ms Keerthana K (II BPH)

III Position: TEAM F- Ms Deepti Choudhary (III Pharm D)



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OVERALL RESULT

Name of the Event: Extempore

Total points:20

S.No.	Name of the Participant	Judge 1	Judge 2	Judge 3	Judge 4	Judge 5	Total	
1.	TEAM A	11	19	15			15	I Position
2.	TEAM B	16	14	14			14.6	II Position
3.	TEAM C	9	14	15			12.6	
4.	TEAM D	12	17	16			15	I Position
5.	TEAM E	17	12	10			13	

The judges for the Slogan competition were Mrs Surinder Kaur, Dr Vikram, Dr Karthik and Dr Parthasarthy G.

RESULT:

I Position: TEAM D- Ms Kavya (IV BPH)

I Position: TEAM A- Ms Deepthi (III Pharm D)

III Position: TEAM B- Mr Udaya Kumar (II BPharm)

Name of the Event: Sudoku

Participants- All the students participated.

I Position: Ms Kavya P Reddy (V SEM BPH)

II Position: Mr Prem Raj T (V Pharm D)

III Position: Mr Deepak Choudhary (IV Pharm D)



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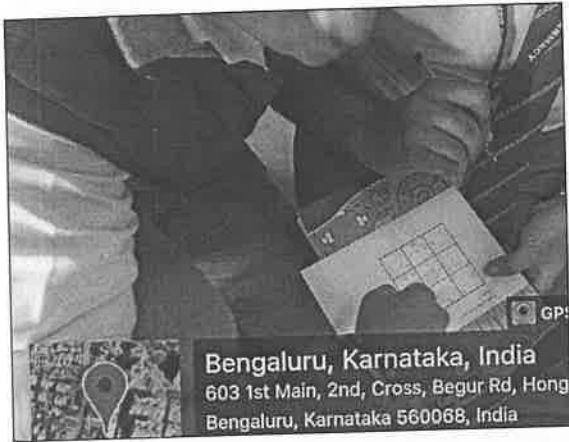


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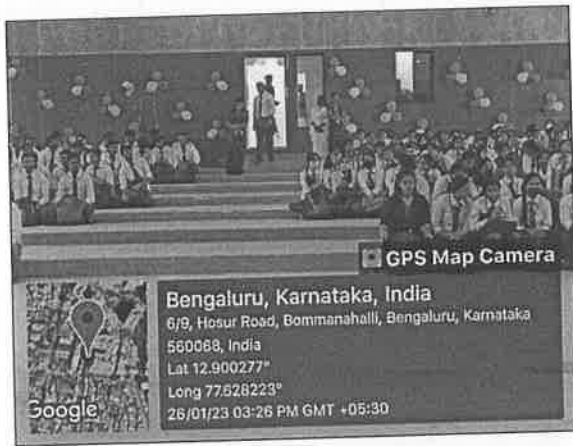
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Some Photos from the celebration of 74th REPUBLIC DAY on 26th January 2023.



Sudoku and face painting competition



Poster presentation by students



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OUTCOME

Various competitions like face painting, slogan competition and Extempore were held on Republic Day. There were around 75 participants actively participated in this program. This day is celebrated every year as on this day India's constitution became effective in 1950, thereby formally India got its identity as a Democratic Republic Country. Celebration of Republic Day is a tribute to the visionaries who crafted constitution including the rights and duties of every citizen. This day signifies that the strength of the nation lies by the involvement of the people. It's a call for each individual citizen to engage themselves in the democratic process, thereby which nation can progress towards a brighter and inclusive future. Beyond just observing holiday on this day, it is a celebration of the shared identity and unity in diversity.

END OF REPORT



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Date: 02/02/2023

CIRCULAR

All the teaching, non-teaching and students of The Oxford College of Pharmacy are hereby informed that an awareness programme on 'WORLD CANCER DAY 2023' will be conducted on 04/02/2023. We request for the active participation for the same.

P. Padma

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DEPARTMENT OF PHARMACEUTICAL CHEMISTRY

ORGANIZED

AWARENESS PROGRAMME

ON

“WORLD CANCER DAY”

ON

04th FEBRUARY 2023

CHIEF PATRON

SHRI S. N. V. L NARASIMHA RAJU

CHAIRMAN

THE OXFORD GROUP OF INSTITUTIONS

CONVENER

Dr. PADMAA M PAARAKH

PRINCIPAL

THE OXFORD COLLEGE OF PHARMACY

ORGANIZING SECRETARY

Mrs. G. SUVARNA LAKSHMI

ASST PROFESSOR,

DEPARTMENT OF PHARMACEUTICAL CHEMISTRY,

THE OXFORD COLLEGE OF PHARMACY



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PREAMBLE:

The Oxford College of Pharmacy, Bengaluru, organized "**WORLD CANCER DAY 2023**". It is the global uniting initiative led by the Union for International Cancer Control (UICC).

Cancer is a second-leading cause of death across the world and 70% of cancer deaths occur in low-to-middle-income countries. Each year, millions of lives can be saved by implementing resource-appropriate strategies for prevention, early detection, and treatment.

World Cancer Day 2023 is observed on 4th February every year to raise awareness about the prevention and treatment of cancer. The main aim of World Cancer Day 2023 is to promote the importance of early detection of Cancer as it can exponentially increase the chances of better treatment and curing it.

UICC (Union for International Cancer Control) declared the theme for World Cancer Day 2023 "**Close the Care Gap**".

At the same time, make people aware of how to identify the symptoms of cancer, educate people, as well as to prepare government and non-governmental organizations to help in fighting this deadly disease all over the world.

THE PROGRAM DELIVERED AS FOLLOWS:

On the occasion of World cancer day on 4th February 2023, a awareness programme was conducted by Department of Pharmaceutical chemistry.

The program was started with a welcome note and Guest speaker's introduction by Mrs. G. Suvarna Lakshmi, Program organizer followed by the inaugural address from Dr Padmaa M Paarakh, Principal, The Oxford College of pharmacy.



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The lecture was by **Azeez Ali Khan, Business Head, co Guide Research Simplified**. He focused on the cancer prevention interventions. He also shared his views on adopting cancer-preventive life style.

The second lecture was by **Dr. Jyoti Shrivastava, HOD, Department of Pharmaceutical chemistry** on World cancer day theme "Close the Care Gap". People need to encourage others to take care of themselves and adopt a cancer-preventive lifestyle. Moreover, the Theme Close the Care Gap emphasizes providing better and more accessible clinical evaluation and care to people at large.

The third lecture was by **Dr. Noopur Srivastava, HOD In charge, Department of Pharmacology** on the common cancers in community and myths and taboos related to various types cancer. She also focused on how sometimes people fail to notice the early symptoms due to a lack of awareness and clinical evaluation or checkups.

The organizer Mrs. G. Suvarna Lakshmi concluded the program with vote of thanks. She thanked chairman Shri S. N. V. L Narasimha Raju, The Oxford Group of Institutions, Dr. Padmaa M Paarakh, principal, The Oxford College of Pharmacy for organizing such an event. She also expressed her gratitude to Azeez Ali Khan, Business Head, co Guide Research Simplified, Dr. Noopur Srivastava, HOD In charge, Department of Pharmacology, Dr. Jyoti Shrivastava, HOD, Department of Pharmaceutical chemistry, and to all the other faculties and students who participated in the event and helped in its successful completion of the event.

No of Participants: 80 participants

Schedule: On 4th February 2023

Time Schedule	Program
10 AM	"WORLD CANCER DAY 2023"



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CHILDREN'S EDUCATION SOCIETY (REGD.)

THE OXFORD COLLEGE OF PHARMACY

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DEPARTMENT OF PHARMACEUTICAL CHEMISTRY, IIC



WORLD CANCER DAY
THEME: CLOSE THE CARE GAP



4th February 2023, 10 AM

GUEST SPEAKER

Azeez Ali Khan

Business Head

coGuide Research Simplified



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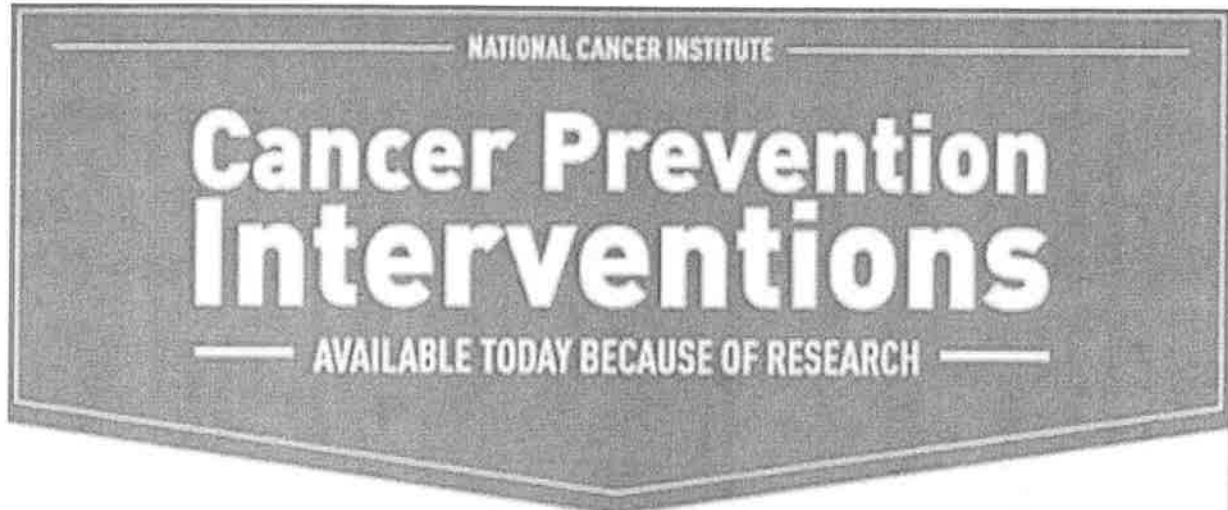
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MEDICATIONS

proven to reduce risk of breast and colon cancers in those at increased risk.



LIFESTYLE CHOICES

such as avoid or quit tobacco, limit alcohol, avoid known carcinogens, keep active & avoid obesity.



TREATMENTS FOR INFECTIONS

known to increase cancer risk, including hepatitis C, HIV, and H. pylori.



SCREENING TESTS

that allow removal of precancerous lesions, such as colon polyps.



VACCINES TO PROTECT

against infection with human papillomavirus (HPV) and hepatitis B.



SURGERY

to remove tissues at risk, such as for women with increased risk of breast and ovarian cancer.



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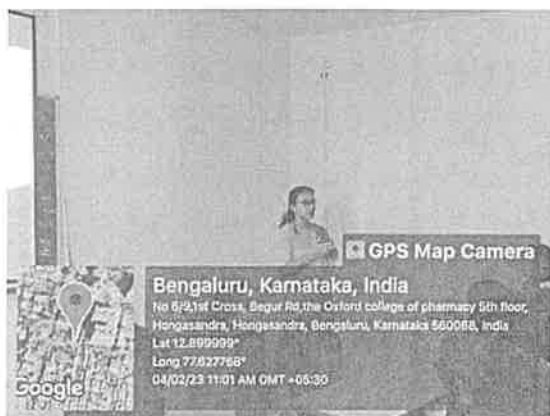
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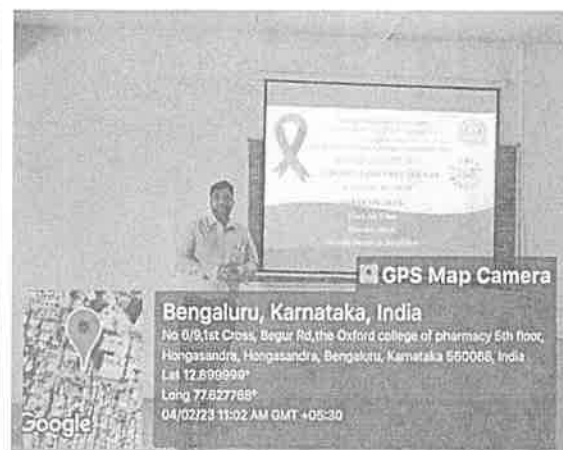
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Faculties interacting with participants



Speaker delivering speech to the participants



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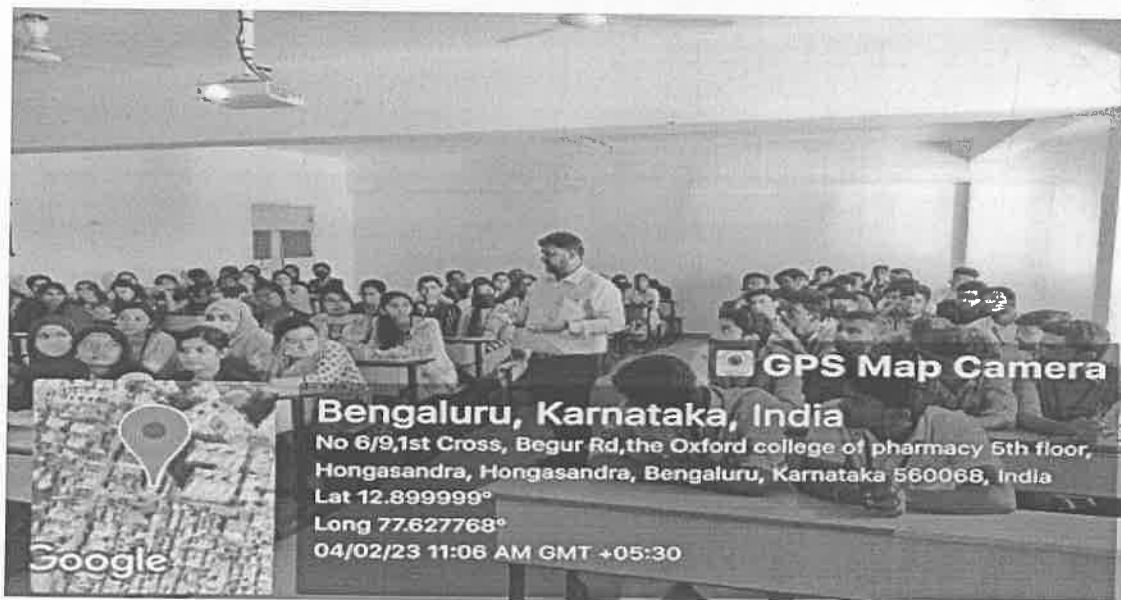
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Dr.Noopur addressing the participants



Speaker interacting with students



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OUTCOME

The program successfully reached the students and significantly increased the awareness about cancer related issues. There were around 80 participants in this program. The cancer day globally unites individuals, communities, government, private and non-private organizations with collective action of preventing, detecting, treating this devastating disease. After attending this awareness program, the students gained valuable knowledge about healthy lifestyles, early detection, and the importance of screenings and potentially impacting preventive behaviors. The programs brought together diverse communities, creating a supportive environment and encouraging active participation in cancer-related discussions. Finally, students visited in and around local community to create awareness and to sensitize the community about the occurrence of various types of cancer.

END OF THE REPORT



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Date: 6/2/2023

CIRCULAR

All the teaching staff and the students of The Oxford College of Pharmacy are hereby informed that an awareness programme titled "Cyber Security and Safer Usage of Social Media" will be conducted on 09/02/2023. We look forward for the active participation for the same. All interested students are requested to give your name to the event co-ordinator.

P Padma

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DEPARTMENT OF PHARMACY PRACTICE

ORGANIZED

AWARENESS PROGRAMME

ON

“CYBER SECURITY AND SAFER USAGE OF SOCIAL MEDIA”

THURSDAY, 9-Feb-2023

CHIEF PATRON

SHRI S. N. V. L NARASIMHA RAJU
CHAIRMAN
THE OXFORD GROUP OF INSTITUTIONS

CONVENER

Dr. PADMAA M PAARAKH
PRINCIPAL
THE OXFORD COLLEGE OF PHARMACY

ORGANIZING SECRETARY

Dr PARTHASARATHY G
HOD
DEPARTMENT OF PHARMACY PRACTICE
THE OXFORD COLLEGE OF PHARMACY



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Introduction:

Safer Internet Day takes place in February of each year to raise awareness of a safer and better internet for all, and especially for children and young people. As part of this annual celebration, The Oxford college of Pharmacy encourages everyone including students and staff and parents for safe surfing of internet and social media.

7th February 2023, was observed globally as Safer Internet Day (SID) – This worldwide annual campaign promoting a safe digital environment for children and young people. This year 2023 marks 20th anniversary of Safer Internet Day.

Objectives:

This programme on “Cyber Security and Safer Usage of Social Media”, to celebrate Safer Internet Day with the aim to create both a safer and better internet usage of social media, where children and young people are empowered to use digital technology responsibly, respectfully, critically and creatively. Playing games online can not only be a fun and engaging experience but also bring many opportunities to children and young people. Online gaming can enhance creativity, digital skills and help to connect with friends and fellow gamers. In addition, playing online games can encourage developing new skills, sparking interest in reading and writing or becoming creators of online games.

On the other hand, excessive online gaming can become a threat to their wellbeing and health, hence the need for resources and materials to inform children and young people, as well as their careers, of how to manage their online gaming experiences so that it becomes a fun and safe activity.

No of participants: 63

Schedule: 3.00 pm to 4.00 pm



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Time Schedule	Programme
3.00 pm	Welcome speech by Dr Parthasarathy
3.10 pm	Lecture by the guest Prof. Dharamvir, MCA Department, The Oxford Engineering College, Bommanahalli, Bengaluru.
3.50 pm	Vote of thanks and felicitation.

Conclusion, feedback and vote of thanks:

Social media has become a prime target for cybercrime. All organizations should take appropriate measures to be cyber-safe, and users too should protect their personal information to avoid any misuse. Cyberspace is becoming a significant area for crimes, so there is a need for comprehensive collaboration among nations to work together and combat these social network crimes and social media cyber-attacks, which are a continuously growing menace.

Students were very much impressed after the talk and interactive session was held for clarifying their doubts, if any. Everyone appreciated the topic selected for discussion and also expected more programmes in this kind.



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Professor Dharamveer interacting with students



Dr. Parthasarathy giving welcome speech



Program coordinators with the speaker



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OUTCOME

The speaker of the programme Prof. Dharamvir extensively covered the topic with detailed introduction of the cyber security issues encountered so far. He elaborated Privacy of Data, Data Mining, Virus and Malware Attacks, Legal Issues, etc. He also pointed out Risks & Challenges, like Identity theft, Whistle-blowers, Cyber Stalking, Cyber Bullying, Cyber Terrorism and also suggested the methods of safer usage of social media. Additionally, speaker instructed students to follow rules and guidelines for internet use such as approved websites and apps, use filtering and monitoring software, use privacy settings and internet safety policies. At a broader level, it elevates societal cybersecurity awareness, aids in reducing cybercrime, and bolsters economic resilience by safeguarding online transactions. The program's success manifests in a profound grasp for the students/participants on cybersecurity tenets, adoption of safer digital practices, and the empowerment of individuals to adhere to online safety—thereby nurturing a digitally savvy and ethically minded community. There were around 63 participants in this program.

END OF REPORT



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Date: 25/02/2023

CIRCULAR

The NSS unit of The Oxford College of Pharmacy is organizing the "National Science Day" in The Oxford College of Pharmacy on 28/02/2023. We request the active participation of the staff and students for the same.

P. Padma

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The Oxford College Of Pharmacy
No 6/9, 1st Cross, Begur Road, Hongasandra
Bengaluru - 560 068



No.6/9, 1st Cross, Begur Road, Hongasandra, Bengaluru -560 068
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Children's Education Society (Regd.)

The Oxford College of Pharmacy

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Accredited by NAAC and International Accreditation Organization (IAO)

DEPARTMENT OF PHARMACOLOGY

ORGANIZED PROGRAMME

ON

“NATIONAL SCIENCE DAY”

ON

TUESDAY, 28th February, 2023

CHIEF PATRON

DR. S. N. V. L NARASIMHARAJU

CHAIRMAN

THE OXFORD GROUP OF INSTITUTIONS

CONVENER

Dr. PADMAA M

PAARAKHPRINCIPAL

THE OXFORD COLLEGE OF PHARMACY

ORGANIZING SECRETARY

Dr. NOOPUR SRIVASTAVA

ASSOCIATE PROFESSOR

DEPARTMENT OF PHARMACOLOGY,
THE OXFORD COLLEGE OF PHARMACY



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PREAMBLE:

The Oxford College of Pharmacy, Bengaluru, organized " **National Science Day**" with an aim to recognize and appreciate the contributions of scientists and researchers to the field of science and to create awareness among the students about the importance of science and its applications in everyday life as well as to promote and nourish interest in science and technology. The program was conducted on February, 28th 2023.

Ever since 1987, our country has been celebrating the National Science Day on 28th February to commemorate the discovery of the 'Raman Effect' by one of the renowned Physicist of India- Sir CV Raman. This year, the theme was 'Integrated Approach in Science and Technology for Sustainable Future'.

THE AWARENESS PROGRAM DELIVERED AS FOLLOWS:

The program was started with a welcome note by Dr. Noopur Srivastava, Program organizer followed by the inaugural address from Dr Padmaa M Paarakh, Principal, The Oxford College of pharmacy.

On the occasion there were Poster, Working Models and Origami Models competitions. There was enthusiastic participation for all the competitions from the students. Students from various under graduate and post-graduate courses had participated enthusiastically in the event. Students were shown their creative ideas and knowledge in posters and models. Dr. Parthasarthy Prof. & HOD, Pharmacy practice formally welcomed all the participants gathered for the celebration and spoke on the importance of National Science Day and the life and works of noble laureate Sir C V Raman. Dr. Padmaa M Paarakh Principal, The Oxford College of Pharmacy emphasized the need to go beyond textbooks and imbibe the knowledge from all the spheres for the overall development of any pharmacist. She encouraged and motivated students to take up challenges and put efforts to achieve excellence in their life. Dr. Gururaj S Kulkarni Prof. & HOD, Department of Pharmaceutics reflected on how Science and Technology should walk hand in hand to solve the current societal problems. Honorable Principal, HODs and faculties appreciated the science projects exhibited by the students in the science fair.



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The students of M. Pharm (Pharmacology, Pharmaceutics), Pharm D, B Pharm and D Pharm were participated in the programme. At the end of it, the results of various competitions like Working Science Model Competition and Origami Model Competition were announced by Dr. Noopur Srivastava Associate Professor Department of Pharmacology. Students were shown their creative ideas and knowledge in posters and models. Fresh ideas in a competition got opportunity to win prizes in the occasion. The higher authority congratulated all the prize-winners. Finally, Mrs. Bhavani, Assistant Professor, Department of Pharmacology concluded the program with vote of thanks. She thanked Chairman Shri S. N. V. L Narasimha Raju, The Oxford Group of Institutions, Dr. Padmaa M Paarakh, Principal, The Oxford college of pharmacy for organizing such an event and Dr. Noopur Srivastava, HOD, Department of Pharmacology. And to all the other faculties and students who participated in the event and helped in its successful completion of the event.

No of participants: 50 participants

Schedule: On 28th February, 2023

Time Schedule	Programme
3:10 P.M-3:30 P.M	Display of Models (Working models, Origami Models)
3:30 P.M-4:00 P.M	Presentation for Models by Students




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6/9, 1ST MAIN, BEGUR ROAD, HONGASANDRA, BANGALORE-560068



DEPARTMENT OF PHARMACOLOGY, IIC
NATIONAL SCIENCE DAY
28TH FEBRUARY 2023

THEME: Integrated Approach in Science and Technology for Sustainable Future

PATRON SHERI S. N. V. L. NARASIMHARAJU CHAIRMAN THE OXFORD GROUP OF INSTITUTIONS	CONVENER DR. PADMAA M. BAARANI PRINCIPAL THE OXFORD COLLEGE OF PHARMACY	ORGANIZING SECRETARY DR. NOOPUR SRIVASTAVA DEPARTMENT OF PHARMACOLOGY THE OXFORD COLLEGE OF PHARMACY BANGALORE
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Students Presenting the Models



Student explaining the model to the evaluator



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Students with their presentation



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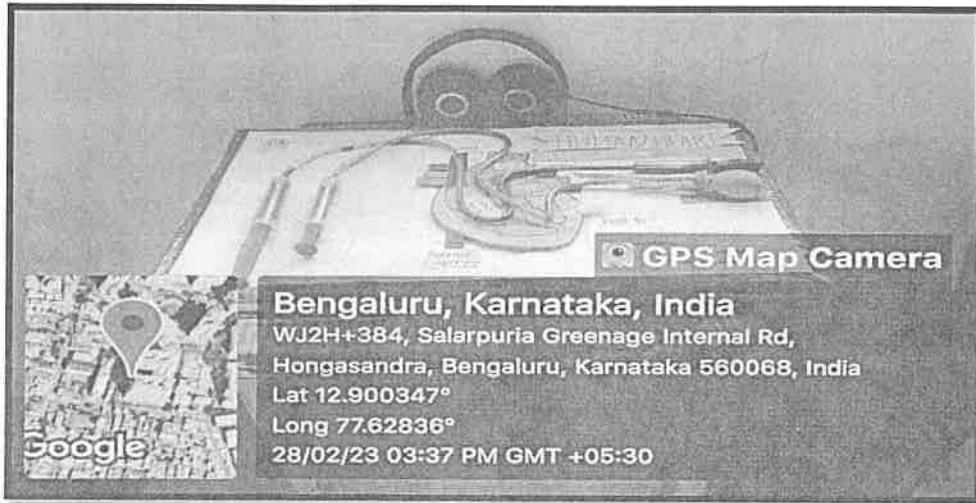
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Students with their Models



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Students Explaining the model



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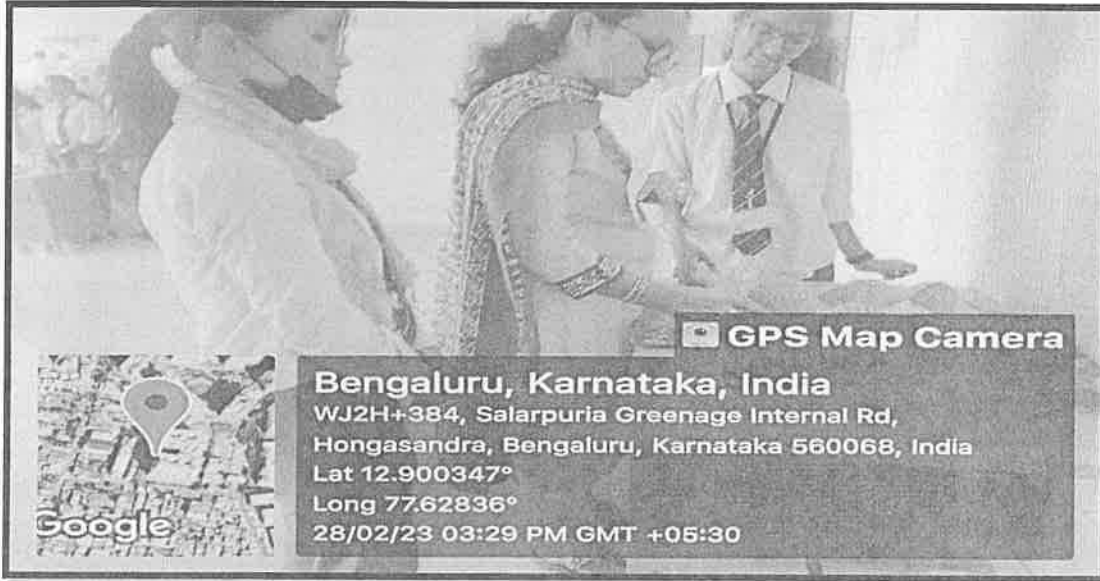
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Evaluator evaluating the Model



Students with their Models



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OUTCOME

National Science Day's was conducted to ignite an interest in to the students, to perform new experiments, and make them aware of the latest developments in science and technology. At the end of it, the results of various competitions like Working Science Model Competition and Origami Model Competition were announced. Students were shown their creative ideas and knowledge in posters and models. Fresh ideas in a competition got opportunity to win prizes in the occasion. The higher authority congratulated all the prize-winners. There were 50 participants in this program.

END OF REPORT



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Date: 26/2/2023

CIRCULAR

This is to inform all students, teaching and non-teaching staff of The Oxford College of Pharmacy that program on "ZERO DISCRIMINATION DAY 2023" will be conducted on 01/03/2023. We request for the active participation for the same.

P. Padma

PRINCIPAL



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DEPARTMENT OF PHARMACOLOGY

ORGANISED

AWARENESS PROGRAMME

ON

“ZERO DISCRIMINATION DAY”

ON

1ST MARCH, 2023

CHIEF PATRON

SHRI S. N. V. L NARASIMHA RAJU
CHAIRMAN
THE OXFORD GROUP OF INSTITUTIONS

CONVENER

Dr. PADMAA M PAARAKH
PRINCIPAL
THE OXFORD COLLEGE OF PHARMACY

ORGANIZING SECRETARY

Mrs. KESERLA BHAVANI
ASSISTANT. PROFESSOR,
DEPARTMENT OF PHARMACOLOGY,
THE OXFORD COLLEGE OF PHARMACY

RESOURCE PERSON

MRS. SHOBHA.G
ASSOCIATE PROFESSOR,
DEPARTMENT OF PSYCHIATRIC NURSING
THE OXFORD COLLEGE OF NURSING



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PREAMBLE

The Oxford College of Pharmacy, Bengaluru, organized "ZERO DISCRIMINATION DAY 2023" with an aim to educate our staffs and students about the zero discrimination. The program was conducted on March 1st 2023. The theme of the Program was "SAVE LIVES- DECRIMINALISATION".

Joint United Nations Program on HIV/Aids (UNAIDS) is highlighting how the decriminalization of key populations and people living with HIV saves lives and helps advance the end of the AIDS pandemic. Criminal laws targeting key populations and people living with HIV violate people's human rights, exacerbate the stigma people face and put people in danger by creating barriers to the support and services they need to protect their health.

In 2021, the world set ambitious law reform targets to remove criminal laws that are undermining the HIV response and leaving key populations behind. Recognizing decriminalization as a critical element in the response, countries made a commitment that by 2025 less than 10% of countries would have punitive legal and policy environments that affect the HIV response.

In fact, today there are 134 countries explicitly criminalizing or otherwise prosecuting HIV exposure, non-disclosure or transmission; 20 countries criminalize and/or prosecute transgender persons; 153 countries criminalize at least one aspect of sex work; and 67 countries now criminalize consensual same-sex sexual activity, according to UNAIDS. In addition, 48 countries still place restrictions on entry into their territory for people living with HIV, while 53 countries report that they require mandatory HIV testing, for example for marriage certificates or for performing certain professions. 106 countries report requiring parental consent for adolescents to access HIV testing.

Criminalization drives discrimination and structural inequalities. It robs people of the prospect of healthy and fulfilling lives. And it holds back the end of AIDS.



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THE AWARENESS PROGRAM DELIVERED AS FOLLOWS:

The program was started with a welcome note by Mrs. Keserla Bhavani, Program organizer followed by the inaugural address from Dr Padmaa M Paarakh, Principal, The Oxford College of pharmacy.

Mrs. Shobha.G, Associate Professor, Department of Psychiatric nursing, was invited to talk about the theme save lives Decriminalization. She had delivered lecture about how the decriminalization save lives. She explains about what is the importance of decriminalization. The students of M. Pharm I year Pharmacology, I year Pharmaceutics, I pharm D, I B. Pharm students were participated in the Programme.

The organizer Mrs. Keserla Bhavani concluded the program with vote of thanks. She thanked chairman Shri S. N. V. L Narasimha Raju, The Oxford Group of Institutions, Dr. Padmaa M Paarakh, principal, The Oxford College of Pharmacy for organizing such an event and Dr. Noopur Srivastava, HOD, Department of Pharmacology.

No of participants:100 participants

Schedule: On 1st March, 2023

Time Schedule	Programme
11.30AM-12.30PM	"ZERO DISCRIMINATION DAY 2023"



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Speaker with principal madam



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THE OXFORD COLLEGE OF PHARMACY
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DEPARTMENT OF PHARMACOLOGY, IQAC



ZERO DISCRIMINATION DAY

MARCH 1ST 2023, 11:30AM-12:30PM

THEME: SAVE LIVES : DECRIMINILISATION
AWARENESS PROGRAMME

MRS. SHOBHA. G

ASSOCIATE PROFESSOR,
DEPARTMENT OF PSHYCHIATRIC NURSING,
THE OXFORD COLLEGE OF NURSING



CHIEF PATRON

Shri. S N V L Narasimha Raju,
Chairman,
The Oxford Educational
Institutions

CONVENER

Dr. Padmaa M. Paarakh,
Principal,
The Oxford College of
Pharmacy

ORGANIZING SECRETARY

Mrs. Keserla Bhavani,
Assistant Professor,
Department of Pharmacology,
The Oxford college of Pharmacy



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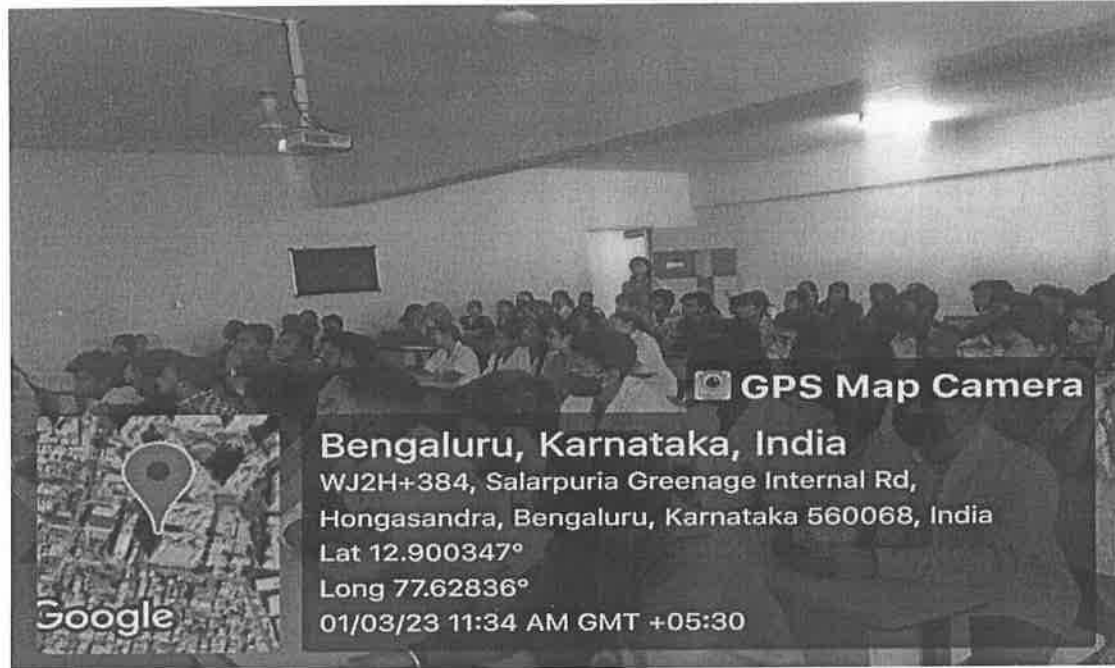


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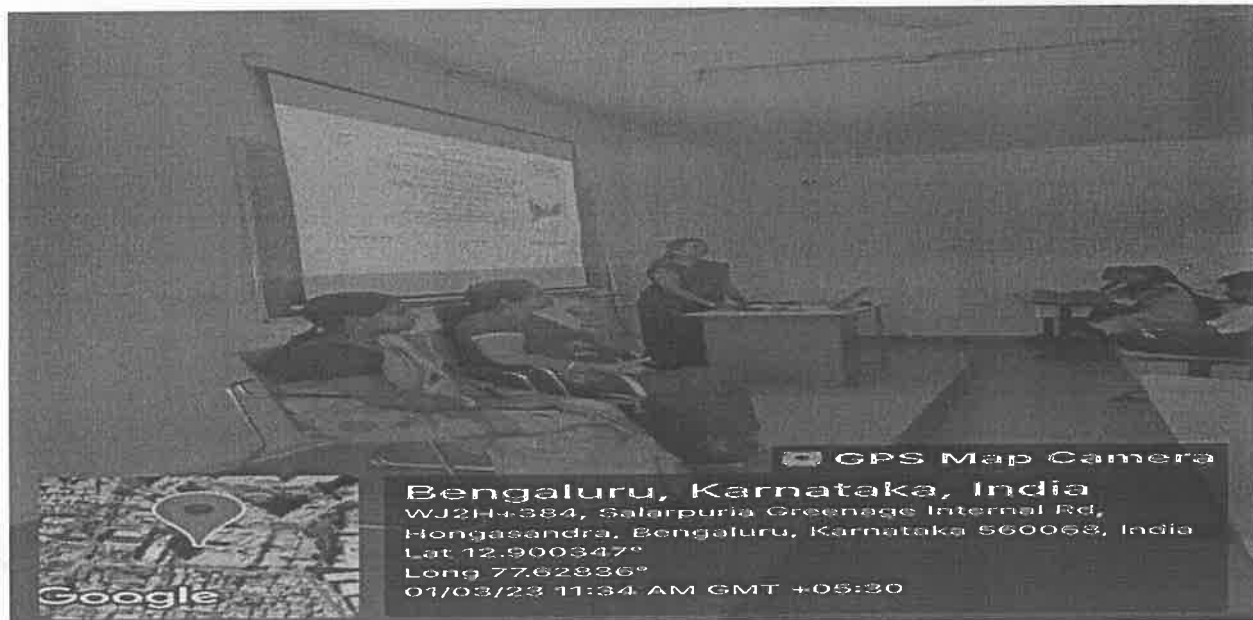
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Student actively participated in the program



Speaker addressing the Participants



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OUTCOME OF THE PROGRAMME

The program was conducted with an aim to raise an awareness and to educate our staffs and students about the theme save lives- Decriminalization. Students learned that how discrimination leads to structural inequalities and rob people from their rights in the society. They also learned that it robs people of the prospect of healthy and fulfilling lives leading to increased vulnerability. Above all, students, after having exposed to the gravity of the discrimination, felt that it is the duty of every individual to fight against such activities to create secure and safe environment in the society. There were around 100 participants in this program.

END OF THE REPORT



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Date: 04/03/2023

CIRCULAR

All the teaching, non -teaching and students of The Oxford College of Pharmacy are hereby informed that the “**International Women`s Day**” will be celebrated on the 8th of March 2023. All are requested to assemble in the room number 505 by 3pm. We look forward for the active participation for the same.

P. Padua

PRINCIPAL
PRINCIPAL

The Oxford College Of Pharmacy
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Bangalore - 560 068



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DEPARTMENT OF PHARMACEUTICS

ORGANIZED

AWARENESS PROGRAM

ON

“INTERNATIONAL WOMEN'S DAY”

ON

WEDNESDAY, 08TH MARCH 2023

CHIEF PATRON

SHRI S. N. V. L NARASIMHA RAJU

CHAIRMAN

THE OXFORD GROUP OF INSTITUTIONS

CONVENER

Dr. PADMAA M PAARAKH

PRINCIPAL

THE OXFORD COLLEGE OF PHARMACY

ORGANIZING SECRETARY

Mrs. SURINDER KAUR

ASST PROFESSOR,

DEPARTMENT OF PHARMACEUTICS,

THE OXFORD COLLEGE OF PHARMACY



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PREAMBLE

The Oxford College of Pharmacy, Bengaluru celebrated "Women's Day" on 08th March 2023. There were both teachers and students who attended it from different classes. Mrs. Surinder Kaur, Assistant Professor, department of Pharmaceutics organized the celebration on the occasion of "Women's Day" and Dr. G. Venkata Karthik, Assistant Professor of Pharmacology Department gave a talk on Women's Day.

THE AWARENESS PROGRAM DELIVERED AS FOLLOWS:

The organizer Mrs. Surinder Kaur concluded the program with vote of thanks. She thanked chairman Shri S. N. V. L. Narasimha Raju, The Oxford Group Of Institutions, Dr. Padmaa M Paarakh, principal, the Oxford college of pharmacy for organizing such an event and Dr. Guru Raj S Kulkarni, HOD, Department of Pharmaceutics. There was a poster presentation competition in the program.

No of participants: 70 participants

Schedule: On 8th March 2023

Time Schedule	Program me
3-4pm	"INTERNATIONAL WOMENS DAY 2023"



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THE OXFORD COLLEGE OF PHARMACY
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BENGALURU - 560 068



MARCH
International
Women's Day

THEME: "INNOVATION AND TECHNOLOGY FOR GENDER
EQUALITY"

CHIEF PATRON
Shri S N V L. Narasimha Raju
Chairman
The Oxford Educational
Institutions

CONVENER
Dr Padmaa M Paarakh
Principal
The Oxford College of
Pharmacy

ORGANIZING COMMITTEE
Department of
Pharmaceutics
The Oxford College of
Pharmacy



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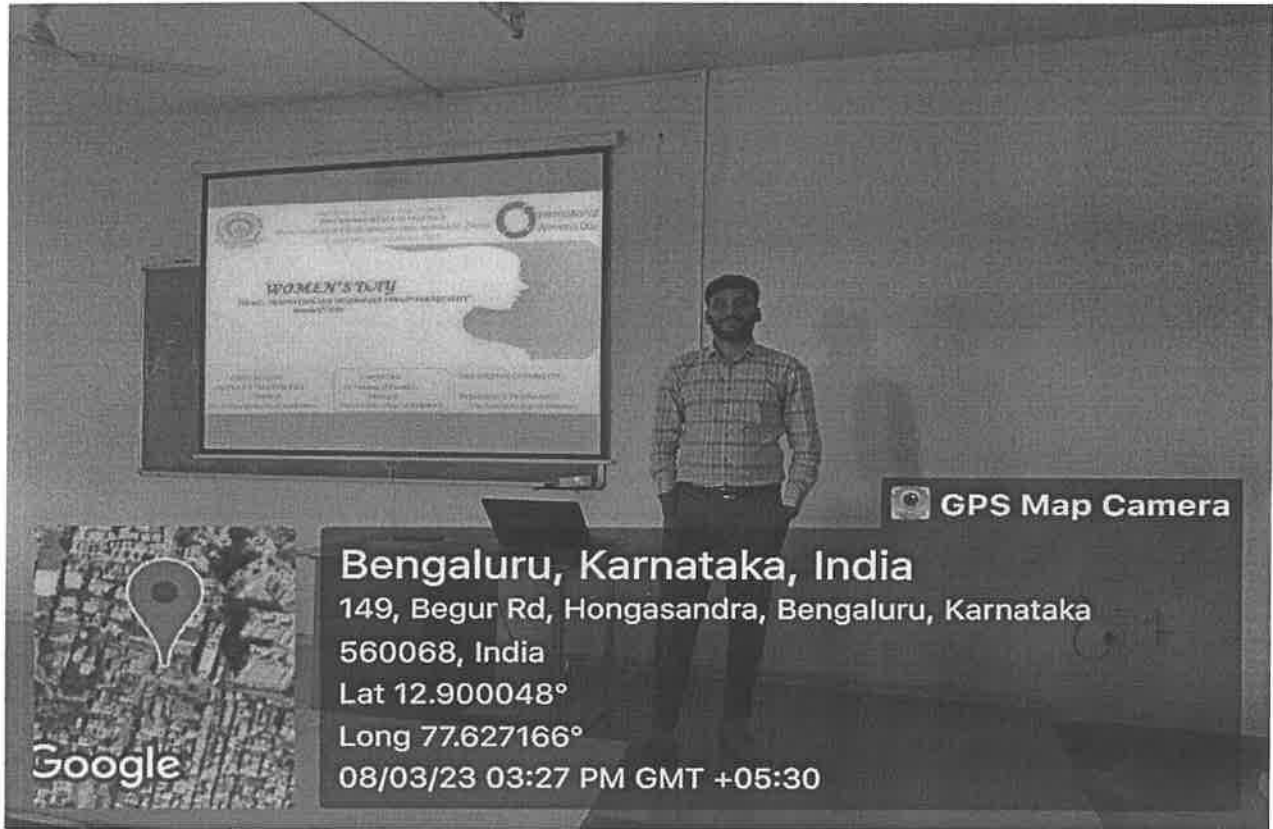


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Dr. G, Venkata Karthik, Assistant Professor of Pharmacology Department

giving a talk on Women's Day.



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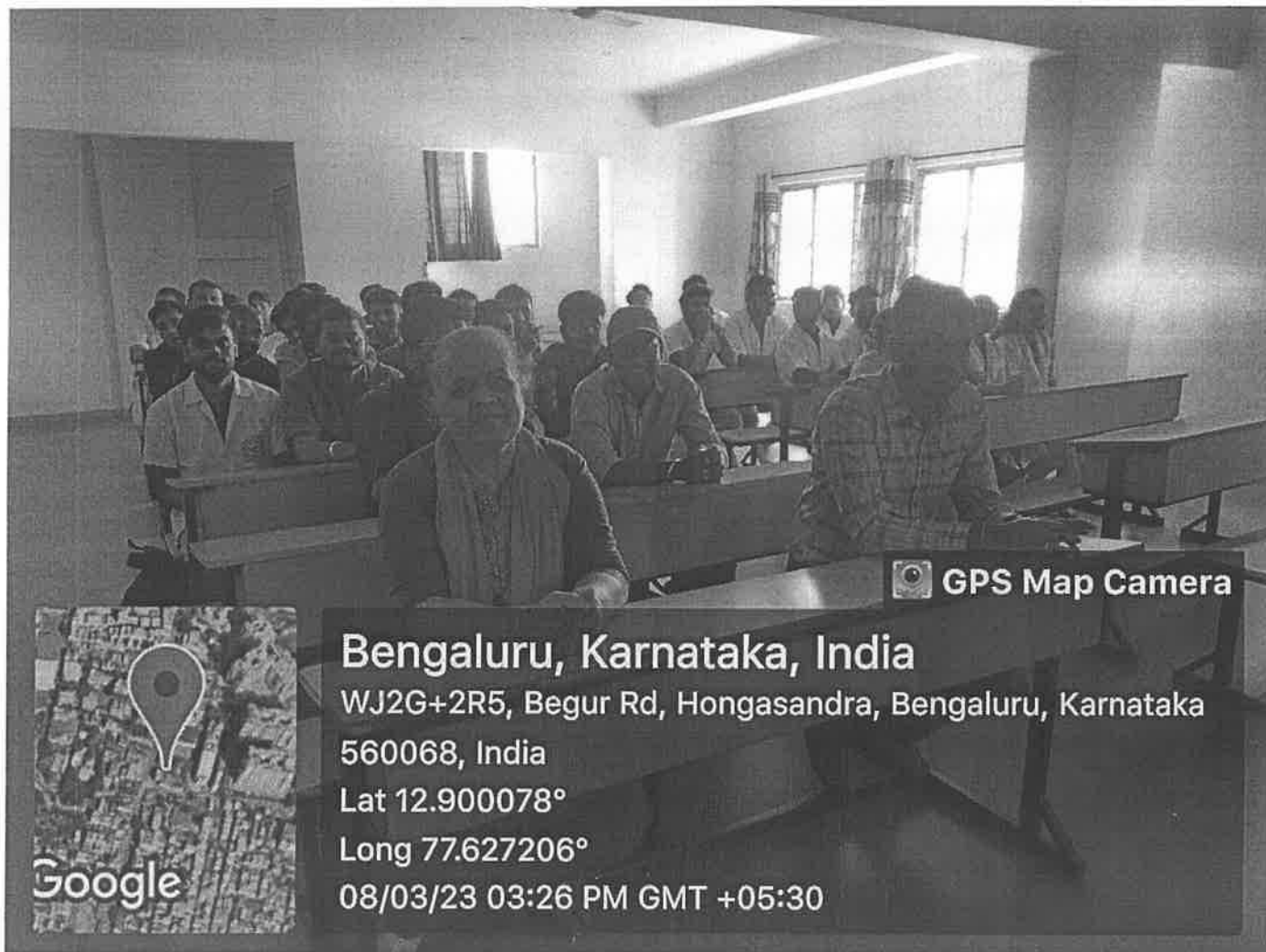
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GPS Map Camera



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560068, India

Lat 12.900078°

Long 77.627206°

08/03/23 03:26 PM GMT +05:30

BOY STUDENTS SHOWED UP IN MORE NUMBERS TO ATTEND THE WOMEN'S DAY



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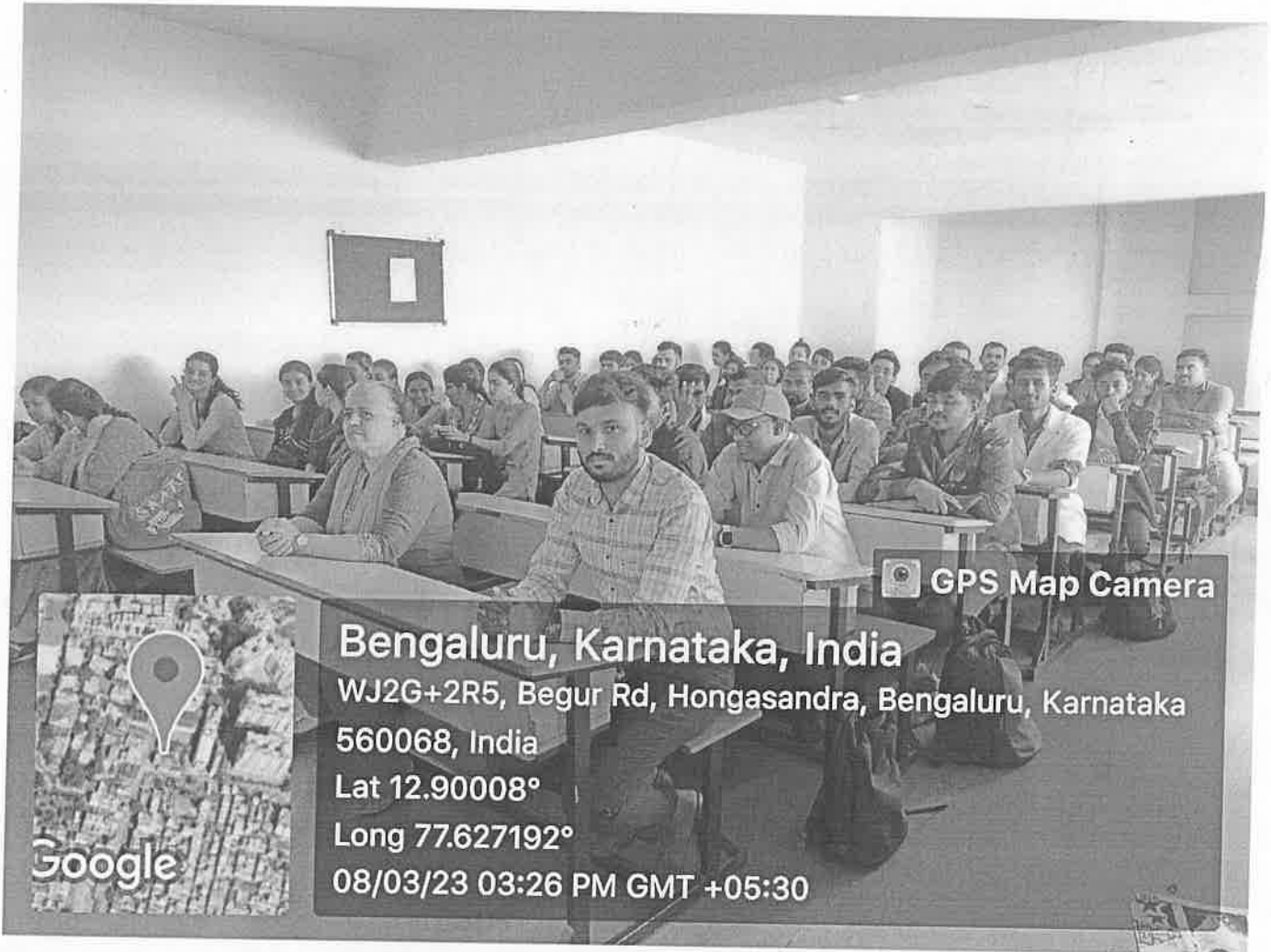
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Participants while attending the program



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POSTER PRESENTATION ON WOMEN AND TECHNOLOGY JUDGES MRS. JOYCE & MRS NAGALAKSHMI



STUDENTS PARTICIPATED IN POSTER PRESENTATION



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BEST POSTER OF THE DAY



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Adavi Sengenahall, Karnataka, India
Q732+6H4, Adavi Sengenahall, Karnataka 577515, India
Lat 13.751885°
Long 76.252098°
08/03/23 12:06 PM GMT +05:30



Bengaluru, Karnataka, India
VJXG+MXR, 2nd Main Rd, Hongasandra, Bengaluru, Karnataka 560068, India
Lat 12.899172°
Long 77.627284°
08/03/23 11:52 AM GMT +05:30

STUDENTS INTERACTING WITH SOCIETY ON THE IMPORTANCE OF WOMAN'S DAY



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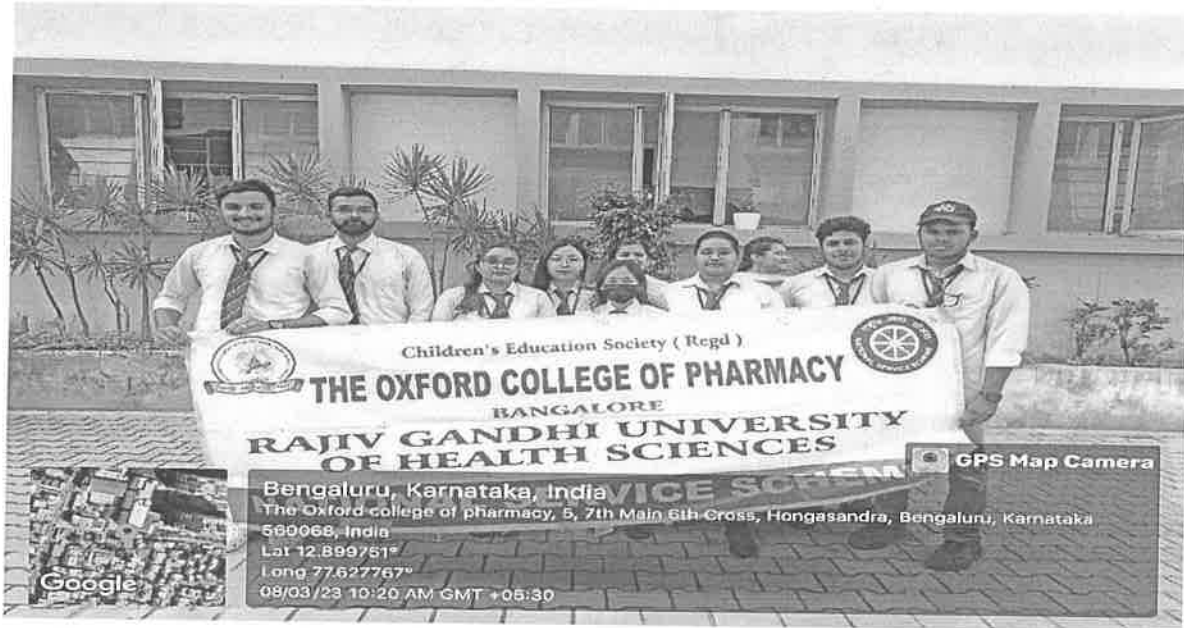


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STUDENT VOLUNTEERS INVOLVED IN THE PROGRAM ON WOMAN'S DAY

OUTCOME

The program emphasized on the empowerment of the women in Indian society. The painting of the students depicted the vulnerable condition and plights of the women in the society. The program boosted the participants to stand against every injustice that a woman goes through in the Society. Additionally, do's and don'ts with good behaviour while interacting with girl students were also conveyed. Further, students and faculty joined together and visited local community to promote awareness among the women about their rights, equality and privileges in the society with emphasizing on Beti Bachao, Beti Pado (BBBP) scheme, a Government of India initiative. The efforts taken for the awareness of empowerment of the woman by the college was appreciated much by the society. There were around 70 participants in this program.

END OF REPORT



Children's Education Society (Regd.)

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Accredited by NAAC and International Accreditation Organization (IAO)

Date: 03/03/2023

CIRCULAR

All the teaching, non-teaching and students of The Oxford College of Pharmacy are hereby informed that an awareness programme on 'NO SMOKING DAY 2023' will be conducted on 09/03/2023. We look forward for the active participation for the same.

P. Padma

PRINCIPAL

PRINCIPAL

The Oxford College of Pharmacy
No.6/9, 1st Cross, Begur Road, Hongasandra,
Bengaluru - 560 068



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DEPARTMENT OF PHARMACEUTICS

ORGANIZED

AWARENESS PROGRAMME

ON

“NO SMOKING DAY”

ON

THURSDAY, 9TH MARCH 2023

CHIEF PATRON

SHRI. S.N.V. L. NARASIMHARAJU

CHAIRMAN

THE OXFORD GROUP OF INSTITUTIONS

CONVENER

Dr. PADMAA M PAARAKH

PRINCIPAL

THE OXFORD COLLEGE OF PHARMACY

ORGANIZING SECRETARY

Dr. VIKRAM.T

ASSISTANT PROFESSOR

DEPARTMENT OF PHARMACEUTICS

THE OXFORD COLLEGE OF PHARMACY

RESOURCE PERSON

MR. THIRUMALA RAO

LECTURER

THE OXFORD COLLEGE OF PHYSIOTHERAPY



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PREAMBLE

The Oxford College of Pharmacy, Bengaluru, organized “NO SMOKING DAY 2023” with an aim to spread awareness about the harmful health effects of tobacco consumption through cigarette and other modes. Dr. Vikram.T, Assistant Professor, Department of Pharmaceutics initiated the programme along with students. The utmost intention of the program is to help smokers to get rid from the habit of smoking. The programme was conducted on 9th March 2023.

The history of No Smoking Day dates back to the early 1980s when a small group of individuals in the United Kingdom decided to launch a campaign to raise awareness about the harmful effects of smoking. The first No Smoking Day was observed in the UK in 1984, and since then, it has been observed annually on the second Wednesday in March.

The idea behind No Smoking Day was to encourage smokers to quit smoking by creating awareness about the risks associated with smoking. The campaign aimed to provide smokers with the support they need to quit smoking and to create a smoke-free environment for non-smokers.

The content of the session

No Smoking Day 2023 was organized by The Oxford College of Pharmacy, Bengaluru on 9th March 2023 with the theme “Quit and Win”. The programme started with the welcoming of the audience and introduction of the speaker of the day Mr. Thirumala Rao, Lecturer, The Oxford College of Physiotherapy, Bengaluru.

No. of Participants: 60

Schedule: On 9th March 2023

Time Schedule	Programme
12 PM-1 PM	NO SMOKING DAY 2023



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Mr. Thirumala Rao addressed the students about sources of tobacco, consequences and harmful effects of tobacco to students through video. The programme was attended by students of B.Pharm. Around 60 participants including staffs and students of The Oxford College of Pharmacy attended the programme. The organizer Dr. Vikram concluded the programme with vote of thanks. He thanked Chairman Shri. S.N.V. L. Narasimha Raju, The Oxford Group of Institutions, Dr Padmaa M Paarakh, Principal, The Oxford College of Pharmacy for encouraging to organize the event. After the inside campus program students went outside the campus along with faculties and aware the public about the risks associated with smoking.



CHILDREN'S EDUCATION SOCIETY (REGD.)

THE OXFORD COLLEGE OF PHARMACY

68, 2nd MAIN, BEGUR ROAD, HONGASANDRA, BANGALORE-560068

DEPARTMENT OF PHARMACEUTICS



NO SMOKING DAY-2023

MARCH 9th 2023, 12 PM

THEME: QUIT AND WIN

GUEST LECTURE BY

Mr. Thirumala Rao

Lecturer

THE OXFORD COLLEGE OF PHYSIOTHERAPY



PATRON

SHRI S. N. V. L. NARASIMHARAJU
CHAIRMAN
THE OXFORD GROUP OF INSTITUTIONS

CONVENER

DR. PADMAA M. PAARAKH
PRINCIPAL
THE OXFORD COLLEGE OF PHARMACY

ORGANIZING SECRETARY

DR. VIKRAM T
DEPARTMENT OF PHARMACEUTICS
THE OXFORD COLLEGE OF PHARMACY
BANGALORE



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Providing awareness to students about the consequences of smoking



Providing awareness to students about the consequences of smoking



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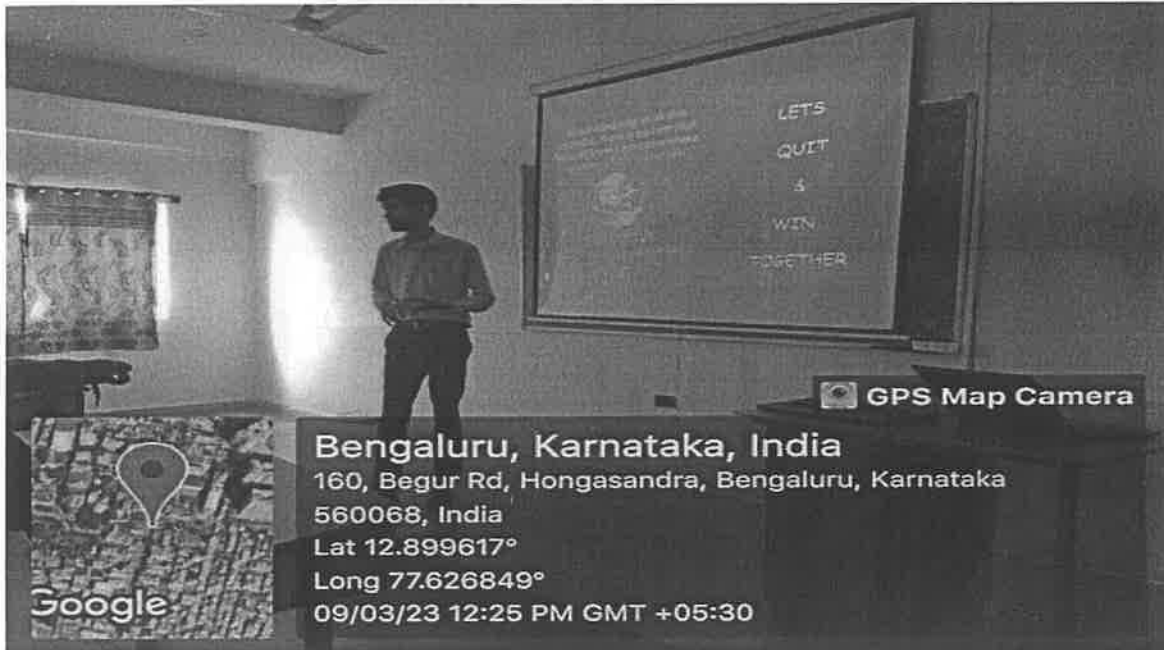
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Providing awareness to students about the consequences of smoking



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Students creating awareness in society- No smoking day



NSS Volunteers involved in no smoking day programme



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OUTCOME

On "No Smoking Day", The Oxford College of Pharmacy created awareness in and around the campus about the fatal consequences of smoking and use of tobacco. At the same time, faculty and students went out together on the streets and market place. They promoted awareness among the labourers, vendors, shopkeepers about the harmful effects of smoking and tobacco consumption and encouraged people to quit smoking. They also oriented individuals and different groups of people in the society about the benefits of quitting smoking such as good health, improve social behaviours etc. The efforts of The Oxford College of Pharmacy in creating awareness regarding the fatal effects on health etc. received much appreciation from the local community. There were around 60 participants in this program.

END OF REPORT



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Date: 15/03/2023

CIRCULAR

All the teaching, non-teaching and students of The Oxford College of Pharmacy are hereby informed that an extension activity on "INTERNATIONAL DAY OF HAPPINESS" will be conducted on 20/03/2023. We look forward for the active participation for the same.

P Padma

PRINCIPAL

PRINCIPAL

The Oxford College Of Pharmacy
No 6/9, 1st Cross, Begur Road, Hongasandra
Bangalore - 560 068



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DEPARTMENT OF PHARMACOGNOSY

ORGANISED PROGRAMME

ON

“INTERNATIONAL DAY OF HAPPINESS”

ON

20TH MARCH 2023

CHIEF PATRON

DR. S. N. V. L NARASIMHA RAJU

CHAIRMAN

THE OXFORD EDUCATIONAL INSTITUTIONS

CONVENER

DR. PADMAA M PAARAKH

PRINCIPAL

THE OXFORD COLLEGE OF PHARMACY

ORGANISING SECRETARY

T. SRAVANI

ASSISTANT PROFESSOR

DEPARTMENT OF PHARMACOGNOSY



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INTRODUCTION

What is International Day of Happiness?

It's a day to be happy, of course! Since 2013, the United Nations has celebrated the International Day of Happiness to recognise the importance of happiness in the lives of people around the world. Happiness is a fundamental human goal. The United Nations General Assembly recognizes this goal and calls for "a more inclusive, equitable and balanced approach to economic growth that promotes the happiness and well-being of all peoples."

In 2015, the UN launched the 17 Sustainable Development Goals, which seek to end poverty, reduce inequality, and protect our planet – three key aspects that lead to well-being and happiness.

The United Nations invites each person of any age, plus every classroom, business, and government to join in celebration of the International Day of Happiness.

Background

The General Assembly of the United Nations in its resolution 66/281 of 12 July 2012 proclaimed 20 March the International Day of Happiness, recognizing the relevance of happiness and well-being as universal goals and aspirations in the lives of human beings around the world and the importance of their recognition in public policy objectives. It also recognized the need for a more inclusive, equitable and balanced approach to economic growth that promotes sustainable development, poverty eradication, happiness, and the well-being of all people.

The resolution was initiated by Bhutan, a country which recognized the value of national happiness over national income since the early 1970s and famously adopted the goal of Gross National Happiness over Gross National Product. It also hosted a High-Level Meeting on "Happiness and Well-Being: Defining a New Economic Paradigm" during the sixty-sixth session of the General Assembly.

OBJECTIVES OF THE ACTIVITY

- The objective of celebrating International days and weeks are occasions to educate the public on issues of concern, to mobilize political will and resources to address global problems, and to celebrate and reinforce achievements of humanity.
- Keeping in view of the above the International Day of Happiness was organised to remember the universal desire for happiness and the capacity of individuals to rally to each other's support in times of great need.



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- The theme of the day was 'Be Mindful, Be Grateful, Be Kind' which is a reminder that happiness is within our reach, and we can take small steps every day to feel more positive and uplifted.

The program was attended by around 100 participants which includes students and faculty of The Oxford College of Pharmacy.

Schedule:

Time Schedule	Programme
9.45-10.00 AM	Introduction about the International Day of Happiness
10.00-10.30 AM	Addressing the gathering by Principal and HOD's of various departments
10.30-10.45 AM	What does happiness mean to you? --- interactive session with the participants
10.45-11.00 AM	Conclusion, feedback and vote of thanks

CONCLUSION, FEEDBACK AND VOTE OF THANKS

The objective of the organising the International Day of Happiness was achieved and Feedback was taken from the participants which helps to improve the quality of the activities conducted in future. Mrs. Sravani ended the program by a vote of thanks. She thanked the Principal, Dr. Padmaa M Paarakh and the entire fraternity of The Oxford College of Pharmacy for the perfect support given to organise the activity.



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Amrit Mahotsav

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THE OXFORD COLLEGE OF PHARMACY
69, 1st CROSS, BEGUR ROAD, HONGASANDRA, BENGALURU - 560068
Department of Pharmacognosy, IIC
Theme: 'Be Mindful, Be Grateful, Be Kind'

*Being Happy
never goes out of
style*

**Happiness
is the best
makeup**

Chief Patron
Shri. S.N.V.L. Narasimha Raju
Chairman,
The Oxford Educational Institutions

INTERNATIONAL DAY OF
Happiness
**20th of March
2023**
Organizing Secretary
Mrs. T. Sravani

*Whoever is
Happy
will make
others
Happy*

Convener
Dr. M. Padma Paarakh
Principal,
The Oxford College of Pharmacy



Speech delivered by Principal Madam



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Students actively participated in the program



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OUTCOME

The objective of organising the International Day of Happiness is to encourage participants to adopt smile, daily practices to be happy with the theme 'Be Mindful, Be Grateful, Be Kind'. Simple experiences of the students were shared which help to appreciate the small joys in life and find more meaning in daily activities. The session was lively with exchange of thoughts on how to practice mindfulness, gratitude so that we one can shift the focus away from negativity. The importance of being kind was also emphasised to students which is an essential component of a happy and fulfilling life. Overall, the program was successful in instilling the three fundamental aspects of life: Being Mindful, Grateful and Kind' in the minds of the students who play a very crucial role in making the society feel more positive and uplifted. There were around 100 participants in this program.

END OF REPORT



Children's Education Society (Regd.)

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Date: 29/11/2022

CIRCULAR

All the teaching, non-teaching and students of The Oxford College of Pharmacy are hereby informed that a session on “**CONSERVATION & MANAGEMENT OF WATER RESOURCES**” for the academic year 2022-2023 will be conducted on 30/11/2022. We look forward for the active participation for the same.

P. Padme

PRINCIPAL



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NSS COMMITTEE, THE OXFORD COLLEGE OF PHARMACY, BANGALORE

ORGANISED PROGRAMME

ON

“CONSERVATION & MANAGEMENT OF WATER RESOURCES”

ON

WEDNESDAY 30TH NOVEMBER

CHIEF PATRON

SHRI S. N. V. L NARASIMHA RAJU

CHAIRMAN

THE OXFORD GROUP OF INSTITUTIONS

PATRON

DR. PADMAA M PAARAKH

PRINCIPAL

THE OXFORD COLLEGE OF PHARMACY

ORGANISING SECRETARY

MRS. NAGALAKSHMI

ASSISTANT PROFESSOR

THE OXFORD COLLEGE OF PHARMACY



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PREAMBLE

The Oxford College of Pharmacy, NSS Committee, Bangalore conducted the session on “Conservation & Management of Water Resources” for the students. There were total 50 participants who included faculties and students. A special session on Menstrual Conservation & Management of Water Resources was organized by NSS Cell, The Oxford College of Pharmacy on 30/11/2022. The talk was addressed to all students of The Oxford College of Pharmacy. The entire program was coordinated by Assistant professor Mrs R. Nagalakshmi. Mrs. Nagalakshmi R gave a warm welcome to Principal Dr. Padmaa M Paarakh, staff and students. The session was very informative which gave them a comprehensive understanding on the what, why and how to conservation & management water resources. Speaker spoke about some crucial aspects related to crisis of water and explained the simple steps to be followed by each and every person to save water. She gave information regarding different ways of conservation of rain water and utilization of tap water in proper manner. The talk was very effective, as it gave more importance to how conserve water. This programme was arranged to share the knowledge on the topic “conservation & management of water resources” by Dr. Padmaa M Paarakh. The overall organization and deliverance of the session was helpful and satisfied the participants.

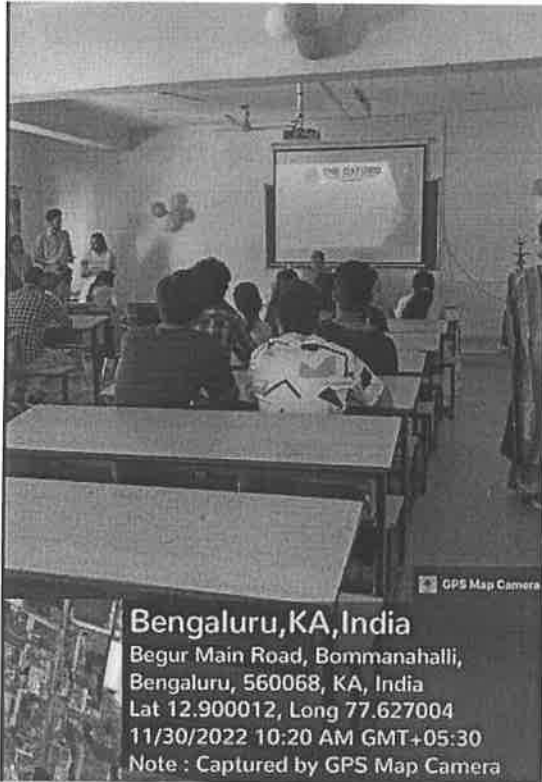


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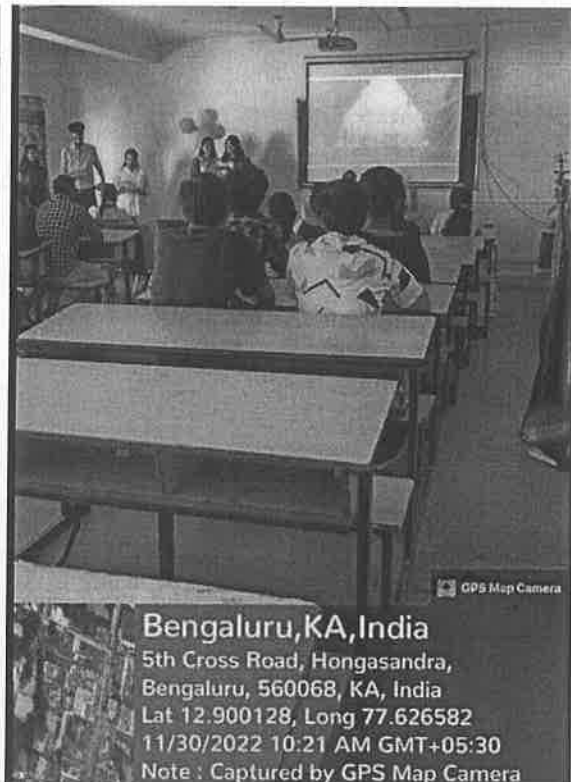
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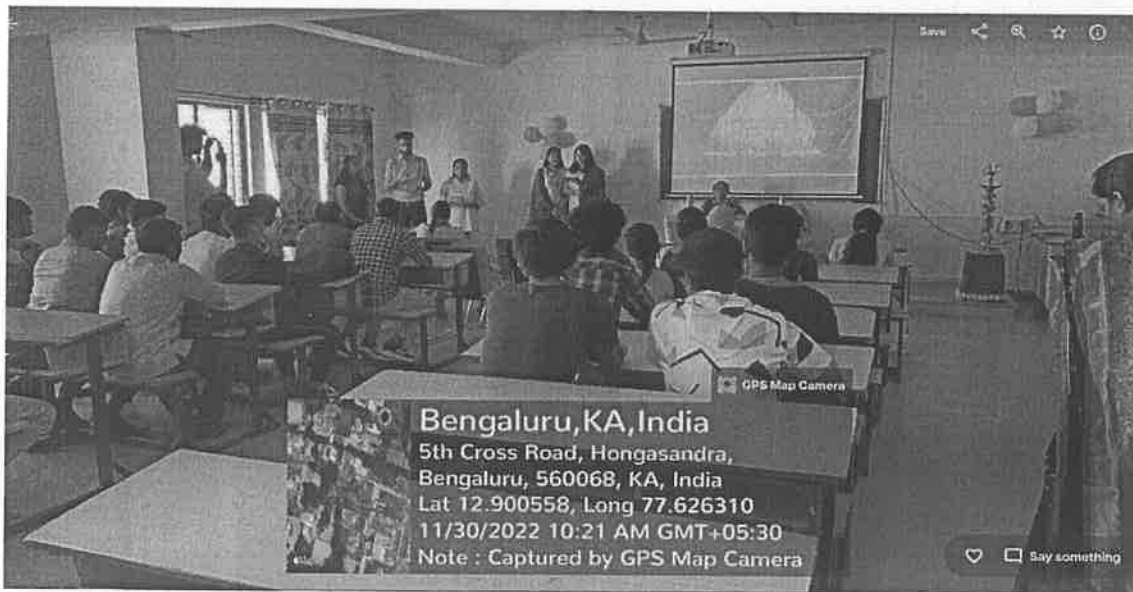


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Bengaluru, 560068, KA, India
Lat 12.900012, Long 77.627004
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Bengaluru, 560068, KA, India
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Note : Captured by GPS Map Camera

Students giving warm welcome to the participants



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5th Cross Road, Hongasandra,
Bengaluru, 560068, KA, India
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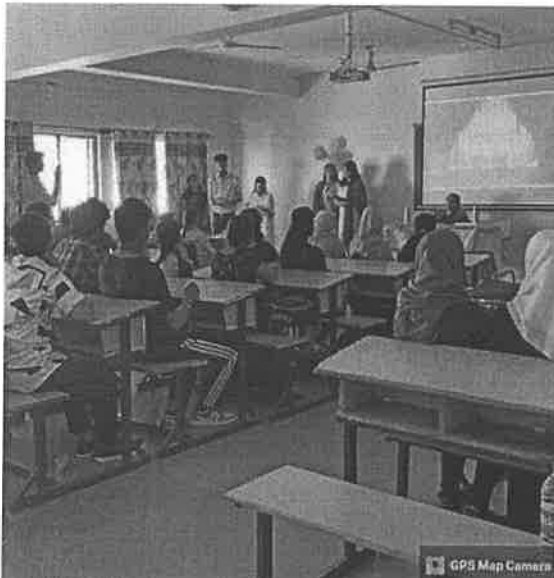
Students actively participated in the program



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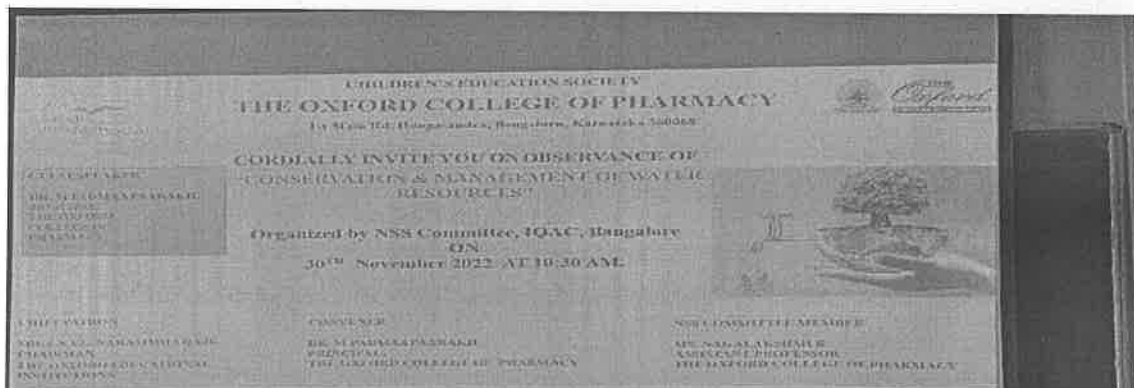


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Bengaluru, 560068, KA, India
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Note : Captured by GPS Map Camera



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560068, KA, India
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Principal maam addressing the gathering



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560068, KA, India
Lat 12.900370, Long 77.625556
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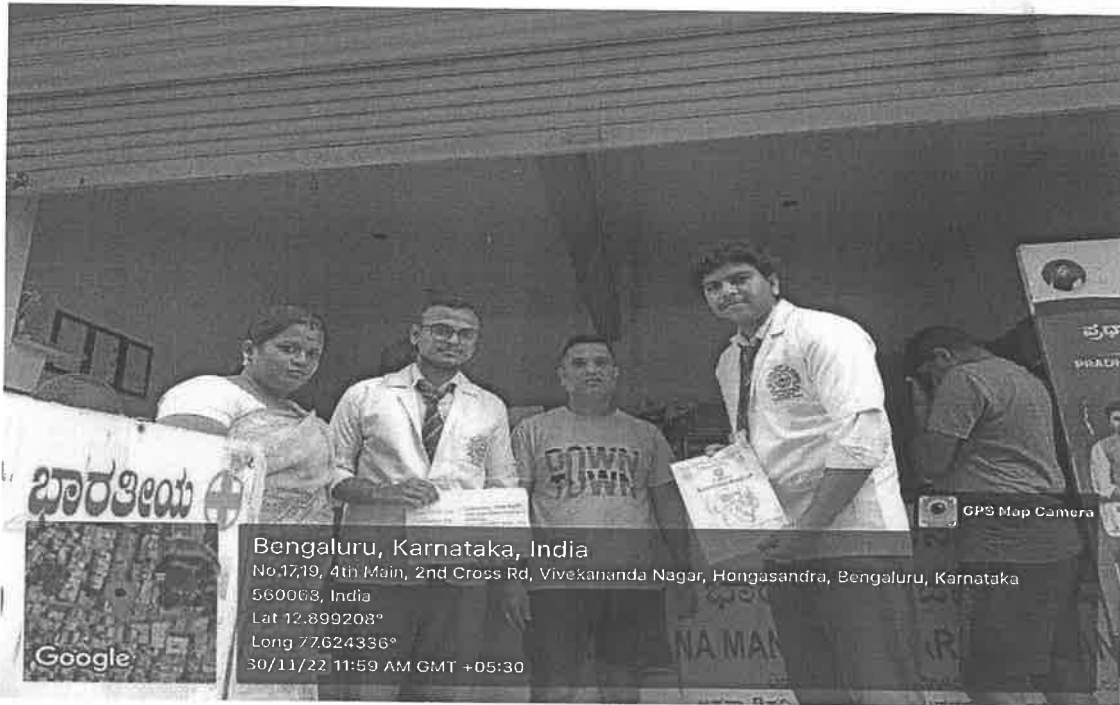
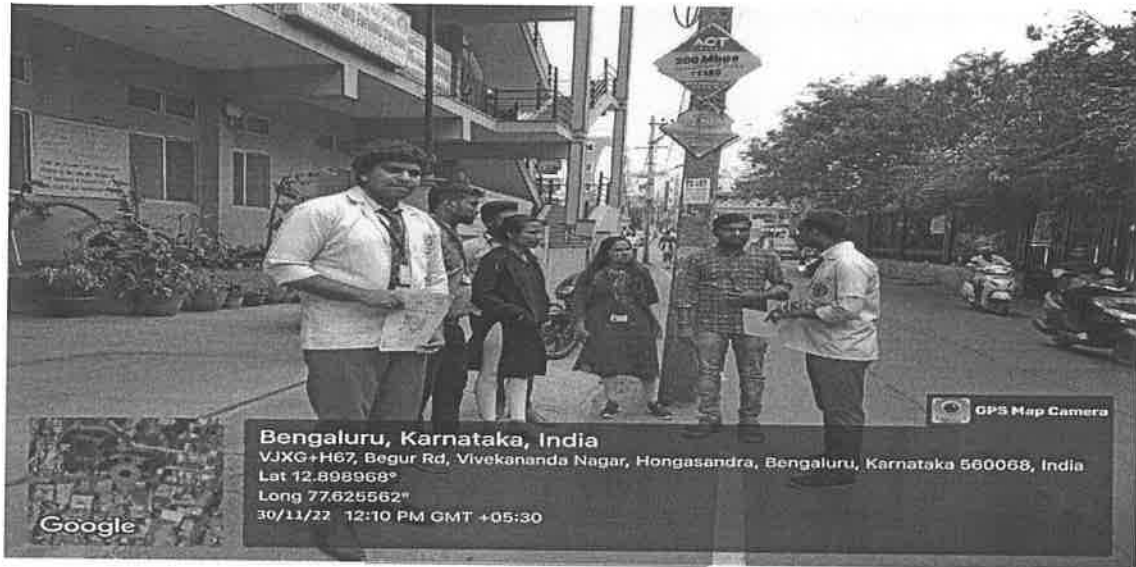
Water conservation day program at the college



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Students interacting with local community- water conservation day



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Student volunteers involved in the programme – water conservation day

OUTCOME

The Oxford College of Pharmacy conducted the session on “Conservation & Management of Water Resources” for the students. Session gave knowledge to the students to realizing how mismanagement and careless habits in the use of resources leads to chaos and disasters. Session promoted sustainable water management practices that bring benefits such as increased agricultural productivity and enhancing ground water levels. There were around 50 participants. Students created awareness in nearby community about water conservation and management practices such as judicious use of water, importance of rain water harvesting, STPs etc., Response of the community was positive and they appreciated the initiative of students and institution.

END OF REPORT



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Date:10/4/23

CIRCULAR

The NSS unit of the Oxford college of pharmacy is organizing the Dr.B R Ambedkar Jayanti at The Oxford college of pharmacy on 14/04/2023 at 9.30am. We request the active participation of the staff and students for the same.

P. Padma

PRINCIPAL

PRINCIPAL
The Oxford College Of Pharmacy
No 6/9, 1st Cross, Begur Road, Hongasandra
Bangalore - 560 068



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DEPARTMENT OF PHARMACY PRACTICE

ORGANIZED

AWARENESS PROGRAM

ON

“Dr. B R AMBEDKAR JAYANTI”

ON

14TH APRIL-2023

CHIEF PATRON

SHRI S. N. V. L NARASIMHA RAJU
CHAIRMAN
THE OXFORD GROUP OF INSTITUTIONS

CONVENER

Dr. PADMAA M PAARAKH
PRINCIPAL
THE OXFORD COLLEGE OF PHARMACY

ORGANIZING SECRETARY

MRS.LIJI
ASSISTANT PROFESSOR,
DEPARTMENT OF PHARMACY PRACTICE
THE OXFORD COLLEGE OF PHARMACY



Children's Education Society (Regd.)

The Oxford College of Pharmacy

(Recognized by the Govt. of Karnataka, Affiliated to Rajiv Gandhi University of Health Science, Karnataka;
Approved by Pharmacy Council of India, New Delhi)

Accredited by NAAC and International Accreditation Organization (IAO)

PREAMBLE:

The Oxford College of Pharmacy, Bengaluru, organized "Dr B R AMBEDKAR JAYANTI" with an aim to raise an awareness program to educate our staffs and students about the contribution of Dr B R Ambedkar to our nation. The program was conducted on April 14th 2023.

The major contribution by Dr. Ambedkar was helping Dalits to get equal authority, status and respect in society as others. He is one of the greatest leaders in Indian history. He always fought against the discrimination happening against the Dalits. He forms new laws in support of Dalits and gave them education and equal rights as other caste. We should pay him respect and tribute on what he had contributed to Indian law and constitution. Because of him, many students are able to get quality education in India at lesser fee.

There are people who are economically backward and cannot afford education in high level institute, but because of B R Ambedkar even they are able to get high quality education for their children which will secure the future of India.

THE AWARENESS PROGRAM DELIVERED AS FOLLOWS:

The program started with a welcome note by Mrs Liji, Program organizer followed by the inaugural address from Dr Padmaa M Paarakh, Principal, The Oxford College of pharmacy. The program started with a lamp lighting ceremony.

Dr. G Parthasarathy HOD, Department of Pharmacy practice, was invited to talk about the B R Ambedkar day. He delivered message about the importance of the day. One of the reasons of celebrating Ambedkar jayanti is to inspire the youth by reminding them of the heroic deeds of Dr Ambedkar.

The program has three different sessions which is delivered by students of III PharmD. Around 100 participants including staffs and students of oxford college of Pharmacy were attended the program.

The student staged a play on the role of Dr. Ambedkar which was witnessed by all staff members. III PharmD students organized a programme on "Role of Dr. Ambedkar in framing Indian constitution. Dr Padmaa M Paarakh Principal highlighted the contributions of Ambedkar in framing and designing the Indian constitution. Students and faculty members of the college paid tribute to Dr Ambedkar who was a social reformer, Jurist, Economist, Author and a great Scholar and thinker.



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On this Occasion, A documentary on life and contribution of Ambedkar was shown to students. The achievements and contributions of Ambedkar was highlighted and his major contributions to uplift the lower caste people were also highlighted. Dr. Ambedkar was a strong advocate of social justice, equality and human rights.

The organizer Mrs. Liji concluded the program with vote of thanks. She thanked chairman Shri S. N. V. L Narasimha Raju, The Oxford Group of Institutions, Dr. Padmaa M Paarakh, Principal, The Oxford College of Pharmacy for organizing such an event , Dr. G Parthasarathy HOD, Department of Pharmacy practice and to all the other faculties and students who participated in the event and helped in its successful completion of the event.

No of participants: 80 participants

Schedule: On 14th April 2023

Time Schedule	Programme
9:30 AM	Dr B R Ambedkar Jayanti



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INVITES YOU FOR DR. B R AMBEDKAR JAYANTHI



DATE: APRIL 14 2023 TIME: 9:30AM
VENUE: 505 TOCP

ORGANISED BY DEPARTMENT OF PHARMACY PRACTICE

CHIEF PATRON
SHRI S.N.V.L. NARASIMHA RAJU
CHAIRMAN
THE OXFORD GROUP OF
INSTITUTIONS

CONVENER
DR. PADMAA M. PAARAKH
PRINCIPAL
THE OXFORD COLLEGE OF PHARMACY

**ORGANISING
SECRETARY**
MRS. L.J.I.
ASST. PROFESSOR
DEPARTMENT OF PHARMACY
PRACTICE
TOCP



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The Oxford College of Pharmacy

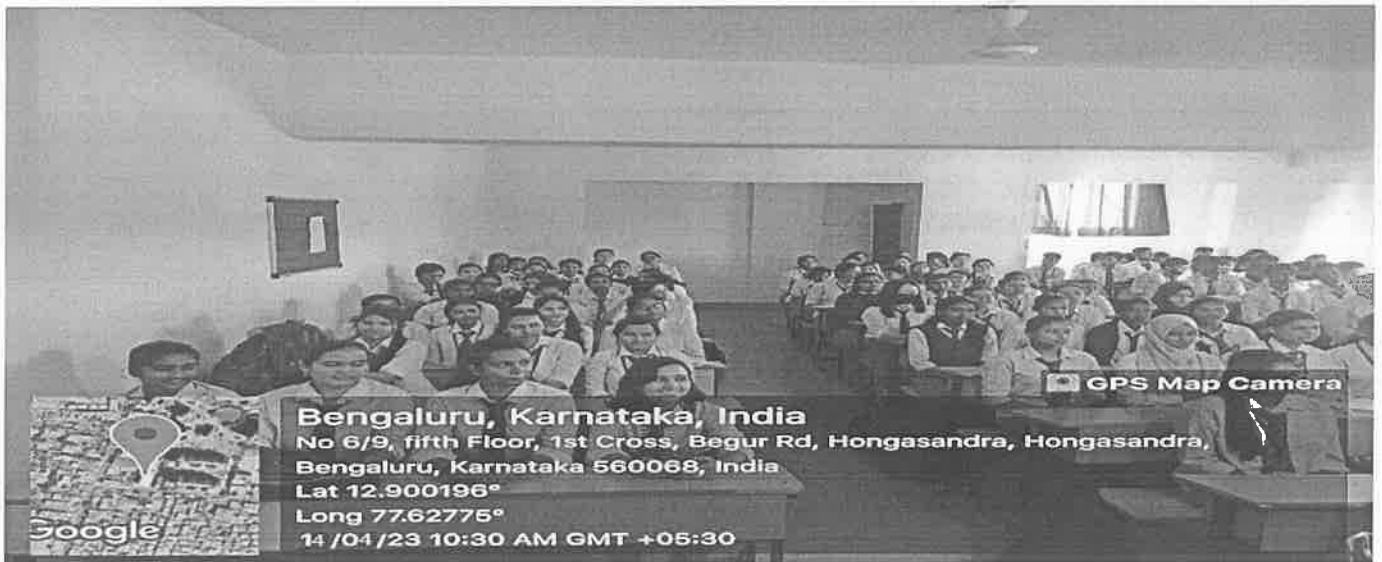
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Students Actively participated in the program



Students interacting with the speaker



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OUTCOME

Embarking on an in-depth exploration of Dr. Ambedkar's illustrious legacy, his unwavering advocacy for social justice, and his seminal role in the Constitution, students understood the pivotal historical and sociocultural undercurrents that permeate their field. Dr. Ambedkar's philosophies, notable for their timeless relevance and universal appeal, continue to serve as a source of inspiration across the globe. This academic endeavor not only enriched their cultural discernment but also catalyzed a commitment to the principles of ethical and inclusive healthcare practices. The pedagogical journey into Dr. Ambedkar's contributions extends its impact beyond academic enrichment. The program aimed at inculcating the principles laid down by Dr. B.R. Ambedkar towards development of a discrimination free society and the role of students going forward in the same. It fosters a professional and community ethos characterized by empathy, social responsibility, and a staunch commitment to fostering an environment where inclusivity and excellence are paramount to the participants. There were around 80 participants in this program.

END OF REPORT



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Date: 25/4/2023

CIRCULAR

All the teaching, no-teaching and students of The Oxford College of Pharmacy are here by informed that "**WORLD ASTHMA DAY 2023**" an awareness program to educate our staffs and students about the asthma condition, the medication, treatment and its first aid. The program will be conducted on May 2nd 2023. We request your active participation for the same.

P. Padma
PRINCIPAL



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DEPARTMENT OF PHARMACEUTICAL CHEMISTRY

ORGANIZE

AWARENESS PROGRAM

ON

“WORLD ASTHMA DAY”

ON

TUESDAY, 02ND MAY 2023

ON

CHIEF PATRON

SHRI S. N. V. L NARASIMHA RAJU

CHAIRMAN

THE OXFORD GROUP OF INSTITUTIONS

CONVENER

Dr. PADMAA M PAARAKH

PRINCIPAL

THE OXFORD COLLEGE OF PHARMACY

ORGANIZING SECRETAR

Mrs. PRADEEPA PRASAD

ASST PROFESSOR,

DEPARTMENT OF PHARMACEUTICAL CHEMISTRY,

THE OXFORD COLLEGE OF PHARMACY



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PREAMBLE:

The Oxford College of Pharmacy, Bengaluru, organized "**WORLD ASTHMA DAY 2023**" with an aim to raise an awareness program to educate our staffs and students about the asthma condition, the medication, treatment and its first aid. The program was conducted on May 2nd 2023

GINA (global Initiative for asthma) a World Health Organization collaborative organization founded in 1993 has chosen "**Asthma care for All**" as the theme for the 2023 World Asthma Day. Its global healthcare event which is observed on the first Tuesday in May every year in a bid to spread awareness about the chronic respiratory disease. This year, the day is being marked on May 2, 2023. The day was chosen to correspond with the summer seasons, when allergies and weather changes might aggravate asthma symptoms. If asthma is not adequately managed, it might result in numerous other health problems. Chronic asthma may lead to breathing issues, sleep disturbances, exhaustion and poor focus in the long run. **The Asthma care for All** message promotes the development and implementation of effective asthma management programs in all resource countries.

According to a study conducted by the Global Asthma Network (GAN), India is responsible for over 42% of the world asthma-related deaths. Asthma is a medical condition that causes the airways to narrow and become inflamed, leading to the accumulation of mucus, resulting in difficulty breathing. World Asthma Day is a significant occasion that seeks to increase awareness about asthma and its treatment.



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THE AWARENESS PROGRAM DELIVERED AS FOLLOWS:

The program was started with a welcome note by Mrs. Pradeepa Prasad, Program organizer followed by the inaugural address from Dr Padmaa M Paarakh, Principal, The Oxford College of pharmacy.

Dr. Jyoti Srivastava, HOD, Department of Pharmaceutical chemistry, was invited to talk about the Asthma Day. She was delivered about the management of asthma by various breathing techniques like Anulom Vilom Pranayama, and educate the participants to stay healthy by Making the necessary lifestyle adjustments to maintain a healthy mind and body by avoiding behaviors that can impede your mental and physical growth. By keeping yourself active and involved in something constructive. The program has three different sessions which is delivered by students of III Pharm D. The first session was "Know the condition" which provides all information about the disease condition, its causes and importance of the condition. The second session was "The Treatment and First Aids" includes all the possible treatment plans, medications and how to perform the first aids in an emergency situation.



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The third session was "How to use an Inhaler", which is a demonstration of medicated metered Inhaler by Miss. Dimple, student of III Pharm D. The program was attended by students of Pharm D, B. Pharm and D. Pharm. Around 100 participants including staffs and students of oxford college of Pharmacy were attended the program.

The organizer Mrs. Pradeepa Prasad concluded the program with vote of thanks. She thanked chairman Shri S. N. V. L Narasimha Raju, The Oxford Group of Institutions, Dr. Padmaa M Paarakh, principal, The Oxford College of Pharmacy for organizing such an event and Dr. Jyoti Shrivastava, HOD, Department of Pharmaceutical Chemistry. And to all the other faculties and students who participated in the event and helped in its successful completion of the event.

No of participants: 100 participants

Schedule: On 2nd May 2023

Time Schedule	Programme
10:00 AM	"WORLD ASTHMA DAY 2023"



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Speaker delivering the speech



Students actively participated in the program



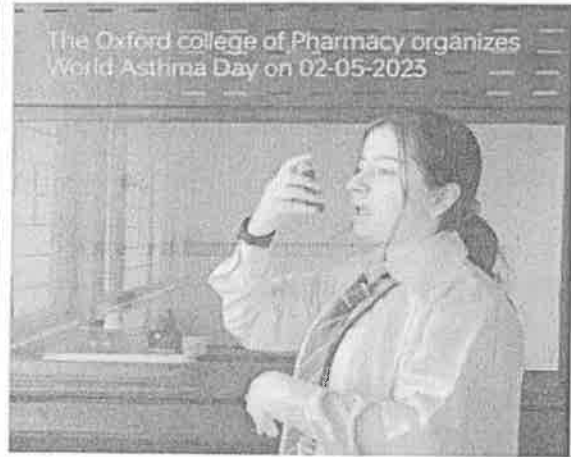
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Demonstration of Inhaler by student volunteer



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THE
Oxford
COLLEGE OF PHARMACY

CHILDREN'S EDUCATION SOCIETY (REGD.)
THE OXFORD COLLEGE OF PHARMACY
6/9, 1ST CROSS, BEGUR ROAD, HONGASANDRA, BANGALORE - 560068 (Recognized by the
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75
Azadi Ka
Amrit Mahotsav

INVITES YOU TO

WORLD ASTHMA DAY 2023

AWARENESS PROGRAMME

"Asthma Care for All"

Date: Tuesday, 02nd May 2023 | Time 10am | Venue 505, TOCP

CHIEF PATRON
SHRIS. N. V. L NARASIMHA RAJU
CHAIRMAN
THE OXFORD GROUP OF INSTITUTIONS

CONVENER
Dr. PADMAA M PAARAKH
PRINCIPAL
THE OXFORD COLLEGE OF PHARMACY

ORGANIZING SECRETARY
Mrs. PRADEEPA PRASAD
Asst Professor,
Department of Pharmaceutical Chemistry,
TOCP



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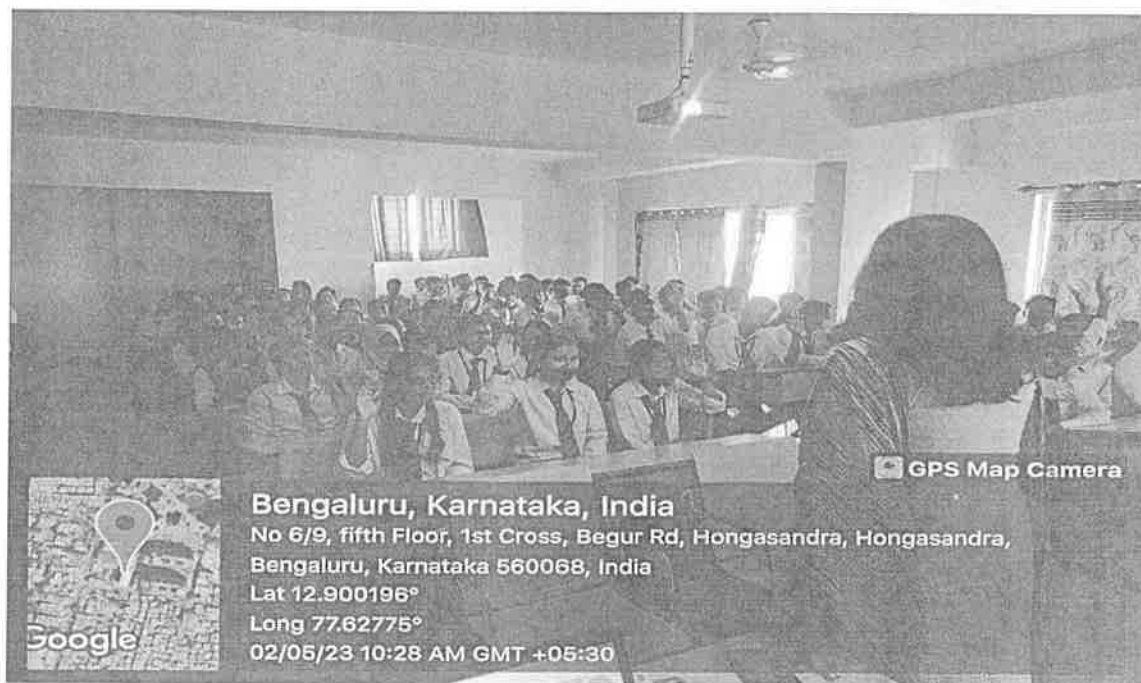
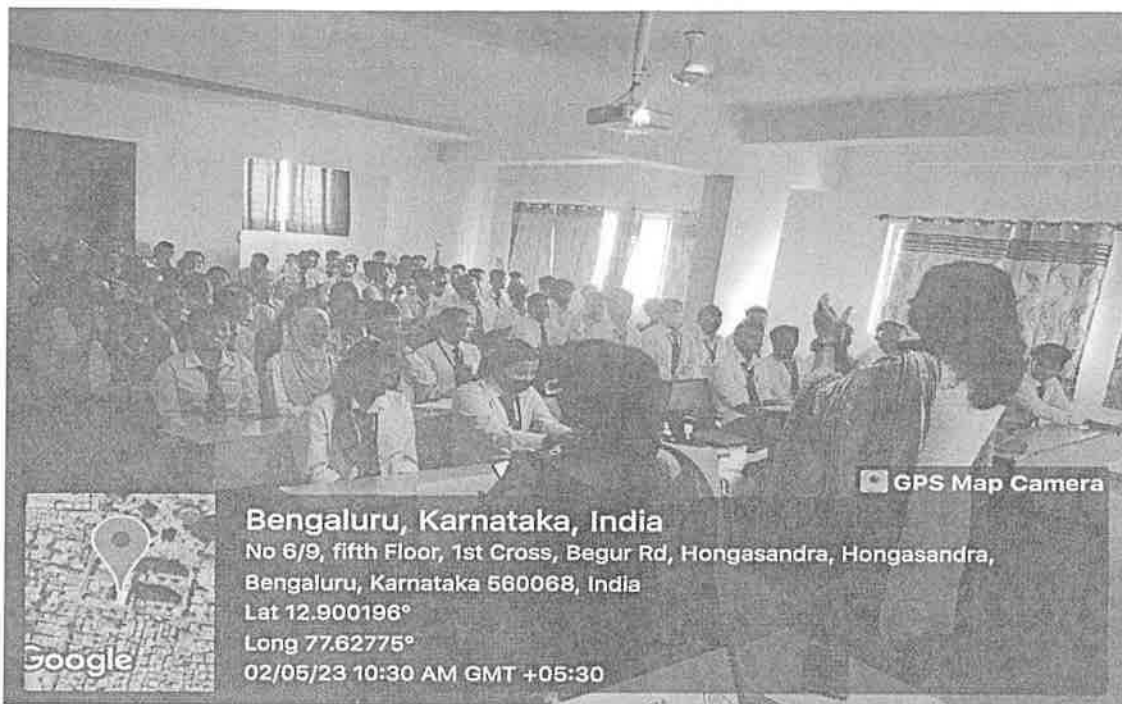


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Interaction of participants with the speaker



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"ASTHMA CARE FOR ALL"

- World Asthma Day is an annual awareness day that is organized by the Global Initiative for Asthma (GINA).
- Its main goal is to raise awareness about asthma and improve asthma care around the world.
- The event is held on the first Tuesday of May every year and aims to promote understanding of asthma and encourage individuals to take control of their asthma by seeking appropriate medical care.

HOW TO USE AN INHALER

- STEP 1: Remove the cap
- The cap is a small covering located over the mouthpiece of the inhaler to prevent foreign objects from getting in the inhaler. Pull the cap to remove it and set it in a safe place. (An uncapped inhaler can pick up germs and debris, which you will then pump into your lungs.)
- Make sure that you don't lose your cap while you're using your inhaler.



SYMPTOMS OF ASTHMA TO LOOK OUT FOR

- Wheezing, a whistling or squeaky sound when breathing.
- Shortness of breath or difficulty in breathing.
- Chest tightness or pain.
- Chronic coughing especially at night or early morning.
- Rapid breathing or panting.
- Trouble sleeping.
- Fatigue or tiredness due to difficulty of breathing.
- Anxiety or panic due to sudden onset of symptoms.



FIRST AID FOR ASTHMA

- Step 1: Sit the person upright
- Be calm and reassuring.
- Do not leave them alone.
- Step 2: Give 4 separate puffs of blue/grey reliever puffer
- Shake the puffer.
- Put 1 puff into the spacer.
- Get the person to take 4 breaths from the spacer.
- Repeat until 4 puffs have been taken. (If you don't have a spacer, give 1 puff as they take 1 slow, deep breath and hold breath for as long as comfortable. Repeat until all puffs are taken.)
- Remember: Shake, 1 puff, 4 breaths.





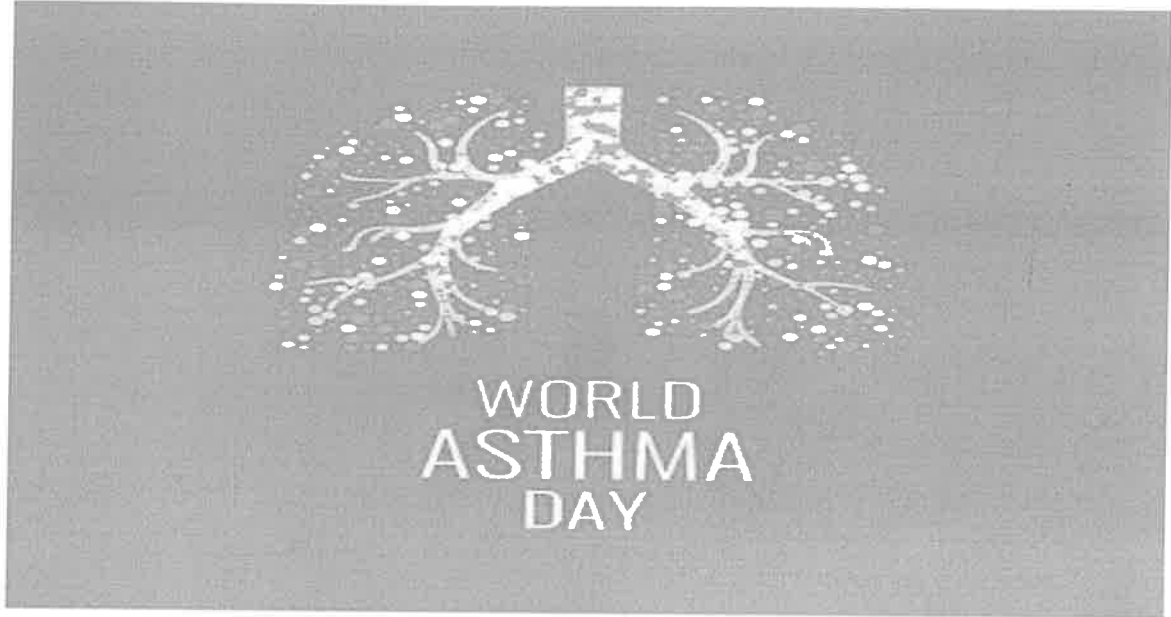
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“BREATHE IN, BREATHE OUT AND KEEP CALM”

OUTCOME

The program was conducted with an aim to raise an awareness and to educate our staffs and students about the asthma condition, the medication, treatment and its first aid. Students practiced various breathing techniques for management of asthma that to be practiced in daily life. The demonstration of medicated metered Inhaler created a good knowledge among the students. Additionally, the symptoms, causes and treatment were also taught to the students to become aware of the disease condition so that the same can be conveyed in their neighborhood community. There were around 100 participants in this program.

END OF THE REPORT



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DATE: 13/05/2023

CIRCULAR

This is to inform all students, teaching and non-teaching staff of The Oxford College of Pharmacy that program on "INTERNATIONAL FAMILY DAY 2023" will be conducted on 15/05/2023. We request for the active participation for the same.

P. Padma

PRINCIPAL

PRINCIPAL

The Oxford College Of Pharmacy
No 6/9, 1st Cross, Begur Road, Hongasandra
Bangalore - 560 068



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DEPARTMENT OF PHARMACEUTICS

ORGANISED PROGRAMME

ON

“INTERNATIONAL FAMILY DAY”

ON

15TH MAY 2023

CHIEF PATRON

SHRI S. N. V. L NARASIMHA RAJU

CHAIRMAN

THE OXFORD EDUCATIONAL INSTITUTIONS

CONVENER

DR. PADMAA M PAARAKH

PRINCIPAL

THE OXFORD EDUCATIONAL INSTITUTIONS

ORGANIZING SECRETARY

MRS.R.UMA PRABHA

ASSISTANT PROFESSOR

DEPARTMENT OF PHARMACEUTICS



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PREAMBLE

The Oxford College of Pharmacy organized "**international family day 2023**" with an aim to aware Importance of family to our students. The program was conducted on May 15th 2023. The United Nations adopted a resolution in 1994 establishing the International Day of Families to celebrate the institution of family and to raise awareness regarding the issues faced by families.

The content delivered in the program is as follows:

The program was started with a welcome note by Mrs. R. Uma Prabha, Program organizer followed by the inaugural address from Dr Padmaa M Paarakh, Principal, The Oxford College of Pharmacy.

The theme of International Day of Families 2023 is "Demographic trends and families". Families are the bedrock of any society. They help shape the values and beliefs of individual's while also providing a sense of belonging and identity. Families also provide emotional and social support, care and guidance to individuals,

International Day of Families plays an important role in recognizing the role of families in our society while also addressing many of the issues that are faced by modern families as poverty and inequality. Our Principal Mam, Dr Padmaa M Paarakh, gave a very good and well-researched speech about the family, the importance of family and why we need to be aware. She coated many examples that encourage the students to understand and respect the family. Students were very happy and encouraged by her speech.

The organizer Mrs.R.Uma Prabha concluded the program with vote of thanks. She thanked Chairman Shri S. N. V. L Narasimha Raju, The Oxford Group of Institutions, Dr. Padmaa M Paarakh, principal, The Oxford college of Pharmacy for organizing such an webinar and Dr. Gururaj.S.Kulkarni, HOD, Department of Pharmaceutics, and to all the other faculties and students who participated in the webinar and helped in its successful completion.



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No of participants: 50
Schedule: On 15th May 2023

Time Schedule	Programme
11:45 am	" INTERNATIONAL FAMILY DAY 2023"



CHILDREN'S EDUCATION SOCIETY (REGD.)
THE OXFORD COLLEGE OF PHARMACY

49, 1st CROSS, BEGUR ROAD, HONGASANDRA, BANGALORE - 560068

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INTERNATIONAL FAMILY DAY

Speaker:

Dr. M Padma Paarakh
Principal
The Oxford College of Pharmacy

Organized by The Department of
Pharmaceutics,
The Oxford College of Pharmacy, Bangalore.

ON

15th May 2023

Time: 11:45 AM - 12:40 PM

Please join the family of The Oxford
Pharmacy @ House No 506, 5th floor.



Chief Patron

Shri. S N V L Narasimha Raju
Chairman
The Oxford Educational Institutions

Convener

Dr. M Padma Paarakh
Principal
The Oxford College of Pharmacy

Organizing Secretary

Mrs R. Uma Prabha
Asst Professor
The Oxford College of Pharmacy



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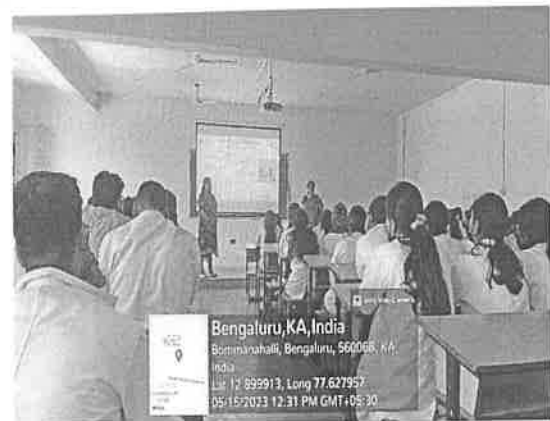


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Principal Madam and other faculties delivering the speech

OUTCOME

The "International Family Day" celebration successfully promoted cultural exchange, global solidarity, and respect for diversity. It highlighted the critical role of family structures in societal development and mental health support. The event also contributed to strengthening social bonds and promoting inclusive values, enhancing the social fabric of our nation. Overall, it achieved its objectives of celebrating families, enriching students' experiences, and contributing to the nation's commitment to fostering a supportive and inclusive society. There were around 50 participants.

END OF REPORT



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Date: 26/5/2023

CIRCULAR

This is to inform all the students and teaching staff of The Oxford College of Pharmacy that, a program Titled “**WORLD NO TOBACCO DAY 2023**” will be conducted on 01/06/23. We request for the active participation for the same.


PRINCIPAL



Children's Education Society (Regd.)

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DEPARTMENT OF PHARMACOLOGY

ORGANISED PROGRAM
ON

“WORLD NO TOBACCO DAY”

ON

THURSDAY, 1ST JUNE, 2023

CHIEF PATRON

SHRI S. N. V. L NARASIMHA RAJU

CHAIRMAN

THE OXFORD GROUP OF INSTITUTIONS

CONVENER

Dr. PADMAA M PAARAKH

PRINCIPAL

THE OXFORD COLLEGE OF PHARMACY

ORGANIZING SECRETARY

Dr. G. VENKATA KARTHIK KUMAR REDDY

ASSISTANT PROFESSOR,

DEPARTMENT OF PHARMACOLOGY

THE OXFORD COLLEGE OF PHARMACY



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PREAMBLE:

The Oxford College of Pharmacy, Bengaluru, organized "WORLD NO TOBACCO DAY 2023" with an aim to educate our staffs and students about the awareness of alternative crop production and marketing opportunities for tobacco farmers. The program was conducted on JUNE 1st 2023. The theme of the Programme was "GROW FOOD NOT TOBACCO".

On 1st June 2023, WHO and public health champions around the world will come together to celebrate World No Tobacco Day (WNTD). This year's theme is "Grow food, not tobacco". The 2023 global campaign aims to raise awareness about alternative crop production and marketing opportunities for tobacco farmers and encourage them to grow sustainable, nutritious crops. It will also aim to expose the tobacco industry's efforts to interfere with attempts to substitute tobacco growing with sustainable crops, thereby contributing to the global food crisis.

The growing food crisis is driven by conflicts and wars, climatic shocks, and the economic and social Impacts of the COVID-19 pandemic. Structural causes like the choice of crop also have an impact, and Look into tobacco growing reveals how it contributes to increased food insecurity.



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- Across the globe around 3.5 million hectares of land are converted for tobacco growing each year. Growing tobacco also contributes to deforestation of 200 000 hectares a year.
- Tobacco growing is resource intensive and requires heavy use of pesticides and fertilizers, which contribute to soil degradation.
- Land used for growing tobacco then has a lower capacity for growing other crops, such as food, since tobacco depletes soil fertility.
- Compared with other agricultural activities such as maize growing and even livestock grazing, tobacco farming has a far more destructive impact on ecosystems as tobacco farmlands are more prone to desertification.

THE AWARENESS PROGRAM DELIVERED AS FOLLOWS:

The program was started with a welcome note by Dr. G. Venkata Kartheek Kumar Reddy, Program organizer followed by the inaugural address from Dr Padmaa M Paarakh, Principal, The Oxford College of pharmacy.

Dr. Noopur Srivastava, Associate Professor, Department of Pharmacology and Dr. Gururaj S Kulkarni, HOD & Professor, Department of Pharmaceutics were invited to talk about the awareness of about alternative crop production and marketing opportunities for tobacco farmers and encourage them to grow sustainable, nutritious crops and awareness of tobacco abuse and its effects to the society. II Yr M. Pharm Pharmacology and Pharmaceutics, I Pharm D, IV Pharm D, I & II D. Pharm students were participated in the Programme.



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email: pharmacyprincipal@theoxford.edu; info@theoxford.edu;



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The organizer Dr. G. Venkata Kartheek Kumar Reddy concluded the program with vote of thanks. She thanked chairman Shri S. N. V. L Narasimha Raju, The Oxford Group of Institutions, Dr. Padmaa M Paarakh, Principal, The Oxford college of pharmacy for organizing such an event and Dr. Noopur Srivastava, HOD, Department of Pharmacology and to all the other faculties and students who participated in the event and helped in its successful completion of the event. After the event students went out side the campus to create awareness in the near by community

No of participants: 90 participants

Schedule: On 1st June, 2023

Time Schedule	Programme
11.00AM-12.00PM	"NO TABACCO DAY 2023"

Principal



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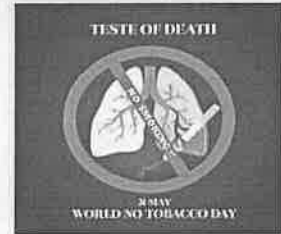
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THE OXFORD COLLEGE OF PHARMACY
69, 1 CROSS, BEGUR ROAD, HONGASANDRA, BENGALURU-560068
DEPARTMENT OF PHARMACOLOGY



WORLD NO TOBACCO DAY

JUNE 1ST 2023

THEME: "GROW FOOD, NOT TOBACCO"



CHIEF PATRON

Shri. S N V L Narasimha Raju,
Chairman,
The Oxford Educational
Institutions

CONVENER

Dr. Padmaa M. Paarakh,
Principal,
The Oxford College of
Pharmacy

ORGANIZING SECRETARY

DR. G KARTHIK REDDY,
Assistant Professor,
Department of Pharmacology,
The Oxford college of Pharmacy



Dr. Noopur Srivastava delivering the speech



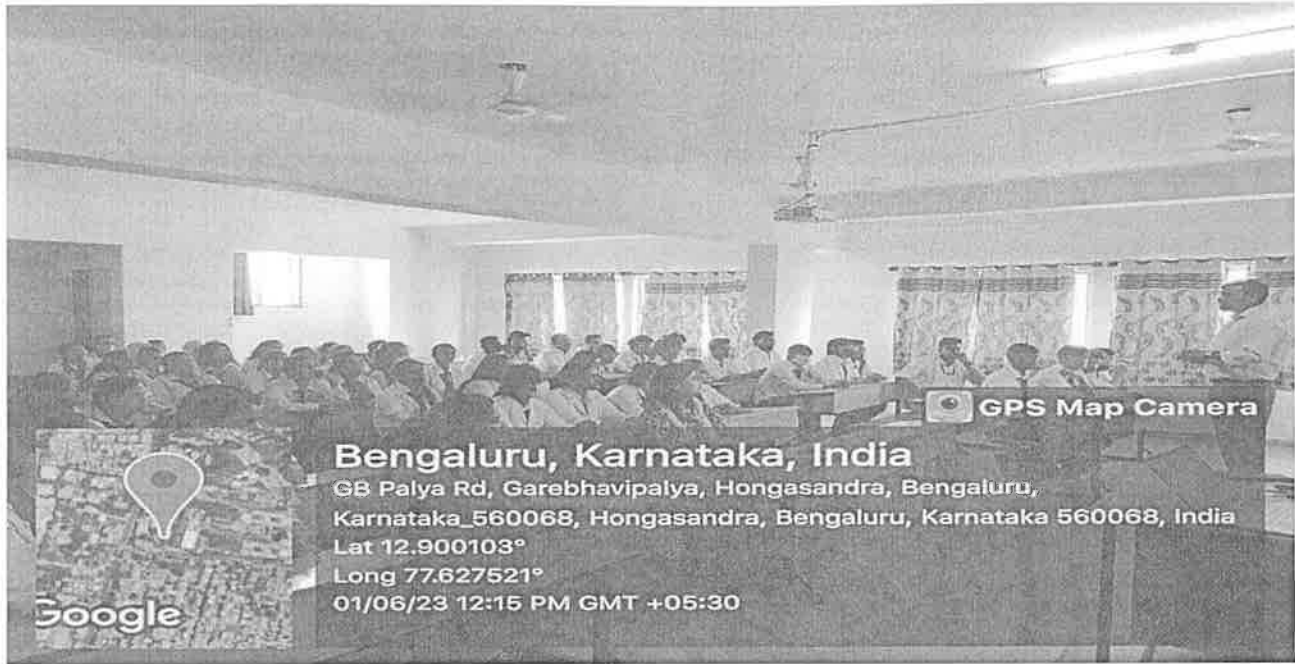
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World no tobacco day programme at college



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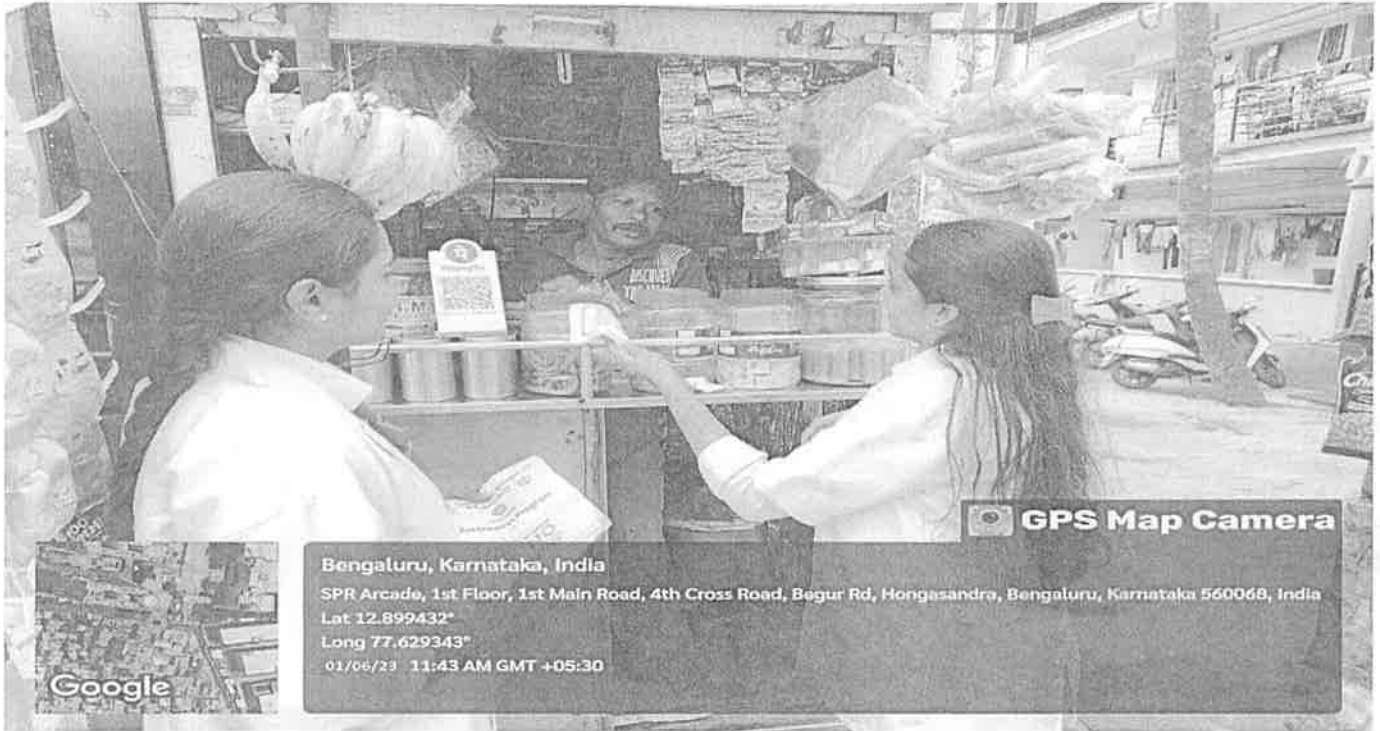


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Students creating awareness in the local community- No tobacco day



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NSS Volunteers involved in No tobacco day program

OUTCOME

On the eve of "No Tobacco Day", The Oxford College of Pharmacy organized an awareness and sensitization programme with the theme "Grow Food, Not Tobacco," emphasizing the importance of healthy food production in reducing tobacco use. Through this awareness program students gained knowledge to Promote food production over tobacco cultivation. Reducing tobacco use can positively impact society, including improved health for students, cost savings in healthcare, and a more equitable society for all. Students along with faculties created awareness in the local society and explained the risk in consuming tobacco. Students were appreciated by the local community. There were around 90 participants in this program.

END OF THE REPORT



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DATE: 02/06/2023

CIRCULAR

All the teaching, non-teaching and students of The Oxford College of Pharmacy are hereby informed that an awareness programme on “**WORLD ENVIRONMENT DAY 2023**” will be conducted on 05/06/2023. We request the active participation for the same.

P. Padma

PRINCIPAL

PRINCIPAL

The Oxford College Of Pharmacy
No 6/9, 1st Cross, Begur Road, Hongasandra
Bangalore - 560 068



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DEPARTMENT OF PHARMACEUTICAL CHEMISTRY

ORGANIZED

AWARENESS PROGRAM
ON

“WORLD ENVIRONMENT DAY”
ON

MONDAY, 05th JUNE 2023

CHIEF PATRON

SHRI S. N. V. L NARASIMHA RAJU
CHAIRMAN
THE OXFORD GROUP OF INSTITUTIONS

CONVENER

Dr. PADMAA M PAARAKH
PRINCIPAL
THE OXFORD COLLEGE OF PHARMACY

ORGANIZING SECRETARY

Mrs. VISHNUPRIYA S
ASSISTANT PROFESSOR
DEPARTMENT OF PHARMACEUTICAL CHEMISTRY
THE OXFORD COLLEGE OF PHARMACY



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PREAMBLE:

The Oxford College of Pharmacy, Bengaluru, organized "WORLD ENVIRONMENT DAY 2023" with an aim to raise an awareness program to educate our students about the protection and preservation of the environment. The program was conducted on June 5th 2023

The history of world environment day can be tracked back to 1972 when the United Nations Conference on the Human Environment was held in Stockholm, Sweden. As a result of this conference, the United Nations Environment Programme (UNEP) was established on June 15, 1972. The UNEP proposed a special day for the environment. In 1972, the UN General Assembly designated June 5 as World Environment Day (WED). The first World Environment Day was observed on June 5, 1973, with the slogan "Only One Earth." World Environment Day 2023 marks the completions of 50 years of its establishment. This year, the theme of the WED 2023 is "#Beat Plastic Pollution." The environment has suffered a lot due to industrialization. World Environment Day encourages people to adopt eco-friendly practices to have a greener and clear environment and then focused on solutions to plastic pollution under the campaign.

The condition of our environment is getting declined day by day because of the pollution and global warming. We should celebrate and promote eco-friendly development in our country in order to save the environment for better future.

THE AWARNNESS PROGRAM DELIVERED AS FOLLOWS:

The program was started with a welcome note by Mrs. Vishnupriya S, Program organizer followed by the inaugural address from Dr Padmaa M Paarakh, Principal, The Oxford College of pharmacy.

It is a day that reminds everyone on the planet to get involved in environment friendly activities. Keeping this aim in view, The Oxford College of Pharmacy celebrated World Environment Day on 5th June 2023. Students of various branches from department participated and celebrated world

Environmental day enthusiastically. All the students were asked to plant a sapling to create a green corner around the college campus and their home gardens, as well as all the teachers also helped the



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students in planting. A lot of enthusiasm was seen in the students. After the plantation program the students assembled in 506 room, our Principal mam, Dr Padmaa M Paarakh, gave a very good and well-researched speech about how the condition of our environment today is and why we need to be aware. She also told us what steps we should take immediately so that we can make our environment healthy. At the end, she took a promise from all the students that no one will pollute the environment and will not allow anyone to do so and the event was conducted successfully with whole hearted participation and awareness about green environment.

The organizer Mrs. Vishnupriya S concluded the program with vote of thanks. She thanked chairman Shri S. N. V. L Narasimha Raju, The Oxford Group of Institutions, Dr. Padmaa M Paarakh, principal, the oxford college of pharmacy for organizing such an event and Dr. Jyoti Srivastava, HOD, Department of Pharmaceutical chemistry. And to all the other faculties and students who participated in the event and helped in its successful completion of the event. After the program students went to local community and conveyed the message of importance of implantation.

No of participants: 50 participants

Schedule: On 5th June 2023

Time Schedule	Programme
10 am	"WORLD ENVIRONMENT DAY 2023"



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CHILDREN'S EDUCATION SOCIETY (REGD.)

THE OXFORD COLLEGE OF PHARMACY

6/9, 1st CROSS, BEGUR ROAD, HONGASANDRA, BANGALORE-560068

CELEBRATING WORLD ENVIRONMENT DAY-2023

"#BEAT PLASTIC POLLUTION"

Organized Under The Oxford College of Pharmacy

Conducted On 5th JUNE 2023



PATRON

SHRI S. N. V. L. NARASIMHARAJU
CHAIRMAN,
THE OXFORD GROUP OF
INSTITUTIONS

CONVENER

Dr. PADMAAM PAARAKH
PRINCIPAL
THE OXFORD COLLEGE OF PHARMACY

ORGANIZING MEMBER

Mrs VISHNUPRIYA S,
ASSISTANT PROFESSOR,
THE OXFORD COLLEGE OF
PHARMACY

CHAIRMAN

THE OXFORD GROUP OF INSTITUTIONS

PRINCIPAL

THE OXFORD COLLEGE OF PHARMACY

THE OXFORD COLLEGE OF PHARMACY
BANGALORE



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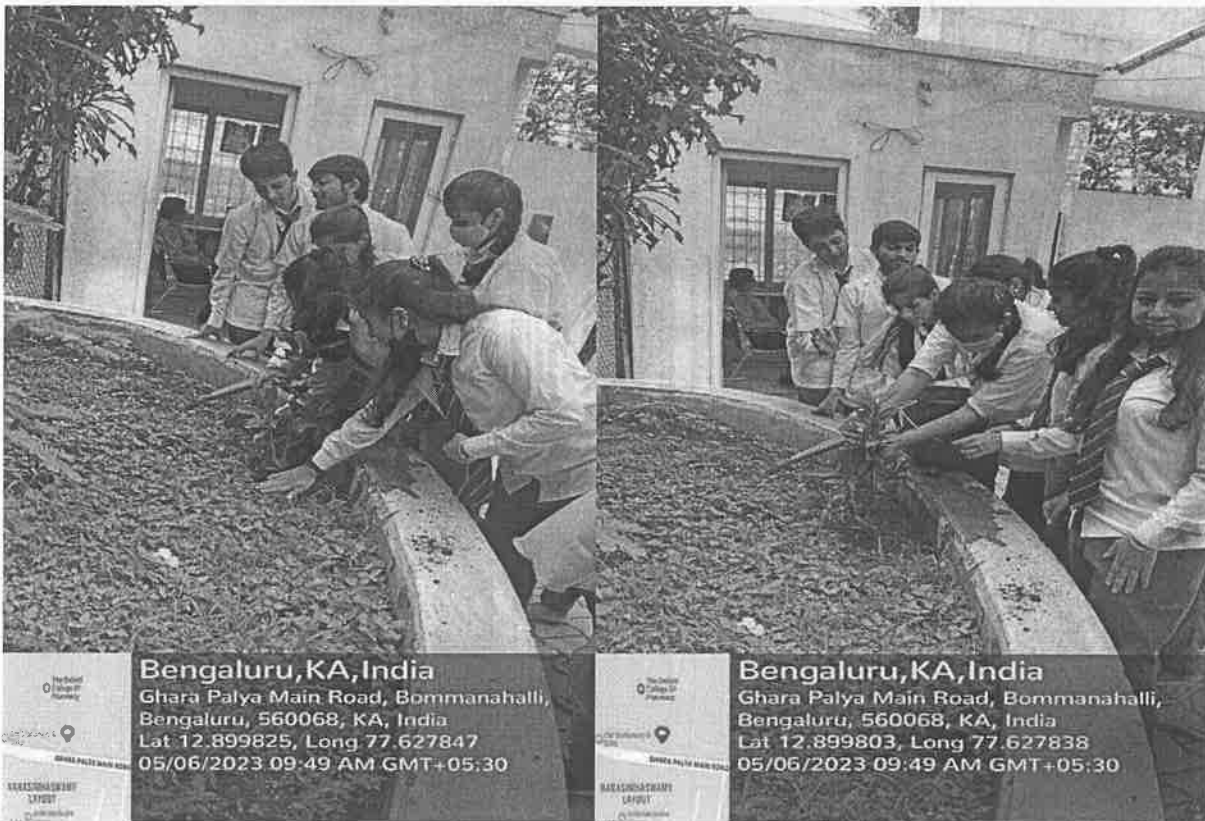
Bengaluru, KA, India

Ghara Palya Main Road, Bommanahalli,

Bengaluru, 560068, KA, India

Lat 12.899840, Long 77.627855

05/06/2023 09:50 AM GMT+05:30



Bengaluru, KA, India

Ghara Palya Main Road, Bommanahalli,

Bengaluru, 560068, KA, India

Lat 12.899825, Long 77.627847

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Bengaluru, KA, India

Ghara Palya Main Road, Bommanahalli,

Bengaluru, 560068, KA, India

Lat 12.899803, Long 77.627838

05/06/2023 09:49 AM GMT+05:30

Students Planting different plants in the college campus on World environment day



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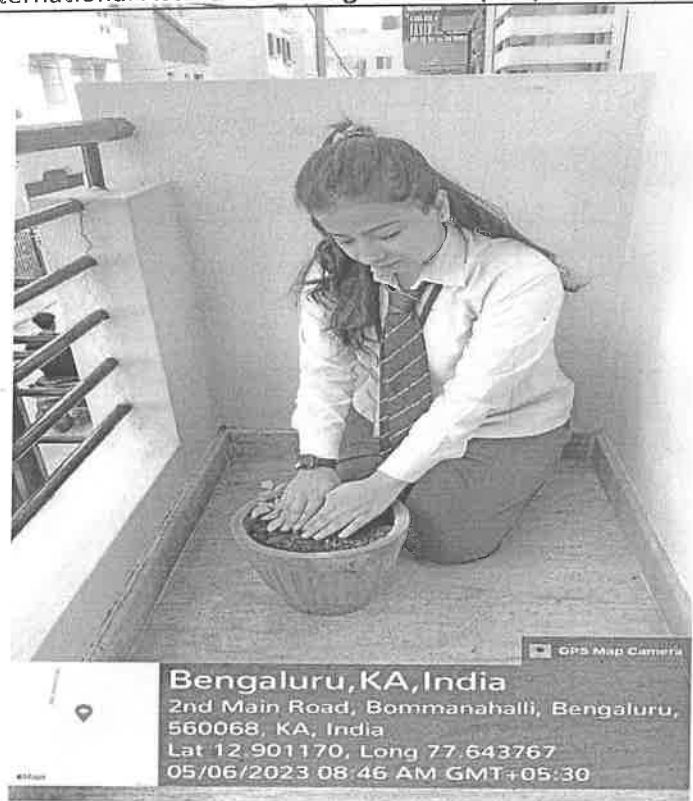
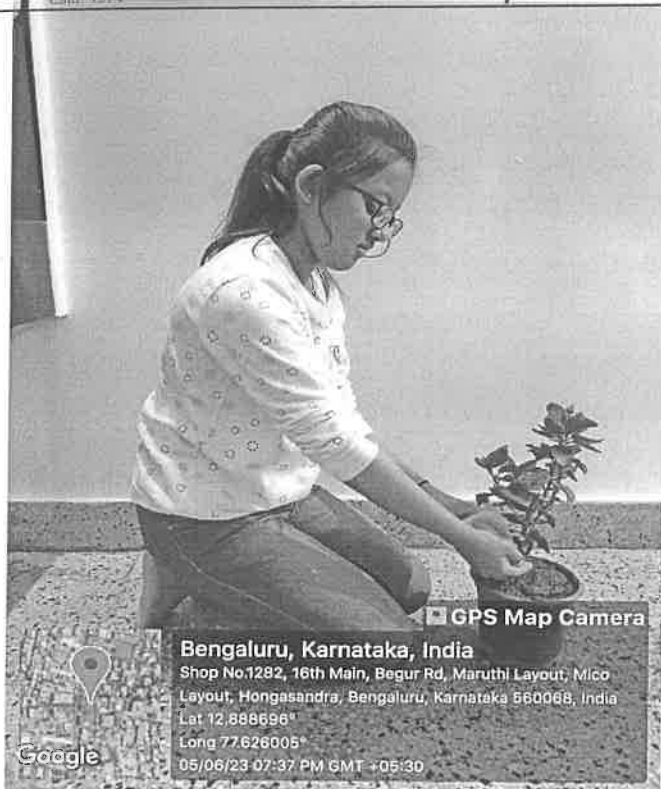


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Students Planting the trees at home and celebrating world environment day



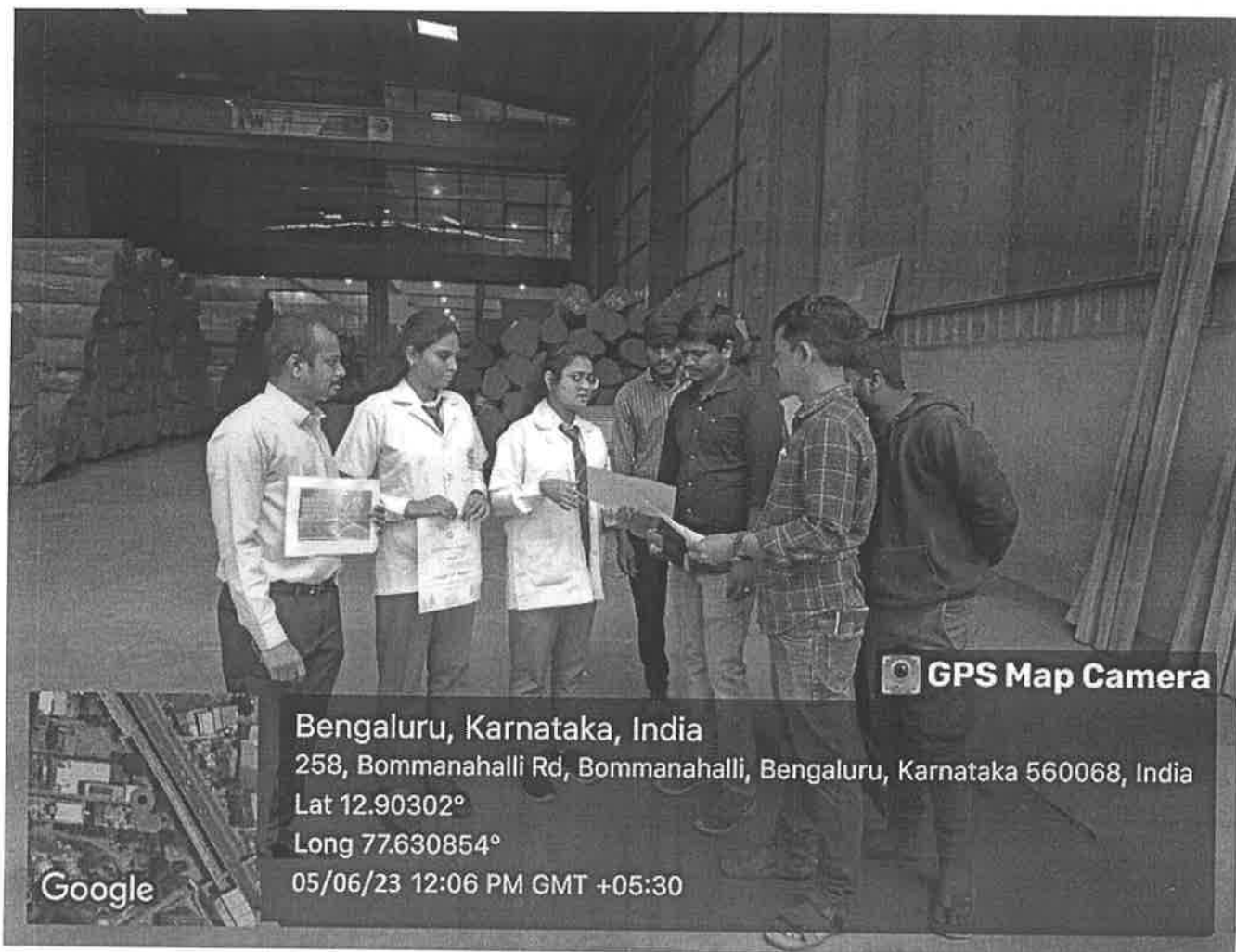
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Students conveying the message of implantating trees in the local community



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Student volunteers involved in the programme of world environment day

OUTCOME

On the eve of World Environment Day, the institution has organized a sensitizing session on developing sense of responsibility and commitment towards environmental sustainability. The programme aimed at promoting the importance of judicious use of natural resources, afforestation, adhering to various environmentally sustainable practices in line with SDG-30. Students planted various plants in and around the college premises and interacted with local community creating awareness about the role of every individual in keeping the environment safe and healthy, keeping society free from pollution and planting more trees so as to protect society from environmental degradation. Overall, it is an important event that promotes a healthier and more sustainable future for ourselves and future generations. There were around 50 participants in this program.

END OF REPORT



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Date: 5/6/2023

CIRCULAR

All the teaching staff and students of The Oxford College of Pharmacy are here by informed that "WORLD FOOD SAFETY DAY 2023" will be conducted on 8/6/23. The students who are interested can register their names with the organizing secretary. We request your active participation for the same.

P. Padma
PRINCIPAL



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DEPARTMENT OF PHARMACOLOGY

ORGANISED PROGRAM

ON

“WORLD FOOD SAFETY DAY 2023”

ON

8TH JUNE 2023

CHIEF PATRON

SHRI S. N. V. L NARASIMHA RAJU

CHAIRMAN

THE OXFORD GROUP OF INSTITUTIONS

CONVENER

DR. PADMAA M PAARAKH

PRINCIPAL

THE OXFORD COLLEGE OF PHARMACY

ORGANIZING SECRETARY

MRS. JOYCE

ASST PROFESSOR,

DEPARTMENT OF PHARMACOLOGY

THE OXFORD COLLEGE OF PHARMACY



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PREAMBLE:

The Oxford College of Pharmacy, Bengaluru, organized “world food safety day” on 8th JUNE 2023, with the aim to raise alert about food safety, Mrs. Joyce, Assistant Professor Department of Pharmacology, initiated the celebration of the program along with students, conducted food purity testing demo and fireless cooking competition to promote the importance of healthy food, there were around 30 contestants who actively took part in the competition.

The content of the Session:

“World food safety day” celebration was organized by The Oxford College of Pharmacy, Bangalore on 8th June 2023” with the theme “Nature’s treat (ZERO JUNK)”. The program started with the welcoming of the audience, contestants were enthusiastically participating in the event “fireless cooking “. They stucked to the theme in the competition and presented the dishes which is 100% organic, Students also showed the food purity demo

The event was judged by

Dr. Gururaj Kulkarni, (HOD, Department of Pharmaceutics)

Dr. Parthasarathy, (HOD, Department of Pharmacy Practice)

Dr. Noopur, (HOD, Department of Pharmacology) &

Dr. Jyoti, (HOD, Department of Pharmaceutical Chemistry)



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The Judges were judging the event based on four criterias presentation, taste, hygiene and uniqueness, based on their judgement II PharmD students, Ms. Hasuba, Ms. Vency, Ms. Uttara won the first prize.

No of Contestants: 30 participants.

Schedule: On 8th June 2023

Time Schedule	Programme
11.50 am to 12.40 pm	"WORLD FOOD SAFETY DAY 2023"

World Food Safety day celebration -2023
SAFE FOOD SAVES LIFE
Fireless cooking competition
on June 8th 2023
From 11.50 am to 12.40 pm at room no.502
At The Oxford college of pharmacy, Bangalore

We cordially invite you all for the food safety day celebration

Chief Patron
Shri. S N V L Narshimha Raju,
Chairman
Oxford Education Institutions
Bangalore

Convener
Dr. Padma. M. Paarakh
Principal
The Oxford College of Pharmacy
Bangalore

Organizing secretary
Mrs. Joyce
Assistant Professor
Department of Pharmacology
The Oxford College of Pharmacy
Bangalore



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Students actively participated in the program



Different food prepared by students and presented



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Evaluators evaluating the food prepared by students



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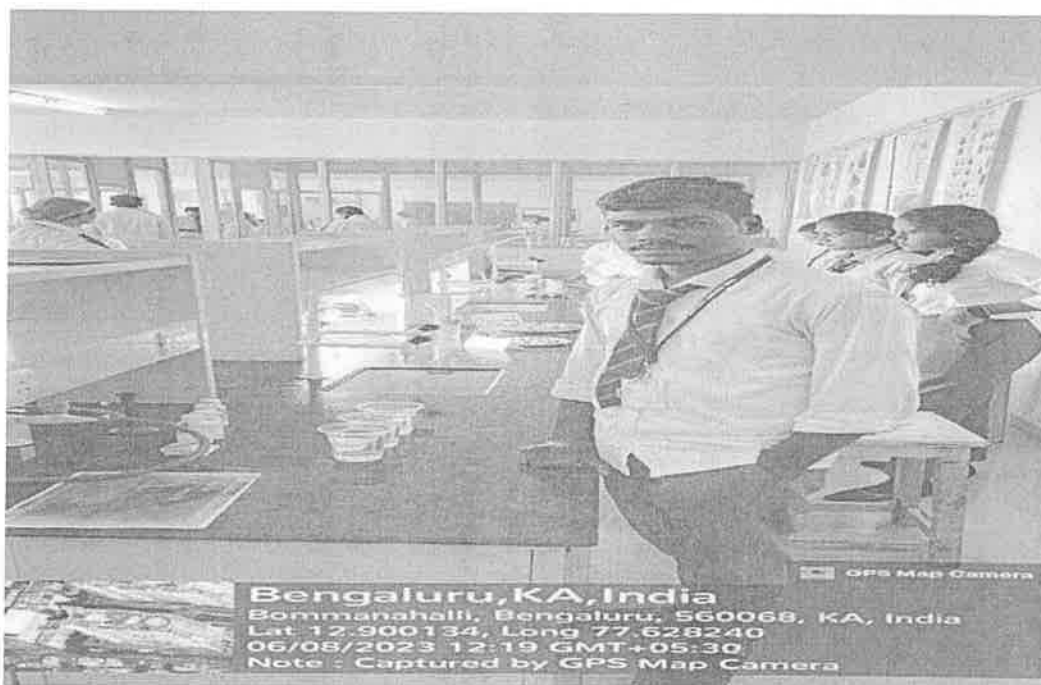


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Different food presented by students



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Best presentation by the students

OUTCOME

The program was organized with an aim to raise an awareness and to educate our staffs and students about the food safety. Students gained knowledge about the food adulteration, importance of food safety, hygiene and organic stuffs. The session also given the demo of food adulterations and testing methodologies, the cooking without fire competition encouraged the participants and audience to develop the practice of consuming zero junk. Additionally, the students were exposed to safe food handling practices, their proper storage, and their awareness of potential hazards which would definitely protect both themselves as well as their families from foodborne illnesses. Around 30 participants participated in this program.

END OF THE REPORT



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Date: 10/06/2023

CIRCULAR

All the teaching, non-teaching and students of The Oxford College of Pharmacy are hereby informed that an awareness programme on 'WORLD BLOOD DONOR DAY 2023' will be conducted on 14/06/2023. We look forward for the active participation for the same.

P. Padma

PRINCIPAL

PRINCIPAL

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DEPARTMENT OF PHARMACY PRACTICE

ORGANIZED

AWARENESS PROGRAMME

ON

“WORLD BLOOD DONOR DAY”

ON

WEDNESDAY, 14TH JUNE 2023

CHIEF PATRON

SHRI. S.N.V. L. NARASIMHARAJU

CHAIRMAN

THE OXFORD GROUP OF INSTITUTIONS

CONVENER

Dr. PADMAA M PAARAKH

PRINCIPAL

THE OXFORD COLLEGE OF PHARMACY

ORGANIZING SECRETARY

Dr SRIPRIYA C

ASST PROFESSOR,

DEPARTMENT OF PHARMACY PRACTICE

THE OXFORD COLLEGE OF PHARMACY



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PREAMBLE:

The Oxford College of Pharmacy, Bengaluru, organized "WORLD BLOOD DONOR DAY 2023" with an aim to raise an awareness program to educate our staffs and students about the need for safe blood, blood products and to thank voluntary, unpaid blood donors for their life saving gifts of blood. The program was conducted on June 14th 2023. This day is celebrated on the birthday anniversary of Karl Landsteiner on June 14, 1868. Landsteiner was awarded the Nobel prize for his discovery of ABO blood group system.

In 2004, World Blood Donor Day was first distinguished by WHO. In 58th world health assembly, 2005 it was declared as annual global event to raise awareness about the importance of blood donation.

The Theme for 2023 World Blood donor day campaign is '**Give Blood, Give Plasma, Share Life, Share Often**'. This theme reflects the important role blood donors play in maintaining the health and well-being of communities around the world.

Blood and plasma are essential in surgery and for treating many conditions such as trauma, cancer, immune disorders and coagulation disorders. They are also crucial for responding to emergencies and fighting against infectious diseases. However, many countries face challenges in ensuring adequate and safe blood supply for patients because of insufficient medical infrastructure and personal conflict or ongoing humanitarian crisis. On world blood donor day, we celebrate blood donors. Every single donation can make difference for someone's life by giving blood or plasma you are not helping a patient but also their family and community.

THE AWARENESS PROGRAM DELIVERED AS FOLLOWS:

The program was started with a welcome note by Dr Sripriya C, Program organizer followed by the inaugural address from Dr Padmaa M Paarakh, Principal, The Oxford College of pharmacy.

Dr. Parthasarathy G, HOD, Department of Pharmacy practice, was invited to talk about the Blood Donor Day. He was delivered about the importance of Blood donations.



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Children's Education Society (Regd.)

The Oxford College of Pharmacy

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The program has different sessions which is delivered by Dr Sripriya C. The first includes the objectives of the World Blood Donor day followed by who can give blood and what is the criteria for it as prescribed by WHO. Then follows what happens to the collected blood, explains the working of blood bank and last explains the benefits of blood donations. Blood donation motivates the students to create awareness among society around them and encourage for active participation in life saving act.

The program was attended by students of Pharm D, B. Pharm and D. Pharm. 60 participants including staffs and students of The Oxford College of Pharmacy were attended the program. After completing the program in campus students went outside the campus to create awareness in the society.

The organizer Dr Sripriya C concluded the program with vote of thanks. She thanked Chairman Shri S. N. V. L Narasimha Raju, The Oxford Group Of Institutions, Dr. Padmaa M Paarakh, Principal, The oxford college of pharmacy for organizing such an event and Dr. Parthasarathy G HOD, Department of Pharmacy Practice. And to all the other faculties and students who participated in the event and helped in its successful completion of the event.

No of participants: 60 participants

Schedule: On 14th June 2023

Time Schedule	Programme
02:00 PM	"WORLD BLOOD DONOR DAY 2023"



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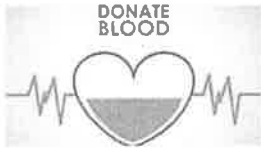
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THE OXFORD COLLEGE OF PHARMACY
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DEPARTMENT OF PHARMACY PRACTICE



WORLD BLOOD DONOR DAY 2023

14-06-23

"GIVE BLOOD, GIVE PLASMA, SHARE LIFE, SHARE OFTEN"



Chief Patron

Shri. S N V L Narasimha Raju
Chairman
The Oxford Educational
Institutions

Convener

Dr. Padmaa M Paurakh
Principal
The Oxford College of
Pharmacy

Organizing Secretary

Dr Sripriya C
Assistant Professor
Dept of pharmacy practice
The Oxford College of
Pharmacy



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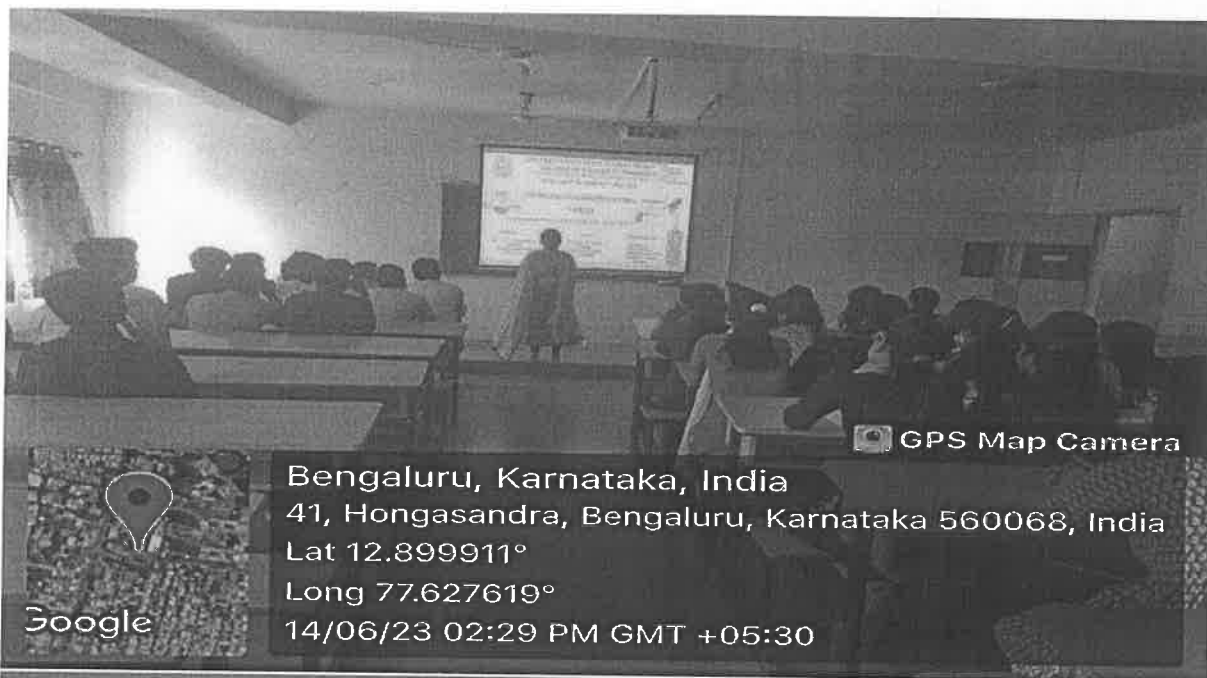
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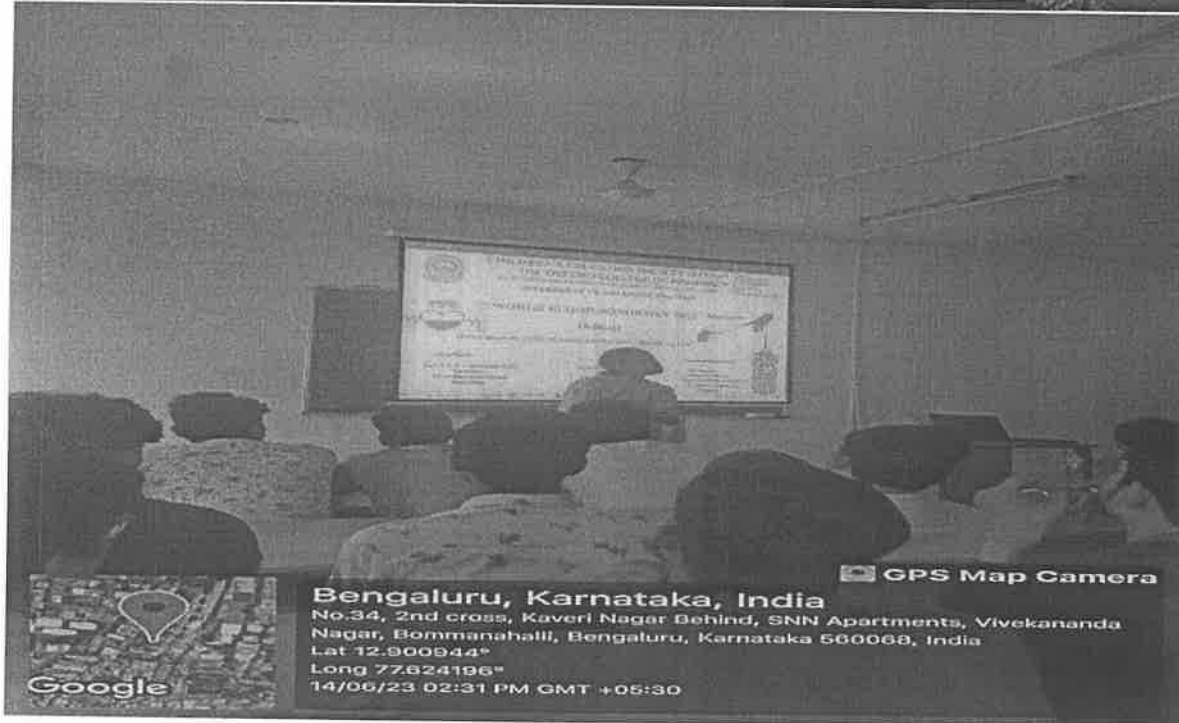
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Bengaluru, Karnataka, India
41, Hongasandra, Bengaluru, Karnataka 560068, India
Lat 12.899911°
Long 77.627619°
14/06/23 02:29 PM GMT +05:30



Bengaluru, Karnataka, India
No.34, 2nd cross, Kaveri Nagar Behind, SNN Apartments, Vivekananda
Nagar, Bommanahalli, Bengaluru, Karnataka 560068, India
Lat 12.900944°
Long 77.624196°
14/06/23 02:31 PM GMT +05:30

Speaker giving awareness to students regarding importance of blood donation



No.6/9, 1st Cross, Begur Road, Hongasandra, Bengaluru -560 068

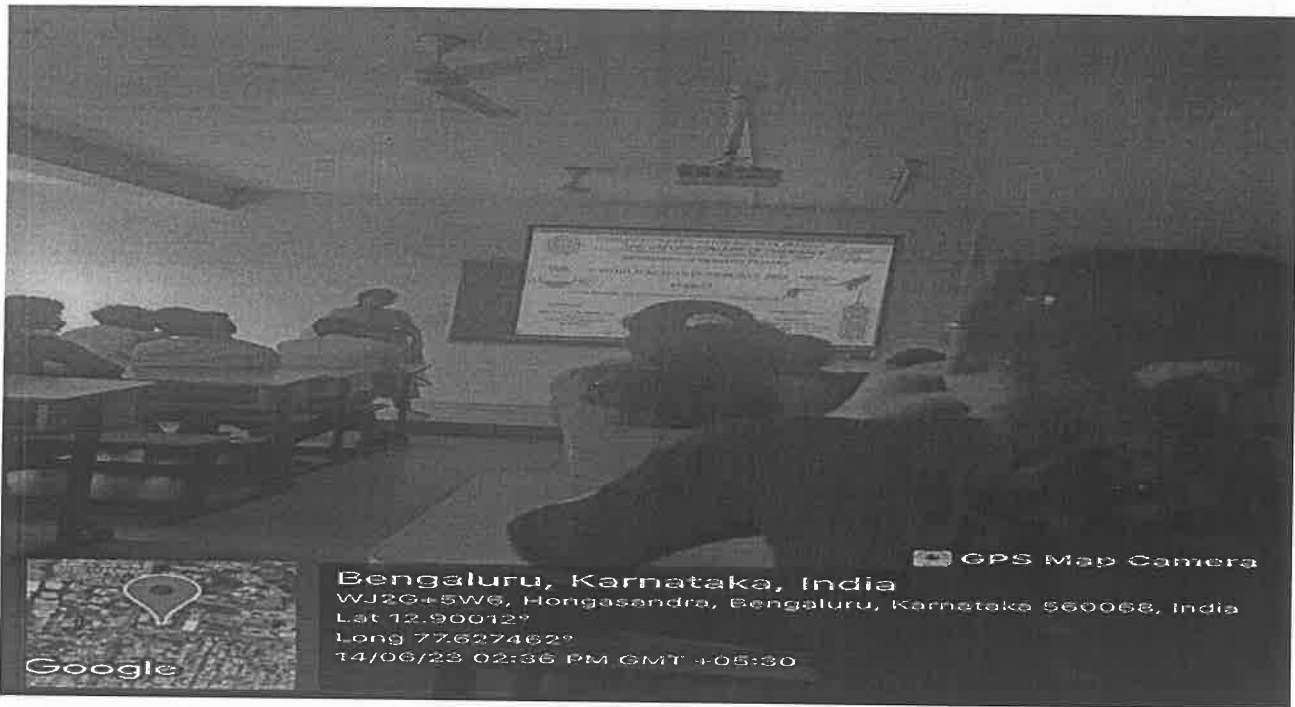
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Speaker explaining students regarding importance of blood donation



Poster presentation by students regarding blood donation



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Students giving awareness to society about blood donation



Students interacting with local community – Blood donor day



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Student Volunteers providing awareness about blood donation

OUTCOME

The outcomes and benefits of World blood donor day include saving lives, promoting health, raising awareness, fostering community spirit. The Oxford College of Pharmacy has organized the awareness programme which helped the students to understand the importance of blood and its donation and encourage more people to donate blood. The students have visited the community in regard with the same to promote awareness on need and importance of blood donation. The students also got an opportunity to interact with common people and educate them about the blood donation. The public response was fascinating and welcoming. There were around 60 participants in the program.

END OF REPORT



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Date: 20/06/2023

CIRCULAR

All the teaching, non-teaching and students of The Oxford College of Pharmacy are hereby informed that a Session On "INTERNATIONAL YOGA DAY OF 2023" will be conducted on 21/06/2023. We look forward for the active participation for the same.

P. Padma

PRINCIPAL

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Bengaluru - 560 068



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NSS COMMITTEE, THE OXFORD COLLEGE OF PHARMACY, BANGALORE ORGANISED PROGRAMME

ON

“INTERNATIONAL YOGA DAY 2023”

ON

WEDNESDAY 21ST JUNE 2023

CHIEF PATRON

SHRI S. N. V. L NARASIMHA RAJU

CHAIRMAN

THE OXFORD GROUP OF INSTITUTIONS

PATRON

DR. PADMAA M PAARAKH

PRINCIPAL

THE OXFORD COLLEGE OF PHARMACY

ORGANISING SECRETARY

MRS. NAGALAKSHMI

ASSISTANT PROFESSOR

THE OXFORD COLLEGE OF PHARMACY

RESOURCE PERSON:

VIVEKANAND SAWARKAR

SAHAJA YOGA TRAINER

HEAD CORPORATE QUALITY, STRIDES

PHARMA SCIENCE

BANGALORE.



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PREAMBLE

The Oxford College of Pharmacy, NSS Committee, Bangalore conducted the session on “INTERNATIONAL YOGA DAY 2023” for the students and teaching faculties. As offline session became a part of the process, the event was organized in 4th floor health center. There were 50 students for this event from The Oxford College of Pharmacy. MR. VIVEKANAND SAWARKAR, Sahaja yoga trainer, Head Corporate Quality, Strides Pharma Science, Bangalore delivered lecture on “Sahaja yoga and meditation technique”.

THE CONTENT DELIVERED IN THE WEBINAR IS AS FOLLOWS

MR. VIVEKANAND SAWARKAR thanked Mataji Nirmala Devi for rediscovering sahaja yoga as holistic health care for people and this session helped us to focus on awakening the dormant primordial energy (Kundalini energy), whereby a flow of subtle cool cosmic vibrations in the body was achieved which nourished and rejuvenated each and every cell of the body. The event was ended with Q & A session where the participants asked few doubts regarding the Do's and Don'ts. There were around 60 participants.



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SESSION ON INTERNATIONAL YOGA DAY

Speaker:

Vivekanand Sawarkar
Sahaja Yoga Trainer
Head Corporate Quality,
Strides Pharma Science
Bengaluru.

Organized by NSS Committee

on

21st JUNE 2023

Time: 10:30 AM – 11:30 PM

Chief Patron

Shri. S N V L Narasimha Raju
Chairman

The Oxford Educational Institutions

Convener

Dr. Padmaa M Paarakh
Principal

The Oxford College of Pharmacy

Organizing Secretary

Ms. Nagalakshmi R
Assistant Professor

The Oxford College of Pharmacy



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This programme is arranged to share the knowledge on the topic “Sahaja yoga and meditation technique” by Mr. VIVEKANAND SAWARKAR. The overall organization and deliverance of the session was helpful and satisfied the participants. After the program students went out to the local community and conveyed the importance of Yoga.

ಪ್ರತಿದಿನ 10 ನಿಮಿಷಗಳ ಧ್ಯಾನದ ಪ್ರಯೋಜನಗಳು

ಸಹಜ ಯೋಗ ಧ್ಯಾನ

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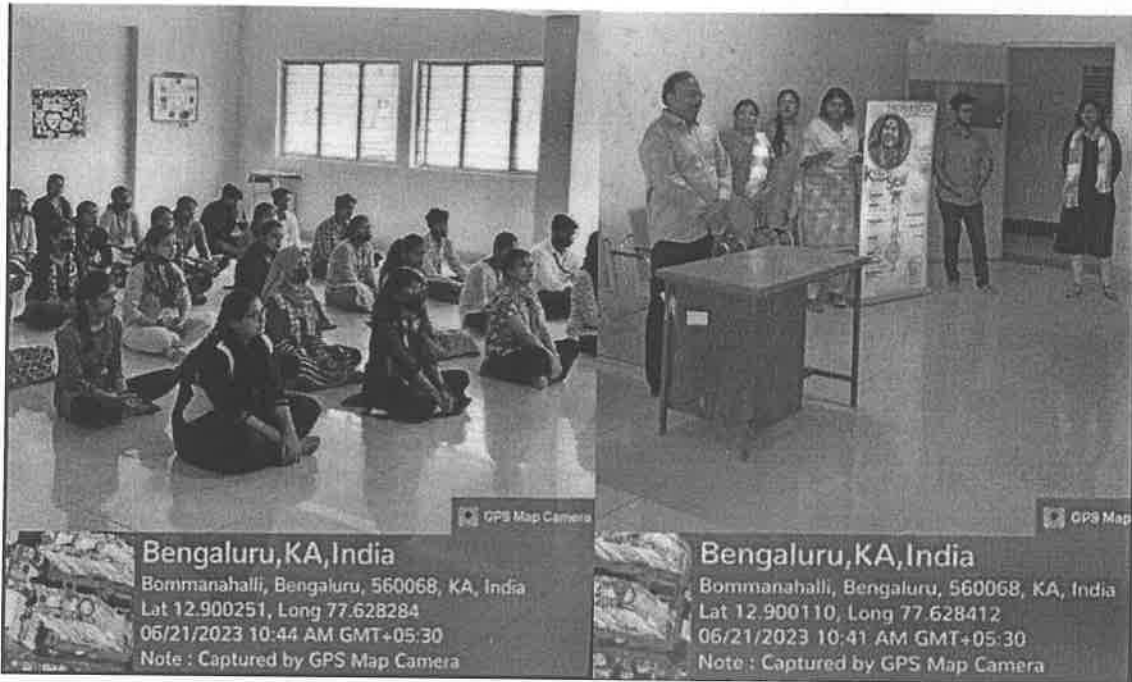
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Students and faculties participated the program



Speaker delivering the speech to the participants- Yoga day



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(MR. VIVEKANAND SAWARKAR interacting with the faculties and students)



Students actively participated in the program

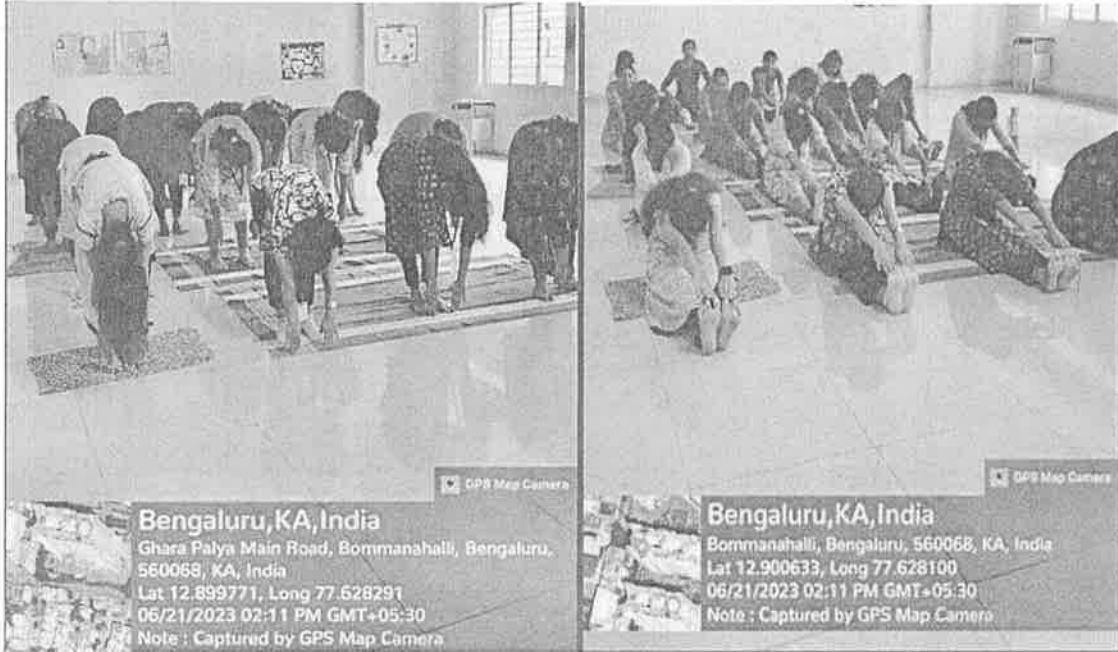


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Students actively practicing Yoga



Students educating local community – Yoga Day



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NSS Volunteers involved in – World yoga day

OUTCOME

The session in the Yoga Day became a point of learning about the importance of yoga to keep up good health. It promotes physical fitness, enhances mental health, fosters community spirit, encourages environmental awareness. By embracing yoga as a way of life, individuals can lead more fulfilling and healthy lives, and society can benefit from a happier, more peaceful lifestyle. The students and faculty also taken initiative to reach out local people and promoted awareness that how daily yoga can keep us healthy from various illnesses such as cardiac, respiratory problems, mental health, better sleep, relief from stress etc. Such efforts on behalf of the college were much appreciated by local communities. There were around 60 participants in this program.

END OF REPORT



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DATE: 12/08/2023

CIRCULAR

India celebrating their 77th Independence Day on August 15, 2023. The theme for this year's celebration is "Nation First, Always First". In line with the government's focus on national unity & development. The Oxford College of Pharmacy invites all the faculty members and students to showcase their creativity and activity with the selfie, alone or with family members or with friends posted in their official group. The platform of creativity can be shown by any means such as a skit video, Paintings, Rangoli, etc. All are requested to participate actively.

P. Padua

PRINCIPAL

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DEPARTMENT OF PHARMACEUTICAL CHEMISTRY

ORGANISED PROGRAMME

ON

“INDEPENDENCE DAY 2023”

ON

15th AUGUST 2023

CHIEF PATRON

SHRI S. N. V. L NARASIMHA RAJU

CHAIRMAN

THE OXFORD GROUP OF INSTITUTIONS

CONVENER

Dr. PADMAA M PAARAKH

PRINCIPAL

THE OXFORD COLLEGE OF PHARMACY

ORGANIZING SECRETARY

DR. JYOTI SHRIVASTAVA

HOD,

DEPARTMENT OF PHARMACEUTICAL CHEMISTRY

THE OXFORD COLLEGE OF PHARMACY



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PREAMBLE

Independence Day is one of the proudest and prestigious day for every Indian and it is celebrated throughout India in every corner of the country on 15th August every year. The theme for this year's celebration is "Nation First, Always First". This theme is in line with the government's focus on national unity and development. Independence Day is celebrated by every citizen of India irrespective of caste, creed and religion. The Oxford College of Pharmacy, Bangalore celebrated 77th Independence Day, which is themed "Nation First, Always First" with great enthusiasm on 15th August 2023.

In line with the government's focus on national unity & development. The Oxford College of Pharmacy invited all the faculty members and students to showcase their creativity and activity with the selfie, alone or with family members or with friends posted in their official group.

All the faculty members and the students uploaded the selfies and photographs with their family while hoisting the flag and celebrating the Independence Day.

Our Principal Dr Padmaa M Paarakh appreciated the effort of making "Har Ghar Tiranga" concept and congratulated the faculty members for uploading the photos and enjoying the Independence Day with the family and cheering for India in the Photos. There were 42 participants.

Dr Jyoti Shrivastava, Head of the Department from Pharmaceutical Chemistry also appreciated the effort taken by the faculty members in celebrating the Independence Day in the Tiranga theme.

Dr Noopur Srivastava also motivated by uploading the selfies with the flag to celebrate the Independence Day with full enthusiasm and Josh to make India Proud.



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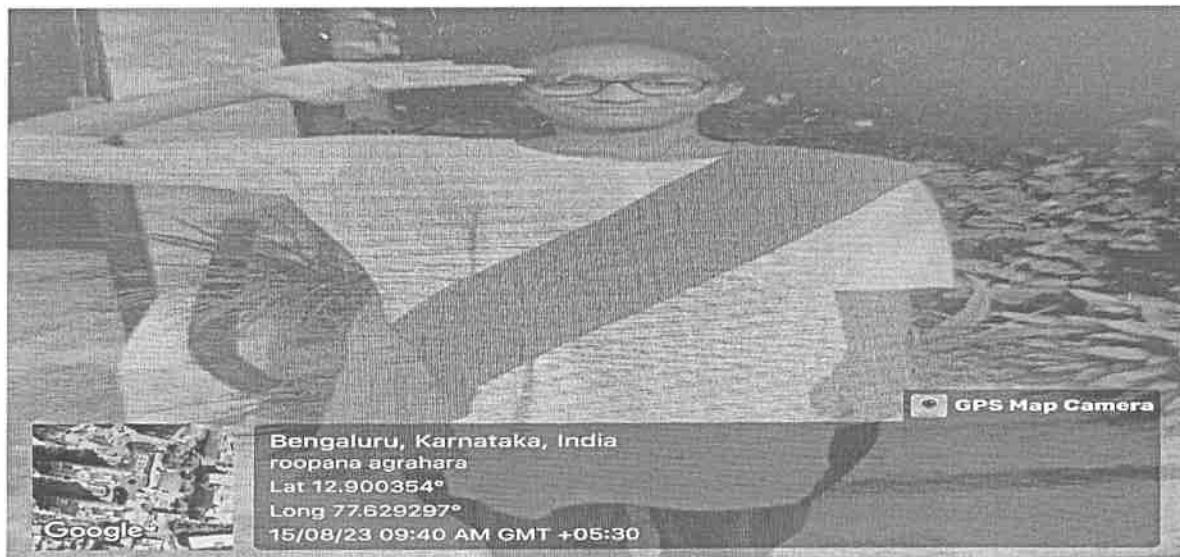
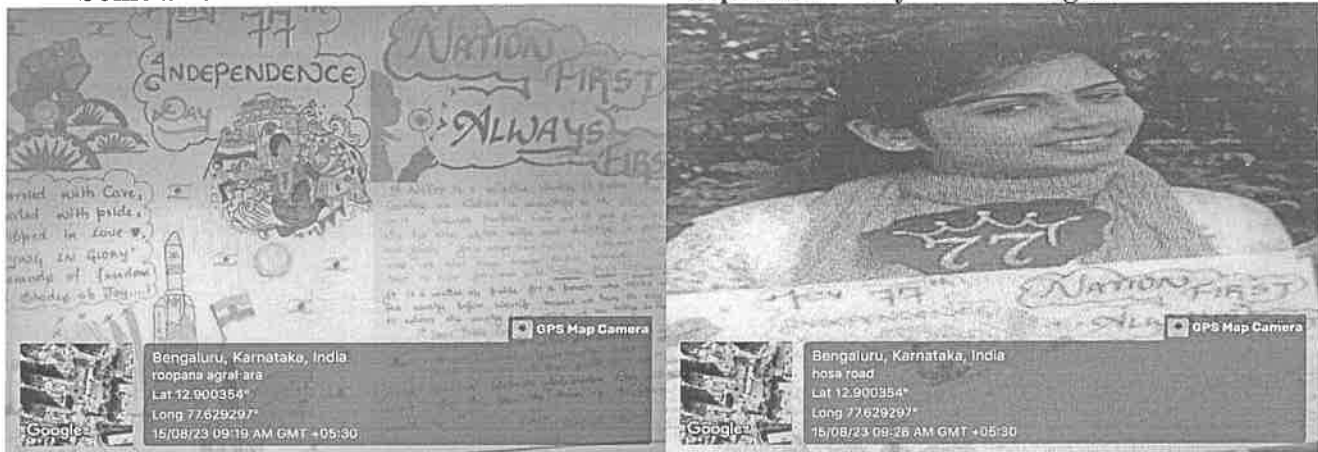
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Dr Gururaj Kulkarni, Head of the Department, Department of Pharmaceutics, wished everyone Independence Day and shared the Flag hoisting from his Residence and motivated others also to go and celebrate the Independence Day in public gathering.

Many students also uploaded the Posters in the group.

Some Photos from the celebration of 77th Independence Day on 15th August 2023.



Students actively celebrated Independence day



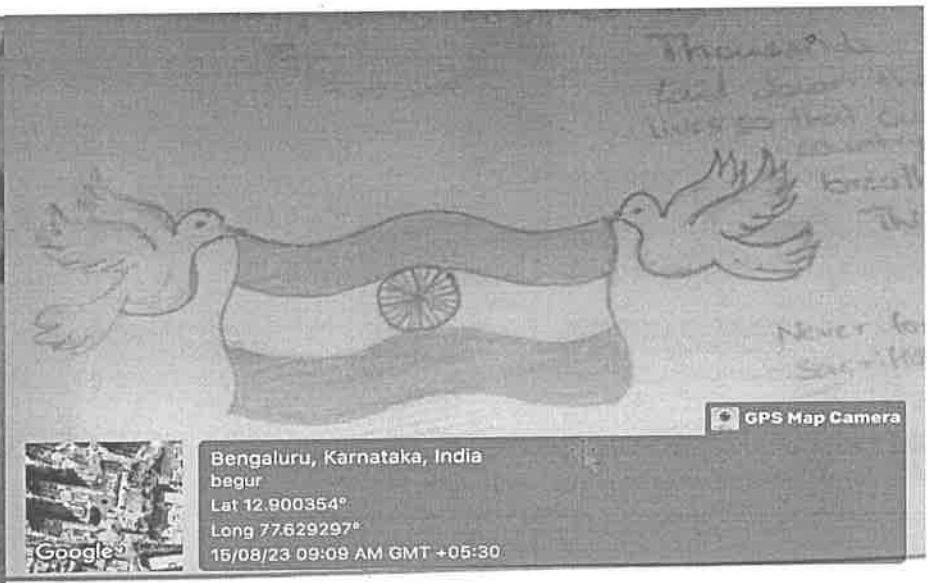
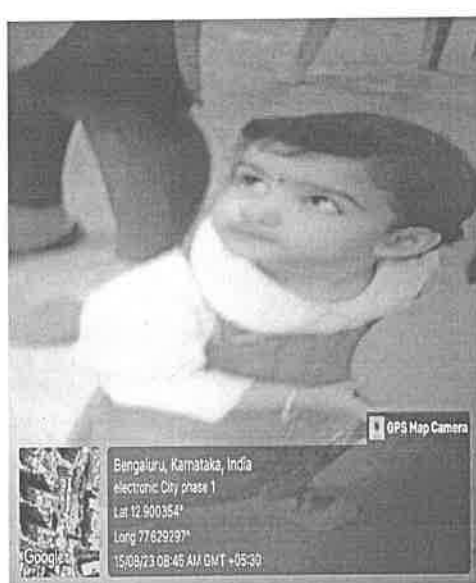
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Teachers celebrated Independence Day with family



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OUTCOME

India's 77th Independence Day celebration on August 15, 2023, themed "Nation First, Always First," is set to bolster patriotism, unity, and progress across the nation. The event reflects the government's commitment to national unity and development, encouraging collective efforts towards sustainable growth. For students, it instills national pride, broadens their educational horizons, fosters community connection, and inspires innovation for future contributions. The celebration aligns with the government's developmental goals, promoting unity, enhancing India's global image, and engaging the youth ready to innovate for India's future. It is a poignant reminder of India's journey, values, and collective responsibility toward forging a prosperous tomorrow. There were around 72 participants.

END OF THE REPORT



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DATE: 25/08/23

CIRCULAR

This is to inform all the students and teaching staff of The Oxford College of Pharmacy that 'National Sports Day' will be conducted on 29/08/23. We request for the active participation for the same.

P. Padma

PRINCIPAL

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NSS COMMITTEE, THE OXFORD COLLEGE OF PHARMACY, BANGALORE

ORGANISED PROGRAM

ON

NATIONAL SPORTS DAY 2023

CHIEF PATRON

SHRI S.N.V. L NARASIMHARAJU

CHAIRMAN

THE OXFORD EDUCATIONAL INSTITUTIONS

CONVENER

DR.PADMAA M PAARAKH

PRINCIPAL

THE OXFORD COLLEGE OF PHARMACY

ORGANIZING SECRETARY

DR. VIKRAM.T

ASSISTANT PROFESSOR,

DEPARTMENT OF PHARMACEUTICS

THE OXFORD COLLEGE OF PHARMACY

DATE: 29th AUGUST 2023

TIME: 9:00 AM ONWARDS



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PREAMBLE

The Oxford College of Pharmacy, Bangalore organised "National Sports Day" on 29th August 2023 with the theme "Sports are an enabler to an inclusive and fit society". National Sports Day is observed on 29th August every year to commemorate the birthday of Indian hockey legend Major Dhyan Chand. Sports are important for the physical and mental well-being of humans. This year, the theme of the day is "Sports are an enabler to an inclusive and fit society" a process that takes self-awareness. Always keep in mind the time and energy you put into your workouts. Have a vision of what you want to physically change.

It encourages people of all ages to take up seriously about physical fitness. It highlights about regular exercise and leading a healthy lifestyle. It encourages people of all age groups to actively participate in various kinds of sports and games for their personal overall growth. Sports possess that unique ability to bring people together irrespective of background, language or beliefs. Hence, National Sports Day displays unity.

There were around a total of 150 participants. The Oxford College of Pharmacy organized the following events as a part of the National Sports Day. The outdoor games were conducted at The Oxford College ground.

Indoor Games- Carrom and Chess.

Outdoor games- Volleyball, Kabaddi, Cricket.



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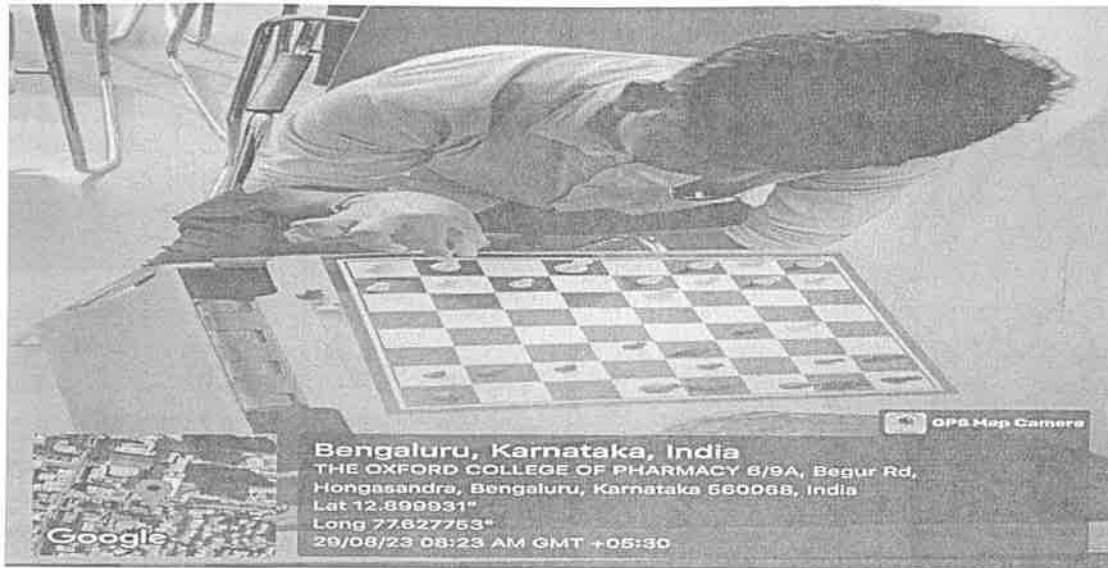
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Students participated in chess



Students Playing carrom



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Students playing Cricket



Students enjoying sports event



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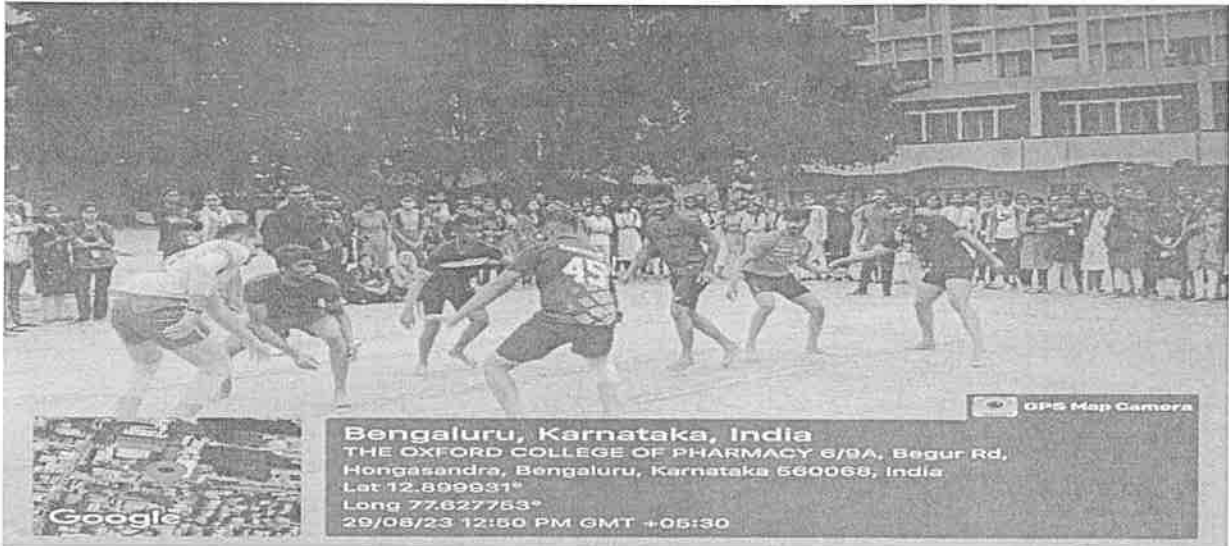


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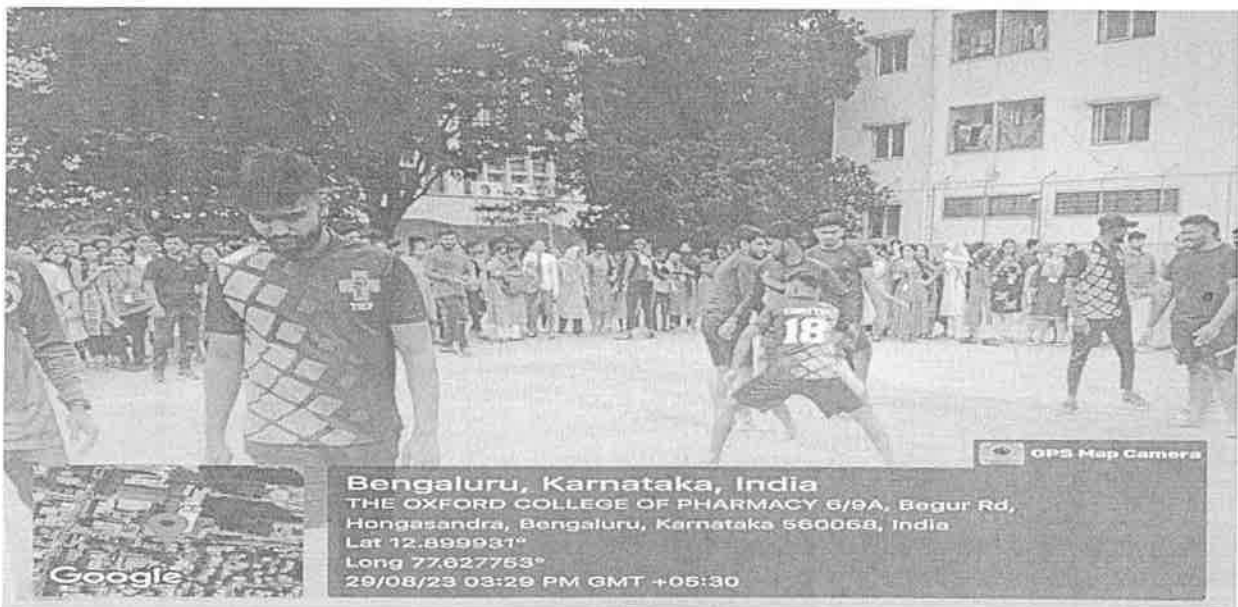
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Students playing Kabaddi



Few Glimpses of the National Sports Day



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OUTCOME

On the eve of National Sports Day, institution organised a programme emphasizing the critical role of sports in fostering physical health, teamwork, and holistic development among students. The event also focused on promoting a healthy lifestyle across the youth population, encouraging social cohesion. Overall, the event underscored the importance of sports and cultural activities in personal development, laying a foundation for a healthier, more unified society in line with Khelo India, an initiative of Government of India. There were around 150 participants participated in overall games.

END OF THE REPORT



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Date: 02/09/2023

CIRCULAR

All the teaching, non-teaching and students of The Oxford College of Pharmacy are hereby informed that the Teacher's Day for the academic year 2022-2023 will be celebrated on the 5th of September 2023. All are requested to assemble in the Auditorium by 3pm. We look forward for the active participation for the same.

P. Padma

PRINCIPAL

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DEPARTMENT OF PHARMACEUTICS

ORGANISED PROGRAMME

ON

“TEACHER’S DAY CELEBRATION 2023”

5TH OF SEPTEMBER 2023

CHIEF PATRON

SHRI S. N. V. L NARASIMHA RAJU

CHAIRMAN

THE OXFORD GROUP OF INSTITUTIONS

CONVENER

Dr. PADMAA M PAARAKH

PRINCIPAL

THE OXFORD COLLEGE OF PHARMACY

ORGANIZING SECRETARY

MRS. SURINDER KAUR

ASSISTANT PROFESSOR,

DEPARTMENT OF PHARMACEUTICS

THE OXFORD COLLEGE OF PHARMACY



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PREAMBLE

The Oxford College of Pharmacy, Cultural Committee, Bangalore celebrated "Teachers Day" on 5th September 2023. Mrs. Surinder Kaur, Assistant Professor, Department of Pharmaceutics. Initiated the celebration of the program along with students.

The content of the Session:

"Teacher's Day 2022" celebration was organized by The Oxford College of Pharmacy, Bangalore on 5th September 2023. On this day, students around the country pay their respects and express gratitude, love and respect to their teachers and professors. Many cultural events are also organized by the students to entertain and give their teachers a day to remember. Speeches on why we celebrate Teachers' Day and how Dr. Sarvepalli Radhakrishnan contributed to society was given by UG and PG students belonging to department of pharmacy.

The teacher's day celebration started with inviting the Principal and the teachers for the function through an invitation card. The function started with a welcome speech by Mr. Kushan Raj P the class representative of final B Pharm. It was followed by a devotional song sung by Padmashree of 2ND year Pharm D and Yeshashwani of 2nd year B Pharm. The students of different classes spoke in the appreciation of their teachers. The teachers also spoke about their experiences during their teaching tenure and remembered many students for their good behavior, naughtiness, being in good positions, etc. IT was followed by a group activities for the teachers which was filled with enthusiasm. Principal including the other teachers spoke about the co-faculty members about their work ethics, etc. Few students from the PG spoke about their teachers and the HODs Dr. Guru S Raj Kulkarni, Dr. G Parthasarathy also took the initiative to appreciate their teachers and thank the students for conducting the function.

Convener, Dr. Padmaa M Paarakh, Principal of The Oxford College of Pharmacy, spoke about her teachers, the good qualities she observed in the teachers and appreciated all the students for taking the initiative in celebrating and remembering their teachers on the Teacher's Day. She thanked all the teachers for being a wonder full team and inculcating overall discipline in the students and for giving their 100% in the academics. Dr. Noopur Srivastava, HOD of Pharmacology, The Oxford College of Pharmacy, gave the vote of thanks. The function was concluded by giving gifts to the teachers as a token of appreciation and thankfulness. There were around 50 participants.



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Warm Welcome to the Teaching Faculty



Main entry Decoration by students



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Interaction between Principal and the Students



Views of Dr. Noopur S Madam on Teaching as a profession



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Memories of the Teacher's Day Celebrations

OUTCOME

The day was marked for the celebration as Teachers' Day since 1962 in respect and in memory of Dr. Sarvepalli Radhakrishnan who was born on 5th September, 1888. The day is celebrated as a tribute to the dedication and commitment of the teachers who play a pivotal role in imparting education and social values to the students. Additionally, it stresses on the need for providing quality education to the students. The celebration started with devotional song (Vandana) followed by the speech from the students. An inspirational lecture on the topic Priority management for individual (to become a better teacher), was given by the Principal, and followed by this exciting games and group activities were organized for both the Teaching & Non-Teaching Staff and gifts were distributed for the teachers. There were around 50 participants in this program.

END OF THE REPORT



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Date: 30/09/2023

CIRCULAR

All the teaching, non-teaching and students of The Oxford College of Pharmacy are hereby informed that programme on 'GANDHI JAYANTI 2023' for the academic year 2022-2023 will be conducted on 03/10/2023. We look forward for the active participation for the same. All interested students are requested to give your name to the event co-ordinator.

P. Padma

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DEPARTMENT OF PHARMACY PRACTICE

ORGANIZED PROGRAMME

ON

MAHATMA GANDHI JAYANTI

ON

TUESDAY, 03RD OCTOBER 2023

CHIEF PATRON

SHRI. S.N.V. L. NARASIMHARAJU
CHAIRMAN
THE OXFORD GROUP OF INSTITUTIONS

CONVENER

Dr. PADMAA M PAARAKH
PRINCIPAL
THE OXFORD COLLEGE OF PHARMACY

ORGANIZING SECRETARY

Dr SRIPRIYA C
ASSISTANT PROFESSOR
DEPARTMENT OF PHARMACY PRACTICE
THE OXFORD COLLEGE OF PHARMACY



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PREAMBLE:

The Oxford College of Pharmacy, Department of Pharmacy Practice, Bangalore celebrated "Gandhi Jayanti" on 03rd October 2023. There were around 50 participants from different classes.

Dr.Sripriya C, Assistant Professor, Department of Pharmacy Practice organized the celebration on the occasion of "Gandhi Jayanti" and Dr. G Parthasarathy, Professor and head of the Department of Pharmacy Practice gave a talk about Mahatma Gandhi Jayanti.

Gandhi Jayanti, celebrated annually on 2nd October, marks the birthday of Mohandas Karamchand Gandhi, revered as Mahatma Gandhi. He is considered an eminent leader in India's struggle for independence against British colonial rule. This day holds profound historical significance and serves as a tribute to the man who championed non-violence, civil disobedience, and truth as powerful means for social and political transformation.

THE PROGRAM DELIVERED AS FOLLOWS:

The program was started with a welcome note by Dr Sripriya C, Program organizer followed by the inaugural address from Dr Padmaa M Paarakh, Principal, The Oxford College of pharmacy.

Dr.Parthasarathy G , HOD, Department of Pharmacy practice, was invited to talk about the Gandhi Jayanti . It holds a great importance as it reminds us of the extraordinary contributions of Mahatma Gandhi Ji. The significance of Gandhi Jayanti lies not only in commemorating his birthday but also in recognizing his indomitable spirit, leadership, and unwavering commitment to social justice and peace.

The event was started by the Department of Pharmacy Practice in Room No.505 of The Oxford College of Pharmacy, Bangalore in between 03:30 to 4:00 PM headed by Dr. Padmaa M Paarakh, Principal, The oxford college of pharmacy. A Presentation was taken by Dr Sripriya C explaining the importance of the day and the history of birth anniversary of Mahatma Gandhi. A total of 50 students from both B Pharm and pharm D were participated in this session.



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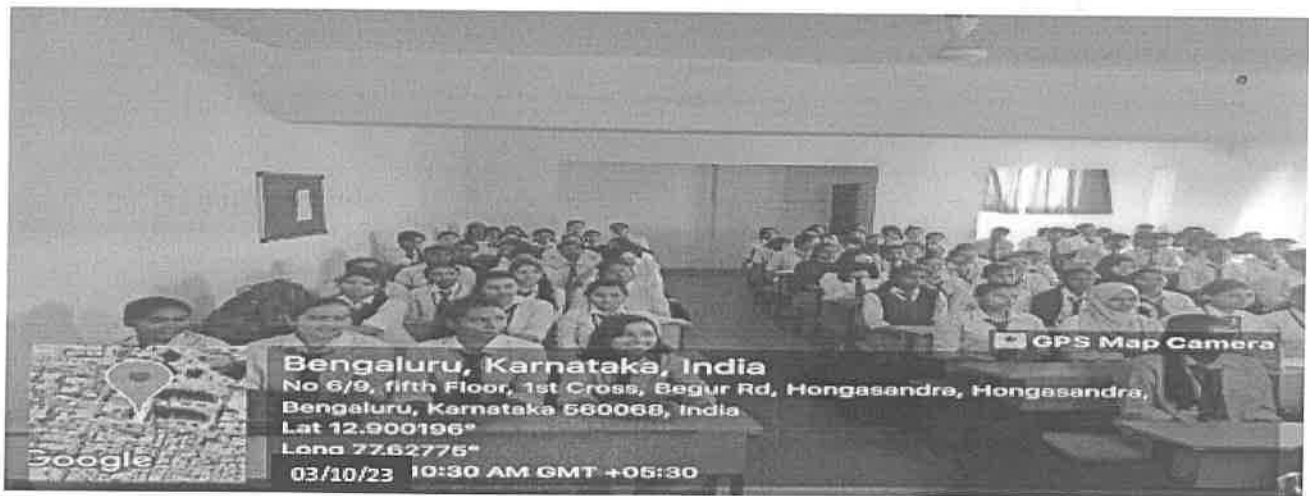
The organizer Dr Sripriya C concluded the program with vote of thanks. She thanked Chairman Shri S. N. V. L Narasimha Raju, The Oxford Group of Institutions, Dr. Padmaa M Paarakh, Principal, The Oxford College of Pharmacy for organizing such an event and Dr. Parthasarathy G HOD, Department of Pharmacy practice and to all the other faculties and students who participated in the event and helped in its successful completion of the event.

No of participants: 50 participants

Schedule: On 3rd Oct 2023

Time Schedule	Programme
03:30-04:00PM	"Mahatma Gandhi Jayanti 2023"

Principal



Students participated in the program



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OUTCOME

The celebration of Mahatma Gandhi Jayanti serves as a dual-purpose initiative, enriching students with Gandhi's teachings on non-violence, peace, and civic responsibility while inspiring broader societal benefits. Students gain invaluable insights into moral integrity and the power of peaceful activism, which fosters character development and a strong sense of global citizenship. Society, in turn, benefits from a rejuvenated commitment to unity, cultural preservation, and social welfare. This program deepens the collective understanding of Gandhi's legacy and encourages a hands-on approach to community service and environmental sustainability, echoing Gandhi's vision of a harmonious and inclusive society. There were around 50 participants in this program.

END OF REPORT



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Date: 27/11/2023

CIRCULAR

All the teaching, non-teaching and students of The Oxford College of Pharmacy are hereby informed that a Session on “**OBSERVANCE OF KARNATAKA RAJYOTSAVA**” for the academic year 2022-2023 will be conducted on 29/11/2023. We look forward for the active participation for the same.


PRINCIPAL



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NSS COMMITTEE, THE OXFORD COLLEGE OF PHARMACY, BANGALORE

ORGANISED PROGRAMME

ON

“OBSERVANCE OF KARNATAKA RAJYOTSAVA”

ON

WEDNESDAY 29 NOVEMBER 2023

CHIEF PATRON

SHRI S. N. V. L NARASIMHA RAJU

CHAIRMAN

THE OXFORD GROUP OF INSTITUTIONS

CONVENER

DR. PADMAA M PAARAKH

PRINCIPAL

THE OXFORD COLLEGE OF PHARMACY

ORGANISING SECRETARY

MRS. NAGALAKSHMI

ASSISTANT PROFESSOR

THE OXFORD COLLEGE OF PHARMACY



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PREAMBLE

The Rajyotsava Day is the state festival of Karnataka and is observed on November 1st every year. Today marks the 67th year since this beautiful land emerged as one state for all Kannada-speaking people. On November 1, 1956, several regions merged to form the state, which was originally called Mysore. Kannada Day has been celebrated on November 1 every year since 1956 to commemorate the formation of the state. The state was renamed Karnataka on November 1, 1973. The day is celebrated to commemorate the birthday of Karnataka as the state was formed on this day. The Rajyotsava day is celebrated with great joy and vigor all over the state of Karnataka. The state government asserts Rajyotsava awards on this day, which are awarded to people responsible for great contributions in the development of Karnataka. The Oxford College of Pharmacy, NSS Committee, Bangalore organized the Kannada Rajyotsava celebration event on 29 November 2023. The Event commenced with preparation of rangoli by students, and then the staff, students, Physical educator and non-teaching staff participated in flag hosting. Later importance of the event was spoken by Dr. Padmaa M Paarakh and the management staff which included the importance of Karnataka state, language, culture, people, etc., and she has informed everyone to protect our mother tongue and teach others as well. The Cultural activities like singing Kannada songs from students and staff members which were entertained the crowd. There were around 50 participants.

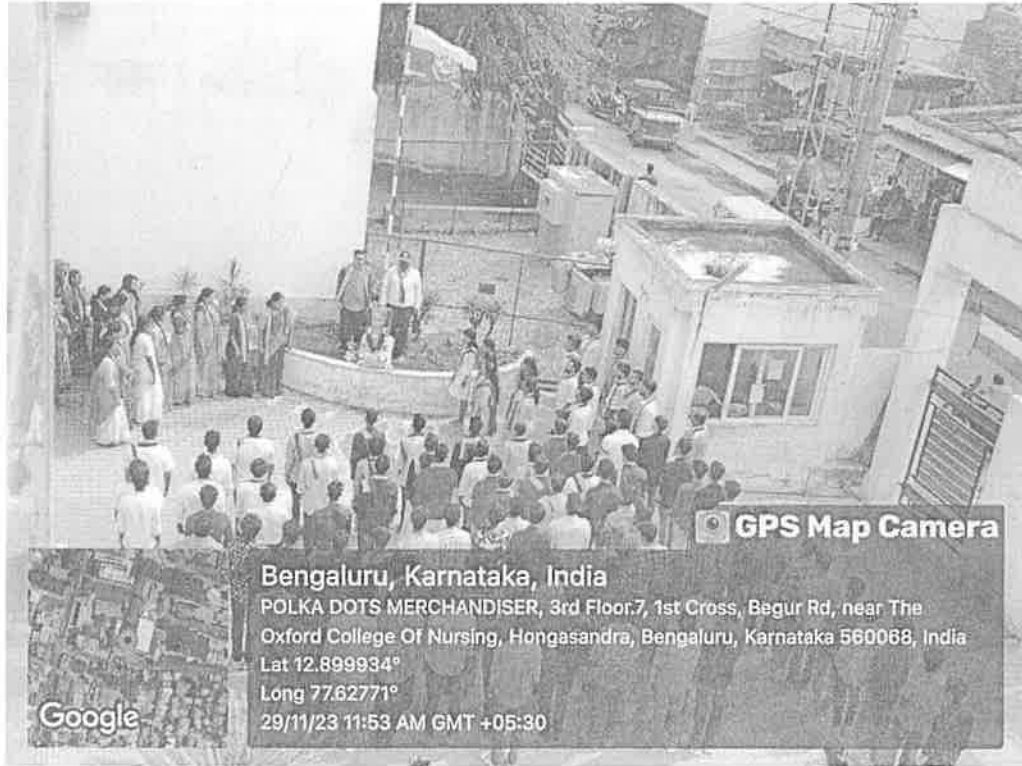


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Karnataka Rajyotsava Celebration at the College



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Karnataka Rajyotsava Celebration at the College



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Karnataka Rajyotsava Celebration at the College



NSS volunteers involved in – Karnataka Rajyotsava



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OUTCOME OF THE PROGRAMME

Kannada Rajyotsava is an annual celebration on 1st November to commemorate the formation of the state of Karnataka in India. The day is celebrated with great enthusiasm and pride by the people of Karnataka, with cultural events, sports competitions, food stalls, and awards ceremonies. It promotes social cohesion and inclusiveness, showcasing the state's traditions, culture, and achievements. The Oxford College of Pharmacy celebrated the Rajyotsava festival by hosting the Karnataka flag in the college campus. After flag hosting ceremony, the cultural committee members have visited local community and nearby schools to create awareness, sensitization as well as to remind the community on the importance of Rajyotsava and conveyed Karnataka's tradition, culture, values to the participants. There were around 50 participants.

END OF REPORT



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Date: 17/11/2023

CIRCULAR

All the teaching, non-teaching and students of The Oxford College of Pharmacy are hereby informed that an extension activity on "NATIONAL INTEGRATION DAY -2023" for the academic year 2023-2024 will be conducted on 20/11/2023. We look forward for the active participation for the same.

P. Padma

PRINCIPAL

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DEPARTMENT OF PHARMACOGNOSY

ORGANISED PROGRAM

ON

“NATIONAL INTEGRATION DAY”

CHIEF PATRON

DR. S. N. V. L NARASIMHA RAJU

CHAIRMAN

THE OXFORD EDUCATIONAL INSTITUTIONS

CONVENER

DR. PADMAA M PAARAKH

PRINCIPAL

THE OXFORD COLLEGE OF PHARMACY

ORGANISING SECRETARY

G. SUVARNALAKSHMI

ASSISTANT PROFESSOR

DEPARTMENT OF

PHARMACEUTICAL CHEMISTRY

RESOURCE PERSON

MS. DHANALAKSHMI.C

LECTURER

MENTAL HEALTH NURSING DEPARTMENT

THE OXFORD COLLEGE OF NURSING SCIENCES

DATE: 20TH NOVEMBER 2023

TIME: 11.00 AM



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INTRODUCTION

National Integration Day is celebrated to commemorate the birthday of the country's first-ever female Prime Minister, Indira Gandhi. It is celebrated every year on November 19. The main aim behind celebrating the day is to encourage people about unity, peace, love, and brotherhood among them.

National Integration Day on November 19 is also known as Quami Ekta Divas and is an Indian celebration that commemorates the birthday of the country's first-ever female Prime Minister, Indira Gandhi. Schools, colleges, and universities across India remember her leadership and the ways in which she changed the country. The day's underlying message is one of unity and the importance of integration, regardless of race or religion.

National Integration Day is also known as "Quami Ekta Divas ". The day is celebrated all across India to promote harmony.

Since India is diverse in terms of culture, multiple languages, religions, geographical diversity and ethnicity, it is important for all to respect all the cultures and religions and mix together with each other to keep the unity intact.

Therefore, the day is important to strengthen unity and to develop a better understanding of society.

HISTORY OF NATIONAL INTEGRATION DAY

National Integration Day is a day for promoting peace, unity, and integration between all of the different segments of society living in India. Indira Gandhi's birthday was chosen as a day to celebrate as she is seen as somebody who embodies the good intentions of the holiday.

Gandhi became India's first female Prime Minister in 1966 and stayed in the role for 11 years. She played a major role in strengthening democratic structure and tradition in the country. She won the war with Pakistan in 1971 and signed a subsequent peace treaty.

After losing her battle for re-election in 1977 she was ousted from her role as Prime Minister, only to be voted back in again in 1980. Gandhi was assassinated in 1984 by two of her own bodyguards at her home in New Delhi.



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National Integration Day was created in her honour as a way to encourage all Indians to integrate, regardless of race or religion.

Significance of National Integration Day

National integration means coming together of people and having **universal acceptance, brotherhood, harmony and unity** amongst various factors like historical and political background, social and economic differences, linguistic variations and cultural ethnicities.

The day is used to **dissuade the youth of our country to engage with anti-social elements** and other anti-national activities which may threaten the unity of the nation.

The day is celebrated to pay **tribute to Indira Gandhi**, who while serving as the first woman Prime Minister, made several reforms in the country.

On this day every year, many **events and programmes** are held in schools and universities, across the country like Inter State Youth Exchange Programme (ISYEP), National Integration Camp (NIC), National Youth Festival and National Youth Award.

THE PROGRAM DELIVERED AS FOLLOWS:

On the occasion of National Integration Day on 20th November 2023, an awareness program was conducted by Department of Pharmaceutical chemistry.

The program was started with a welcome note and Guest speaker's introduction by Mrs. G. Suvarna Lakshmi, Program organizer followed by the inaugural address from Dr Padmaa M Paarakh, Principal, The Oxford College of pharmacy.

The first guest lecture was by **Ms. Dhanalakshmi. C**, Lecturer, Mental Health Nursing Department, The oxford college of nursing sciences. She focused on the points like feeling of oneness, brotherhood and social unity under communities and society in a country. National Integration helps to keep the country unified and strong from within despite the diversities.



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She also mentioned that This day is a reminder of the strength that comes from diversity and the importance of unity in a nation as diverse as India.

OBJECTIVES OF THE ACTIVITY

- The objective of celebrating Encouraging citizens to embrace the diversity of India and promoting a sense of unity among people belonging to different regions, cultures, languages, and religions.
- Educating people about the importance of national integration and the role it plays in maintaining harmony and stability in the country.
- National Integration Day is a day dedicated to promoting unity, diversity, and solidarity among the citizens of a nation.

CONCLUSION, FEEDBACK AND VOTE OF THANKS

The objective of the organising the National Integration Day was achieved and Feedback was taken from the participants which helps to improve the quality of the activities conducted in future.

Mrs. G. Suvarnalakshmi ended the program by a vote of thanks. She thanked the Principal, Dr. Padmaa M Paarakh, Ms. Dhanalkshmi.C Guest Speaker and the entire fraternity of The Oxford College of Pharmacy for the perfect support given to organise the activity.



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CHILDREN'S EDUCATION SOCIETY
THE OXFORD COLLEGE OF PHARMACY
NO. 6/9, 1st CROSS, BEGUR ROAD, HONGASANDRA, BENGALURU - 560068

NATIONAL INTEGRATION DAY

20th NOVEMBER 2023
11 AM

<u>Chief Patron</u> Dr. S N V L Narasimha Raju Chairman The Oxford Educational Institutions	<u>Convener</u> Dr. M Prudhan Parakh Principal The Oxford College of Pharmacy	<u>Guest speaker</u> Ms. Dhanalakshmi C Lecturer Mental health nursing department The Oxford college of nursing sciences	<u>Organizing Secretary</u> Mrs. G. Susarna Lakshmi Asst Professor The Oxford College of Pharmacy
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Speaker Ms. Dhanalakshmi addressing the gathering



Participants with the speaker



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OUTCOME OF THE ACTIVITY:

- The objective of celebrating Encouraging citizens to embrace the diversity of India and promoting a sense of unity among people belonging to different regions, cultures, languages, and religions.
- It aims to foster a sense of unity among citizens, transcending differences and promoting the idea that India is one nation with one people and one destiny.
- The intention is to establish a peaceful community where people have a sense of national identity and shared values.

The program was attended by around 100 participants which includes students and faculty of The Oxford College of Pharmacy.

END OF REPORT



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DATE: 06/10/2022

CIRCULAR

All the teaching and students of The Oxford College of Pharmacy are hereby informed that programme on “**WORLD MENTAL HEALTH DAY**” will be conducted on 10/10/2022. We look forward for the active participation for the same.

P. Padma

PRINCIPAL

PRINCIPAL

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DEPARTMENT OF PHARMACY PRACTICE

ORGANISED

PROGRAMME ON

“WORLD MENTAL HEALTH DAY”

ON

MONDAY 10TH OCTOBER 2022

CHIEF PATRON

SHRI S. N. V. L NARASIMHA RAJU

CHAIRMAN

THE OXFORD GROUP OF INSTITUTIONS

CONVENER

DR. PADMAA M PAARAKH

PRINCIPAL

THE OXFORD COLLEGE OF PHARMACY

ORGANIZING SECRETARY

MS. MERIN SUSAN

ASSISTANT PROFESSOR

DEPARTMENT OF PHARMACY PRACTICE

THE OXFORD COLLEGE OF PHARMACY



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PREAMBLE

The Oxford College of Pharmacy, Bangalore organized World Mental Health Day on 10th October 2022.

World Mental Health Day 2023 "Our mind our rights" is an opportunity for people and communities to unite behind the theme "Mental Health is a Universal human right" to improve knowledge, raise awareness and drive actions that promote and protect everyone's mental health as a universal human

THE AWARENESS PROGRAM DELIVERED AS FOLLOWS:

The program was started with a welcome note by Dr Jenisha. K, Program organizer followed by the inaugural address from Dr Padmaa M Paarakh, Principal, The Oxford College of pharmacy.

Dr.Parthasarathy G , HOD, Department of Pharmacy practice, was invited to talk about the mental health . The day is dedicated to create awareness about the importance of good mental health, and measures to protect and take better care of mental well-being. The overall objective of World Mental Health Day is to raise awareness of mental health issues around the world and to mobilize efforts in support of mental health.

The event was started by the Department Of Pharmacy Practice in Room No.505 of The Oxford College of Pharmacy, Bangalore in between 03:30 to 4:00 PM headed by Dr. Padmaa M Paarakh, Principal, The Oxford College of Pharmacy. A Presentation was taken by Dr Jenisha k explaining the importance of the day and the history of creating awareness about world mental health day. Around 40 students were participated in this session.

The organizer Dr Jenisha K concluded the program with vote of thanks. She thanked Chairman Shri S. N. V. L Narasimha Raju, The Oxford Group of Institutions, Dr. Padmaa M Paarakh, Principal, The Oxford College of Pharmacy for organizing such an event, Dr. Parthasarathy G HOD, Department of Pharmacy practice and to all the other faculties



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and students who participated in the event and helped in its successful completion of the event.

The objectives of world mental health day to the students which was framed by World Health Organization. The objectives are stated as

- To create awareness among people about different mental health conditions and their management.
- To reduce the stigma, myths, and misconceptions that are associated with mental health.
- To encourage people about seeking help for their mental health issues, instead of feeling anxious and nervous.
- To educate people about different ways to protect the mental health. People must know that mental health is as important as the overall physical health. Mental health issues should not be neglected due to any reason.
- To promote inclusion and protect the rights of people with mental illness.
- To encourage people with mental health problems to seek help from mental health professionals, family, friends, or anyone without any fear or shame.
- To encourage mental health advocates, policy makers, and stakeholders to allocate resources to improve mental health services and support networks.
- To address mental health issues on a global level through international collaborations.
- To foster a culture where mental health is taken as serious as any other physical health condition.



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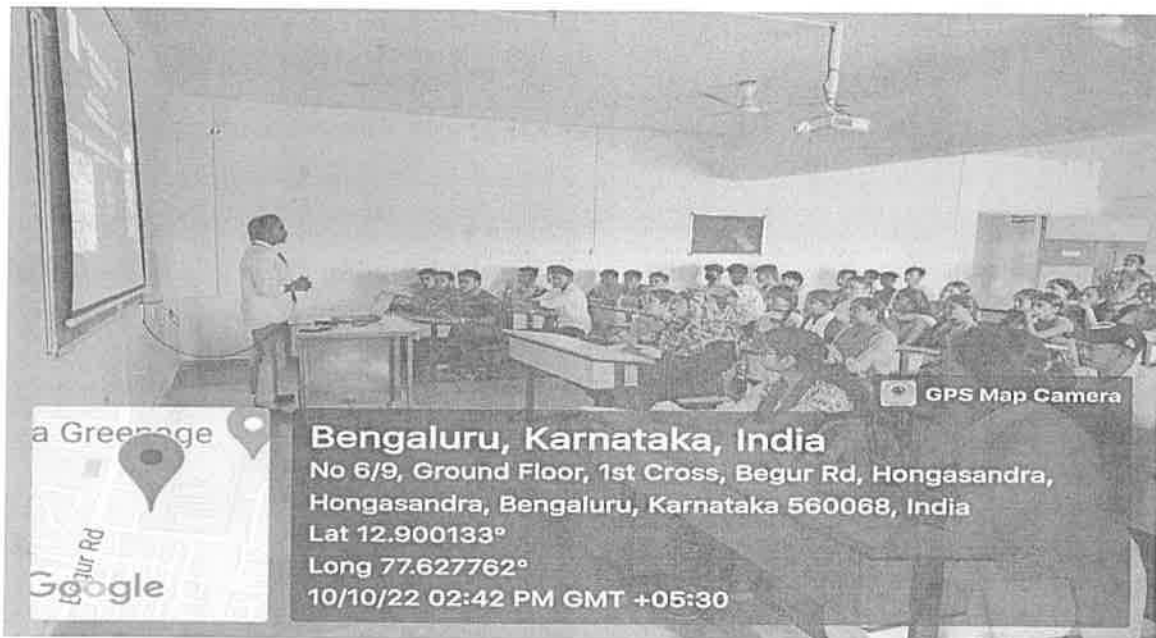
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WORLD
MENTAL HEALTH
DAY | OCTOBER 10



Student sharing her opinion on mental health day with the audience



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Dr. Parthasarathy addressing the participants

OUTCOME

On the event of World Mental Health Day, the institution has organized a sensitization program on mental health well-being, increasing awareness, reducing stigma, and enhancing access to mental health resources. Participants have gained from improved support systems, educational initiatives, and a cultural shift towards openness and acceptance regarding mental health issues. The efforts have paved a way for the participants to understand the need of having healthier, more resilient workforce, potential long-term benefits, including more robust social cohesion. There were around 40 students participated.

END OF REPORT



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DATE:02/05/23

CIRCULAR

This is to inform all the students and teaching staff of The Oxford College of Pharmacy that, a program titled "Awareness programme on antibiotics usage" will be conducted on 08/05/23. We request for the active participation for the same.

P. Padma

PRINCIPAL

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DEPARTMENT OF PHARMACOLOGY

ORGANISED

"AWARENESS PROGRAMME ON ANTIBIOTICS USAGE"

ON

MONDAY 8TH MAY 2023

CHIEF PATRON

SHRI S. N. V. L NARASIMHA RAJU

CHAIRMAN

THE OXFORD EDUCATIONAL INSTITUTIONS

CONVENER

DR. PADMAA M PAARAKH

PRINCIPAL

THE OXFORD COLLEGE OF PHARMACY

ORGANISING SECRETARY

MRS. NAGALAXMI

ASSISTANT PROFESSOR

DEPARTMENT OF PHARMACOLOGY



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PREAMBLE

Antibiotics are essential medicines that fight infections caused by bacteria in humans and animals by either killing the bacteria or making it difficult for them to grow and multiply. However, their misuse and unnecessary prescription can lead to side effects and contribute to antibiotic resistance, which is a significant threat to public health.

CONTENT

An awareness program was held on 8/05/2023 at The Oxford College of Pharmacy, organised by Ms. Nagalakshmi, dept of pharmacology and speech delivered by Dr. Noopur Srivastava, HOD Pharmacology, discussed in depth about awareness on antibiotic usage and explained thoroughly regarding antibiotic resistance and its effects. There were 50 Participants.

Antibiotics are potent drugs that cure certain illnesses and, when taken correctly, may save lives. They either prevent germs from multiplying or kill them. Bacteria are normally killed by the immune system before they grow and produce symptoms. White blood cells (WBCs) destroy dangerous germs; even if symptoms appear, the immune system is normally able to manage and fight off the illness. However, there are occasions when the quantity of hazardous germs is enormous, and the immune system is unable to eliminate them all. Antibiotics can in handy in this situation.

Penicillin was the first antibiotic. Penicillin-based medicines, such as ampicillin, amoxicillin, and penicillin G, are still accessible and have been used for many years to treat a range of illnesses.

As well as they discussed about the side effects of antibiotic usage. The amount of antibiotics to which our planet's microbes have been exposed over the previous half-century might be in the millions of metric tons. Antibiotic overuse has resulted in selection pressure and the evolution of multidrug resistant superbugs. In India, the situation is considerably worse because antibiotics may be acquired over the counter and, more recently, through internet shopping without a legitimate doctor's prescription.

You may need to take antibiotics for some bacterial infections. For example, you might not need them for many sinus infections. Taking antibiotics when they're not needed won't help you, and they can have side effects.



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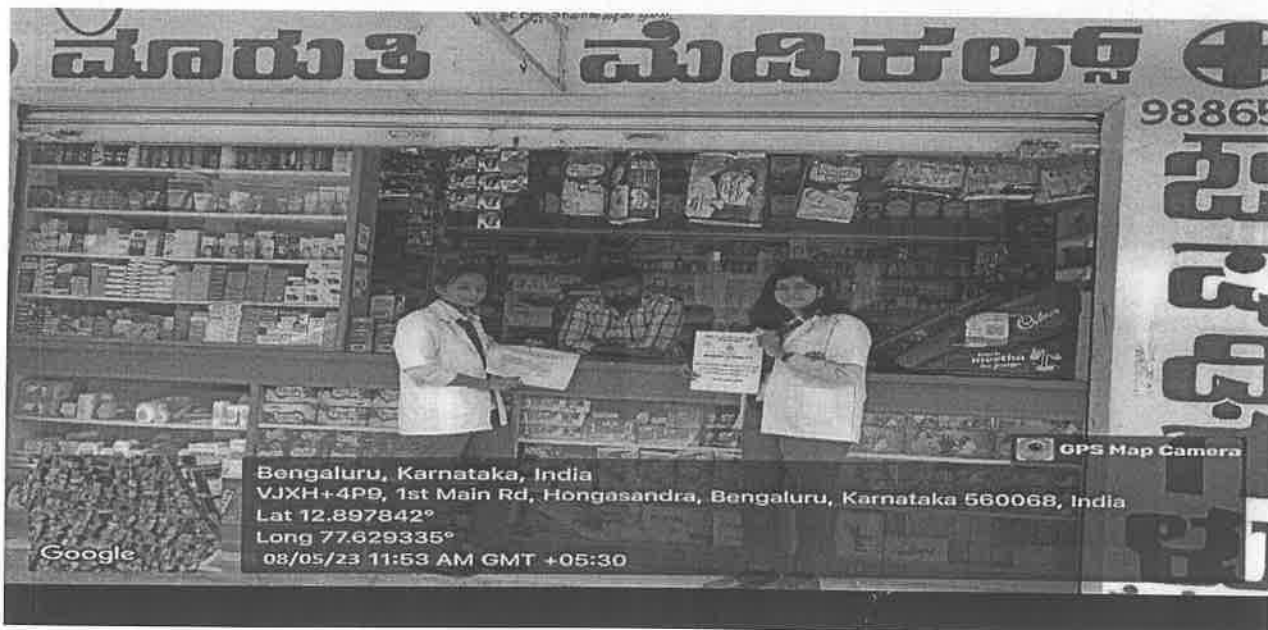
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Strategies to limit the development of resistance are urgently needed, and one of them is educating the general public about prudent antibiotic use. People who are aware of antibiotic resistance concerns will put less pressure on doctors to use medicines. After the program students went out to create awareness in the society.



Speaker giving awareness to students about antibiotics



Students giving awareness about antibiotics to the medical shop keeper



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Students giving awareness about antibiotics to the medical shop keeper



NSS volunteers involved in antibiotic awareness program



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OUTCOME

The outcome of this program is the student's got knowledge about, the antibiotic usage includes treating infections, preventing the spread of diseases, and reducing the burden of out-of-pocket expenses. Also overuse or misuse of antibiotics can lead to antibiotic-resistance and side effects. Therefore, it is crucial to use antibiotics rationally to maximize their benefits and prevent risks. From this program the students were educated about the importance of antibiotics in treating infectious diseases provided they use it properly under the observation of doctor with prescription. If the same medicine misused, the patients may get resistance to the antibiotic and may lead to further complications to the patients. Thereafter, college has taken initiative to send students and faculty in the local community to spread awareness of the same. The students visited voluntarily to some of the pharmacies to educate and sensitize pharmacist and people working in the pharmacy shop, not to dispense antibiotics without prescription and half dosage regimen. From this discussion the pharmacists expressed their happiness for students concern towards people and society. The community pharmacists assured students that they don't dispense antibiotics without proper prescription and incomplete regimen. Additionally, the students learned the scientific management of inventories, documentation practices to be adopted in line with rational use of antibiotics as per Drugs Control Department. There were around 50 participants in this program.

END OF THE REPORT



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Date: 30/11/2023

CIRCULAR

All the teaching, non-teaching and students of The Oxford College of Pharmacy are hereby informed that a session on "OBSERVANCE OF WORLD AIDS DAY" will be conducted on 01/12/2023. We look forward for the active participation for the same.

P. Padma
PRINCIPAL

PRINCIPAL
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No 6/9, 1st Cross, Begur Road, Hongasandra
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NSS COMMITTEE, THE OXFORD COLLEGE OF PHARMACY, BANGALORE

ORGANISED PROGRAMME

ON

“OBSERVANCE OF WORLD AIDS DAY”

ON

FRIDAY 1ST DECEMBER 23

CHIEF PATRON

SHRI S. N. V. L NARASIMHA RAJU

CHAIRMAN

THE OXFORD GROUP OF INSTITUTIONS

PATRON

DR. PADMAA M PAARAKH

PRINCIPAL

THE OXFORD COLLEGE OF PHARMACY

ORGANISING SECRETARY

MRS. NAGALAKSHMI

ASSISTANT PROFESSOR

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PREAMBLE

The Oxford College of Pharmacy, NSS Committee, Bangalore conducted the session on "OBSERVANCE OF WORLD AIDS DAY" for the students and teaching faculties. As offline session became a part of the process, the event was organized in 5th floor 501.

The content delivered in the session is as follows:

The event started with a awareness session by Dr. Muthu Kumar and the pledge regarding the same was taken, later the event was followed by poster presentation. The theme for the year was "LET COMMUNITIES LEAD". The entire program was coordinated by Assistant professor Mrs. R. Nagalakshmi gave a warm welcome to Principal Dr. Padmaa M Paarakh, staff and students. The session was very informative which gave them a comprehensive understanding on the what, why and how to fight against AIDS. There were around 60 participants.



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CHILDREN'S EDUCATION SOCIETY (REGD.)



THE OXFORD COLLEGE OF PHARMACY

1st Main Rd, Hongasandra, Bengaluru, Karnataka 560068



CORDIALLY INVITE YOU ON OBSERVANCE OF

"WORLD AIDS DAY"

Theme

"LET COMMUNITIES LEAD"

Organized by

NSS Committee, Bangalore

on

01st December 2023, at 02:20 PM.



CHIEF PATRON

Dr. S.N.V.L. NARASIMHA RAJU
Chairman
The Oxford Educational Institutions

CONVENER

Dr. PADMAA M PAARAKH
Principal,
The Oxford College of Pharmacy

NSS CO-ORDINATOR

Mrs. NAGALAKSHMI R
Assistant Professor
The Oxford College of Pharmacy



CHILDREN'S EDUCATION SOCIETY (REGD.)

THE OXFORD COLLEGE OF PHARMACY

1st Main Rd, Hongasandra, Bengaluru, Karnataka 560068



PLEDGE

("I pledge to stop HIV stigma by learning more about HIV and sharing that knowledge with others. If we all do our part, we can stop HIV together")



CHIEF PATRON

Dr. S.N.V.L. NARASIMHA RAJU
Chairman
The Oxford Educational Institutions

CONVENER

Dr. PADMAA M PAARAKH
Principal,
The Oxford College of Pharmacy

NSS CO-ORDINATOR

Mrs. NAGALAKSHMI R
Assistant Professor
The Oxford College of Pharmacy



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NSS volunteers involved in – World Aids Day



World Aids Day program at the college



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Different posters presented on World Aids Day program



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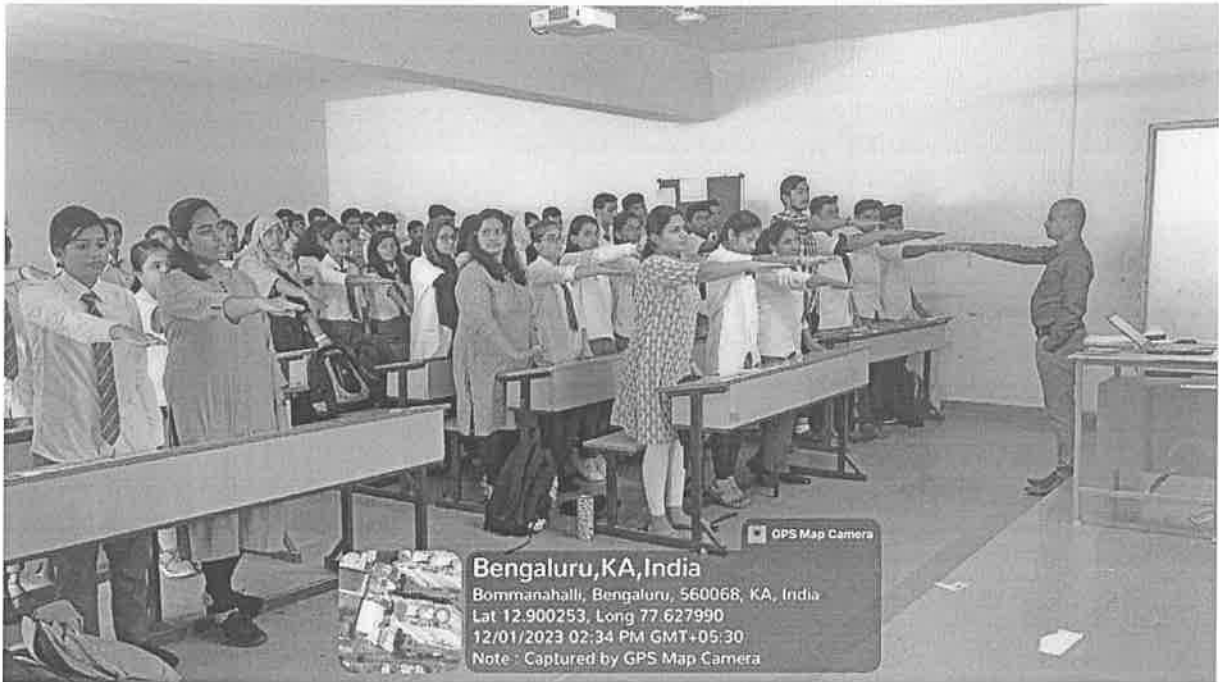
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Students taking the pledge along with faculty



Students prepared posters on the day of program



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Students creating awareness in society – Take control and stop HIV



Student Volunteers involved in World Aids day Programme



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OUTCOME

The program was observed to create awareness on AIDS and the session successfully delivered the message through poster presentation. The session emphasized on promoting awareness, misconceptions in public regarding AIDS. The participants understood the importance, measures to avoid unwanted stigma relating to HIV/AIDS. At the same time student and faculty went around in the different communities creating awareness about the AIDS and stigma associated with it, its fatal consequences on health and family as well as how people can safeguard their health. There were around 60 participants.

END OF REPORT



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Extension and Outreach Programs conducted by the Institution for Academic Year 2021-22

S.NO	NAME OF THE ACTIVITY	ORGANISING UNIT	YEAR
1	Covid Vaccine Drive	NSS UNIT, TOCP	2021-22
2	Empowering woman, Building Gender Parity	NSS UNIT, TOCP	2021-22
3	World Mental health Day	NSS UNIT, TOCP	2021-22
4	Sahaja Yoga Day	NSS UNIT, TOCP	2021-22
5	Irrational usage of Antibiotics and Steroids in COVID-19 Pandemic Period	NSS UNIT, TOCP	2021-22
6	World no Tobacco Day	NSS UNIT, TOCP	2021-22
7	Energy Conservation	NSS UNIT, TOCP	2021-22
8	World Environmental Day	NSS UNIT, TOCP	2021-22
9	Non-Communicable Diseases	NSS UNIT, TOCP	2021-22
10	World Aids Day	NSS UNIT, TOCP	2021-22

P. Padma

PRINCIPAL

The Oxford College Of Pharmacy
No.6/9, 1st Cross, Begur Road, Hongasandra
Bengaluru - 560 068



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DATE:25/06/21

CIRCULAR

This is to inform all the students, teaching and non-teaching staff of The Oxford College of Pharmacy that, a program titled “COVID VACCINE DRIVE” will be conducted on 30/06/21. We request for the active participate of the same.

P. Padure
PRINCIPAL

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The Oxford College of Pharmacy
No 6/9, 1st Cross, Begur Road, Hongasandra
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NSS COMMITTEE, THE OXFORD COLLEGE OF PHARMACY, BANGALORE

ORGANISED

“COVID VACCINE DRIVE”

CHIEF PATRON

SHRI S. N. V. L NARASIMHA RAJU
CHAIRMAN
THE OXFORD GROUP OF INSTITUTIONS

CONVENER

Dr. PADMAA M PAARAKH
PRINCIPAL
THE OXFORD COLLEGE OF PHARMACY

ORGANISING COMMITTEE

NSS COMMITTEE
THE OXFORD COLLEGE OF PHARMACY

DATE: 30 JUNE 2021
TIME: 11:00 AM - 02:00 PM



Children's Education Society (Regd.)

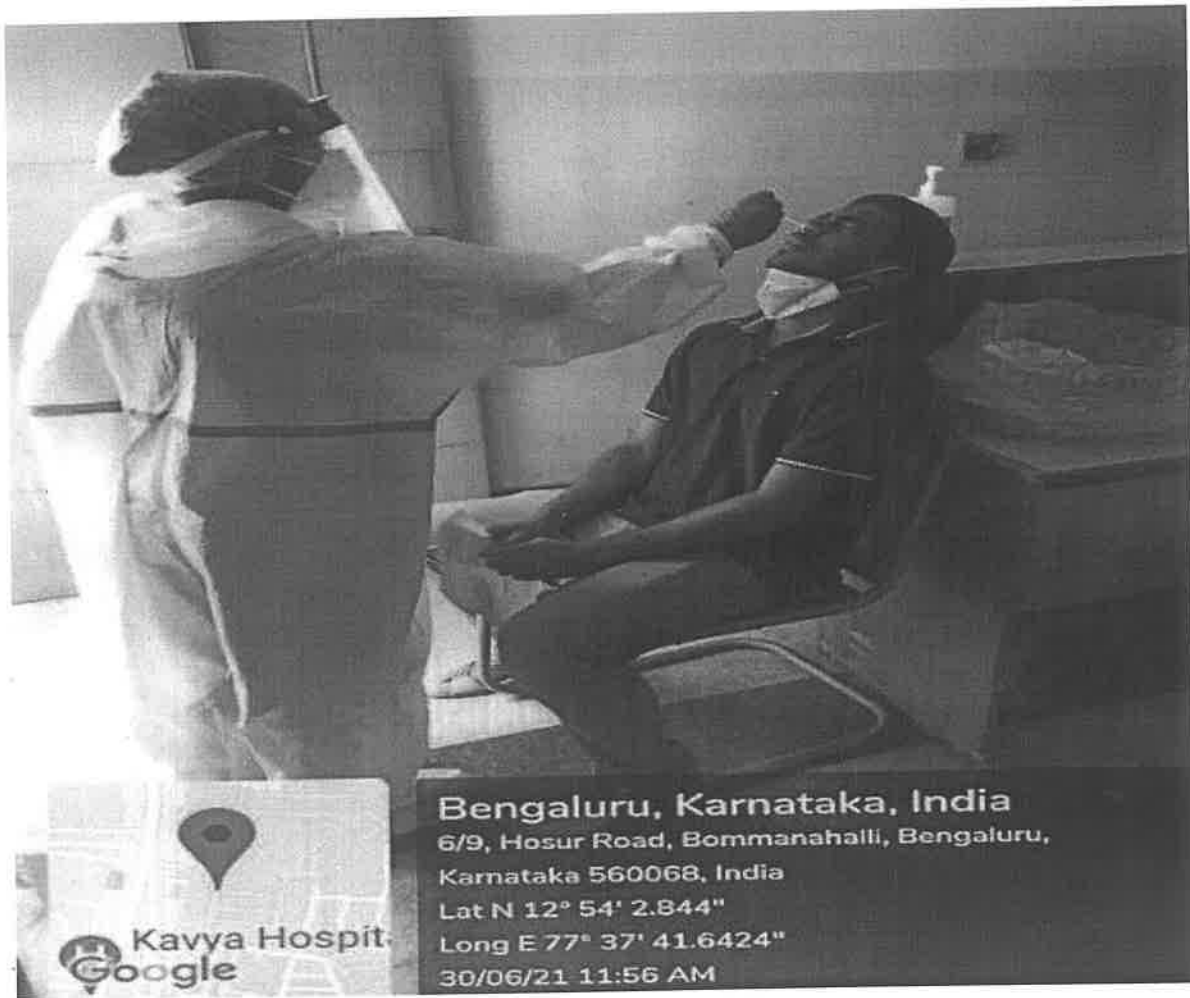
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PREAMBLE

The Oxford College of Pharmacy, NSS Committee, Bangalore organized Covid vaccine drive in college campus for the students, teaching and non-teaching faculties and nearby community. COVID Vaccination Drive kick started at The Oxford College of Pharmacy on Wednesday. The students, teaching and non-teaching faculties received the first dose of Covishield, and the RT-PCR test was performed simultaneously. There were 45 participants including the local community.



Bengaluru, Karnataka, India
6/9, Hosur Road, Bommanahalli, Bengaluru,
Karnataka 560068, India
Lat N 12° 54' 2.844"
Long E 77° 37' 41.6424"
30/06/21 11:56 AM

RTPCR Test done for students



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The Oxford College of Pharmacy

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Community people getting vaccinated in the campus



Student volunteer helping in vaccination with Hospital staff



Students and community people getting vaccinated



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The Oxford College of Pharmacy

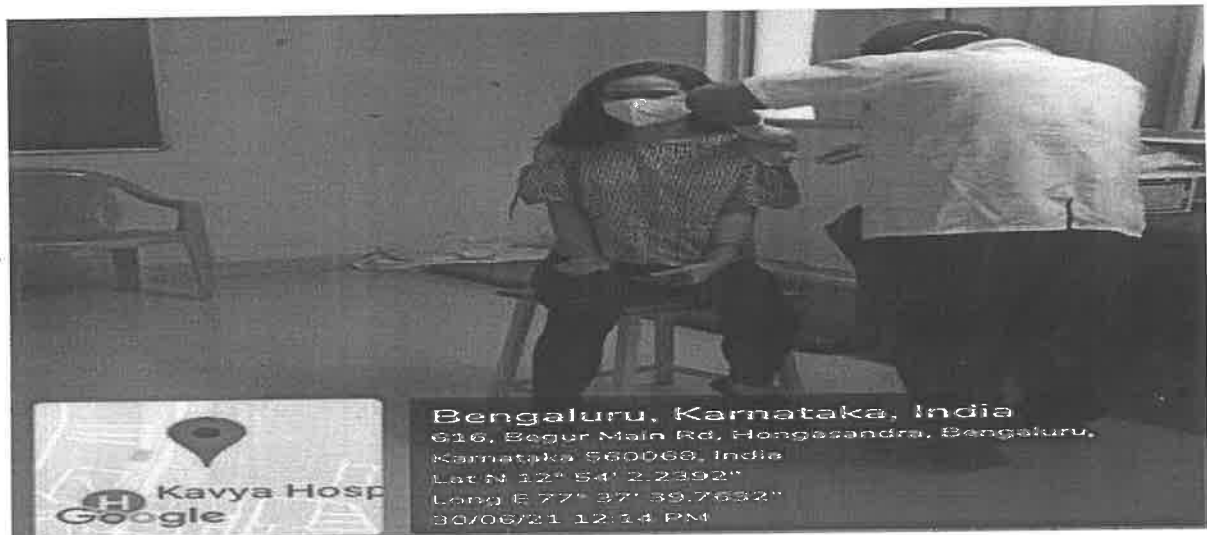
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Community people getting covid vaccinated



Student getting vaccinated

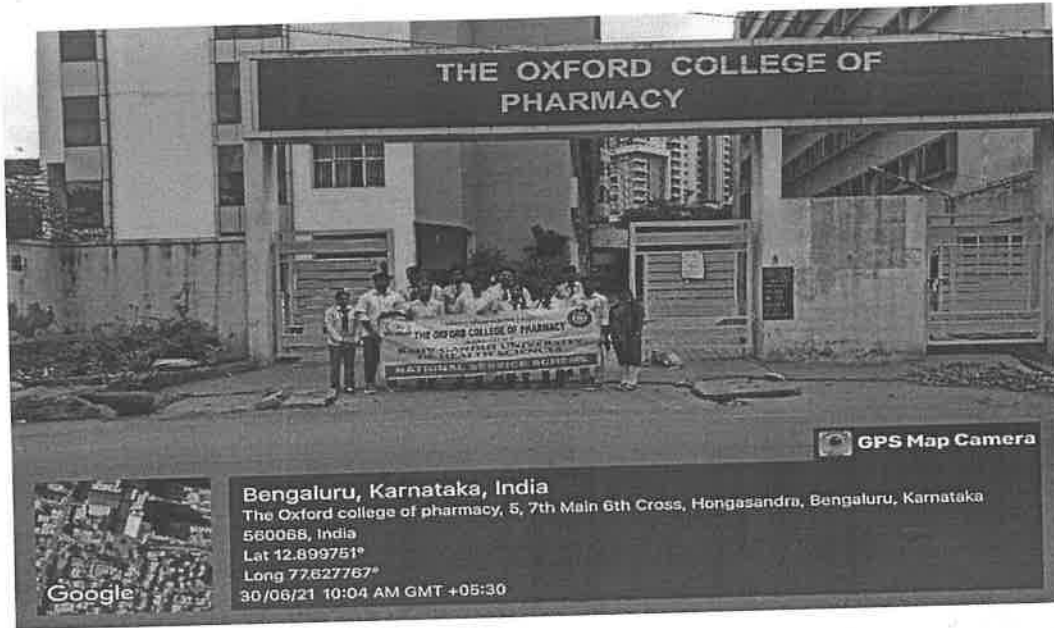


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Student Volunteers involved in – Covid Vaccine Drive

OUTCOME

The Oxford College of Pharmacy organized vaccination drive along with local government hospital in line with the ongoing COVID-19 pandemic so as to create awareness among the community regarding accessibility as well as importance of taking prescribed dose of vaccination. Along with vaccination RTPCR test also taken was very much benefited for students and society. There were 45 participants participated in this awareness program which includes teaching, non-teaching staffs. Local community people were appreciated the initiative taken by the organization.

END OF REPORT



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DATE:20/09/21

CIRCULAR

This is to inform all the students and teaching staff of The Oxford College of Pharmacy that, a program titled “EMPOWERING WOMEN, BUILDING GENDER PARITY” will be organized on 22/09/21. We request for the active participation for the same.

P. Padma

PRINCIPAL

PRINCIPAL

The Oxford College Of Pharmacy
No.6/9, 1st Cross, Begur Road, Hongasandra
Bangalore - 560 068



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NSS COMMITTEE, THE OXFORD COLLEGE OF PHARMACY, BANGALORE

**ORGANISED PROGRAMM
ON**

“EMPOWERING WOMEN, BUILDING GENDER PARITY”

CHIEF PATRON

SHRI S. N. V. L NARASIMHA RAJU

CHAIRMAN

THE OXFORD GROUP OF INSTITUTIONS

CONVENER

Dr. PADMAA M PAARAKH

PRINCIPAL

THE OXFORD COLLEGE OF PHARMACY

ORGANISING SECRETARY

MS. NAGALAKSHMI

ASSISTANT PROFESSOR

THE OXFORD COLLEGE OF PHARMACY

DATE: 22 SEPTEMBER 2021

TIME: 12:30 PM



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Estd. 1974

PREAMBLE

The Oxford College of Pharmacy, NSS Committee, Bangalore joined the webinar on "EMPOWERING WOMEN, BUILDING GENDER PARITY".

As part of National webinar series on Good Governance, Ministry of Education and UGC are organizing a webinar on "Empowering Women, Building Gender Parity". Students and Faculty of The Oxford College of Pharmacy joined the webinar on 22.09.2021 at 12:30 PM in collaboration with Central University of Gujarat, Gandhinagar. There were 60 participants participated in this webinar.

A special virtual webinar session begins with an inaugural session in the presence of Smt. Anupriya Patel, Hon'ble Union Minister of State for Commerce and Industry, followed by technical session on the given theme.

After the webinar our students and faculties went to nearby community to create the awareness.



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शिक्षा मंत्रालय, भारत सरकार



Azadi Ka
Amrit Mahotsav



विश्वविद्यालय अनुदान आयोग

गुड गवर्नेंस पर वेबिनार श्रृंखला Empowering Women, Building Gender Parity

मुख्य अतिथि

श्रीमती अनुप्रिया पटेल

वाणिज्य और उद्योग राज्य मंत्री

दिनांक : 22 सितंबर, 2021

सहयोग : केंद्रीय विश्वविद्यालय, गुजरात, गांधीनगर

12:30 PM To 2:30 PM



Live at
MoE Youtube Channel: <https://www.youtube.com/user/moeindia>
UGC Youtube Channel: <https://www.youtube.com/channel/UCGbbWYTJSUrhShJ0Z1-05g>
UGC Twitter Handle : https://twitter.com/ugc_india



CHILDREN'S EDUCATIONAL SOCIETY (REGD.)
THE OXFORD COLLEGE OF PHARMACY
69, 1ST CROSS, BEGUR ROAD, HONGASANDRA, BANGALORE - 560068

As part of National webinar series on Good Governance, Ministry of Education and UGC are organizing a webinar on

"Empowering Women, Building Gender Parity"
in collaboration with Central University of Gujarat, Gandhinagar.

Organized by NSS committee, The Oxford College of Pharmacy, IQAC
on 22.09.2021 at 12:30 PM

PATRON

SIBIN S V L NARASIMHARAO
CHAIRMAN
THE OXFORD GROUP OF INSTITUTIONS

CONVENER

DR. PADMA AMBARAO
PRINCIPAL
THE OXFORD COLLEGE OF PHARMACY

NSS COMMITTEE

MS. NAGALAKSHMI
ASSISTANT PROFESSOR
THE OXFORD COLLEGE OF PHARMACY



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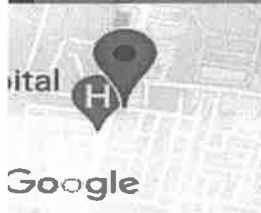
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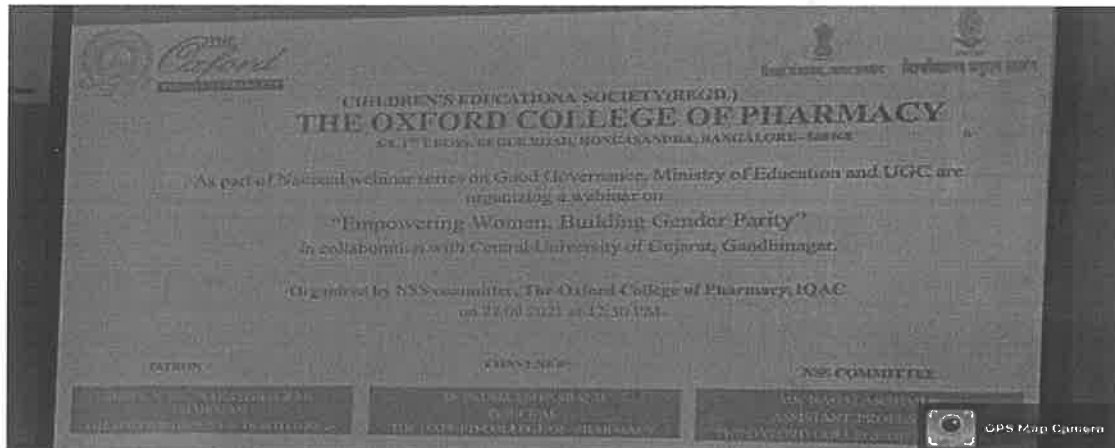
Bengaluru, Karnataka, India

4, Begur Main Rd, Hongasandra, Bengaluru, Karnataka
560068, India

Lat 12.899194°

Long 77.626888°

22/09/21 12:33 PM



Bengaluru, Karnataka, India

3main, Begur Main Rd, Vivekananda Nagar,
Hongasandra, Bengaluru, Karnataka 560068, India

Lat 12.899187°

Long 77.62678°

22/09/21 12:29 PM



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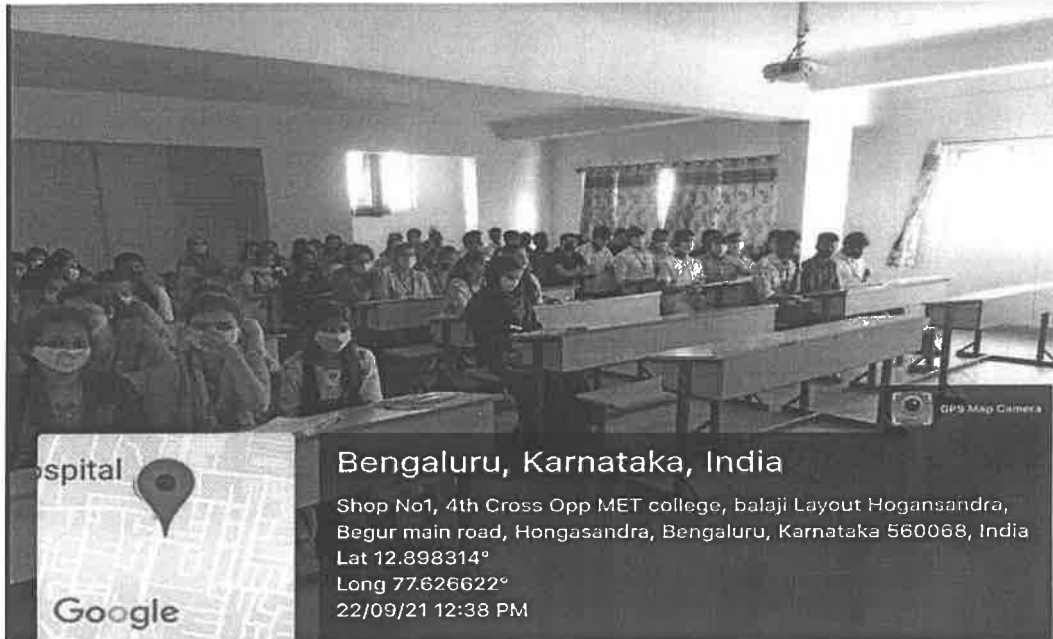
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Students attending the online webinar



Different Govt officials attending the online webinar



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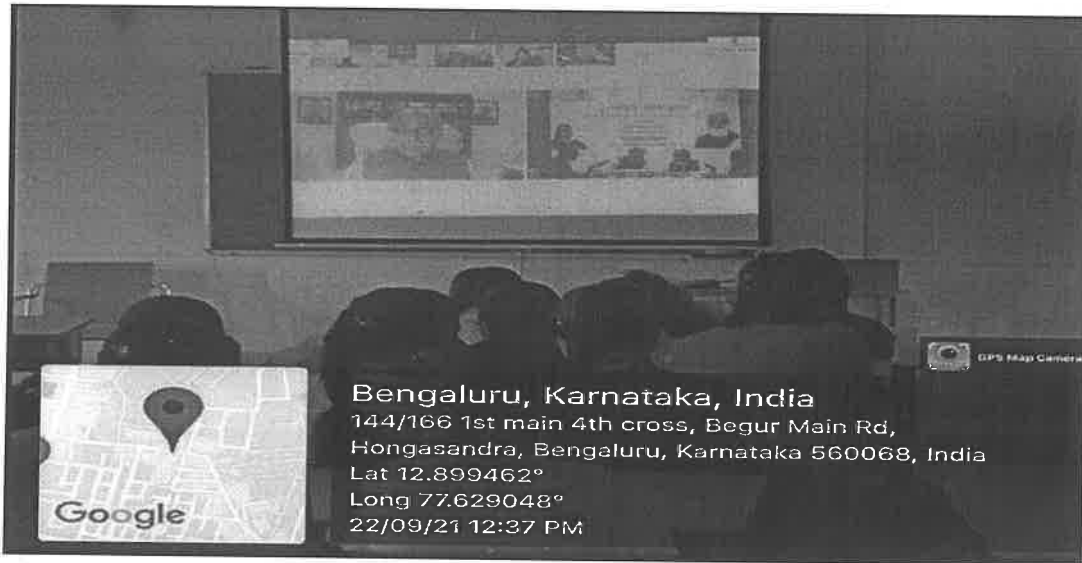
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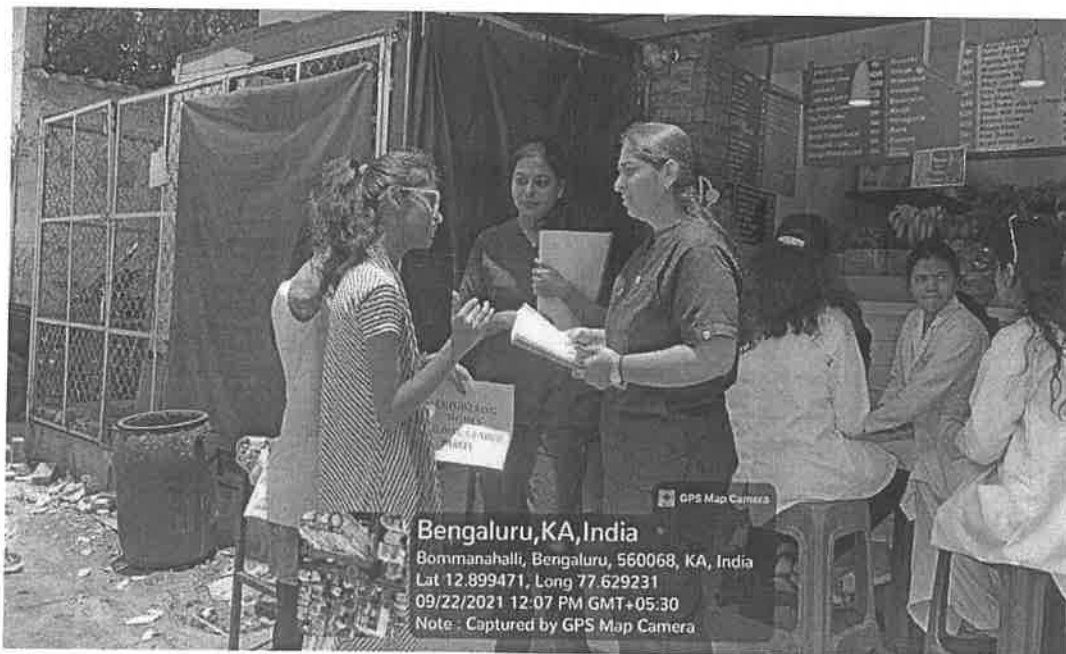
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(Students keenly listening the webinar)



Students creating awareness in the community- in Empowering Women,
Building gender Parity



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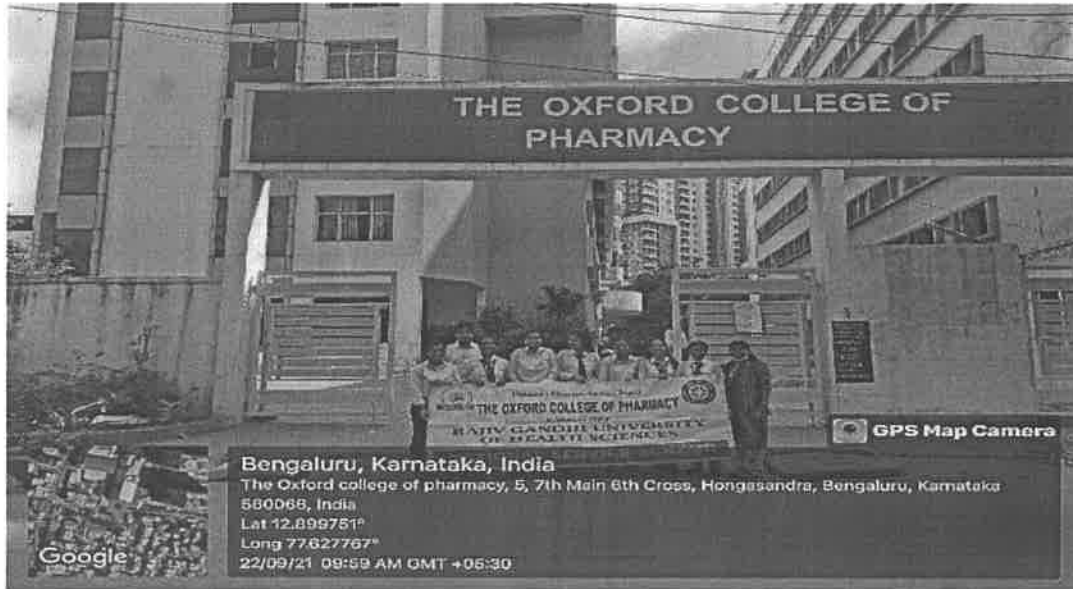
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Students interacting with community



NSS volunteers involved in Empowering Women, Building gender Parity Programme



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OUTCOME

On 22nd September 2021, a webinar titled as “Empowering Women, Building Gender Parity” was conducted to emphasize the importance of women in the society. The webinar was very encouraging and spirit filled. The program boosted the participants to stand against every injustice that a woman goes through in the Society. There should not be any discrimination made on gender parity for both men and women in every dimension of life, whether it is private or public. Dos and Don'ts while interacting with women also were conveyed to the participants. Various measure to promote gender parity includes like stop child marriage, giving proper value to women's work, getting women into power etc., Further, both staff and students visited nearby local community to create awareness on Beti Bachao, Beti Padhao (BBBP) scheme, a Government of India initiative. There were around 60 participants actively participated in this program.

END OF REPORT



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Date: 07/10/2021

CIRCULAR

All the teaching, non-teaching and students of The Oxford College of Pharmacy are hereby informed that an awareness program on 'WORLD MENTAL HEALTH DAY 2021' will be conducted on 10/10/2021. We look forward for the active participation for the same.

P. Padma

PRINCIPAL

PRINCIPAL

The Oxford College of Pharmacy
No. 6/9, 1st Cross, Begur Road, Hongasandra
Bangalore - 560 068



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NSS COMMITTEE, THE OXFORD COLLEGE OF PHARMACY, BANGALORE
ORGANISED
“WORLD MENTAL HEALTH DAY”

CHIEF PATRON

SHRI S. N. V. L NARASIMHA RAJU
CHAIRMAN
THE OXFORD GROUP OF INSTITUTIONS

CONVENER

Dr. PADMAA M PAARAKH
PRINCIPAL
THE OXFORD COLLEGE OF PHARMACY

ORGANISING COMMITTEE

NSS COMMITTEE
THE OXFORD COLLEGE OF PHARMACY

DATE: 10th OCTOBER 2021

TIME: 11:00 A.M



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PREAMBLE

The Oxford College of Pharmacy, NSS Committee, Bangalore conducted the online elocution competition on "WORLD MENTAL HEALTH DAY" for the students. There were totally 08 participants. The theme for 2021 was "mental health in an unequal world"

A special virtual session on "WORLD MENTAL HEALTH DAY" was organized by NSS Cell, The Oxford College of Pharmacy on 10TH October 2021. Ms. Divya S Kumar and Ms. Nagalakshmi, Assistant professor, conducted a virtual elocution competition for students. The virtual session was conducted through MS Teams. The judges of the event were Dr. Anjali Raj and Ms. Chanda Ranjan.

The program was organized with an intention to raise awareness about mental health issues around the world and to put efforts forward in support of mental health. The theme for the program was 'Social Media: One of the lead causes to mental health dip'. In today's times, the teenagers are involved in excess use of social media, leading to fear of missing out, feeling of inadequacy, dissatisfaction and isolation.

Students of various courses participated in the event explained the theme for which they were given 3 minutes of time, and some questions were asked by the judges and were answered spontaneously by students, event was held for one hour thirty minutes and ended on a thank you note. Overall, 50 participants participated in this virtual session.

At the end, the winners of the event were declared.

The winners of the Event as follows:

1. First Position – Priyadarshini 5th Pharm D
2. Second Position – Likitha 3rd Pharm D
3. Third Position - Arya Krishna 2nd B.pharm



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CHILDREN'S EDUCATIONA SOCIETY(REGD.)

THE OXFORD COLLEGE OF PHARMACY



6/9, 1st Main Road, Hongasandra, Bengaluru, Karnataka 560068

ONLINE ELOCUTION COMPETITION 2021

on the occasion of

"WORLD MENTAL HEALTH DAY"

Theme

"MENTAL HEALTH IN AN UNEQUAL WORLD"

Organized by NSS committee, The Oxford College of Pharmacy, IQAC

On 10th October 2021 at 11:00A.M



PATRON

SHRI S. N. V. L. NARASEMHA RAJU
CHAIRMAN
THE OXFORD GROUP OF INSTITUTIONS

CONVENER

DR. PADMAA M PAARAKH
PRINCIPAL
THE OXFORD COLLEGE OF PHARMACY

ORGANIZING MEMBERS

MRS.DIVYA.S.KUMAR
MS. NAGALAKSHMI
THE OXFORD COLLEGE OF PHARMACY



CHILDREN'S EDUCATIONA SOCIETY(REGD.)

THE OXFORD COLLEGE OF PHARMACY

#6/9, 1st Main Road, Hongasandra, Bengaluru, Karnataka 560068



ONLINE ELOCUTION COMPETITION 2021

"WORLD MENTAL HEALTH DAY"

TOPIC FOR ELOCUTION

BUILDING COURAGE WITHIN
OR

SOCIAL MEDIA: ONE OF THE LEAD CAUSES TO MENTAL HEALTH DIP

HOW TO PARTICIPATE:

- Prepare the video of maximum 5 minutes.
- Video must be in English with good video resolution.
- Video should start with Name, Course and Topic selected for elocution.
- Decision made by judges will be final.
- Participants should send their video before 9th October before 5 P.M to below mail Id:
divya.skumar1984@gmail.com
nagalakshmiraghuramareddy@gmail.com



[Click here to join with us.](#)



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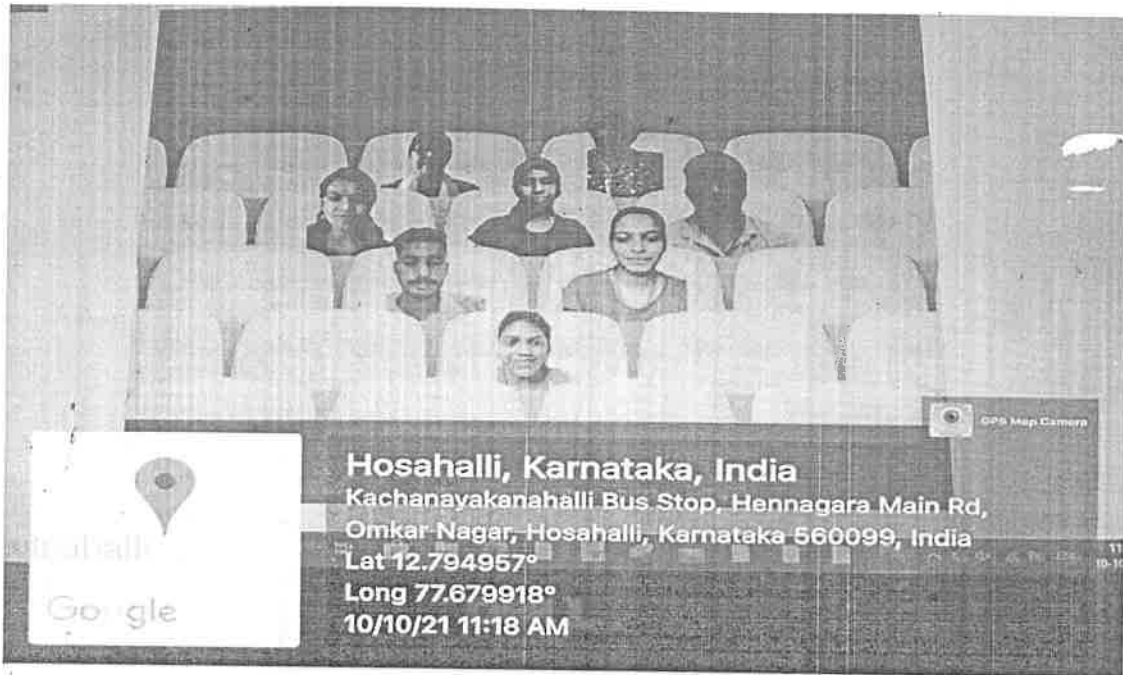
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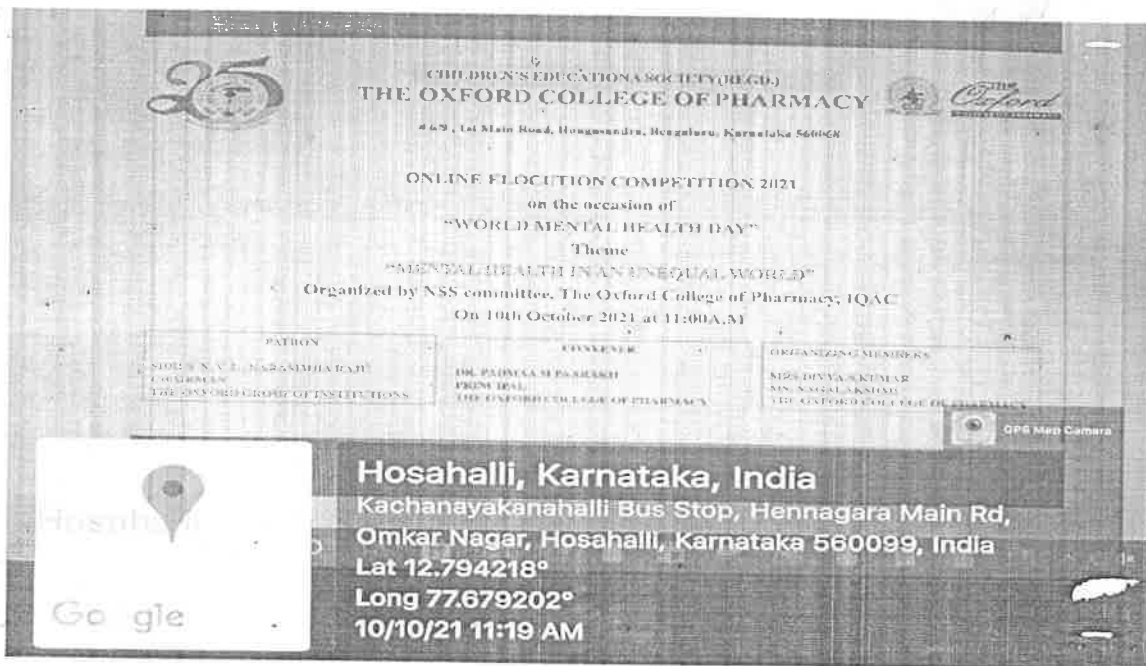
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Students participated in Elocution competition



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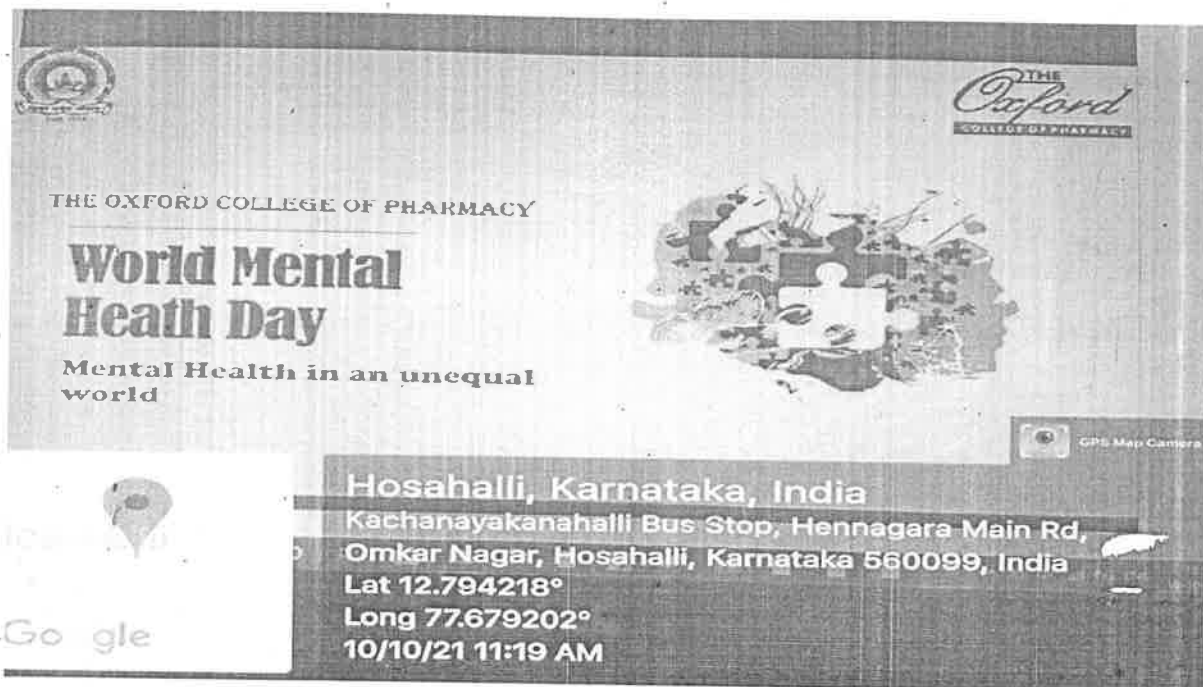
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Mental health in an unequal world- Theme

OUTCOME

On the occasion of World Mental Health Day, the institution has organized a sensitization program on mental health well-being, increasing awareness, reducing stigma, and enhancing access to mental health resources. Excess usage of social media should be kept at bay, so that youths should not get feelings like dissatisfaction, incompleteness and inadequacy. Participants have gained from improved support systems, educational initiatives, and a cultural shift towards openness and acceptance regarding mental health issues. The efforts have paved a way for the participants to understand the need of having healthier, more resilient workforce, potential long-term benefits, including more robust social cohesion. Over all 50 participants benefited through this online session.

END OF THE REPORT



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DATE:20/01/22

CIRCULAR

This is to inform all the students and teaching staff of The Oxford College of Pharmacy that, a program titled "SAHAJA YOGA DAY" will be conducted on 22/01/22. We request for the active participation for the same.

P. Padma
PRINCIPAL

PRINCIPAL

The Oxford College of Pharmacy
No 6/9, 1st Cross, Begur Road, Hongasandra
Bangalore - 560 068



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Accredited by NAAC and International Accreditation Organization (IAO)

NSS COMMITTEE, THE OXFORD COLLEGE OF PHARMACY, BANGALORE ORGANISED PROGRAMME

ON

“SAHAJA YOGA”

CHIEF PATRON

SHRI S. N. V. L NARASIMHA RAJU

CHAIRMAN

THE OXFORD EDUCATIONAL INSTITUTIONS

CONVENER

DR. PADMAA M PAARAKH

PRINCIPAL

THE OXFORD COLLEGE OF PHARMACY

ORGANISING COMMITTEE

NSS COMMITTEE

THE OXFORD COLLEGE OF PHARMACY

RESOURCE PERSON

MR. PRASANTHAN

SAHAJA YOGA TRAINER

ASSOCIATE ARCHITECT

BANGALORE

DATE: 22 JANUARY 2022

TIME: 11.00 AM -1.00 PM



Children's Education Society (Regd.)

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PREAMBLE

The Oxford College of Pharmacy, NSS Committee, Bangalore conducted the session on "SAHAJA YOGA DAY OF 2022" for the students and teaching faculties. The event was organized using Microsoft teams as the platform. There were 201 registrations for this event, which included the faculty, students from The Oxford College of Pharmacy. MR. PRASANTHAN, Sahaja yoga trainer, Associate architect, Bangalore delivered lecture on "Sahaja yoga and meditation technique".

The content delivered in the webinar is as follows:

MR. PRASANTHAN thanked Mataji Nirmala Devi for rediscovering Sahaja yoga as holistic health care for people and this session helped us to focus on awakening the dormant primordial energy (Kundalini energy), whereby a flow of subtle cool cosmic vibrations in the body was achieved which nourished and rejuvenated each and every cell of the body. The event was ended with Q & A session where the participants asked few doubts regarding the Do's and Don'ts.



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75
Azadi Ka
Amrit Mahotsav

CHILDREN'S EDUCATION SOCIETY ®
THE OXFORD COLLEGE OF PHARMACY
1st Main Rd, Hongasandra, Bengaluru, Karnataka 560068



GUEST SPEAKER
MR. PRASANTHAN
SAHAJA YOGA TRAINER
ASSOCIATE ARCHITECT
BANGALORE.

CORDIALLY INVITE YOU ON OBSERVANCE OF
"SAHAJA YOGA "
ON 22ND JANUARY 2022 AT 10:30 AM.



Click [here](#) to register

Please join us at with this [link](#)

[Feedback link](#)

PATRON
SRI S.N.V.L. NARASIMHA RAJU
CHAIRMAN
THE OXFORD EDUCATIONAL INSTITUTIONS

CONVENER
DR. M PADMAA PAARAKH,
PRINCIPAL,
THE OXFORD COLLEGE OF PHARMACY

EXTENSION COMMITTEE MEMBERS
DR. JYOTI SHRIVASTAVA
MS. NAGALAKSHMI R
THE OXFORD COLLEGE OF PHARMACY



Speaker addressing the participants



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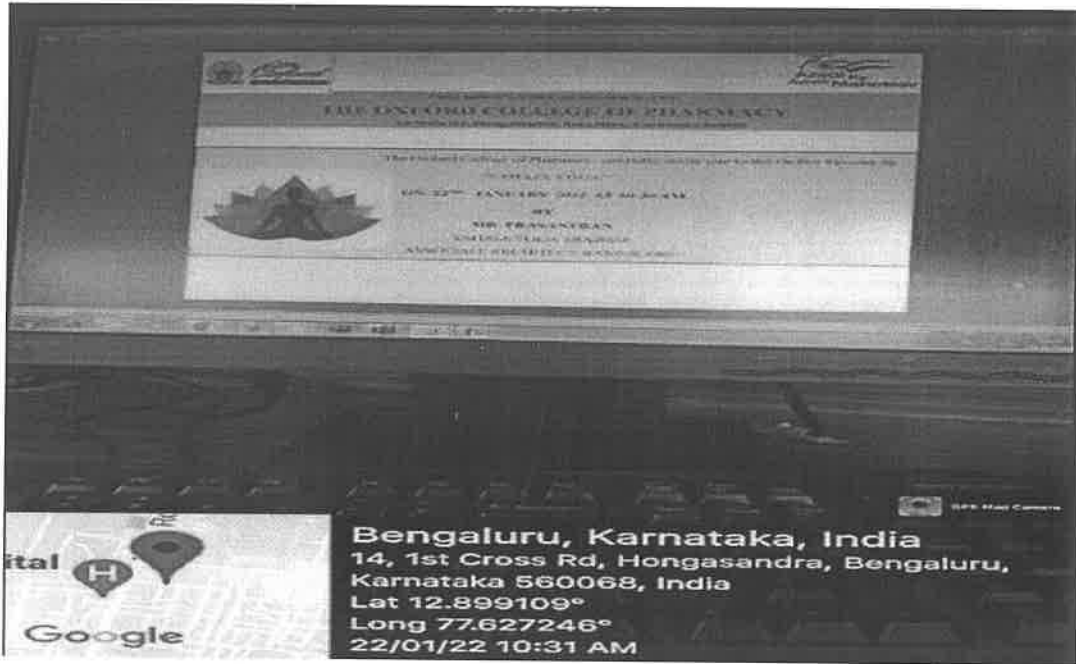
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Speaker delivering different benefits of Yoga



(Mr. Prasanthan interacting with the faculties and students)



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OUTCOME

The online session on Yoga Day was really very impactful. The session focused on how yoga is important for our overall well-being, not only for physical but also mentally too. Mr. Prasanthan stressed how it builds a sense of community and environmental awareness. Choosing yoga as a lifestyle helps us live healthier and more fulfilling lives, making society happier and more peaceful. Both students and faculty, learned how regular yoga can prevent health issues like heart problems and improve mental wellness, sleep, and stress levels. It was such a beneficial session for everyone involved. Over all 201 participants benefited through this program.

END OF REPORT



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The Oxford College of Pharmacy

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Approved by Pharmacy Council of India, New Delhi)

Accredited by NAAC and International Accreditation Organization (IAO)

DATE: 15/03/22

CIRCULAR

This is to inform all the students and teaching staff of The Oxford College of Pharmacy that, an awareness and sensitization program titled as "**Irrational usage of Antibiotics and Steroids in COVID-19 Pandemic Period**" will be conducted on 18/03/22. We request for the active participation for the same.

P. Padma

PRINCIPAL

PRINCIPAL

The Oxford College Of Pharmacy
No.6/9, 1st Cross, Begur Road, Hongasandra
Bangalore - 560 068



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Children's Education Society (Regd.)

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DEPARTMENT OF PHARMACOLOGY

ORGANISED

AWARENESS PROGRAMME

ON

"IRRATIONAL USAGE OF ANTIBIOTICS AND STEROIDS IN COVID-19
PANDEMIC PERIOD"

CHIEF PATRON

SHRI S. N. V. L. NARASIMHA RAJU

CHAIRMAN

THE OXFORD EDUCATIONAL INSTITUTIONS

CONVEYER

DR. PADMAA M PAARAKH

PRINCIPAL

THE OXFORD COLLEGE OF PHARMACY

ORGANISING SECRETARY

DR. KARTHIK

ASSISTANT PROFESSOR

DEPARTMENT OF PHARMACOLOGY

DATE: 18/03/2022

TIME: 12:00-1:00 PM



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PREAMBLE

Antibiotics are essential medicines that fight infections caused by bacteria in humans and animals by either killing the bacteria or making it difficult for them to grow and multiply. However, their misuse and unnecessary prescription can lead to side effects and contribute to antibiotic resistance, which is a significant threat to public health.

CONTENT

An awareness program and sensitizing programme was held on 18/03/2022 at The Oxford College of Pharmacy, organised by Dr. Karthik, Dept of Pharmacology and speech delivered by Dr. Noopur Srivastava, HOD Pharmacology, she discussed in depth about awareness on antibiotic usage and explained thoroughly regarding antibiotic resistance and its effects. There were 50 Participants participated in this awareness program.

Antibiotics are potent drugs that cure certain illnesses and, when taken correctly, may save lives. They either prevent germs from multiplying or kill them. COVID-19 brought abrupt disruption in the health care field causing large number of suspected COVID-19 patients to administer antibiotics and steroids.

The administration of steroids can mask the presence of fever and lead to neutrophilic leukocytosis, making the situation complex to understand regarding secondary bacterial infection. While steroids and tocilizumab both are given as a part of COVID-19 management in severe and critically ill patients, the risk of secondary infection is also higher.

Antibiotic overuse has resulted in selection pressure and the evolution of multidrug resistant superbugs. In India, the situation is considerably worse because antibiotics may be acquired over the counter and, to make worse through internet shopping without a legitimate doctor's prescription.

You may need to take antibiotics for some bacterial infections. For example, you might not need them for many sinus infections. Taking antibiotics when they're not needed won't help you, and they can have side effects.



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Strategies to limit the development of resistance are urgently needed, and one of them is educating the general public about prudent antibiotic use. People who are aware of antibiotic resistance concerns, will put less pressure on doctors to use medicines. After the program students went out to create awareness in the society.



Bengaluru, Karnataka, India
 VJXF+XR7, Vivekananda Nagar, Bommanahalli, Bengaluru, Karnataka 560068, India
 Lat 12.900301°
 Long 77.624436° 18/03/22 02:42 PM GMT +05:30

Session taken by Dr. Noopur Shrivastava



Bengaluru, Karnataka, India
 Block F, 144, Vivekananda Nagar, Bommanahalli, Bengaluru, Karnataka 560068, India
 Lat 12.901066°
 Long 77.624167°
 18/03/22 03:01 PM GMT +05:30



Bengaluru, Karnataka, India
 WJ20+SW6, Hongasandra, Bengaluru, Karnataka 560068, India
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 Long 77.62741°
 18/03/22 03:00 PM GMT +05:30

Students educating the public and pharmacy store incharge



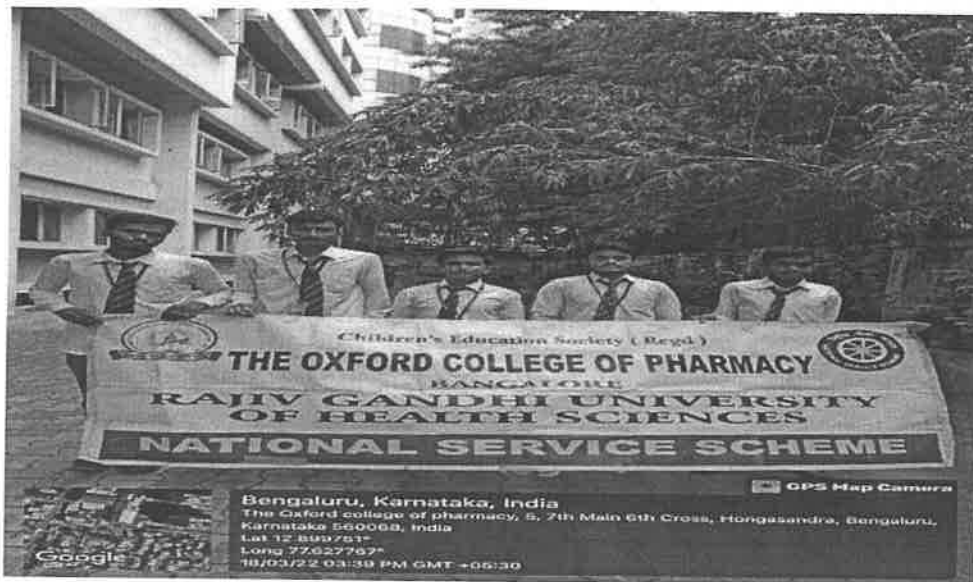
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NSS Volunteers involved in irrational usage of antibiotics and steroids in COVID -19 Pandemic period Program

OUTCOME

The sudden outburst of COVID-19 had impacted the healthcare field. There was irrational consumption of both antibiotics and steroids which could lead to untoward consequences. In light of this, the students got knowledge about, the antibiotic usage include treating infections, preventing the spread of diseases, and reducing the burden of out-of-pocket expenses. Also overuse or misuse of antibiotics can lead to antibiotic-resistance and side effects. Therefore, it is crucial to use antibiotics rationally to maximize their benefits and prevent risks. From this program the students were educated about the importance of antibiotics in treating infectious diseases provided they use it properly under the observation of doctor with prescription. If the same medicine misused, the patients may get resistance to the antibiotic and may lead to further complications to the patients. Thereafter, college has taken initiative to send students and faculty in the local community to spread awareness of the same. The students visited voluntarily to some of the pharmacies to educate and sensitize pharmacist and people working in the pharmacy shop, not to dispense antibiotics without prescription and half dosage regimen. From this discussion the pharmacists expressed their happiness for students concern towards people and society.



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The community pharmacists assured students that they don't dispense antibiotics without proper prescription and incomplete regimen. Additionally, the students learned the scientific management of inventories, documentation practices to be adopted in line with rational use of antibiotics as per Drugs Control Department. Around 50 participants benefited through this awareness program.

END OF THE REPORT



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Date: 26/5/2022

CIRCULAR

This is to inform all the students and teaching staff of The Oxford College of Pharmacy that, an awareness program titled “**WORLD NO TOBACCO DAY 2022**” will be organized on 01/06/22. We request for the active participation for the same.

P. Padma

PRINCIPAL

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DEPARTMENT OF PHARMACEUTICS

ORGANISED PROGRAMME

ON

“WORLD NO TOBACCO DAY”

CHIEF PATRON

SHRI S. N. V. L NARASIMHA RAJU

CHAIRMAN

THE OXFORD GROUP OF INSTITUTIONS

CONVENER

Dr. PADMAA M PAARAKH

PRINCIPAL

THE OXFORD COLLEGE OF PHARMACY

ORGANIZING SECRETARY

Dr. VIKRAM T

ASSISTANT PROFESSOR

DEPT OF PHARMACEUTICS

THE OXFORD COLLEGE OF PHARMACY

DATE: 01/06/ 2022

TIME: 12 PM



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PREAMBLE:

The Oxford College of Pharmacy, Bengaluru, organized "**WORLD NO TOBACCO DAY 2022**" with an aim to educate our staffs and students about the awareness of alternative crop production and marketing opportunities for tobacco farmers.

On 1ST June 2022, WHO and public health champions around the world will come together to celebrate World No Tobacco Day (WNTD). This year's theme is "THREAT TO OUR ENVIRONMENT. It will al aim to expose the tobacco industry's efforts to interfere with attempts to substitute tobacco growing with sustainable crops, thereby contributing to the global food crisis.

Tobacco industry is causing severe harmful effects on the environment and mounting the unnecessary pressure to our planet's already scarce resources and fragile ecosystems. Tobacco kills over 8 million people every year and destroys our environment, further harming human health, through the cultivation, production, distribution, consumption, and post-consumer waste.



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Every year, on 31 May, WHO and partners everywhere mark World No Tobacco Day, highlighting the health risks associated with tobacco use and advocating for effective policies to reduce tobacco consumption. Tobacco use is the single most preventable cause of death globally and is currently responsible for killing one in 10 adults worldwide.

In 2022, the theme is "Tobacco, a threat to the environment". The harmful impact of the tobacco industry on the environment is vast and growing adding unnecessary pressure to our planet's already scarce resources and fragile ecosystems. Tobacco kills over 8 million people every year and destroys our environment, further harming human health, through the cultivation, production, distribution, consumption, and post-consumer waste.

THE AWARENESS PROGRAM DELIVERED AS FOLLOWS:

The program was started with a welcome note by Dr. VIKRAM, Program organizer followed by the inaugural address from Dr Padmaa M Paarakh, Principal, The Oxford College of pharmacy.

Dr. Gururaj S Kulkarni, HOD & Professor, Department of Pharmaceutics were invited to talk about the awareness "Tobacco, a threat to the environment", nutritious crops and awareness of tobacco abuse and its effects to the society. II Yr M. Pharm Pharmacology and Pharmaceutics, I Pharm D, IV Pharm D, I & II D. Pharm students were participated in the Program. Around 75 participants were there.

The organizer Dr. VIKRAM. T concluded the program with vote of thanks. He thanked chairman Shri S. N. V. L Narasimha Raju, The Oxford Group of Institutions, Dr. Padmaa M Paarakh, Principal, The Oxford college of pharmacy for organizing such an event and Dr. Gururaj S Kulkarni, HOD & Professor, Department of Pharmaceutics and to all the other faculties and students who participated in the event and helped in its successful completion of the event. After the event students went outside the campus to create awareness in the nearby community.



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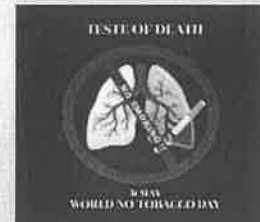
THE OXFORD COLLEGE OF PHARMACY

6/9, 1 CROSS, BEGUR ROAD, HONGASANDRA, BENGALURU 560068

DEPARTMENT OF PHARMACEUTICS

WORLD NO TOBACCO DAY

THEME: THREAT TO OUR ENVIRONMENT



CHIEF PATRON

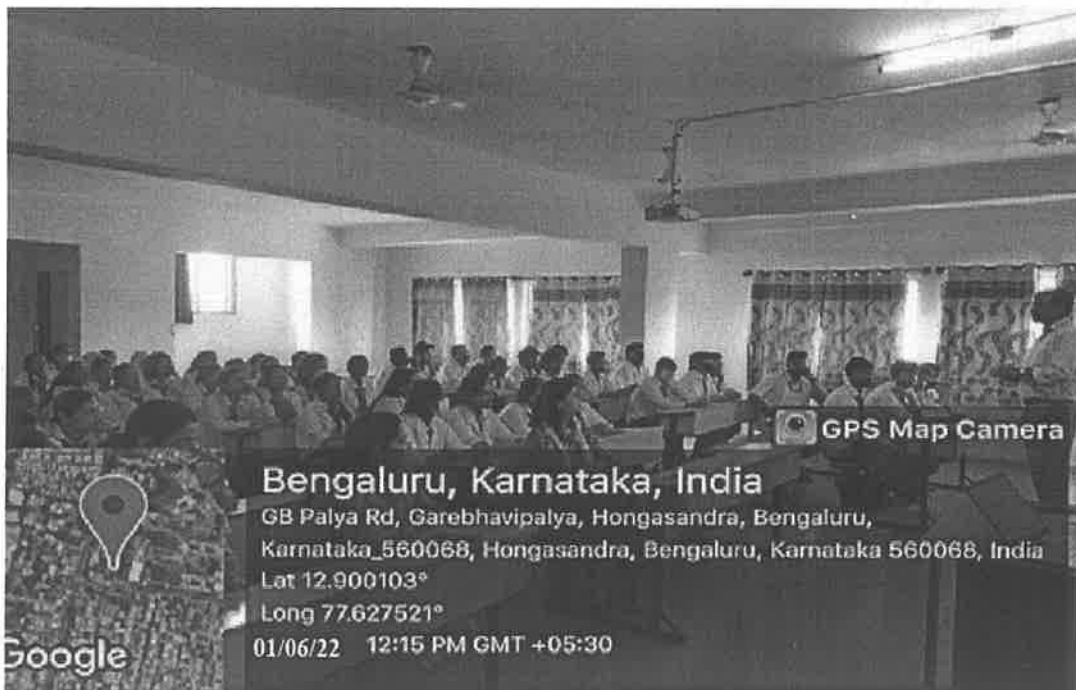
Shri. S N V L Narasimha Raju,
Chairman

CONVENER

Dr. Padmaa M. Paarakh,
Principal

ORGANIZING SECRETARY

DR. VIKRAM T,
Assistant Professor



Dr. Kulkarni delivering the speech to the participants



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Students creating awareness in the local community- No tobacco day



Students creating awareness in the local community- No tobacco day



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Student volunteers involved in World no tobacco day program

OUTCOME

This year's theme for No Tobacco Day is "Tobacco, a threat to the environment". Reducing tobacco use can positively impact society, including improved health, cost savings in healthcare, and a more equitable society for all. Additionally, various measures to mitigate usage of tobacco were also conveyed to participants like placing graphic warnings on tobacco products, ban on tobacco marketing, supporting the smokers with desire to quit smoking etc., Students along with faculties created awareness in the local society and explained the risk in consuming tobacco like it causes death through cancer, heart attacks, brain strokes, Students were appreciated by the local community. Around 75 participants participated in this awareness program.

END OF REPORT



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DATE: 01/10/22

CIRCULAR

This is to inform all students, teaching and non-teaching staff of The Oxford College of Pharmacy that program on "ENERGY CONSERVATION DAY" will be conducted on 07/10/22. We request for the active participation for the same.

P. Padma

PRINCIPAL



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NSS COMMITTEE, THE OXFORD COLLEGE OF PHARMACY, BANGALORE ORGANISED PROGRAMME

ON

“ENERGY CONSERVATION DAY”

CHIEF PATRON

SHRI S. N. V. L NARASIMHA RAJU

CHAIRMAN

THE OXFORD EDUCATIONAL INSTITUTIONS

CONVENER

DR. PADMAA M PAARAKH

PRINCIPAL

THE OXFORD COLLEGE OF PHARMACY

ORGANIZING COMMITTEE

NSS COMMITTEE

THE OXFORD COLLEGE OF PHARMACY

DATE: 07 OCTOBER 2022

TIME: 12.00 PM -12: 40 PM



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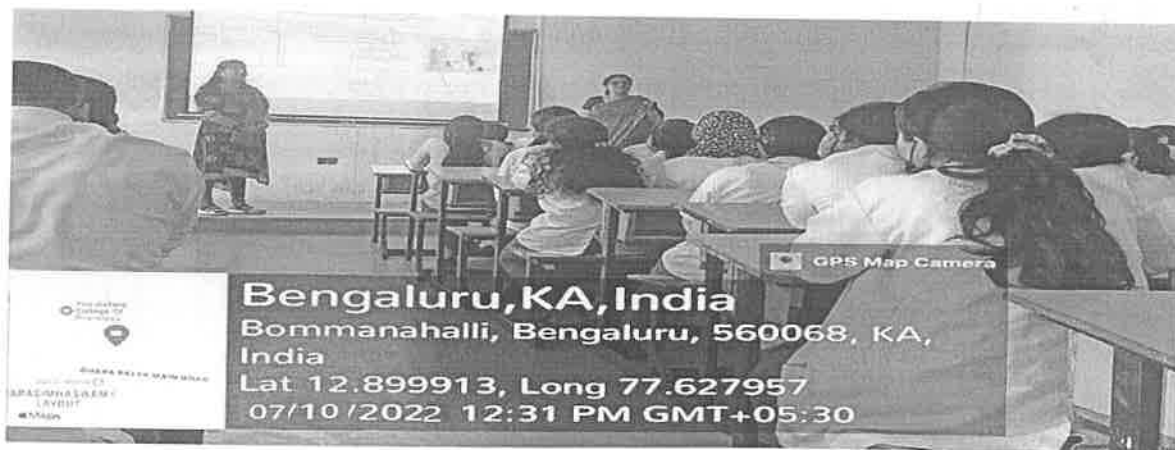
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PREAMBLE

The NSS Committee, The Oxford College of Pharmacy, Bangalore organized an awareness program on the Energy Conservation on 07 October 2022. Ms. Uma Prabha, Asst. Professor, The Oxford College of Pharmacy Department of Pharmaceutics took the initiative to organize the program along with few student volunteers. The focus of program was to make students aware of global warming and climate change and promoting efforts towards saving energy resources. She also mentioned regarding its need due to growing population, the requirement for energy resources is also increasing. Energy conservation is an effort made to reduce the consumption of fuel and use the least energy resources to save for the future.

The program ended with explaining the importance of saving the energy and the ways of energy conservation, turning off the light and fan when you leave the room and unplugging the electrical devices when it's not in use are all examples of energy conservation. There were around 20 participants in the program.

Our institution has been installed with energy saving devices, which is an example to aware the students, teaching and non-teaching staff regarding saving of energy.



Speaker interacting with participants



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Use of LED lights as power efficient equipment-Energy Conservation

Currently, Light Emitting Diodes (LED) are the most energy efficient and rapidly developing lighting technology. These bulbs last longer, more durable, and offer better light quality when compared to other types of lighting. Further, these lights are energy efficient, environment friendly, produces less heat, long span, maintenance free and durable compared to other lights. Additionally, these lights use up to 90% less energy and lasts 25 times longer than the normal incandescent bulbs.

The college management has provided these facilities through which energy can be conserved. Cathode ray tubes (CRT) monitors are replaced with LCD monitors. All the traditional fluorescent bulbs are replaced by LED bulbs.

LED USED IN CAMPUS





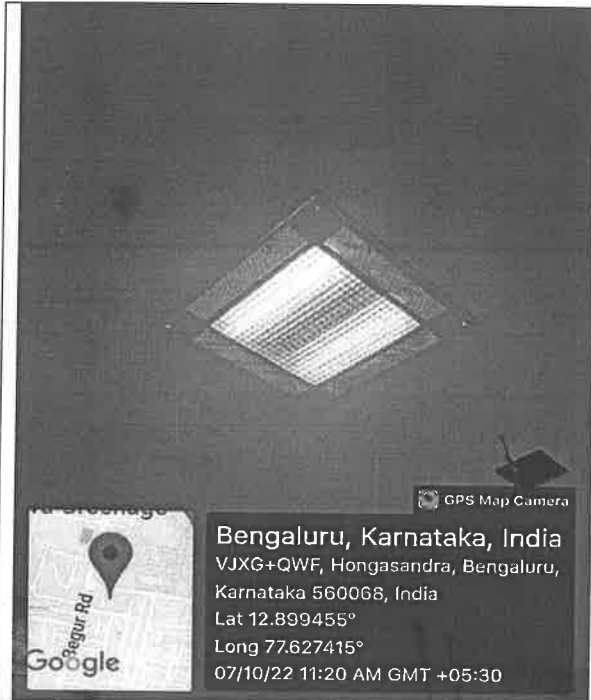
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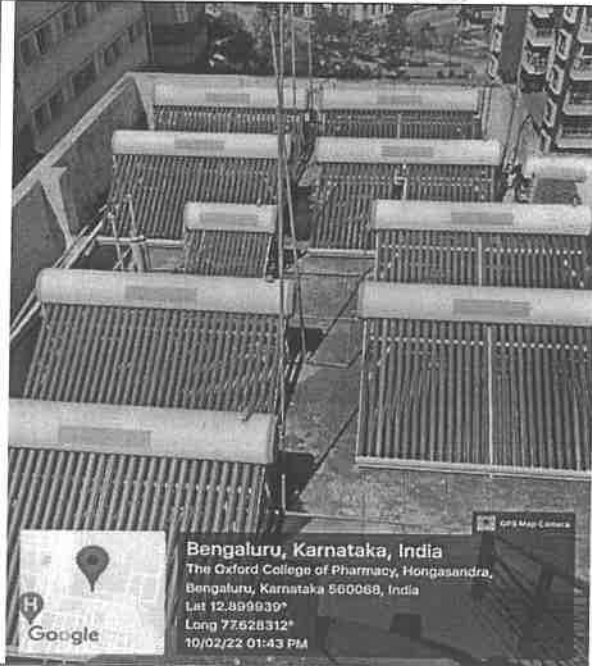
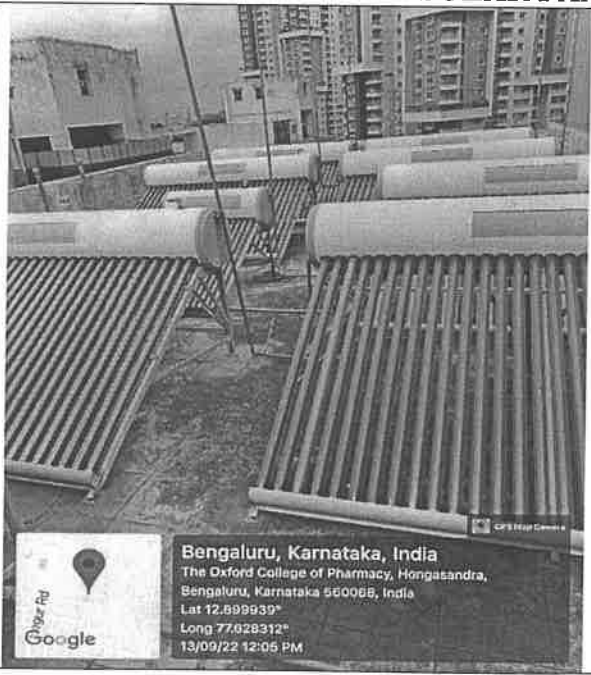
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SOLAR PANNEL PICTURE



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OUTCOME

The program conducted by The Oxford College of Pharmacy was successful. Around 20 participants participated in the program. Participants were encouraged by the speaker and they promised to save the energy in their working and residence place. students got familiar with what are the steps has been taken by the college to conserve energy.

END OF REPORT



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Date: 03/06/2022

CIRCULAR

All the teaching, non-teaching and students of The Oxford College of Pharmacy are hereby informed that an awareness programme on 'WORLD ENVIRONMENT DAY' 2022 will be conducted on 07/06/2022. We look forward for the active participation for the same.

PRINCIPAL

PRINCIPAL

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DEPARTMENT OF PHARMACOGNOSY

ORGANISED PROGRAM

ON

“WORLD ENVIRONMENT DAY”

CHIEF PATRON

SHRI S. N. V. L NARASIMHA RAJU

CHAIRMAN

THE OXFORD GROUP OF INSTITUTIONS

CONVENER

Dr. PADMAA M PAARAKH

PRINCIPAL

THE OXFORD COLLEGE OF PHARMACY

ORGANIZING SECRETARY

MRS. SWEEKA K C

ASSISTANT PROFESSOR

DEPT. OF PHARMACOGNOSY

THE OXFORD COLLEGE OF PHARMACY

DATE: 7 JUNE 2022

TIME: 10 AM TO 11 AM



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PREAMBLE

The Department of Pharmacognosy organized the field visit on "World Environment Day" along with M.Pharm students of Pharmaceutics. The students visited Govt School of Hongasandra with the posters for the awareness of students, children, teaching and non-teaching faculties about keeping the environment clean and safe from pollution. There were totally 100 participants which included faculties, post graduates, school children, teaching and non-teaching staff of above-mentioned school. Later, Dr Gururaj S K shared few words about the World Environment Day. What is world environment day.

The content delivered in the field visit is as follows:

Dr Gururaj S K shared few words about the World Environment Day. How important it is to keep our surroundings clean and how to stay hygienic in day today life. Students carried few charts with good messages to plant more trees to purify the air and make the earth green. This was an amazing and students participated and celebrated world environmental day enthusiastically. They were asked to plant a sapling to create a green corner. A lot of enthusiasm was seen in the students. The event was conducted successfully with whole hearted participation and awareness about plants.



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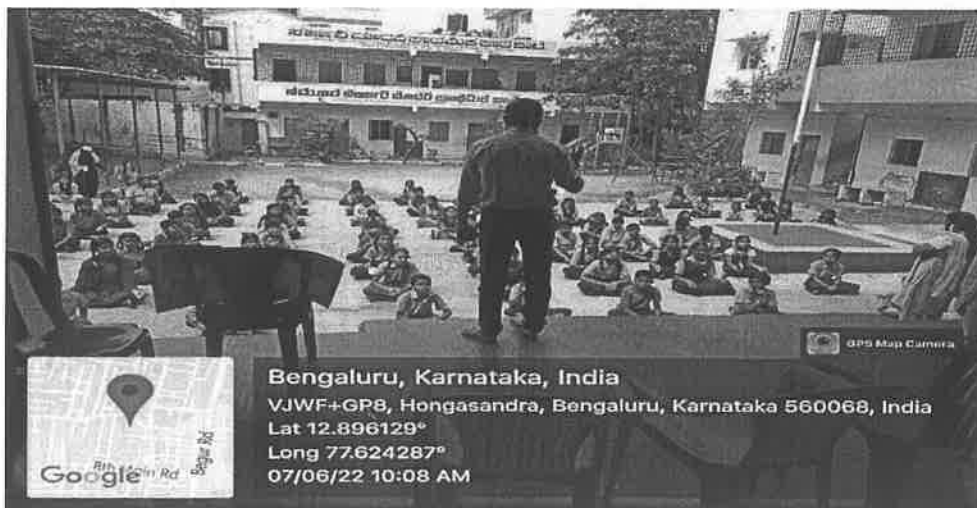
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Students and faculty participated in the awareness program



Speaker addressing the school students



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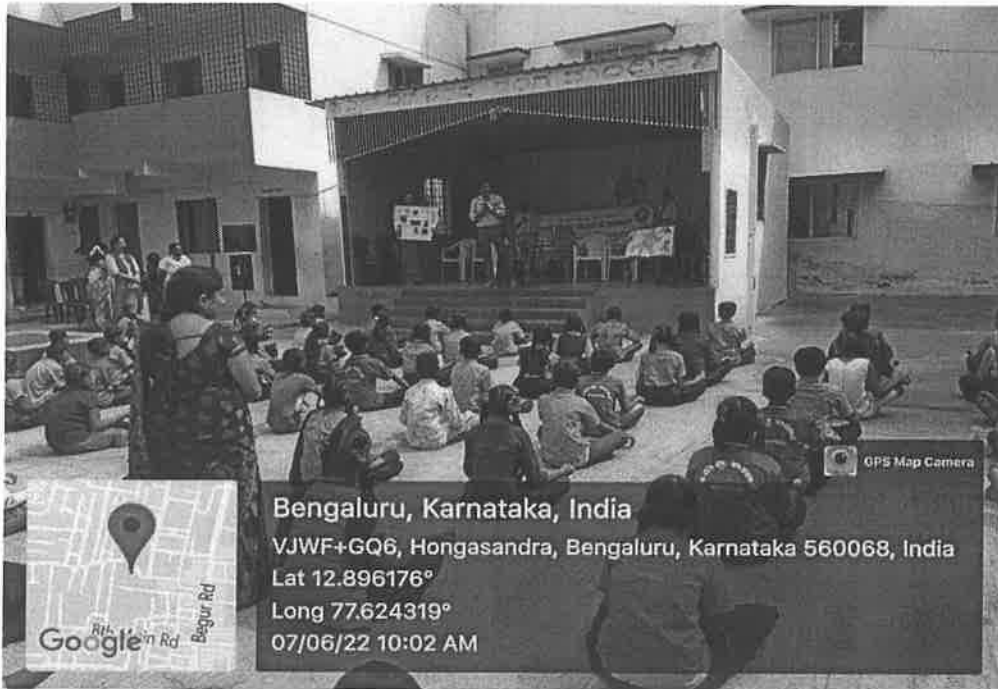
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School Students actively participated in the program



Student Volunteers involved in World environment day Program



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OUTCOME

The institution has organized a sensitizing session on "World Environment Day" with the slogan 'Only One Earth' with the intention of transforming policies so as to enable sustainable living in harmony with nature. The program aimed at promoting the importance of judicious use of natural resources, afforestation, adhering to various environmentally sustainable practices in line with SDG-30. Students visited a Government School, Hong Sandra and created awareness about the role of every individual in keeping the environment safe and healthy, keeping society free from pollution and planting more trees so as to protect society from environmental degradation. Overall, it is an important event that promotes a healthier and more sustainable future for ourselves and future generations. Around 100 participants participated in this awareness program.

END OF REPORT



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Date: 28/11/2022

CIRCULAR

All the teaching, non-teaching and students of The Oxford College of Pharmacy are hereby informed that an awareness programme on “Non-communicable Diseases” will be conducted on 01/12/2022. We look forward for the active participation for the same.

PRINCIPAL

PRINCIPAL

The Oxford College of Pharmacy
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DEPARTMENT OF PHARMACEUTICS

ORGANISED PROGRAMME

ON

“NON-COMMUNICABLE DISEASES”

CHIEF PATRON

SHRI S. N. V. L NARASIMHA RAJU

CHAIRMAN

THE OXFORD GROUP OF INSTITUTIONS

CONVENER

Dr. PADMAA M PAARAKH

PRINCIPAL

THE OXFORD COLLEGE OF PHARMACY

ORGANIZING SECRETARY

Dr. VIKRAM T

ASSISTANT PROFESSOR

DEPT OF PHARMACEUTICS

THE OXFORD COLLEGE OF PHARMACY

DATE: 1st DECEMBER, 2022

TIME: 12 PM



Children's Education Society (Regd.)

The Oxford College of Pharmacy

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Approved by Pharmacy Council of India, New Delhi)

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PREAMBLE

Dept of Pharmaceutics, The oxford college of pharmacy, Bangalore organised awareness program “**non-communicable diseases**” on 1 December 2022. around 30 students were actively participated on this program. The program was conducted in nearby local community.

Non-communicable diseases (NCDs) are medical conditions or diseases that are not caused by infectious agents. These are chronic diseases of long duration, and generally with slow progression and are the result of a combination of genetic, physiological, environmental and behavioral factors.

NCDs are one of the major challenges for public health in 21st century, not only in terms of human sufferings they cause but also the harm/burden they inflict on the socioeconomic development of the country. NCDs kill approximately 41 million people (71% of global deaths) worldwide each year, including 14 million people who die too young between the ages of 30 and 70. The majority of premature NCD deaths are preventable. According to World Health Organization (WHO) projections, the total annual number of deaths from NCDs will increase to 55 million by 2030, if timely interventions are not done for prevention and control of NCDs. NCDs are rapidly increasing globally and reached epidemic proportions in many countries, largely due to globalization, industrialization, and rapid urbanization with demographic and lifestyle changes.

Students from the oxford college of pharmacy went along with faculties to near by community and created the awareness among the society. They well explained about the risk of NCD and how to be aware of the disease.



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Students interacting with the local community people



Students creating awareness to the society- NCD



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Student Volunteers involved in NCD program

OUTCOME

The program did a great job of raising awareness about non-communicable diseases (NCDs) among community members. People got a clearer picture of what NCDs are, what puts them at risk, and why preventive measures matter. What made it really effective was how interactive it was, letting students and community members really engage with each other. After the program, community members assured that in future they will keep up with regular health check-ups. Talk on preventive healthcare motivated them to take care of their health. They were thankful for the initiative taken by the organisation and felt it could really make a difference in their lives. Overall, it was a successful program that benefited both the students and the community. Overall, 30 participants were participated and benefited.

END OF THE REPORT



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Date: 28/11/2022

CIRCULAR

All the teaching, non-teaching and students of The Oxford College of Pharmacy are hereby informed that an awareness programme on 'WORLD AIDS DAY 2022' will be conducted on 01/12/2022. We look forward for the active participation for the same.

P. Padma

PRINCIPAL

PRINCIPAL

The Oxford College Of Pharmacy
No 6/9, 1st Cross, Begur Road, Hongasandra
Bangalore - 560 068



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NSS COMMITTEE, THE OXFORD COLLEGE OF PHARMACY, BANGALORE ORGANISED PROGRAMME

ON

“WORLD AIDS DAY”

CHIEF PATRON

SHRI S. N. V. L NARASIMHA RAJU

CHAIRMAN

THE OXFORD EDUCATIONAL INSTITUTIONS

CONVENER

DR. PADMAA M PAARAKH

PRINCIPAL

THE OXFORD COLLEGE OF PHARMACY

ORGANIZING SECRETARY

MRS.KEERTHANA

ASSISTANT PROFESSOR

THE OXFORD COLLEGE OF PHARMACY

DATE: 01 DECEMBER 2022

TIME: 03.00 PM -4: 00 PM



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PREAMBLE

The Oxford College of Pharmacy, NSS Committee, Bangalore conducted the session on "WORLD AIDS DAY" for the students and teaching faculties. As offline session became a part of the process, the event was organized in 5th floor 501.

The content delivered in the session is as follows:

The event started with a awareness session by Mrs. Chanda ranjan and the pledge regarding the same was taken. The entire program was coordinated by Assistant professor Mrs Keerthana, she gave a warm welcome to Principal Dr. Padmaa M Paarakh, staff and students. The session was very informative which gave them a comprehensive understanding on the what, why and how to fight against AIDS. There were around 60 participants. DR. PARTHASARATHY, HOD pharmacy practice department has delivered the speech among the students and explain the life risk and significance of AIDS.

It was interaction section and students were actively participated and clarified their doubts.

Programme is concluded by vote of thanks by Mrs. Uma Prabha.

After the programme our students went along with faculties to nearby community and gave awareness to the society.



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Students interacting with public



Students creating awareness in the community



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Student Volunteers involved in World Aids Day Programme

OUTCOME

The program was observed to create awareness on AIDS and the session successfully delivered the message to the students. The session emphasized on promoting awareness, misconceptions in public regarding AIDS. The participants understood the importance, measures to avoid unwanted stigma relating to HIV/AIDS. At the same time student and faculty went around in the different communities creating awareness about the AIDS and stigma associated with it, its fatal consequences on health and family as well as how people can safeguard their health. Around 60 participants participated in this awareness program.

END OF REPORT



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Extension and Outreach Programs conducted by the Institution for Academic Year 2020-21

S.NO	NAME OF THE ACTIVITY	ORGANISING UNIT	YEAR
1	Covid 19-Natural Product	NSS UNIT, TOCP	2020-21
2	Pulse Polio Program	NSS UNIT, TOCP	2020-21
3	Management of Covid 19 through Ayurveda	NSS UNIT, TOCP	2020-21
4	World no Tobacco Day	NSS UNIT, TOCP	2020-21
5	World Environment Day	NSS UNIT, TOCP	2020-21

P. Padma

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Date: 15/07/2020

CIRCULAR

All the teaching staff and students of The Oxford College of Pharmacy are hereby informed that an awareness programme on “COVID 19 AND NATURAL PRODUCTS” will be conducted online on 21/07/2020. We look forward for the active participation for the same.

P. Padma

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DEPARTMENT OF PHARMACOGNOSY

ORGANISED WEBINAR

ON

“COVID 19 AND NATURAL PRODUCTS”

CHIEF PATRON

SHRI S. N. V. L NARASIMHA RAJU

CHAIRMAN

THE OXFORD EDUCATIONAL INSTITUTIONS

CONVENER

DR. PADMAA M PAARAKH

PRINCIPAL

THE OXFORD COLLEGE OF PHARMACY

WEBINAR CO-ORDINATOR

MRS.T. SRAVANI

ASSISTANT PROFESSOR

RESOURCE PERSON

DR H N SHIVAPRASAD

DIRECTOR, PRAKRUTHI PRODUCTS PRIVATE LTD.

DATE: 21 JULY 2020

TIME: 11.00 AM -12: 30 PM



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PREAMBLE

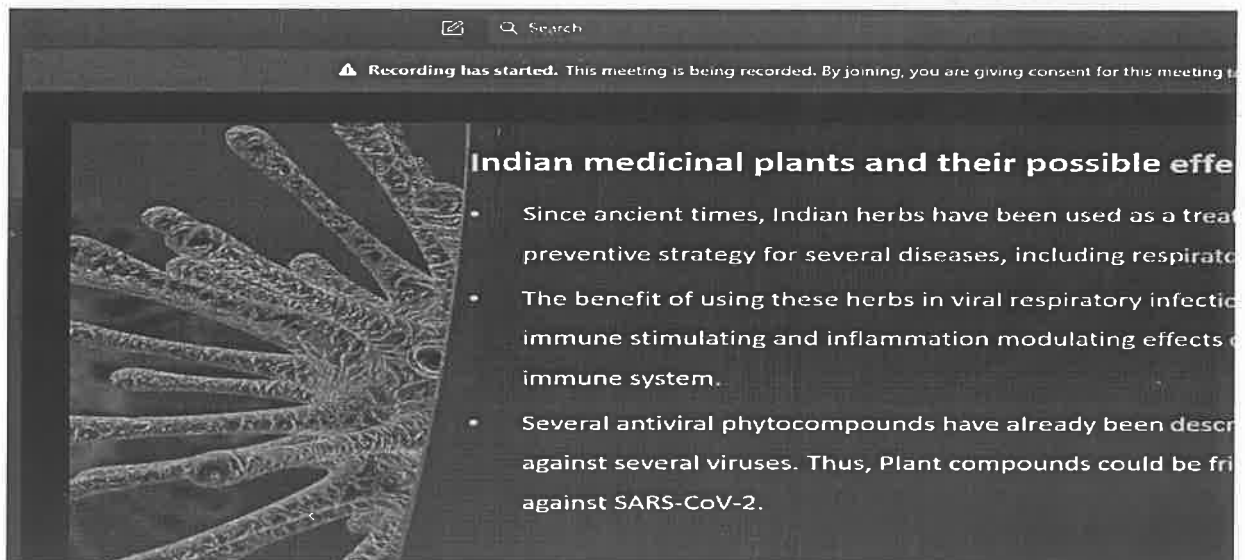
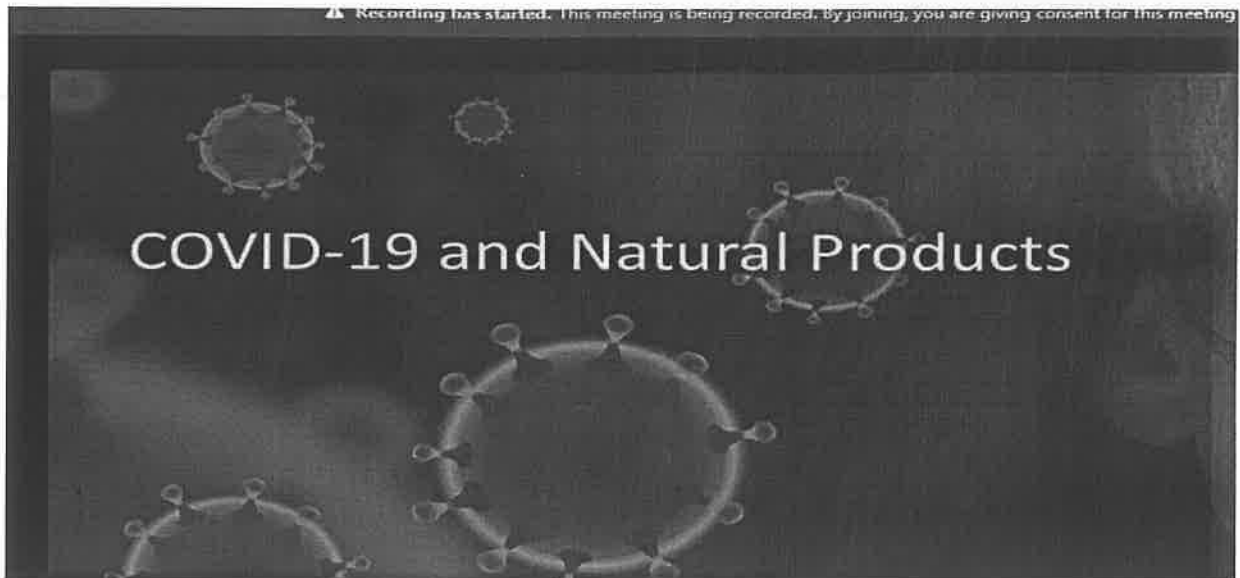
A webinar on COVID 19 and Natural Products was organised by Department of Pharmacognosy, The Oxford College of Pharmacy, on 21/7/2020. The webinar was organised using Microsoft Teams. The guest speaker was **Dr H N Shivaprasad**, Director, Prakruthi Products Private Ltd. The webinar was registered by around 288 participants including the staff of The Oxford College of Pharmacy.

CONTENT OF WEBINAR

The webinar speaker **Dr H N Shivaprasad**, spoke regarding the role of natural products in building the immunity and also preventive measures which can be taken at home to prevent COVID. The speaker spoke about Indian medicinal plants and their effects on COVID, especially including the benefits of turmeric in the prevention of COVID.

The knowledge of the speaker regarding the topic taken was excellent and justification was done by him in explaining. After Dr H N Shivaprasad completed his speech, then the forum was open for questions and the participants were keen to ask with the same level of enthusiasm, the questions were answered by the speaker.

.After the completion of question and answering session, the webinar coordinator mrs.T.sravani, assistant professor, The Oxford College of Pharmacy thanked the speaker, principal and the students. The webinar was successfully completed.



Recording has started. This meeting is being recorded. By joining, you are giving consent for this meeting

Indian medicinal plants and their possible effects

- Since ancient times, Indian herbs have been used as a treatment and preventive strategy for several diseases, including respiratory infections.
- The benefit of using these herbs in viral respiratory infections includes their immune stimulating and inflammation modulating effects on the immune system.
- Several antiviral phytochemicals have already been described and shown to be effective against several viruses. Thus, Plant compounds could be effective against SARS-CoV-2.

Speaker spoke about the Indian medicinal plants



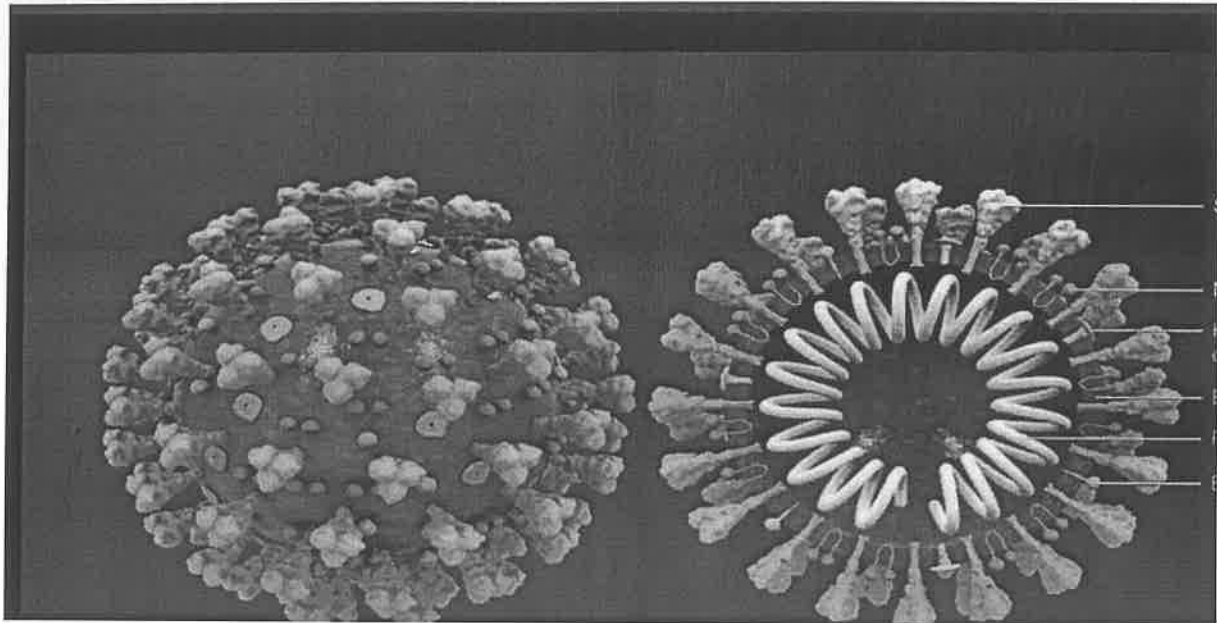
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RNA of Covid-19 virus



Importance of turmeric in Covid-19 treatment

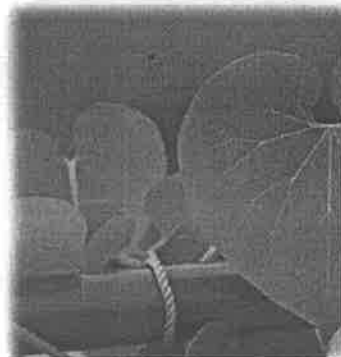
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According to scientist from University of Zulia, Venezuela and their publication posted 06.04.202 Research Square (DOI 10.21203/rs.3.rs-21206/v1); used strategies docking and molecular dynam phytochemical compounds against FDA-approved antimalarial drugs recommended for the treat

The evaluation was performed with the docking scores MolDock Score and Rerank Score calculat Molecular.

Preliminary results suggested that piperine, capsaicin, and curcumin have the best docking score

- ***Tinospora cordifolia* commonly called as Guduchi or Giloy**
- Guduchi is used as a medicine for centuries in the Ayurvedic system of the medicine.
- In Ayurveda, it is designated as Rasayana drug recommended to enhance general body resistance. promote longevity and as anti-stress



Different slides contain different medicinal plants



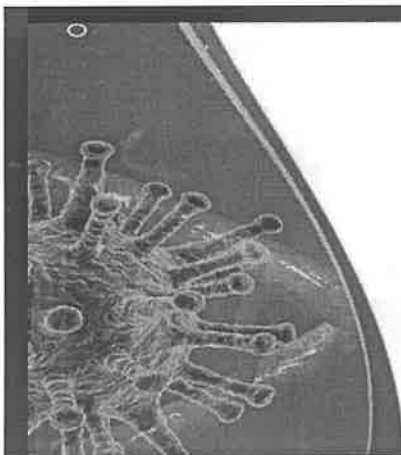
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Interestingly, recent molecular docking study on (by science University, Indonesia), phytochemicals like kaempferol (found in cabbage, dill), quercetin (sources: dill, fennel leaves, onion), luteolin-7-glucoside (sources: chili pepper, olive etc.), demethoxycurcumin (found in turmeric), naringenin (found in citrus fruits), apigenin (found in celery leaves, olive etc.), curcumin (found in turmeric), catechin (source: amla, tea leaves, green tea), gingerol (found in ginger), allicin (from garlic) and epicatechin-gallate (found in green tea) are the most recommended compounds found in medicinal plants as potential inhibitors of COVID-19 Mpro (main protease).

Benefits of natural products and its confirmations



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Ashwagandha can help fight COVID-19, claims IIT-Delhi research

The research paper has been recently published in **Journal of Biomolecular Structure and Dynamics**.

The researchers targeted the main SARS-CoV-2's enzyme for splitting proteins, known as the main protease or M-pro that plays a key role in mediating viral replication. They discovered that Withanone (Wi-N), a natural compound derived from Ashwagandha (*Withania somnifera*) inhibit



Different natural plants and its uses in covid-19

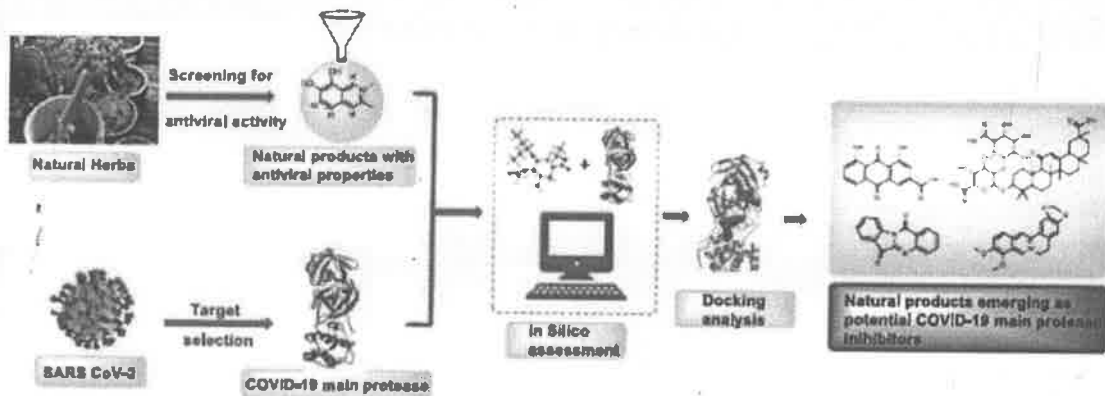


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Natural Products as Potential Inhibitors of COVID-19 Main Protease (Mpro)



Natural products as potential inhibitors of Covid-19

OUTCOME

The webinar was beneficial to the participants as it is in complete correlation with the current scenario and it provided a good knowledge on the useful effects of natural products helpful to combat this global pandemic. The interaction session provided more information regarding the available natural products for the current situation. Around 288 participants benefited through this webinar. Overall, the session was informative and successful.

END OF THE REPORT



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Date: 25/01/2021

CIRCULAR

All the teaching staff and students of The Oxford College of Pharmacy are hereby informed of the **Pulse Polio Program** will be conducted from 31/01/21 to 02/02/21. We look forward to your active participation in it.

P. Padma

PRINCIPAL

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**NSS COMMITTEE, THE OXFORD COLLEGE OF PHARMACY, BANGALORE
ORGANISED PROGRAMME**

ON

“PULSE POLIO PROGRAM”

CHIEF PATRON

SHRI S. N. V. L NARASIMHA RAJU

CHAIRMAN

THE OXFORD EDUCATIONAL INSTITUTIONS

CONVENER

DR. PADMAA M PAARAKH

PRINCIPAL

THE OXFORD COLLEGE OF PHARMACY

ORGANISING COMMITTEE

NSS COMMITTEE

THE OXFORD COLLEGE OF PHARMACY

DATE: 31 JAN TO 02 FEB 2021

TIME: 8:00 AM to 4:30 PM



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PREAMBLE

The NSS Committee, The Oxford College of Pharmacy along with Bommanahalli and Begur Government hospital organized pulse polio campaign for the Local community children from 31/01/2021 to 02/02/21. Around 80 NSS volunteers from The Oxford College of Pharmacy played a pivotal role in the Pulse Polio campaign of 2021:

Prior to the campaign, the students received comprehensive training at the college campus by the Government hospital staff on January 28, 2021. Additionally, they underwent COVID screening to ensure their own and their surroundings safety.

On the first day of the campaign, the volunteers arrived at the Begur and Bommanahalli Government hospitals promptly at 8 a.m. and were briefed by supervisors on Vaccine Vial Monitoring. The students were divided into groups and accompanied by hospital paramedical staff. On January 31, the first day of the campaign, our NSS volunteers immunized, approximately 2350 children under the age of 5 in the area. The camp concluded at around 4.30 p.m.

The same way second and third day also program was conducted for the children in local community. There were more than 3500 children benefited by campaign.



Training provided by the hospital staff regarding polio vaccination.



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COVID test was done for those students participating in the Polio Campaign.



Students vaccinating the children



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The Oxford College of Pharmacy

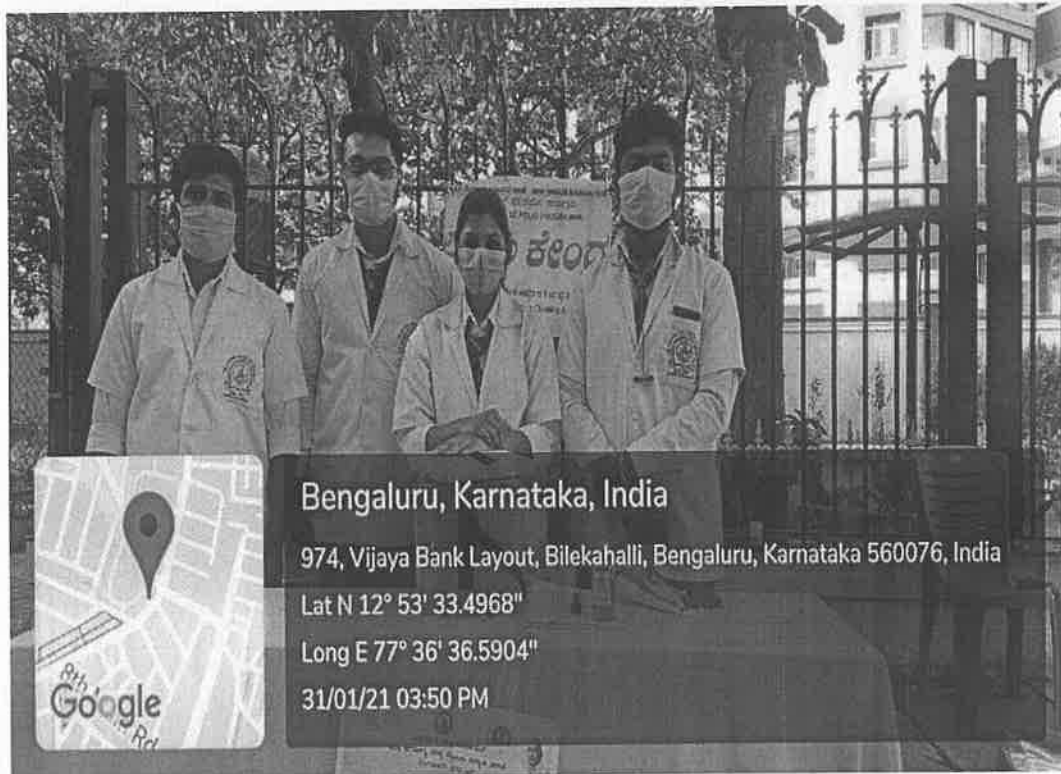
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Students involved in pulse polio program



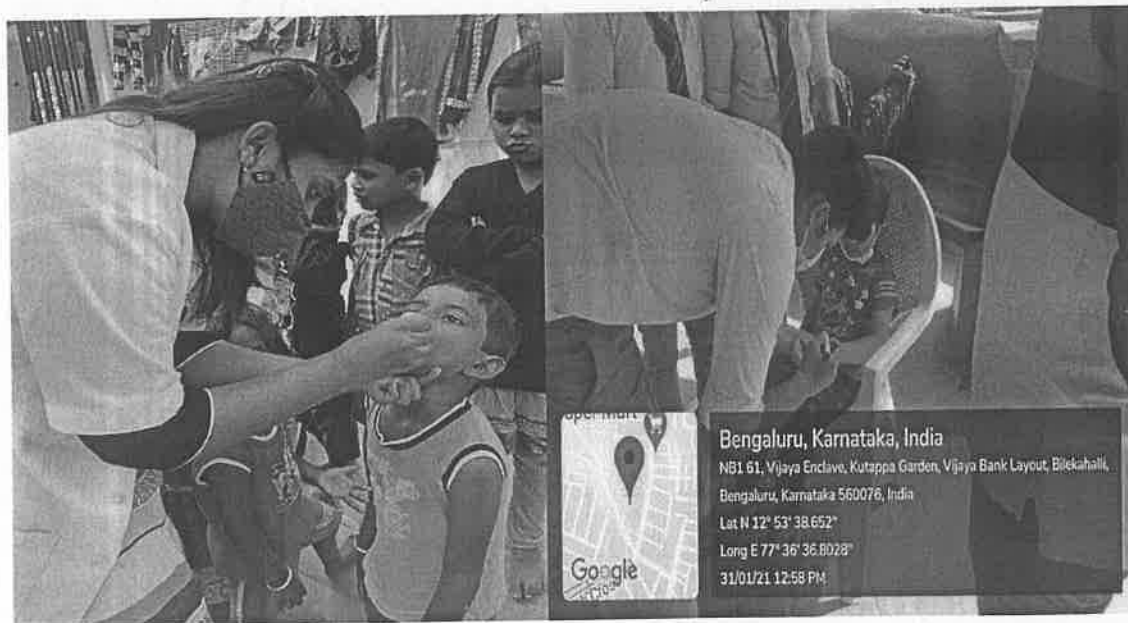
Students actively involved in pulse polio program in different places



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Students with pulse polio vaccine in nearby Anganwadi



Students vaccinating the local children



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Student Volunteers involved in Pulse polio program

OUTCOME

It was the health division that trained NSS volunteers from The Oxford College of Pharmacy in polio camp and for three consequent days, started from January 31st. In just a few days, they were able to vaccinate many children and experience so much about vaccination. Through campaigns like this, students helped people to understand the importance of vaccine and how it keeps their children healthy. The whole society and students benefited from it. There were around 80 volunteers participated in this program.

END OF THE REPORT



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Date: 20/05/2021

CIRCULAR

All the teaching, non-teaching and students of The Oxford College of Pharmacy are hereby informed that an awareness program on **MANAGEMENT OF COVID – 19 THROUGH AYURVEDA** will be conducted Online on 25/05/2021. We look forward for the active participation for the same.

P. Padma

PRINCIPAL

PRINCIPAL

The Oxford College Of Pharmacy
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Bangalore - 560 068



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DEPARTMENT OF PHARMACOGNOSY

ORGANISED WEBINAR

ON

MANAGEMENT OF COVID - 19 THROUGH AYURVEDA

CHIEF PATRON

SHRI S. N. V. L NARASIMHA RAJU

CHAIRMAN

THE OXFORD GROUP OF INSTITUTIONS

CONVENER

DR. PADMAA M PAARAKH

PRINCIPAL

THE OXFORD COLLEGE OF PHARMACY

WEBINAR CO-ORDINATOR

T. SRAVANI

ASSISTANT PROFESSOR

THE OXFORD COLLEGE OF PHARMACY

RESOURCE PERSON

DR. SEEMA PRADEEP

PROFESSOR & HOD,

DEPARTMENT OF PG STUDIES OF DRAVYAGUNA, BANGALORE

DATE: 25 MAY 2021

TIME: 11 AM -12.30 PM



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PREAMBLE

The Department of Pharmacognosy conducted the webinar on “Management of Covid – 19 through Ayurveda” for the students, scholars and teaching faculties. There were totally around 481 participants, from various other institutions which included faculties, research scholars, undergraduates and post graduates.

Dr. Seema Pradeep, Professor & HOD, Department of PG studies of Dravyaguna, Bangalore delivered the lecture.

The content delivered in the webinar is as follows:

A webinar on the theme “MANAGEMENT OF COVID – 19 THROUGH AYURVEDA”, it aims to be virtual information dissemination about the various initiatives of the Ayurveda discipline to mitigate COVID – 19.

She recommends Guduchi, Tulasi, Ashwagandha, Haridra, Bhumyamalaki etc., promising antiviral single drugs in Ayurveda. Ayurveda and Yoga can certainly play a pivotal role to augment preventive measures and the current understanding of COVID – 19 indicates that the good immune status is vital to prevention and to safeguard from disease Progression.

After respective speech given by the speaker, the floor was open for interaction where delegates discussed with the speaker on the theme “MANAGEMENT OF COVID – 19 THROUGH AYURVEDA”

In concluding remarks, Dr. Padmaa. M. Paarakh Principal conveyed her gratitude to all participants, particularly chief guest, Session Speaker & participants in her capacity as a Webinar Convener. She presented vote of thanks in the Valedictory function.

Also, the feedback about the session was collected from all the participants to improve the sessions that will be conducted in the mere future. The sample details were collected from the participants.



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CHILDREN'S EDUCATIONAL SOCIETY
THE OXFORD COLLEGE OF PHARMACY

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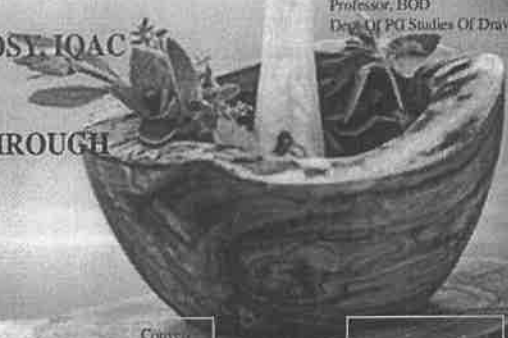
WEBINAR ON
"MANAGEMENT OF COVID - 19 THROUGH
AYURVEDA"

25th May 2021 at 11 AM
Click [here](#) to join the meeting

RESOURCE PERSON



Dr. SEEMA PRADEEP
Professor, BOD
Dept. Of PG Studies Of Dravyaguna



Chief Patron

SHRI S. N. V. L. NARASIMHA RAO
CHAIRMAN
THE OXFORD GROUP OF
INSTITUTIONS

Patron

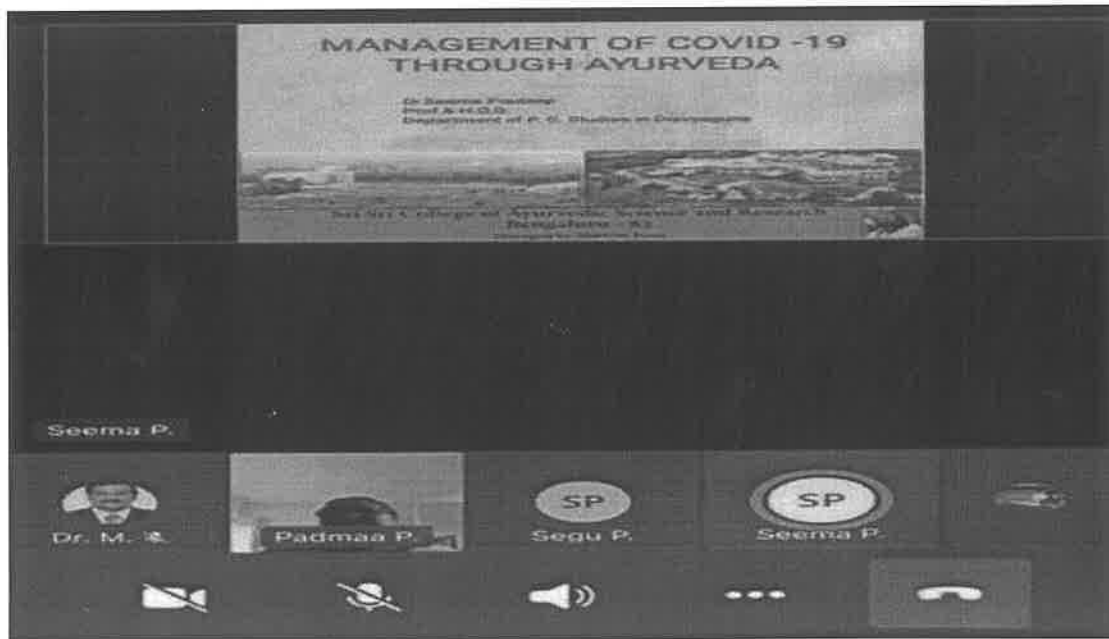
Dr. N. MAL MURUGAN
DIRECTOR
THE OXFORD EDUCATIONAL
INSTITUTIONS

Convener

Dr. PADMAA M PAARAKH
PRINCIPAL
THE OXFORD COLLEGE OF
PHARMACY

Mrs. SEGU PRATHYUSHA
ASSISTANT PROFESSOR
THE OXFORD COLLEGE OF
PHARMACY

Webinar on "Management of COVID-19 through Ayurveda" Flyer



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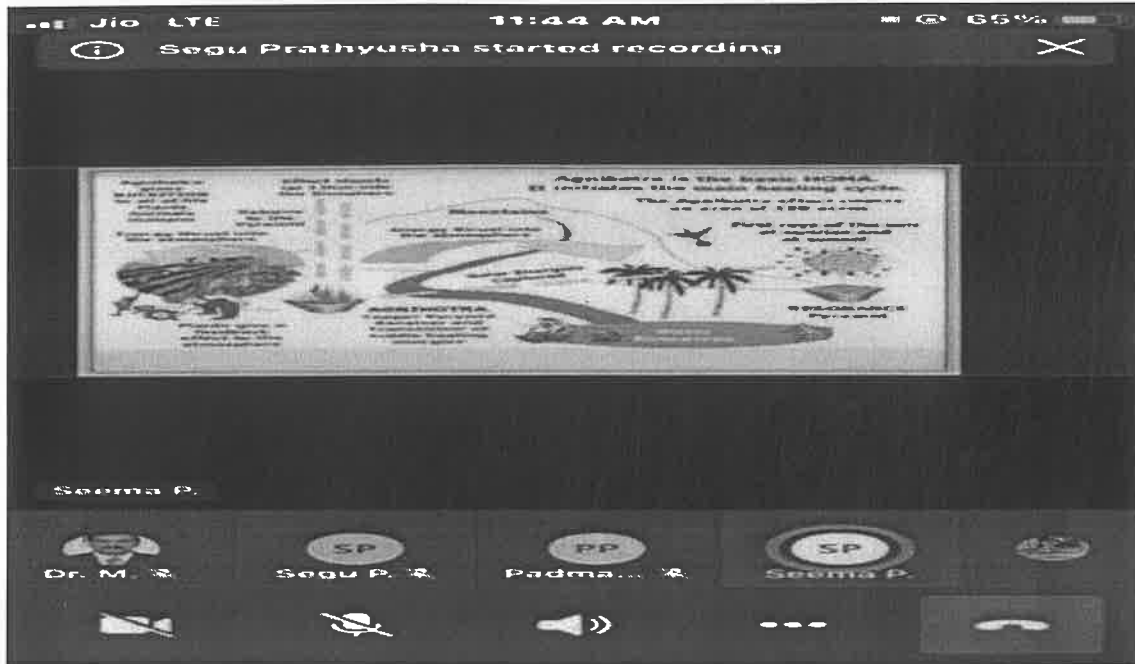
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Different slides presented in the webinar



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(Dr. Seema Pradeep interacting with the faculties and students)



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OUTCOME

The objective of the webinar was achieved. The overall session discussion benefitted the 481 participants which includes faculty and students. This webinar would help the participants to protect themselves from current pandemic situation, The speaker recommends Guduchi, Tulasi, Ashwhandha, Haridra, Bhoomiamalaki etc., promising antiviral single drugs in Ayurveda. Ayurveda and Yoga can certainly play a pivotal role to augment preventive measures and the current understanding of COVID – 19 indicates that the good immune status is vital to prevention and to safeguard from disease Progression.

END OF REPORT



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Date: 27/05/2021

CIRCULAR

All the teaching, non-teaching and students of The Oxford College of Pharmacy are hereby informed that an awareness program on 'WORLD NO TOBACCO DAY' 2021 will be conducted on 31/05/2021. We look forward for the active participation for the same.

P. Padma

PRINCIPAL

PRINCIPAL

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No 6/9, 1st Cross, Begur Road, Hongasandra
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**NSS COMMITTEE, THE OXFORD COLLEGE OF PHARMACY, BANGALORE
ORGANISED**

AWARENESS PROGRAMME

ON

“WORLD NO TOBACCO DAY”

CHIEF PATRON

SHRI S. N. V. L NARASIMHA RAJU

CHAIRMAN

THE OXFORD EDUCATIONAL INSTITUTIONS

CONVENER

DR. PADMAA M PAARAKH

PRINCIPAL

THE OXFORD COLLEGE OF PHARMACY

ORGANISING COMMITTEE

NSS COMMITTEE

THE OXFORD COLLEGE OF PHARMACY

DATE: 31 /05/2021

TIME: 03.00 - 4: 00 PM



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PREAMBLE

The “**WORLD NO TOBACCO DAY**” event was organized by NSS committee headed by Dr. Paadma M. Paarakh, Principal, The oxford College of Pharmacy. The webinar was organized by our faculty Ms. R. Nagalakshmi on 31st May 2021 using Microsoft teams as the platform. There were 155 participants for this webinar, which included students and teachers of TOCP.

The webinar aimed to create awareness about the hazards of tobacco and the importance of living a tobacco-free life. It was an excellent initiative demonstrating the college's dedication to promoting a healthy lifestyle among its students and faculty.

World No Tobacco Day is a global event celebrated annually on May 31 to raise awareness about the tobacco epidemic and the preventable death and disease it causes. Created by the Member States of WHO in 1987, this event seeks to inform people about the dangers of using tobacco and tobacco companies' tactics.

This year, WHO launched a global campaign under the slogan "Commit to Quit" to celebrate World No Tobacco Day 2021. The campaign aims to promote tobacco cessation by supporting robust tobacco cessation policies, improving access to cessation services, raising awareness about the risks of smoking, and supporting people who want to quit tobacco via the quit and win initiatives.

The theme for World No Tobacco Day 2021 is "Commit to Quit," and it is more relevant now than ever before. Smokers have up to a 50% higher risk of developing severe disease and death from COVID-19, making it more critical to quit smoking to lower the risk of developing cancer, heart disease and respiratory illness

CONTENT OF WEBINAR

Resource person of the day was Dr. Paadma M. Paarakh, Principal, The oxford College of Pharmacy. She spoke about the consequences of consuming tobacco, various disease and its complications. She told tobacco smoke contains toxic chemicals that can damage the linings of the airways and lungs. It also suppresses the activity of different types of immune cells, weakening immunity and impairing one's ability to fight.



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Later she explained regarding complications following Covid in smokers as compared to non-smokers, risk of developing severe disease and death from Covid and other important comorbidities

After the principal's speech, Ms. Chanda Ranjan Assistant Professor, Dept. of Pharmaceutical Chemistry made the student and teachers to take a pledge regarding no use of tobacco. Then the event was addressed by Dr. Paadma M. Paarakh, Principal, The oxford College of Pharmacy. At the end of the event, Ms. R. Nagalakshmi thanked Dr. Paadma M. Paarkh, Principal, The oxford college of Pharmacy, the speaker of the event. She also thanked all the members of the committee and students to make this event successful.

Microsoft Teams

Recording has started. This meeting is being recorded. By joining, you are giving consent for this meeting to be recorded. Privacy policy

CHILDREN'S EDUCATION SOCIETY
THE OXFORD COLLEGE OF PHARMACY
1st Main Rd, Hongasandra, Bengaluru, Karnataka 560068

WORLD NO TOBACCO DAY

This year's Theme is
'COMMIT TO QUIT.'

The World Health Organization (WHO) promotes World No Tobacco Day each year to highlight the health risks of using tobacco and to encourage governments to put policies into action that help to reduce smoking and the use of other tobacco

31 MAY 2021

BY:
EXTENSION ACTIVITY CELL
2020-2021

Participants: +25, AK, MD, AK, DR, AR, KR, AD, SM, NR



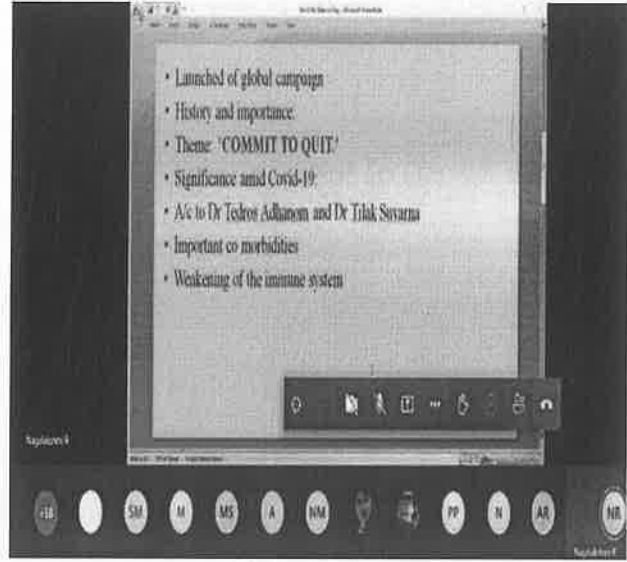
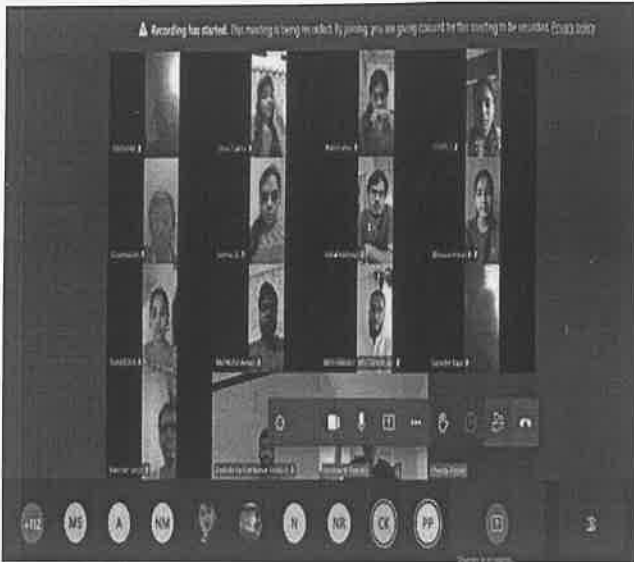
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The Oxford College of Pharmacy

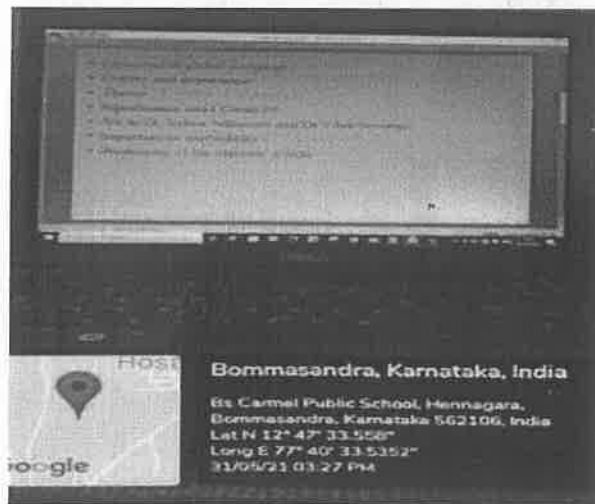
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Students from different classes participated in the webinar



Different slides emphasis the danger of tobacco consumption



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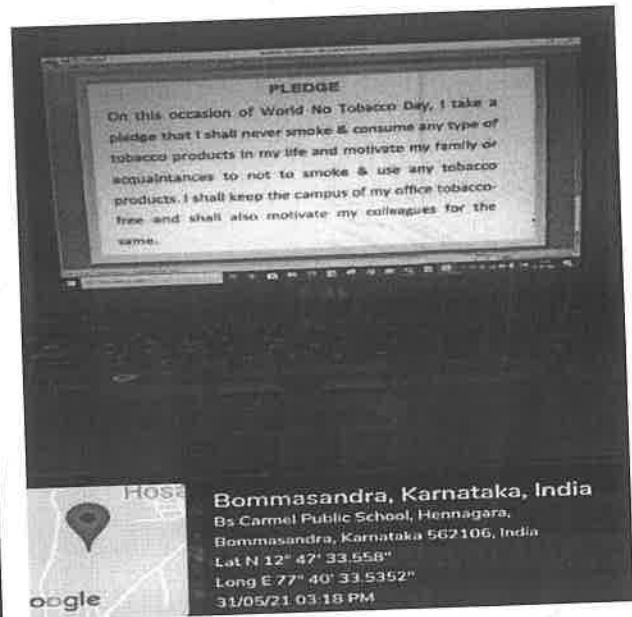
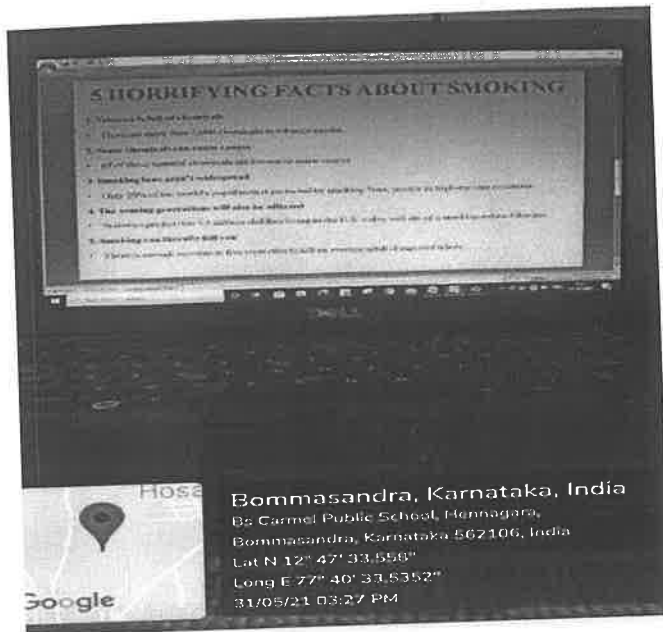


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Pledge taken in No tobacco day by the participants

OUT COME

On "World No Tobacco Day," around 155 students and faculty from The Oxford College of Pharmacy participated in an enlightening online seminar. The seminar had a profound impact on the attendees, as they gained knowledge of the severe health risks associated with tobacco usage. As a result, they made a collective commitment to refrain from tobacco consumption and increased their awareness of the harmful impact it can have on their loved ones and community, with a goal of eliminating this habit from their lives.

END OF REPORT



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Date: 3/06/2021

CIRCULAR

All the students of The Oxford College of Pharmacy are hereby informed that poster presentation on '**WORLD ENVIRONMENT DAY**' will be conducted on 05/06/2021. We look forward for the active participation for the same.

P. Padma

PRINCIPAL

PRINCIPAL
The Oxford College of Pharmacy
No 6/9, 1st Cross, Begur Road, Hongasandra
Bangalore - 560 068



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**NSS COMMITTEE, THE OXFORD COLLEGE OF PHARMACY, BANGALORE
ORGANISED SESSION
ON
"WORLD ENVIRONMENT DAY"**

CHIEF PATRON

SHRI S. N. V. L NARASIMHA RAJU
CHAIRMAN
THE OXFORD GROUP OF INSTITUTIONS

CONVENER

Dr. PADMAA M PAARAKH
PRINCIPAL
THE OXFORD COLLEGE OF PHARMACY

ORGANISING COMMITTEE

NSS COMMITTEE
THE OXFORD COLLEGE OF PHARMACY

DATE: 05TH JUNE 2021

TIME: 02:00-03:00 PM



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PREAMBLE

The Oxford College of Pharmacy in Bangalore recently hosted a poster presentation on "WORLD ENVIRONMENT DAY" with a focus on the theme of "Ecosystem Restoration". The event was organized by Ms. Chanda Ranjan and Ms. Nagalakshmi, Assistant Professors at the college, and conducted through MS Teams. 13 participants from various courses presented their posters and explained their concepts within a three-minute time frame. Judges, Dr. Jyothi Srivatsav and Ms. Prathusha asked questions and students answered in real time. The event lasted for one hour and thirty minutes and concluded with the announcement of the winners.

We are pleased to share that the winners of the poster presentation are as follows:

First Position – GAGANA K I SEM B. PHARM

Second Position – PRIYADARSHINI IV PHARM D

Third Position - SINCHANA III PHARM D

Congratulations to all participants for their hard work and dedication to environmental restoration.




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Children's Education Society
THE OXFORD COLLEGE OF PHARMACY
6/9, 1ST CROSS, BEGUR ROAD, HONGASANDRA, BANGALORE - 560068

Online Poster competition on
World Environment day
On 5th June 2021

Theme: Ecosystem Restoration

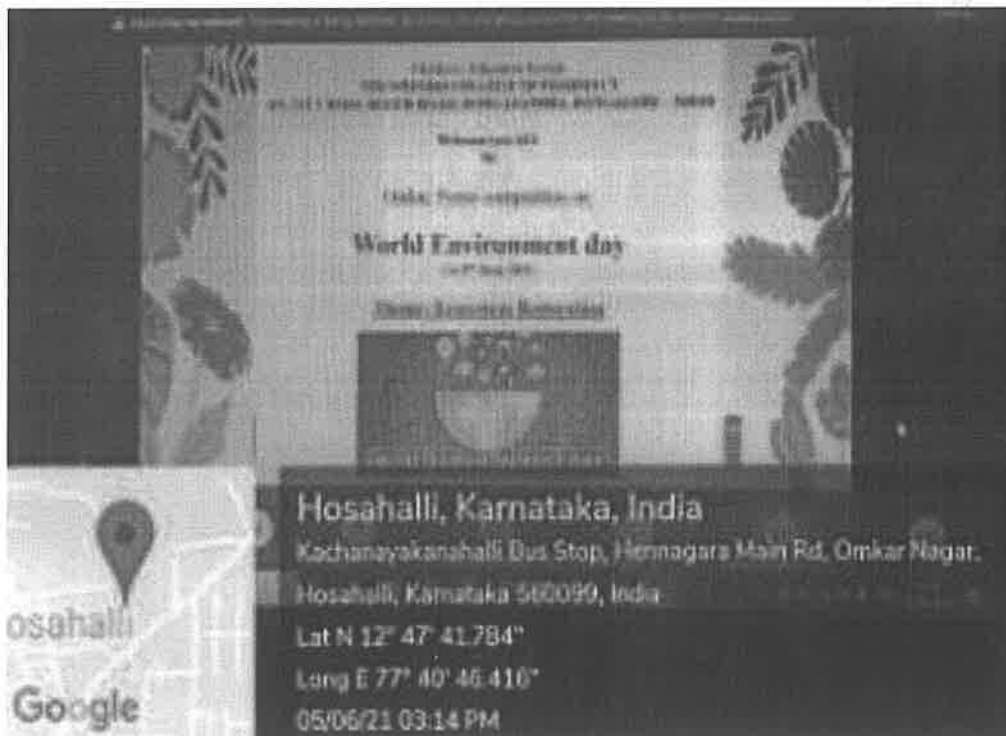
Last Date for submission is 4th June 2021.

For Registration and submission of poster
Click Here:
https://docs.google.com/forms/d/1pDggr98VPamJcA7MUhbPaNVqHH_FkFWzwmKwEZ1PU/edit

Guidelines:

1. Poster should be in JPEG or PDF format only
2. Hand made as well as all graphic media is accepted.
3. Certificate will be awarded to all the participant.
4. The participants have to upload the poster following the link given above by 4th June 2021, and on 5th June 2021 the poster will be presented in the TEAMS meeting by the participant.

For any queries you can contact Mrs Chanda Ranjan.



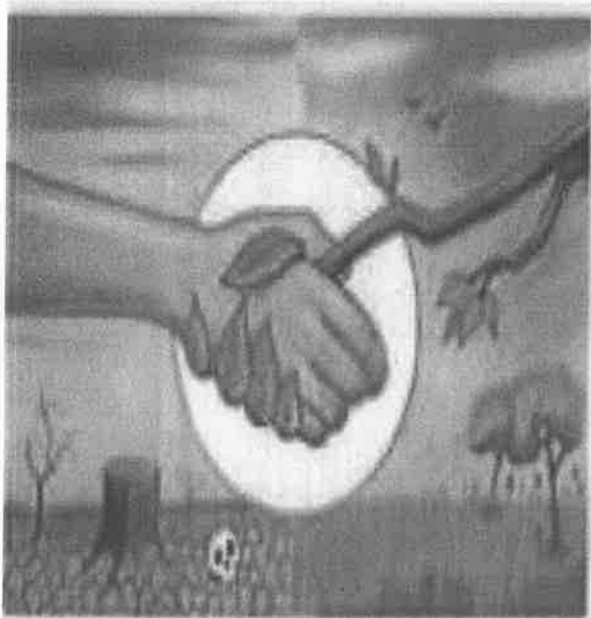
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Kochanayakanahalli Bus Stop, Hennagara Main Rd, Ormkar Nagar,
Hosahalli, Karnataka 560099, India
Lat N 12° 47' 41.784"
Long E 77° 40' 46.416"
05/06/21 03:14 PM



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Different posters presented by students with the theme of Ecosystem restoration



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Poster presented in the "World Environment Day".

OUTCOME

The Oxford College of Pharmacy organized program on "World Environment Day". Poster competition was held on the topic of Ecosystem Restoration which involved enthusiastic participation from students. 13 student's active participation and showcased their talent with insightful presentations on ecosystem maintenance and restoration by planting more plants, conserving water etc., The presentation not only provided valuable information but also gave students an opportunity to showcase their knowledge, enhance their presentation skills and gain confidence. The event was successful in creating awareness about environmental conservation and educating the participants about the importance of ecosystem restoration for sustainable future.

END OF REPORT



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Extension and Outreach Programs conducted by the Institution for

Academic Year 2019-20

S.NO	NAME OF THE ACTIVITY	ORGANISING UNIT	YEAR
1	Waste Paper Management	NSS UNIT, TOCP	2019-20
2	Swachh Bharat Abhiyan	NSS UNIT, TOCP	2019-20
3	Fit India movement	NSS UNIT, TOCP	2019-20
4	World Alzheimer's day	NSS UNIT, TOCP	2019-20
5	Pharmacist Day Rally	NSS UNIT, TOCP	2019-20
6	Go green Day	NSS UNIT, TOCP	2019-20
7	Observing Mask Day	NSS UNIT, TOCP	2019-20

P. Padma
PRINCIPAL

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Bangalore - 560 068



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Date: 04/08/2019

CIRCULAR

All the teaching, non-teaching, and student staff of The Oxford College of Pharmacy are hereby informed that the awareness program on "WASTE PAPER MANAGEMENT" on 06/08/2019. We look forward to active participation in the same.

P. Padma

PRINCIPAL

PRINCIPAL

The Oxford College of Pharmacy
No 619, 1st Cross, Begur Road, Hongasandra
Bangalore - 560 068



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NSS COMMITTEE, THE OXFORD COLLEGE OF PHARMACY BANGALORE

ORGANISED PROGRAM

ON

“WASTE PAPER MANAGEMENT”

CHIEF PATRON

SHRI S. N. V. L NARASIMHA RAJU

CHAIRMAN

THE OXFORD GROUP OF INSTITUTIONS

CONVENER

DR. PADMAA M PAARAKH

PRINCIPAL

THE OXFORD COLLEGE OF PHARMACY

ORGANISED COMMITTEE

NSS COMMITTEE

THE OXFORD COLLEGE OF PHARMACY

DATE: 06 AUGUST 2019

TIME: 09:00 AM – 12:00 PM



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PREAMBLE

On August 6th, 2019, The Oxford College of Pharmacy's NSS committee, hosted an awareness program on waste paper management. Mr. Ravi led the program, showcasing several craft-making techniques using waste papers. This event was attended by 300 students and six faculty members who actively participated.

Paper waste accounts for approximately 40% of Municipal Solid Waste, making it the most commonly discarded material. While paper waste is biodegradable, its recycling offers additional benefits to the management of MSW. Recycling paper is a straightforward process that involves reclaiming waste paper from MSW and repurposing it into new paper products. The highlight of the program was creating paper bags from waste paper for everyday use.

After the program our student volunteers went to nearby communities to create the awareness of waste paper management.



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Mr. Ravi educating the management of waste to the participants



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Speaker demonstrating the management of papers



Students keenly listening the demonstration



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Students creating awareness of waste paper management to the society.



Student Volunteers participated in the program



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OUTCOME

The pupils visited some neighboring places and created awareness on the correct disposal of paper waste and how plastics are harmful to our health. Their hard work led to cleanliness, good health, conservation and responsibility towards the environment. They also demonstrated how we all can make a difference by motivating people in the society to reduce plastic use. In total, there were 300 participants involved in both internal and external awareness programs. over all the program was benefited by students and community.

END OF THE REPORT



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Date: 10/08/2019

CIRCULAR

All the teaching, non-teaching, and students of The Oxford College of Pharmacy are hereby informed about the crucial awareness program on “SWACHH BHARAT ABHIYAAN” that will be conducted on 14/08/2019. We eagerly anticipate your active participation in this significant initiative.

P. Padma

PRINCIPAL

PRINCIPAL

The Oxford College Of Pharmacy
No 6/9, 1st Cross, Begur Road, Hongasandra
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**NSS COMMITTEE, THE OXFORD COLLEGE OF PHARMACY, BANGALORE
ORGANISED PROGRAMME**

ON

“SWACHH BHARAT ABHIYAN”

CHIEF PATRON

SHRI S. N. V. L. NARASIMHA RAJU

CHAIRMAN

THE OXFORD EDUCATIONAL INSTITUTIONS

CONVENER

DR. PADMAA M PAARAKH

PRINCIPAL

THE OXFORD COLLEGE OF PHARMACY

ORGANISING COMMITTEE

NSS COMMITTEE

THE OXFORD COLLEGE OF PHARMACY

DATE: 14 AUGUST 2019

TIME: 03.00 PM -4: 00 PM



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PREAMBLE

On the occasion of "Swachh Bharat Abhiyaan" on 14/08/2019, the NSS committee, The Oxford College of Pharmacy, Bangalore organized cleaning work inside and outside the college campus. Clean India would be the best tribute India could pay to Mahatma Gandhi on his 150-birth anniversary in 2019," said Honorable Prime Minister Shri Narendra Modi as he launched the Swachh Bharat Abhiyan on 2nd October 2014 and stated, "The dream of swachhata cannot be achieved even if 100 Mahatma Gandhi's or 1,000 Narendra Modi's or even all the CMs and Governments come together, but if 125 crore Indians come together that dream can be easily fulfilled.", PM Narendra Modi, October 2, 2017.

In line with the exemplary path set by our PM, Shri Narendra Modi, the NSS cell of The Oxford College of Pharmacy organized a Swachh Bharat Abhiyan on 14 August 2019. The program involved cleaning the college campus, Labs, Classrooms, and areas outside the campus, ensuring a clean and hygienic environment for all.

Around 30 students and four faculty members actively participated in this program and cleaned the campus and outside the campus.



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Students supported Swachh Bharat's rationale for maintaining the hygiene and cleanliness of Labs



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Students cleaning the Laboratories



Student collecting the waste from different places and disposing it in a waste Bin



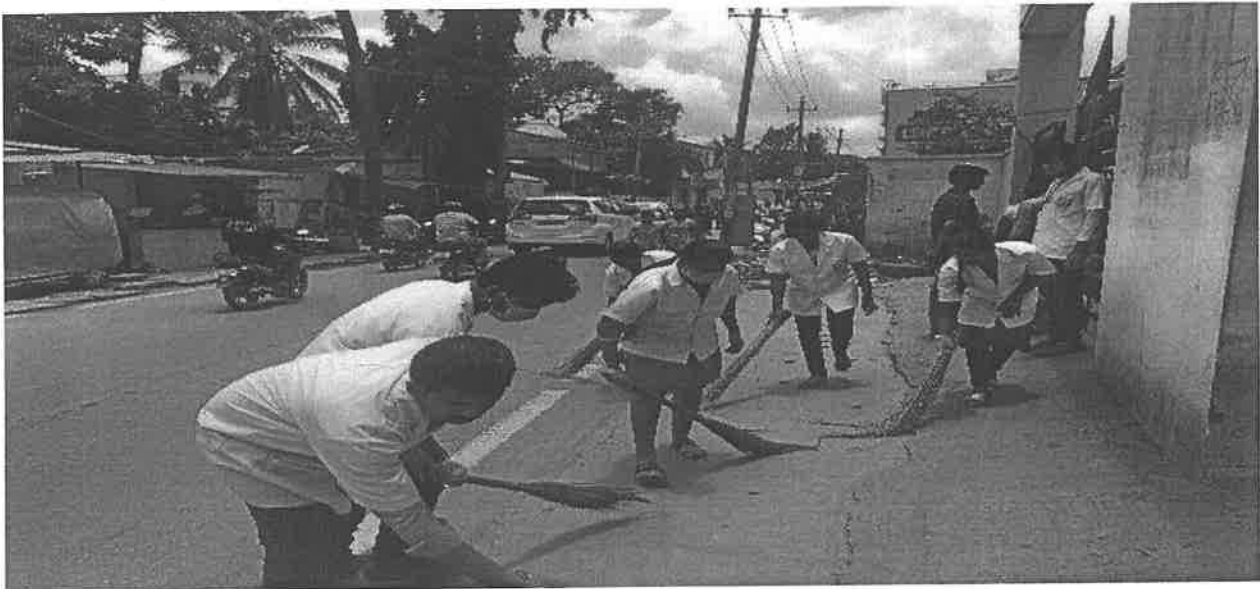
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Carrying the message and spreading awareness of Swachh Bharat outside the campus environment



Students actively cleaning inside the campus



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Local community people joined the students in cleaning work



Student Volunteers participated in the program



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OUTCOME

The initiative taken by the NSS Committee of The Oxford College of Pharmacy was not just successful, but it also made a significant impact on the society. There were around 30 participants participated in this awareness program. The dream of Swachh cannot be achieved by the government alone without 125 crore Indians, said PM Narendra Modi, which was taken into prior consideration, students and faculty started the cleaning work from college and outside the campus. Swachh Bharat Abhiyan's primary aim was pursued by the students who got involved with society and the community, thus making the day's objective realized.

END OF REPORT



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Date: 26/08/2019

CIRCULAR

All the teaching, non-teaching, and students of The Oxford College of Pharmacy are hereby informed that an awareness program on 'FIT INDIA MOVEMENT' will be conducted on 29/08/2019. We look forward for the active participation for the same.

P. Padma
PRINCIPAL

PRINCIPAL
The Oxford College of Pharmacy
No.6/9, 1st Cross, Begur Road, Hongasandra,
Bengaluru - 560 068



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**NSS COMMITTEE, THE OXFORD COLLEGE OF PHARMACY, BANGALORE
ORGANISED PROGRAM**

ON

“FIT INDIA MOVEMENT”

CHIEF PATRON

SHRI S. N. V. L NARASIMHA RAJU

CHAIRMAN

THE OXFORD GROUP OF INSTITUTIONS

CONVENER

DR. PADMAA M PAARAKH

PRINCIPAL

THE OXFORD COLLEGE OF PHARMACY

ORGANISING COMMITTEE

NSS COMMITTEE

THE OXFORD COLLEGE OF PHARMACY

DATE: 29 AUGUST 2019

TIME: 09:00 AM – 12:00 PM



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Children's Education Society (Regd.)

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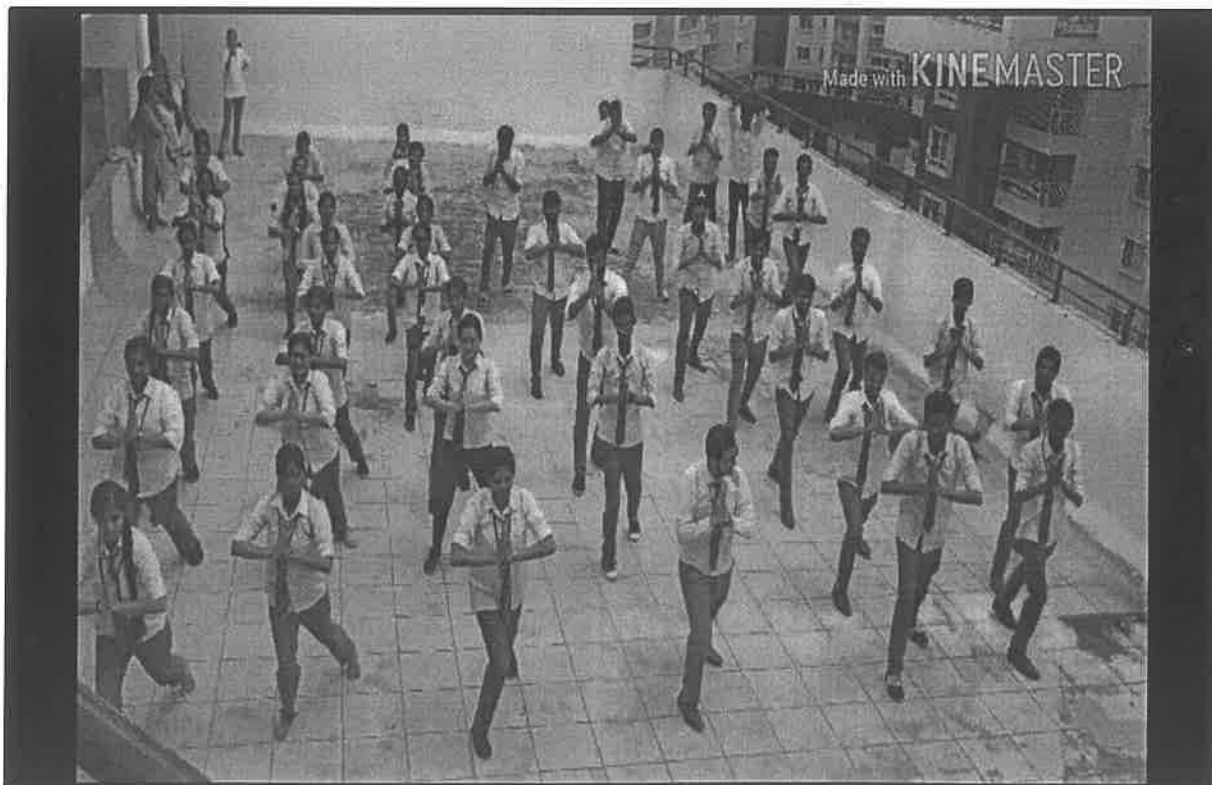
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PREAMBLE

The NSS committee, The Oxford College of Pharmacy, Bangalore, has organized the FIT INDIA MOVEMENT 2019, an initiative taken by our Honourable Prime Minister Shri Narendra Modi, on 29 August 2019, with the motto of this event that is to make a healthy generation. Around 120 participants participated in the program, including the staff of The Oxford College of Pharmacy.

Dr Mallikarjuna Setty, HOD, Department of Pharmaceutics, The Oxford College of Pharmacy, addressed the students and briefed them regarding the purpose of following the Fit India movement and its importance in our lives. followed by

Dr Parthasarathy, HOD, Department of Pharmacy Practice, enlightened the students on Yoga and mentioned various diseases whose risk can be reduced with regular physical activities. Overall, the session was interactive and helpful.



Students actively doing the physical exercise



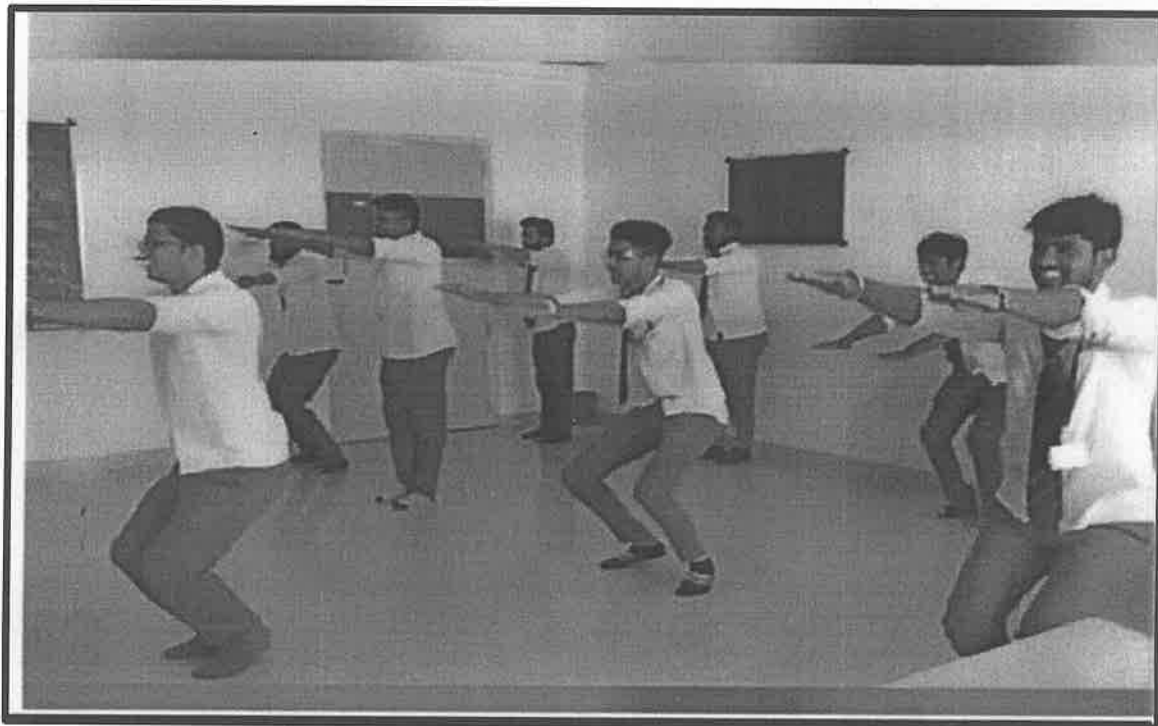
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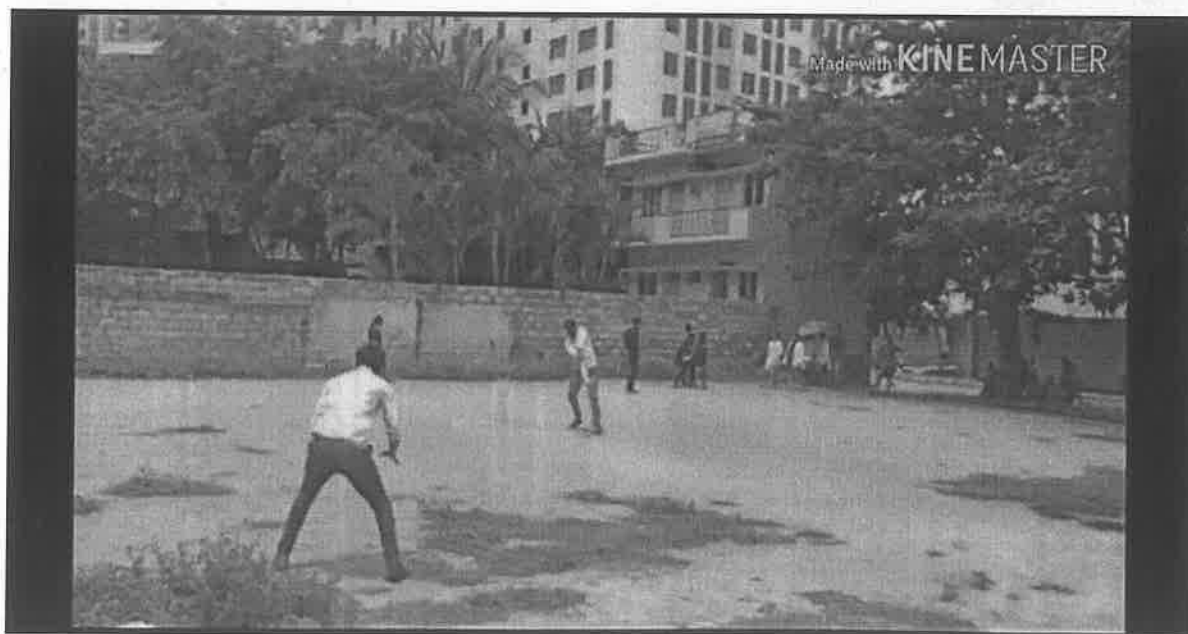
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Students involved in different physical activities



Boys involved in sports activities



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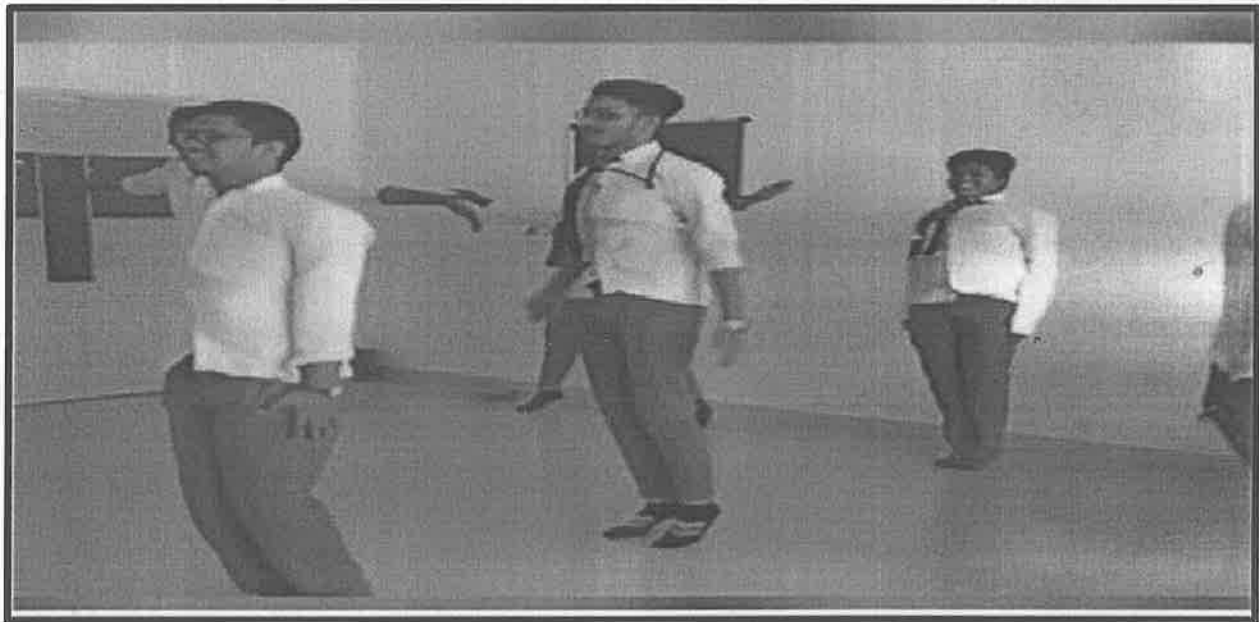
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Girls actively practicing the step climbing activities



Students enthusiastically participated in the Jumping activities



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OUTCOME

The Oxford College of Pharmacy's Fit India Movement is one that has a lot of meaning and benefits. It has created awareness about the importance of being physically active and having good health, besides making students and community near it to embrace wellness and fitness in their daily lives. Physical fitness plays a vital role in academic and personal development because it helps maintain the body's overall well-being both mentally and physically which is important for learning. The program's advantages are anticipated to be permanent with positive outcomes on participants' general health as well as welfare. This laudable move has impacted all participants significantly. There were approximately 120 attendees participated in this program.

END OF REPORT



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Date: 18/09/2019

CIRCULAR

All the teaching, non-teaching, and students of The Oxford College of Pharmacy are hereby informed that the awareness program on “**World Alzheimer's Day.**” The program will be conducted on 21/09/2019 from 10:00 AM to 12:00 PM. We look forward to your active participation.

P. Padma

PRINCIPAL

PRINCIPAL

The Oxford College Of Pharmacy
No 6/9, 1st Cross, Begur Road, Hongasandra
Bangalore - 560 068



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NSS COMMITTEE, THE OXFORD COLLEGE OF PHARMACY, BANGALORE

ORGANISED PROGRAM

ON

“WORLD ALZHEIMER DAY”

CHIEF PATRON

SHRI S. N. V. L NARASIMHA RAJU

CHAIRMAN

THE OXFORD GROUP OF INSTITUTIONS

CONVENER

DR. PADMAA M PAARAKH

PRINCIPAL

THE OXFORD COLLEGE OF PHARMACY

ORGANISING COMMITTEE

NSS COMMITTEE

THE OXFORD COLLEGE OF PHARMACY

DATE: 21 SEPTEMBER 2019

TIME: 09:00 AM – 12:00 PM

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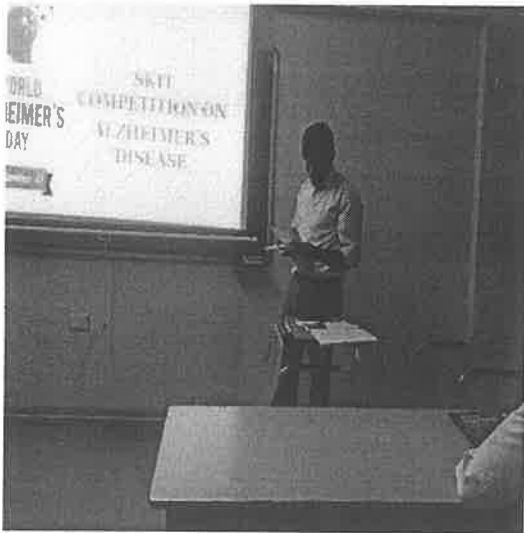
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PREAMBLE

The NSS Committee, The Oxford College of Pharmacy in Bangalore hosted a Skit competition on World Alzheimer's Day, September 21, 2019. This event was more than just a competition. It was a powerful tool for raising awareness about Alzheimer's and Dementia, two causes that require our attention. A total of 24 students and six faculty members actively participated in this impactful event.

The primary goal of the program was to equip our students with valuable knowledge on how to respond to the needs of elderly individuals living with dementia. This topic is not only relevant but also highly applicable in our society today. Alzheimer's disease is a progressive neurodegenerative disorder that leads to cognitive decline, memory loss, and behavioral changes. The skits enacted by the students were designed to address this objective. The panel of judges, consisting of Dr. Nagalakshmi G, Mrs. Divya S Kumar, and Mrs. Nallaguntla Lavanya, evaluated the performances. The winning team was the Devraj team from the III Pharm.D. program.



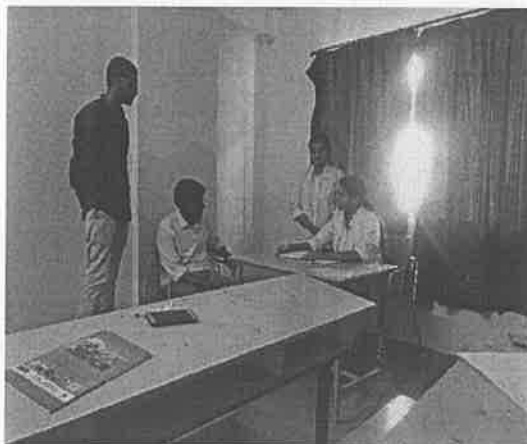
Students actively performing the skit

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Students from different class group performing the Skit to create awareness of Alzheimer disease

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Student volunteers participated in the skit competition

OUTCOME

The performance of the students was both impactful and enlightening, which effectively showed the devastating consequences of the Alzheimer's disease through their skit. The audience was captivated by a powerful show that left a lasting impression on them and made both students and teachers more aware. In this way, appropriate care for people with this condition becomes so significant. All performers were therefore properly acknowledged and rewarded as they had shown an outstanding effort in that regard. There were about 24 active participants in this program.

END OF THE REPORT



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Date: 20/09/2019

CIRCULAR

All the teaching, non-teaching, and students of The Oxford College of Pharmacy are hereby informed that there is a "PHARMACIST DAY RALLY" on 25/09/2019. We look forward for the active participation for the same.

P. Padma
PRINCIPAL

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Bangalore - 560 068

NSS COMMITTEE, THE OXFORD COLLEGE OF PHARMACY BANGALORE



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**NSS COMMITTEE, THE OXFORD COLLEGE OF PHARMACY BANGALORE
ORGANISED PROGRAMME**

ON

“PHARMACIST DAY RALLY”

CHIEF PATRON

SHRI S. N. V. L NARASIMHA RAJU

CHAIRMAN

THE OXFORD EDUCATIONAL INSTITUTIONS

CONVENER

DR. PADMAA M PAARAKH

PRINCIPAL

THE OXFORD COLLEGE OF PHARMACY

ORGANISING COMMITTEE

NSS COMMITTEE

THE OXFORD COLLEGE OF PHARMACY

DATE: 25 SEPTEMBER 2019

TIME: 03.00 PM -4: 00 PM



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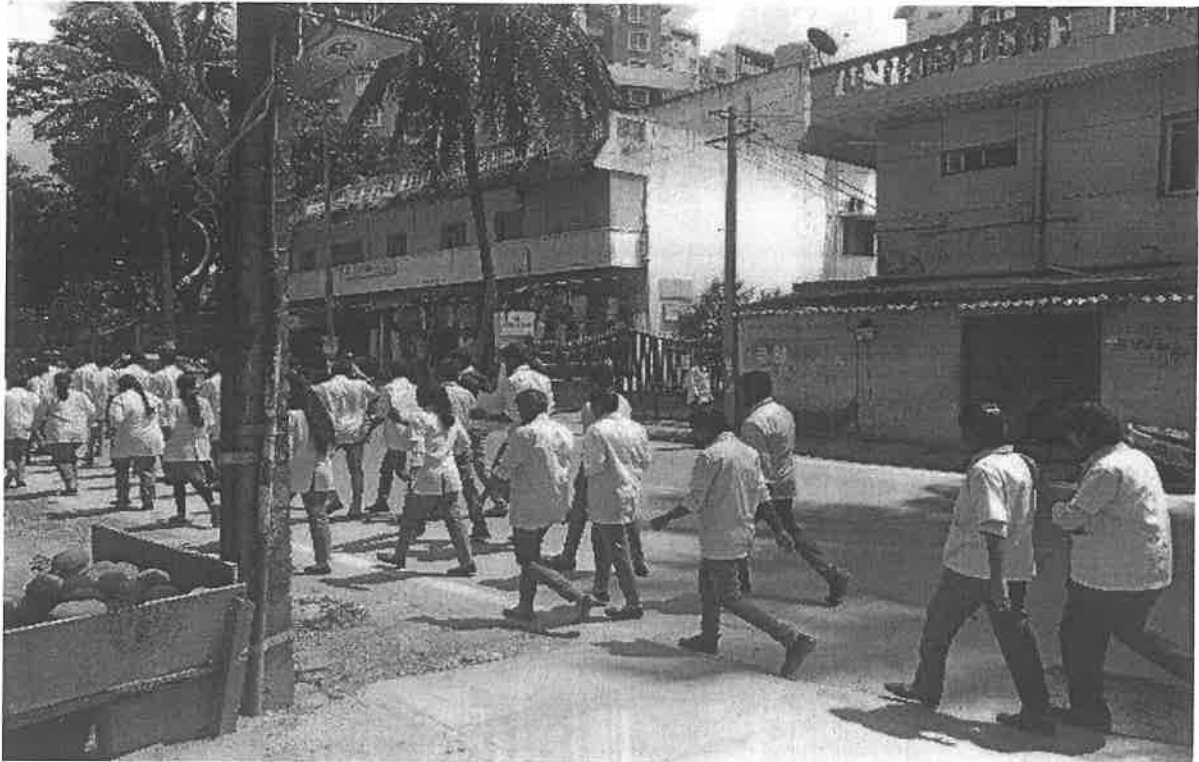
Approved by Pharmacy Council of India, New Delhi)

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PREAMBLE

On the occasion of the World Pharmacist Day Celebration on September 25th, 2019, A Rally was organized by the NSS committee, The Oxford College of Pharmacy, Bangalore.

The main theme of the rally was to spread awareness to society regarding the importance of medicine and the role of a pharmacist. There was a total of 250 students and six faculty members attended this event. The rally was supported by banners and posters regarding the role and importance of pharmacists and Medicine.



Students showed active participation in the rally



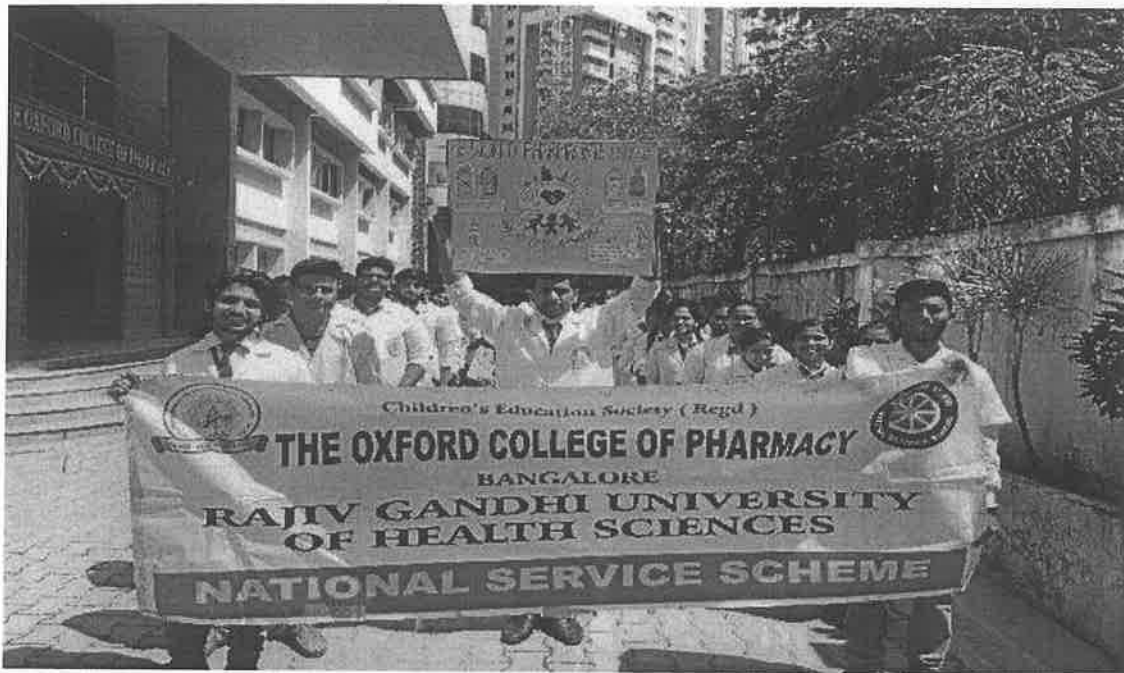
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NSS Volunteers participated in the pharmacist day rally



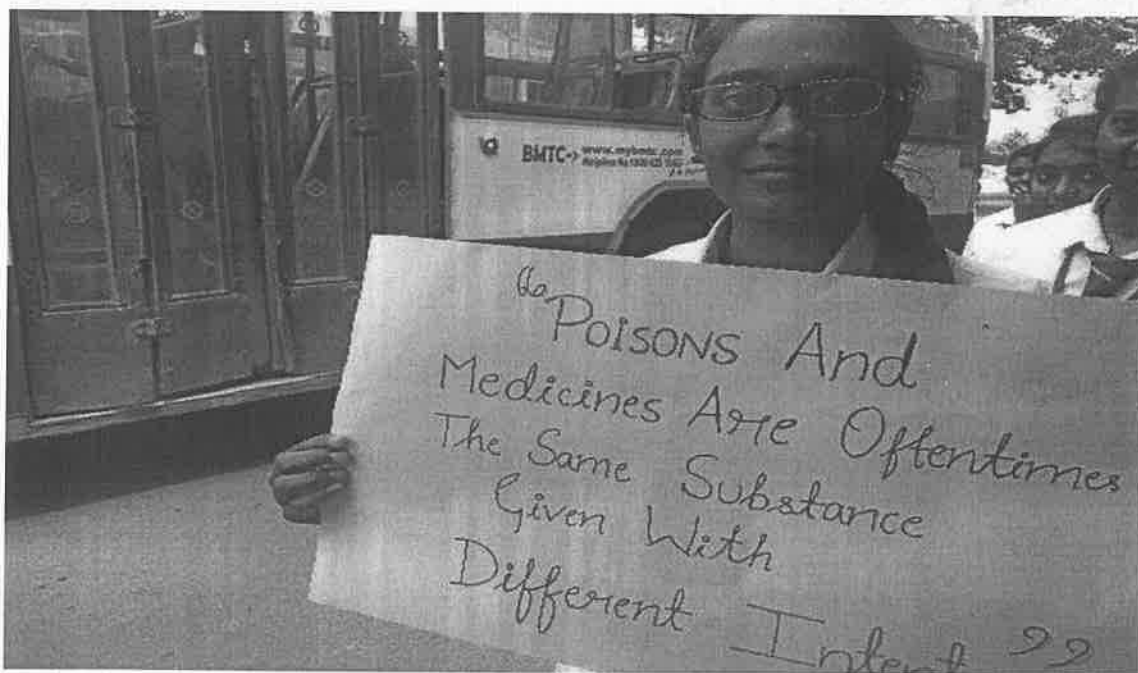
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Student volunteers with poster contains role of pharmacist towards the society



Students with poster represents the role of drug in pharmacist day rally



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Students enthusiastically participated in the pharmacist rally



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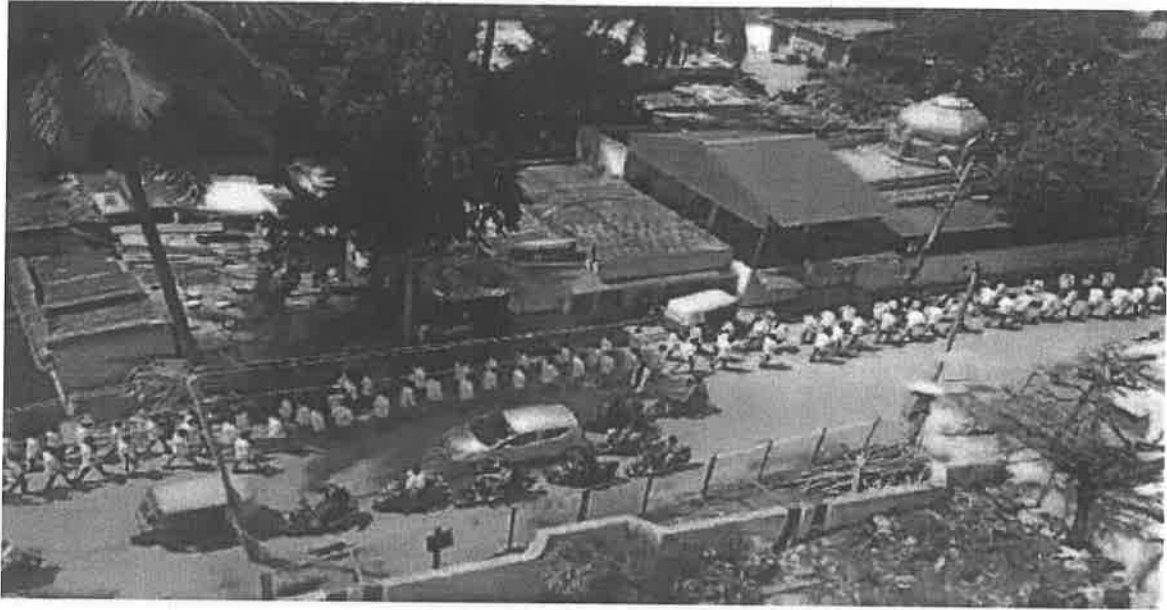
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View of pharmacist day rally

OUTCOME

The Oxford College of Pharmacy organized a successful Pharmacist Day Rally. It was able to effectively inform the local community about medicine and the role of pharmacists in society. More than 250 students and professors took part actively taking intervals for enlightening people on how to properly use drugs. In so doing, our college helped raise awareness and in turn the local population thanked us for that. This rally did not only succeed for us but it was also a huge impact on the local community.

END OF REPORT



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Date: 25/9/19

CIRCULAR

All the teaching, non-teaching, and students of The Oxford College of Pharmacy are hereby informed that an awareness program on 'GO GREEN DAY' will be conducted on 03/10/2019. We look forward for the active participation for the same.

P. Padma

PRINCIPAL

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The Oxford College of Pharmacy
No 6/9, 1st Cross, Begur Road, Hongasandra
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NSS COMMITTEE, THE OXFORD COLLEGE OF PHARMACY, BANGALORE

ORGANISED PROGRAM

ON

“GO GREEN DAY”

CHIEF PATRON

SHRI S. N. V. L NARASIMHA RAJU

CHAIRMAN

THE OXFORD GROUP OF INSTITUTIONS

CONVENER

DR. PADMAA M PAARAKH

PRINCIPAL

THE OXFORD COLLEGE OF PHARMACY

ORGANISING COMMITTEE

NSS COMMITTEE

THE OXFORD COLLEGE OF PHARMACY

DATE: 3 OCTOBER 2019

TIME: 09:00 AM – 12:00 PM



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PREAMBLE

The NSS committee, The Oxford College of Pharmacy, Bangalore has organized event on “Go Green day”. The event was organized on 03.10.2019 and around 16 students and eight faculty members participated to create an awareness to “conserve and protect natural resources for future generations” and to protect human health through environmental monitoring.

CONTENT OF THE EVENT

Students actively participated in this event by presenting their thoughts and creative ideas to the evaluation panel. Some students prepared posters with much creativity and presented them, while others gave oral presentations using PowerPoint. They discussed various ways to preserve nature and protect the Earth.

Students from IV Pharm.D explained that Earth is facing numerous problems, such as pollution, deforestation, global warming, and climate change. They emphasized the importance of devising solutions to prevent such issues and maintain a green and clean environment. They suggested recycling and reusing products to reduce waste and pollution levels.

D.Pharm first-year student Kavya explained the significance of saving water and methods to conserve it, such as turning off taps and using a bucket for bathing. She also mentioned rainwater harvesting and watershed management.

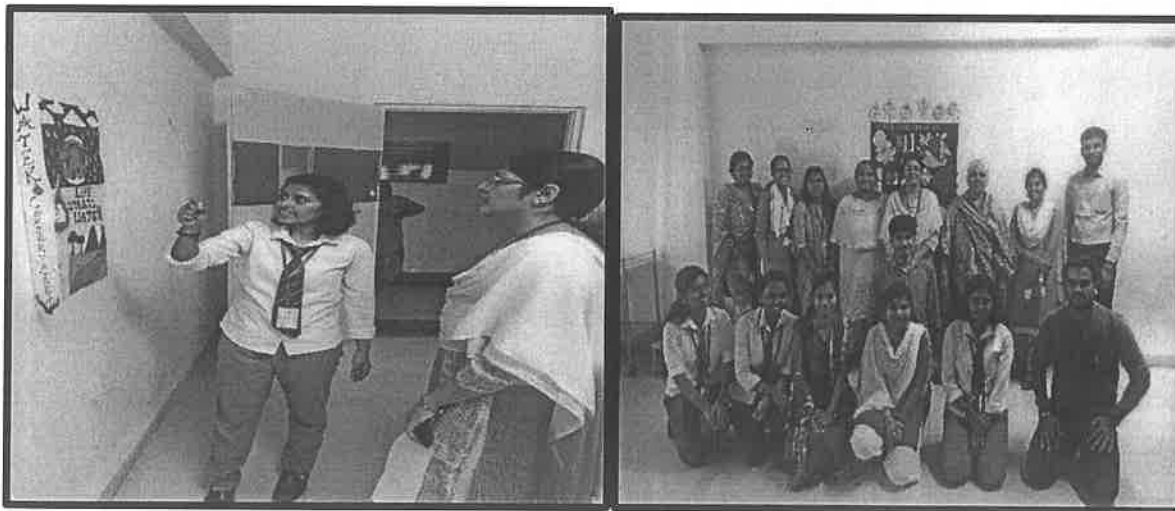
A fifth-semester B.Pharm student named Kavya discussed the harmful effects of plastic usage on the environment, emphasizing its contribution to pollution. She advocated for the switch to wooden-based materials and the use of jute or paper bags instead of plastic ones to reduce plastic pollution.

Following the presentations, faculty members Mrs. Surinder Kaur, Dr. C.M.Setty, Dr. Nagalakshmi, and Mrs. Divya S Kumar announced the winners of the poster and oral presentations. After the indoor program, students ventured into nearby communities to spread awareness about a green Earth.

After completing the college event our students went to nearby communities for the awareness of conserve and protect natural resources for future generations.



Students with their posters- Go green day



Student presenting the poster to the evaluator



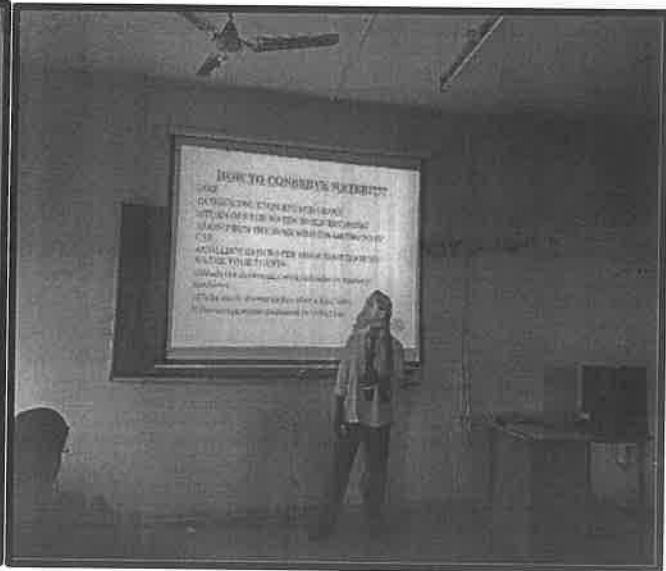
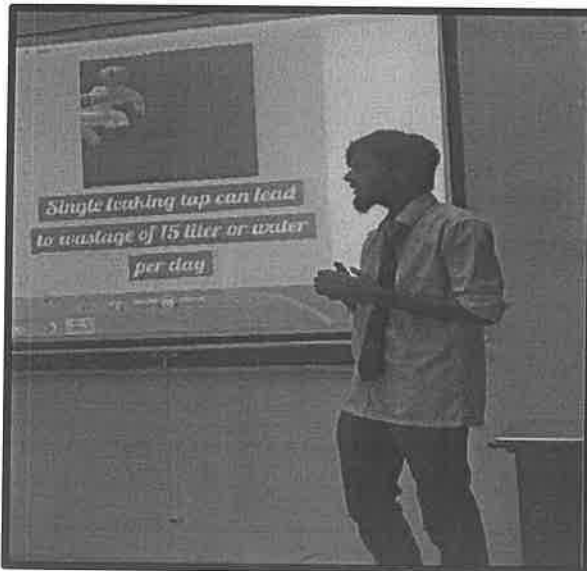
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Students presenting the importance of rain water and preserving the nature



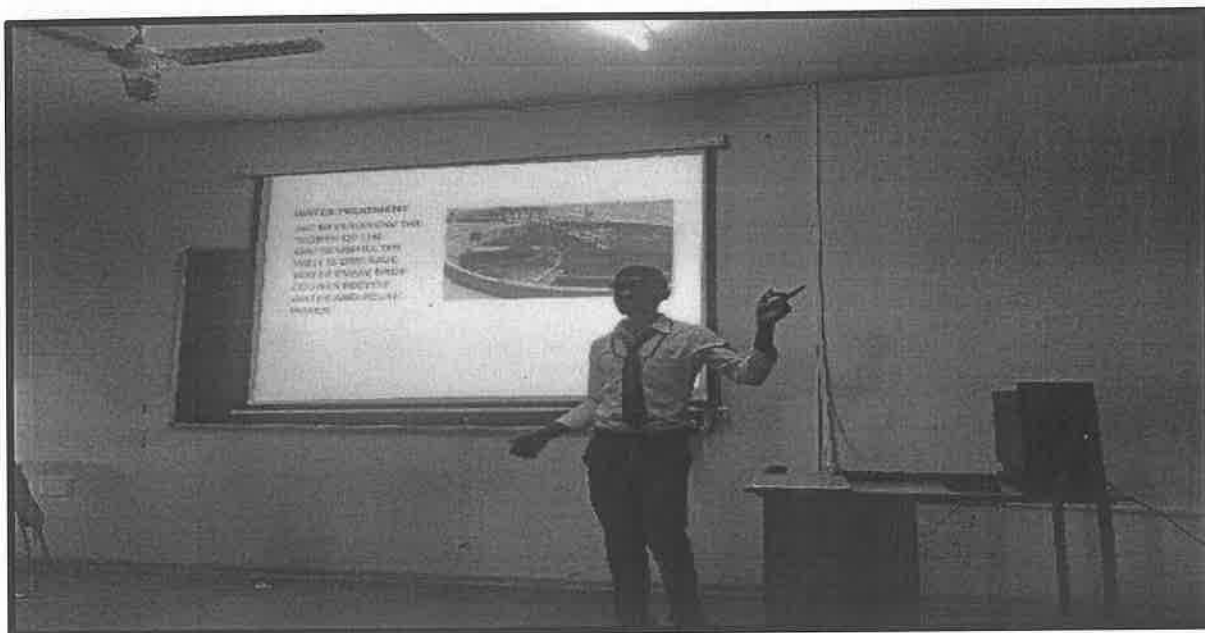
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Student presenting the importance of environment to the gathering



Students creating green awareness to the local society



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Students creating awareness to the local community- Go green day



Student Volunteers participated in the program- Go green day



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OUTCOME

Several other classes had a total of about 16 students present posters meant to underscore the need for a green India. The PowerPoint slides were used by students who discussed the color green representing fertility, wealth and natural beauty. At that time, the nearby community also learned from the students about how they can preserve the environment. community also made it clear that we have to take care of our planet so that it continues supporting us with vital resources such as fresh air and beautiful landscapes. The local society members appreciated and praised the dedication of the students and their initiatives.

END OF REPORT



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Date: 15/06/2020

CIRCULAR

All the teaching staff and students of The Oxford College of Pharmacy are hereby informed that an awareness program on “**OBSERVING MASK DAY**” will be conducted online on 18/06/2020. We look forward for the active participation for the same.

P. Padma

PRINCIPAL

PRINCIPAL

The Oxford College of Pharmacy
No.6/9, 1st Cross, Begur Road, Hongasandra
Bangalore - 560 068



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NSS COMMITTEE, THE OXFORD COLLEGE OF PHARMACY, BANGALORE

ORGANISED PROGRAM

ON

“OBSERVING MASK DAY”

CHIEF PATRON

SHRI S. N. V. L NARASIMHA RAJU

CHAIRMAN

THE OXFORD GROUP OF INSTITUTIONS

PATRON

DR. PADMAA M PAARAKH

PRINCIPAL

THE OXFORD COLLEGE OF PHARMACY

ORGANISING COMMITTEE

NSS COMMITTEE

THE OXFORD COLLEGE OF PHARMACY

DATE: 18TH JUNE 2020

TIME: 11:00 AM-12:00PM



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PREAMBLE

The NSS committee, and The Oxford College of Pharmacy, Bangalore, organized online program on "Observing Mask Day" on June 18, 2020. Mrs. Hyma Sara Varghese, Assistant Professor at the Oxford College of Pharmacy, delivered the speech at the program. The program was conducted by using the online platform.

Emphasizing the importance of wearing a mask during the COVID-19 pandemic, the Chief Minister of Karnataka, B.S. Yeddyurappa, ministers, celebrities, and a host of officials observed Mask Day on 18 June 2020 to create awareness about the importance of wearing a mask as a preventive measure against Covid-19. The theme of the year was "Wear mask, Protect yourself and surrounding people."

CONTENT OF THE PROGRAM

The program was conducted online due to the COVID-19 pandemic. Mrs. Hyma Sara Varghese spoke regarding the importance of the mask and many people who have COVID-19 and are asymptomatic but can still spread the virus through droplets that escape from the mouth when speaking, sneezing, and coughing. Scientists have proven that using masks lowers COVID-19 cases, even in the long term. As we approach back-to-school season, public knowledge of proper masking techniques is now more important than ever. She also mentioned that Children and aged citizens should wear masks in public settings. When you wear a mask, you protect others as well as yourself. Masks work best when everyone wears one. A mask is NOT a substitute for social distancing. Masks should still be worn in addition to staying at least 6 feet apart, especially when indoors around people who don't live in your household. Wash your hands with soap and water for at least 20 seconds, or use hand sanitizer with at least 60% alcohol after touching or removing your mask.

She highlighted that the reason for this is that the virus that causes COVID-19 can be spread even before symptoms appear by such things as coughing, sneezing, or even speaking at close range. Cloth face coverings have been recommended due to their low cost and ready availability. Using cloth face coverings, it preserves surgical masks and N-95 masks for healthcare workers who may be involved in direct care of patients with COVID-19. Wearing masks in conjunction with social distancing and frequent handwashing or use of hand sanitizer will be important in limiting the spread of COVID-19 as we return to our usual activities.



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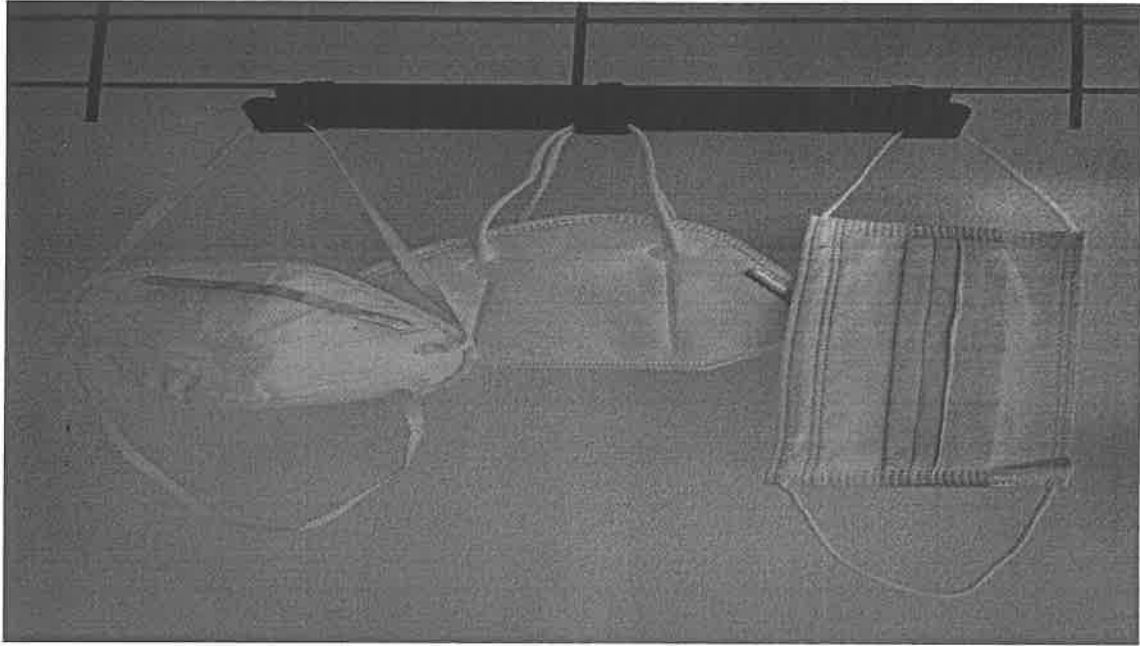
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Showcasing different types of masks in the webinar

The students shared their opinions about the importance of wearing masks and also mentioned that the government alone cannot curb the spread of the pandemic without the active support and participation of the people. Then, Mrs. Hyma Sara Varghese concluded her speech, followed by Mrs. Nagalakshmi, Assistant professor at the Oxford College of Pharmacy. She thanked everyone who had joined the program and assured them to conduct awareness programs in the near future. There were around 75 participants participated this program.



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Students attending an online program



Students and faculties supporting the use of mask



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OUTCOME

The Oxford College of Pharmacy conducted an online program on Mask Day, emphasizing the significance of wearing masks to safeguard oneself and those around one. Participants discussed lively in this virtual program, sharing their viewpoints and experiences amidst the current pandemic situation. In this program, it was delivered that different types of masks available in the market and their advantages and disadvantages very clearly. It was evident that all attendees comprehended the importance of mask-wearing in not only protecting themselves but also their environment. The virtual event was successful. Around 75 participants benefited by this program.

END OF REPORT



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Extension and Outreach Programs conducted by the Institution for Academic Year 2018-19

S.NO	NAME OF THE ACTIVITY	ORGANISING UNIT	YEAR
1	Kerala flood relief fund	NSS UNIT, TOCP	2018-19
2	Swachh Bharat Abhiyan	NSS UNIT, TOCP	2018-19
3	Walk against Drug Abuse	NSS UNIT, TOCP	2018-19
4	Pulse Polio Campaign	NSS UNIT, TOCP	2018-19
5	Work on Cashless India	NSS UNIT, TOCP	2018-19
6	Environmental Awareness Program - Go Green	NSS UNIT, TOCP	2018-19

P. Padma
PRINCIPAL

The Oxford College Of Pharmacy
No.6/9, 1st Cross, Begur Road, Hongasandra
Bangalore - 560 068



Children's Education Society (Regd.)

The Oxford College of Pharmacy

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Approved by Pharmacy Council of India, New Delhi)

Accredited by NAAC and International Accreditation Organization (IAO)

Date: 20/08/2018

CIRCULAR

All the teaching, non-teaching and students of The Oxford College of Pharmacy are hereby informed that an “KERALA FLOOD RELIEF DRIVE” will be conducted on 23/08/2018 & 24/08/2018. We look forward for the active participation for the same.

P. Padma
PRINCIPAL

PRINCIPAL

The Oxford College Of Pharmacy
No 6/9, 1st Cross, Begur Road, Hongasandra
Bangalore - 560 068



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NSS COMMITTEE, THE OXFORD COLLEGE OF PHARMACY, BANGALORE

ORGANISED

“KERALA FLOOD RELIEF DRIVE”

CHIEF PATRON

SHRI S. N. V. L NARASIMHA RAJU

CHAIRMAN

THE OXFORD GROUP OF INSTITUTIONS

CONVENER

DR. PADMAA M PAARAKH

PRINCIPAL

THE OXFORD COLLEGE OF PHARMACY

ORGANISING COMMITTEE

NSS COMMITTEE

THE OXFORD COLLEGE OF PHARMACY

DATE: 23/08/2018 & 24/08/2018



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PREAMBLE

Students of The Oxford College of pharmacy extend their support by two days collection drive to raise money and daily needs like food, medicines, sanitary napkins, blankets, drinking water, etc. to help the flood victims and the money collected was deposited in to the Chief Minister's flood relief fund account. Around 25 volunteers participated in the program.



NSS Volunteers handing over the money collected to support the flood victims to The Principal, The Oxford College of Pharmacy.





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NSS volunteers participated in flood relief program



Bank Draft- Kerala flood relief drive

OUTCOME

The Kerala flood relief initiative was a successful philanthropical effort that aided and supported people affected by the floods in August 2018. The government of Kerala directed the program in partnership with NGOs and volunteers. Around 25 volunteers from The Oxford College of Pharmacy collected money for the flood relief and handed over the amount to Principal madam. This fund provided very important provisions and also set up relief camps. The relief drive program also received noteworthy backing from various parts of the country and overseas nations, making it a outstanding example of joint effort in times of natural calamity.



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Date: 13/09/2018

CIRCULAR

All the teaching, non-teaching and students of The Oxford College of Pharmacy are hereby informed that an awareness program on 'SWACHH BHARATH ABHIYAN' will be conducted on 15/09/2018. We look forward for the active participation for the same.

P. Padma

PRINCIPAL

PRINCIPAL

The Oxford College of Pharmacy
No.6/9, 1st Cross, Begur Road, Hongasandra,
Bangalore - 560 068



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**NSS COMMITTEE, THE OXFORD COLLEGE OF PHARMACY, BANGALORE
ORGANISED**

PROGRAMME ON "SWACHH BHARATH ABHIYAN"

CHIEF PATRON

SHRI S. N. V. L NARASIMHA RAJU

CHAIRMAN

THE OXFORD GROUP OF INSTITUTIONS

CONVENER

DR. PADMAA M PAARAKH

PRINCIPAL

THE OXFORD COLLEGE OF PHARMACY

ORGANISING COMMITTEE

NSS COMMITTEE

THE OXFORD COLLEGE OF PHARMACY

DATE: 15 SEPTEMBER 2018

TIME: 09:00 AM – 12:00 PM



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The Oxford College of Pharmacy

(Recognized by the Govt. of Karnataka, Affiliated to Rajiv Gandhi University of Health Science, Karnataka;

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PREAMBLE

The NSS committee, the oxford college of pharmacy organized awareness program on **"SWACHH BHARATH ABHIYAN"** on 15 September 2018, the students and staff from the oxford college of pharmacy participated and cleaned the college campus and outside the campus actively. Around 50 volunteers actively participated in the program.

The national movement for 'Swachh Bharath' can also be viewed as 'Swachh Bharath' as it comprises of a series of public health initiatives towards practicing preventive health. Shri Narendra Modi is the first ever Prime Minister of India who has paid attention to this crucial link between open defecation/sanitation and health of the nation. Although, building toilets will be job half-done but ending open defecation is as much about fighting mind-sets and PM Modi is driving this transition through behavioural change among people through awareness campaigns, speeches and celebrity involvement in the program. Swachh Bharath Abhiyan receives 15 per cent of the funding for Information, Education and Communication (IEC) to trigger behaviour change and generate demand for sanitation.



NSS team along with student volunteers



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Students actively cleaning the campus



Students cleaning the streets outside the college



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Students and faculties after the program

OUTCOME

The initiative of Swachh Bharath Abhiyan has had a positive impact on students of The Oxford College of Pharmacy. One of the outcomes of this program was bringing improved responsiveness, which has led to students taking more accountability for keeping their institution and communities clean. Around 50 participants participated and cleaned the college campus and outside the college premises which was highly appreciated by the public surrounded by the college.

Additionally, the importance on upgraded hygiene has made college a safer and more hygienic space for students. Through this program, student body also learned about waste management and how to be more environmentally aware community. Overall, the Swachh Bharath Abhiyan has helped to community accountability and pride amongst the students.

END OF REPORT



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Date: 06/11/2018

CIRCULAR

All the teaching, non-teaching and students of The Oxford College of Pharmacy are hereby informed that an awareness program on “A WALK AGAINST DRUG ABUSE” will be conducted on 10/11/2018. We look forward for the active participation for the same.

P. Padma
PRINCIPAL

PRINCIPAL

The Oxford College of Pharmacy
No 6/9, 1st Cross, Begur Road, Hongasandra
Bangalore - 560 068



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NSS COMMITTEE, THE OXFORD COLLEGE OF PHARMACY, BANGALORE

ORGANISED PROGRAMME

ON

“A WALK AGAINST DRUG ABUSE”

CHIEF PATRON

SHRI S. N. V. L NARASIMHA RAJU

CHAIRMAN

THE OXFORD GROUP OF INSTITUTIONS

CONVENER

DR. PADMAA M PAARAKH

PRINCIPAL

THE OXFORD COLLEGE OF PHARMACY

ORGANISING COMMITTEE

NSS COMMITTEE

THE OXFORD COLLEGE OF PHARMACY

DATE: 10 NOVEMBER 2018

TIME: 06:00 AM – 09:00 AM



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PREAMBLE

The NSS Committee, the oxford college of pharmacy organized a Walkathon on “A WALK AGAINST DRUG ABUSE” in association with Bangalore city police. The Students of The Oxford College of Pharmacy participated and had raised an awareness and took a stand against drug abuse.

Addiction is a disease that affects your brain and behaviour. When you're addicted to drugs, you can't resist the urge to use them, no matter how much harm the drugs may cause. The earlier you get treatment for drug addiction (also called substance use disorder) the more likely you are to avoid some of the more dire consequences of the disease.

Drug addiction isn't about just heroin, cocaine, or other illegal drugs. You can get addicted to alcohol, nicotine, sleep and anti-anxiety medications, and other legal substances.

You can also get addicted to prescription or illegally obtained narcotic pain medications, or opioids. In 2018, opioids played a role in two-thirds of all drug overdose deaths.

CONTENT OF THE EVENT

The event was in collaboration with the college students of 300 institutions in the Bangalore south area. This event organized by Aarohan. Aarohan aimed to raise awareness about the dangers of drug addiction and to encourage students and other youth to abstain from drug abuse. A rousing crowd of 7000 people convened at St. Joseph's Indian High School Ground on 10th November 2018 and participated in various activities such as a Zumba session, a 3 km walkathon, and a 5 km walkathon. Two faculty members and 100 Students from The Oxford College of pharmacy actively participated in this event.

The session lasted for about 3 hours, from 6:00 am to 9:00 AM in the morning. The session ended by distributing of T-shirts, caps and wrist bands to students.



Children's Education Society (Regd.)

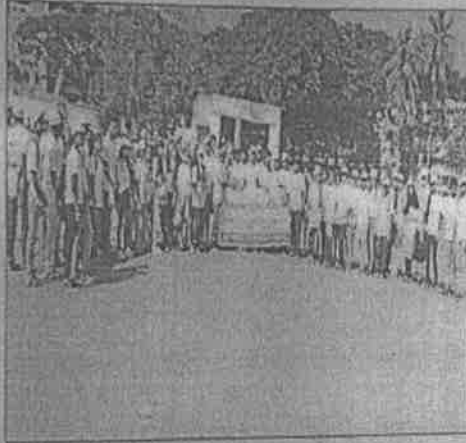
The Oxford College of Pharmacy

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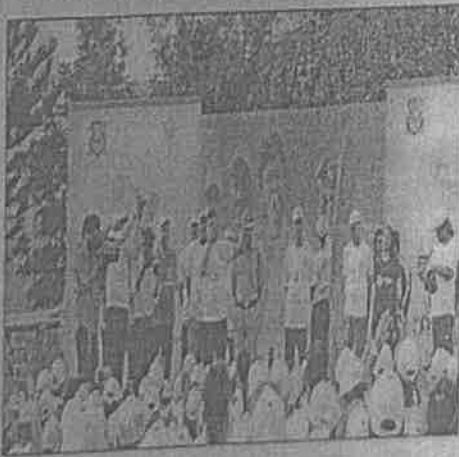
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Accredited by NAAC and International Accreditation Organization (IAO)

1. Students of Oxford College of Pharmacy who showed their support by participating for the event conducted by Aarohan.



2. Event highlights – Dedicated participating and complete involvement of students throughout the event.



Signature of Coordinator

P. Padua
Signature of Principal

Student Volunteers Actively participated in the program



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OUTCOME

Approximately 100 Students from the oxford college of pharmacy took part in the walkathon with the theme "A Walk Against Drug Abuse" with the aims to bring people together to show support for those who are struggling with drug addiction and to encourage them to seek help for rehabilitation. As an inter-college initiative, The Oxford college Students along with other college students created the awareness to the local society through this walkathon. It also brought information among each individual about the local resources available for addiction treatment and support. This program's ultimate goal was to cut-down the prevalence of drug abuse and addiction in the community by encouraging a drug-free lifestyle.

END OF REPORT



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Date: 8/03/2019

CIRCULAR

All the teaching, non-teaching and students of The Oxford College of Pharmacy are hereby informed that "PULSE POLIO CAMPAIGN" will be conducted from 10/03/19-13/03/19. We look forward for the active participation for the same.

P. Padma

PRINCIPAL

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The Oxford College Of Pharmacy
No 6/9, 1st Cross, Begur Road, Hongasandra
Bangalore - 560 068



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NSS COMMITTEE, THE OXFORD COLLEGE OF PHARMACY, BANGALORE
ORGANISED

“PULSE POLIO CAMPAIGN”

CHIEF PATRON

SHRI S. N. V. L NARASIMHA RAJU

CHAIRMAN

THE OXFORD GROUP OF INSTITUTIONS

CONVENER

DR. PADMAA M PAARAKH

PRINCIPAL

THE OXFORD COLLEGE OF PHARMACY

ORGANISING COMMITTEE

NSS COMMITTEE

THE OXFORD COLLEGE OF PHARMACY

DATE: 10 TO 13 MARCH 2019

TIME: 9:00 AM – 4:00 PM



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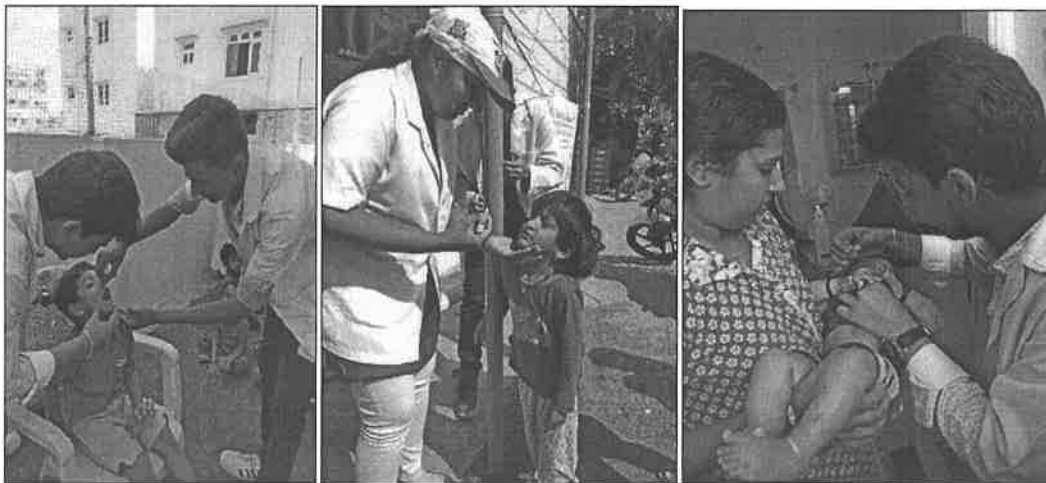
PREAMBLE:

The NSS committee, The Oxford College of pharmacy were deployed for the Government organized Pulse polio campaign at Begur and Roopena Agrahara government hospitals from March 10, 2019 to March 13, 2019. Around 100 NSS Volunteers were involved in making this campaign a grand success.

Concerned over any entry of polio virus from other countries, the government on Saturday launched Pulse Polio program for 2018. As a part of the drive, more than 17 crore children of less than five years across the country will be given polio drops to sustain polio eradication from the country.



Student Volunteers contributed for Pulse polio campaign.



Students vaccinating the children



Children's Education Society (Regd.)

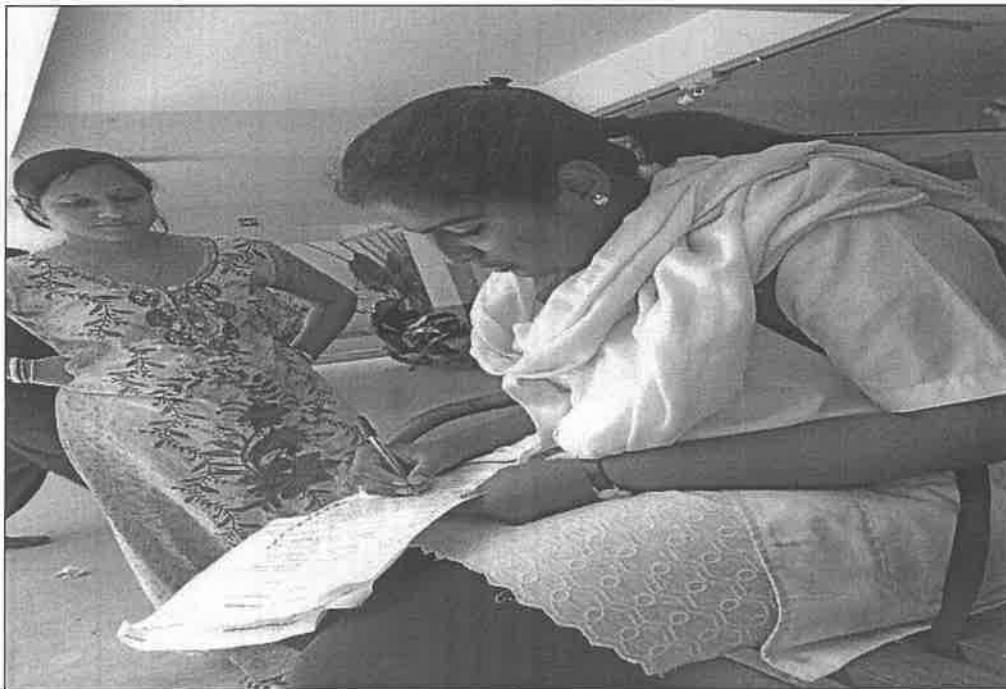
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Students accounting the records for all polio vaccinated children.



Students helping in entering the data for vaccination



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OUTCOME

The prime focus of the Pulse Polio Campaign by The Oxford College of Pharmacy was to eradicate the spread of polio in India by managing oral polio vaccine drops to all children under the age of five years. A group of 100 Students from The Oxford College of Pharmacy has actively participated in pulse polio program for 3 days along with government hospital's health team and vaccinated the children of the surrounding areas.

This program has facilitated to increase awareness about the importance of Polio vaccination and also has contributed to the overall improvement of child health in the nearby community.

END OF REPORT



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Date: 10/03/2019

CIRCULAR

All the teaching, non-teaching and students of The Oxford College of Pharmacy are hereby informed that “**WORK ON CASHLESS INDIA- DIGITAL INDIA**” will be conducted on 16/03/2019. We look forward for the active participation for the same.

P Padma

PRINCIPAL

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NSS COMMITTEE, THE OXFORD COLLEGE OF PHARMACY, BANGALORE

ORGANISED PROGRAMME

ON

“WORK ON CASHLESS INDIA- DIGITAL INDIA”

CHIEF PATRON

SHRI S. N. V. L NARASIMHA RAJU

CHAIRMAN

THE OXFORD GROUP OF INSTITUTIONS

CONVENER

DR. PADMAA M PAARAKH

PRINCIPAL

THE OXFORD COLLEGE OF PHARMACY

ORGANISING COMMITTEE

NSS COMMITTEE

THE OXFORD COLLEGE OF PHARMACY

DATE: 16 MARCH 2019

TIME: 09:00 AM – 12:00 PM



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PREAMBLE

The NSS committee, The Oxford College of Pharmacy, Bangalore organized program on “Work on cashless India- digital India” on 16 march 2019. Around 15 Students from The Oxford College Pharmacy participated actively.

The Digital India program is a flagship program of the Government of India with a vision to transform India into a digitally empowered society and knowledge economy. “Faceless, Paperless, Cashless” is one of professed role of Digital India.

The Oxford College of pharmacy has promoted “Digital India” and importance of digitalizing every payment and money transfer through online applications on 16 March 2019

Students of The Oxford College of Pharmacy familiarizing the shop keepers about the usage of various applications for the payments.



Volunteer's educating vendors about different payment applications like Paytm, Google Pay, BHIM, PayU, PhonePe, Amazon Pay, etc. on digitalization and advantages of having digital money transfers and its importance for the self and country.



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Students Volunteer's educating different vendors



NSS Volunteers actively participated in the program

OUTCOME

The new initiative by the students by The Oxford College of Pharmacy to take part in the "Work on Cashless India" revolutionary movement, which aligns with the Indian government's efforts to promote digital money transactions and reduce currency corruption. It was mainly for educating the local business community about the benefits of digital payment methods such as mobile wallets and online banking through mobile app can indeed help increase financial attachment and reduce dependence on physical cash. It was great to hear the response, that the community and shopkeepers benefited from this outreach program and highly appreciated the efforts of the college and its student's body. Around 15 students participated in this program.

END OF THE REPORT



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Accredited by NAAC and International Accreditation Organization (IAO)

Date: 20/06/2019

CIRCULAR

All the teaching, non-teaching and students of The Oxford College of Pharmacy are hereby informed that an “ENVIRONMENTAL AWARENESS PROGRAM- GO GREEN” will be conducted on 25/06/2019. We look forward for the active participation for the same.

PRINCIPAL

PRINCIPAL

The Oxford College of Pharmacy
No 6/9, 1st Cross, Begur Road, Hongasandra
Bangalore - 560 068



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NSS COMMITTEE, THE OXFORD COLLEGE OF PHARMACY, BANGALORE

ORGANISED

"ENVIRONMENTAL AWARENESS PROGRAM- GO GREEN"

CHIEF PATRON

SHRI S. N. V. L. NARASIMHA RAJU

CHAIRMAN

THE OXFORD GROUP OF INSTITUTIONS

CONVENER

DR. PADMAA M PAARAKH

PRINCIPAL

THE OXFORD COLLEGE OF PHARMACY

ORGANISING COMMITTEE

NSS COMMITTEE

THE OXFORD COLLEGE OF PHARMACY

DATE: 25 JUNE 2019

TIME: 09:00 AM – 12:00 PM



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PREAMBLE

The NSS Committee, The Oxford College of Pharmacy celebrated Environmental Awareness Program on the theme "Go Green" on June 25. In this event students from different courses were actively participated in Poster presentation and Face painting competitions.

World Environment Day is celebrated every 5th June and in the year 2019, it had been themed as "Air Pollution". It is a chance to teach people on different environmental problems whereby each year has one theme that highlights one specific issue.

It can be estimated that around seven million premature deaths are caused by air pollution globally, with a substantial proportion of these being experienced in Asia-Pacific region. Hence, World Environment Day serves as a hub for diverse people such as communities, individuals, government departments and industries among others to meet together and propose remedies for this challenge by calling for green technology and encouraging renewable sources of energy targeting at bettering air quality in various cities and regions worldwide. This marks an important milestone towards mitigating the consequences due to the polluted air. Around 50 participants participated in the program.

In support of this idea, intelligent face painted posters were displayed by students who were conversant about the topic.



students who contributed for the poster presentation



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All the student participants and Organizers are actively contributed for the Go Green poster presentation program.



Evaluators screening the Poster presentation and Oral presentation.



Children's Education Society (Regd.)

The Oxford College of Pharmacy

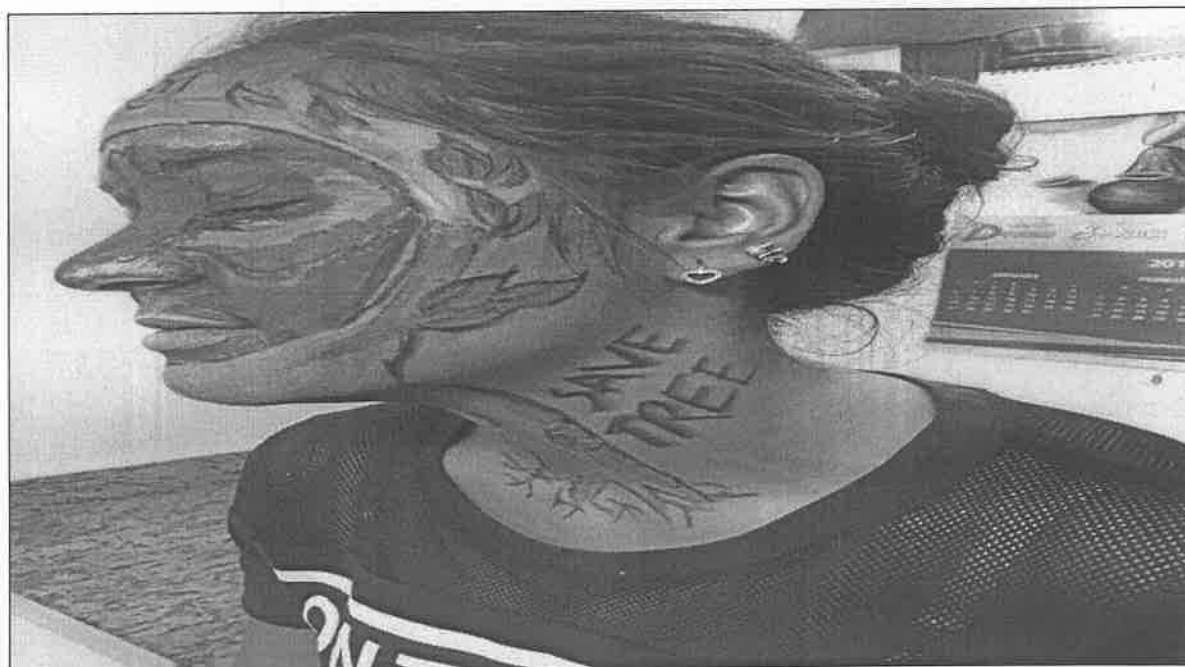
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Students who participated in Face painting competition and declared their strong support to the theme of safe guarding our environment



Face painting of Environmental Awareness



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Students are creating environmental awareness to the communities



Students creating awareness in different communities



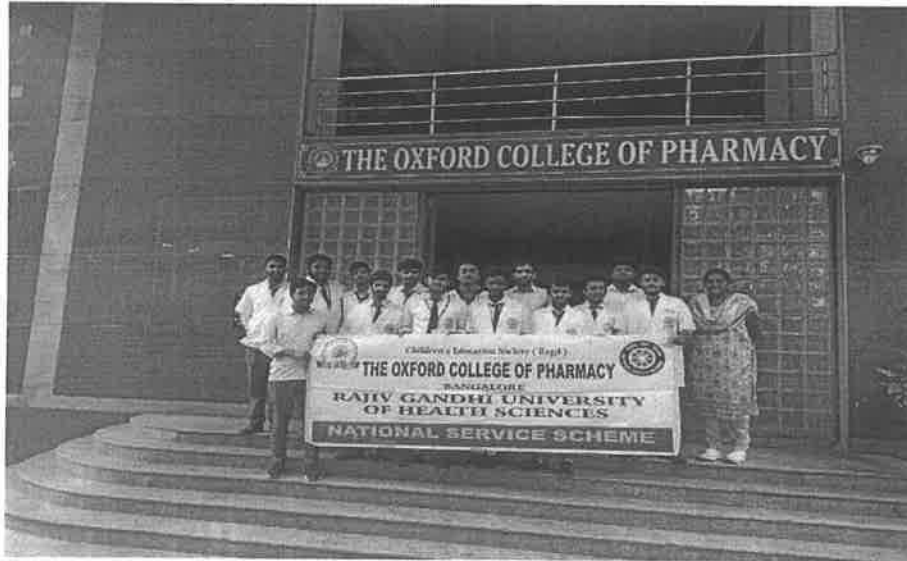
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NSS Volunteers actively participated in the program

OUTCOME

Students after completing the poster presentation and face painting competition went out to nearby communities for the awareness related to the world environment day. The program effectively increased awareness about World Environment Day and its critical issues of air pollution among both college students and local peoples. There were around 50 participants participated in this eco-awareness drive.

Engaging with all the age groups of local communities, students facilitated meaningful deliberations and knowledge sharing sessions. Surrounding Residents very well acknowledged and appreciated the efforts of the students, indicating a optimistic reception to the program's ultimate message.

The emphasis on planting trees as a solution to air pollution motivated individuals to take tangible steps towards environmental preservation. Several community members of all genders expressed their willingness to actively participate in tree planting endeavors and also pledged to contribute to these ongoing efforts aimed at modifying environmental degradation. Over all the program was very successful and benefited both the college students and local society

END OF THE REPORT